

Addictions/Substance Abuse Disorder (SUD)

Healing Prayer Level 3
Church 3.0
January 2026



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Addictions

- Drugs
- Alcohol
- Food
- Sex
- Pornography
- People
- Cutting
- Money
- Cigarettes
- Our phones
- Video games
- Gambling
- Caffeine

2

Addictions

Romans 7:15-20 - ¹⁵ I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. ¹⁶ But if I know that what I am doing is wrong, this shows that I agree that the law is good. ¹⁷ So I am not the one doing wrong; it is sin living in me that does it. ¹⁸ And I know that nothing good lives in me, that is, in my sinful nature. I want to do what is right, but I can't. ¹⁹ I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. ²⁰ But if I do what I don't want to do, I am not really the one doing wrong; it is sin living in me that does it.

3

"Addiction is an ever increasing need for an ever diminishing return".

C.S. Lewis
The Screwtape Letters

- Ever-Increasing Need (Tolerance)
- Ever-Diminishing Return (Anhedonia)



4

Addictions

Ezekial 14:3: "Son of man, these leaders have set up idols in their hearts. They have embraced things that lead them into sin."

James 1:13: "Let no one say when he is tempted, I am being tempted by God, for God cannot be tempted with evil, and he himself tempts no one. BUT, each person is tempted when he is lured and enticed by his own desire. Then desire, when it has conceived, gives birth to sin, and sin when it is fully grown brings forth death."



5

Addictions are Symptoms of a Greater Problem

- Past abuse
- Abandonment
- Unmet emotional needs
- Lies that were believed as truth
- Generational curses
- Mental illness or emotional issues
- Trauma
- Demonic Oppression



6

Only God Provides True Escape

2 Corinthians 12:9 (NLT): *Each time he said, "My grace is all you need. My power works best in weakness." So now I am glad to boast about my weaknesses, so that the power of Christ can work through me.*



7

1 Corinthians 6:9-11: *Or do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived: neither the sexually immoral, nor idolaters, nor adulterers, nor men who practice homosexuality, 10 nor thieves, nor the greedy, nor drunkards, nor revilers, nor swindlers will inherit the kingdom of God. 11 And such were some of you. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God."*



8

Stages of Change in Recovery

- Precontemplation
- Contemplation
- Preparation
- Action
- Maintenance/relapse
- Termination



9

Guidelines for Prayer

- Before praying with recipient:
 - Pray for protection – include specific requests for protection from demons of addiction and lying spirits
 - anointing of pure love from Jesus
 - remove all judgment or stigma from your mind
 - If you have loved someone who struggles with addiction, avoid temptation to think you understand their needs



10

Guidelines for Prayer

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| <ul style="list-style-type: none"> ▪ Confidentiality/Safe Space ▪ Ask permission to touch ▪ Let them tell their story ▪ Pray for families ▪ Soaking in His Presence ▪ Prayer of Salvation ▪ Focus on Jesus ▪ Led by Holy Spirit | <ul style="list-style-type: none"> ▪ Prayers <ul style="list-style-type: none"> ▪ Repentance ▪ Breaking Strongholds ▪ Soul Ties ▪ Inner Healing ▪ Generational Curses ▪ Forgiveness ▪ Hunger for Healing ▪ Deliverance |
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11

“With man this is impossible, but with God all things are possible Matthew 19:26



12

After Prayer

- Prayer of Protection
- Pray to forget everything heard
- Leave recipient with Jesus


