

Restoring our Identity in Christ

Church 3.0
Healing Prayer Level 2
November 2025



1

Matthew 16:15

Jesus said to them, "But who do you say I am?"



2

John 1:45-47

Philip went to look for Nathanael and told him, "We have found the very person Moses and the prophets wrote about! His name is Jesus, the son of Joseph from Nazareth." ⁴⁶ "Nazareth!" exclaimed Nathanael. "Can anything good come from Nazareth?" "Come and see for yourself," Philip replied. ⁴⁷ As they approached, Jesus said, "Now here is a genuine son of Israel—a man of complete integrity."



3

Restoring our Identity in Christ

Our true identity comes from God.

Our role as prayer ministers is to help people discover their true identity.

80% of a person's beliefs and values come from their family of origin.



4

False Self vs. True Self

False-Self

Limited ability to love, or being loved:
incapable of intimate, long-term relationships

True-Self

Great capacity for love and long-term
intimate relationships

1 John 4:8 "Dear friends, let us continue to
love one another, for love comes from God...



5

False-Self vs. True-Self

False-Self

Seeks to control, justify and validate self

True-Self

No need to control others or environment

Romans 8:6 "So letting your sinful nature
control your mind leads to death. But letting
the Spirit control your mind leads to life and
peace."



6

False-Self vs. True-Self

False-Self

Lives in illusions; preoccupied

True-Self

Rooted in God's truth and honesty

John 8:32 "And you will know the truth, and the truth will set you free."



7

False-Self vs. True-Self

False-Self

Birthered in fear and lies. (This usually begins in childhood)

True-Self

Knows they are created by God, birthered in Love

2 Timothy 1:7 "For God has not given us a spirit of fear, but of power, love and a sound mind."



8

False-Self vs. True-Self

False-Self

Needs to protect self; has great insecurities

True-Self

Deep trust in God

Psalms 3:5 "Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take."



9

False-Self vs. True-Self

False-Self

Limited communication especially of own needs.
Shame-based (shame says, I am the mistake)

True-Self

Lives in great joy and peace

Psalms 4:8 "In peace I will lie down and sleep, for you alone, O Lord, will keep me safe."



10

False-Self vs. True-Self

False-Self

Bases Identity on externals (performance, possessions, perfect children, bank account, friends, job etc.)

True-Self

Knows he/she is a true gift from God; created and rooted in Him

Ephesians 2:8 "God saved you by his grace when you believed. And you can't take credit for this; it is a gift from God."



11

True-Self cannot be...

- Created
- Worked for
- Earned



12

10 Truths God Wants Us To Know

God Created Us:

Psalms 139:14-16 “Thank you for making me so wonderfully complex! **Your workmanship is marvelous**-how well I know it. ¹⁵ You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb. ¹⁶ **You saw me before I was born.** Every day of my life was recorded in your book. Every moment was laid out before a single day had passed.”



13

10 Truths God Wants Us To Know

In God's Image:

Genesis 1:27-28 “So God created human beings in his own image. **In the image of God, he created them;** male and female he created them.

²⁸. Then God blessed them...”



14

10 Truths God Wants Us To Know

God Transforms Our Broken Image:

Romans 12:2 “Don’t copy the behavior and customs of this world, but **let God transform you** into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.”



15

10 Truths God Wants Us To Know

God Has Adopted Us As His Children:

Ephesians 1:5 "God decided in advance to adopt us into his own family by bring us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure."



16

10 Truths God Wants Us To Know

God Thinks About Us:

Psalms 139:17-18 "How precious are your thoughts about me, O God. ¹⁸ I can't even count them; they outnumber the grains of sand! And when I wake up, you are still with me!"



17

10 Truths God Wants Us To Know

God Frees Us From Condemnation:

Romans 8:1-2 "So now there is no condemnation for those who belong to Christ Jesus. ² And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that lead to death."



18

10 Truths God wants you to know

God Takes Away Fear:

2 Timothy 1:7 “For God has **not given us a spirit of fear** and timidity, but of power, love and a sound mind.”



19

10 Truths God Wants Us To Know

God Gives Us Purpose:

Jeremiah 32:39 “And I will give them one heart and **one purpose: to worship me forever**, for their own good and for the good of all their descendants.”



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10 Truths God Wants Us To Know

God's Work Is Perfect & Complete:

Philippians 1:6 “And I am certain that God, **who began the good work within you**, will continue his work until it is finally finished on the day when Christ Jesus returns.”



21

10 Truths God Wants Us To Know

God's Masterpiece:

Ephesians 2:10 "For we are God's masterpiece.
He has created us anew in Christ Jesus, so we
can do the good things he planned for us long
ago."


