

# Healing in Christian Marriage

Church 3.0  
Healing Prayer  
Level 2  
November 2025



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## Genesis 1:27-28

<sup>27</sup> So God created human beings in his own image. In the image of God he created them; male and female he created them.

<sup>28</sup> Then God blessed them and said, “Be fruitful and multiply. Fill the earth and govern it.”



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## Genesis 2:18, 21-22

<sup>18</sup> Then the LORD God said, “It is not good for the man to be alone. I will make a helper who is just right for him.” ... <sup>21</sup> So the LORD God caused the man to fall into a deep sleep. While the man slept, the LORD God took out one of the man’s ribs and closed up the opening. <sup>22</sup> Then the LORD God made a woman from the rib, and he brought her to the man.



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## Genesis 2:23-24

<sup>23</sup> “At last!” the man exclaimed.

“This one is bone from my bone,  
and flesh from my flesh!  
*She will be called ‘woman,’  
because she was taken from ‘man.’*”

<sup>24</sup> *This explains why a man leaves his father  
and mother and is joined to his wife, and the  
two are united into one.*



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## Creation of Biblical Marriage

### Institution by God:

- God created marriage as a part of his good design

### Affirmed by Jesus:

- Jesus taught about marriage (Matt. 19:4-6)

### *Symbol of Christ and the Church*

- Marriage mirrors the covenant love between Jesus and His bride, the Church (Ephesians 5:25-33)



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## Understanding Christian Marriage

### *Sacred Covenant Before God*

- Christian marriage is a lifelong covenant or a solemn promise between one man and one woman, entered into, before God. (Malachi 2:14).
  - It is meant to be unbreakable, reflecting God's faithfulness.
- It is more than a social contract; it is a spiritual union reflecting God's design for love, faithfulness, and mutual support.



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**Purpose of Christian Marriage**

***Spiritual and Personal Growth***

- Christian Marriage provides a supportive partnership that encourages growth in faith and personal development.

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**Christ at the Center of Marriage**

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| <p><b><i>Marriage Thrives Greatly</i></b></p> <ul style="list-style-type: none"> <li>▪ When both spouses follow Christ.</li> <li>▪ Spiritual practices like prayer, worship, and Bible reading strengthen the union.</li> </ul> | <p><b><i>Mutual Love and Respect</i></b></p> <ul style="list-style-type: none"> <li>▪ Husbands: Love your wives sacrificially. (Eph. 5:21)</li> <li>▪ Wives: Love, respect and support your husbands. (Eph. 5:33)</li> </ul> |
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**Keys to a Strong Marriage**

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| <ul style="list-style-type: none"> <li>▪ Love with Kindness</li> <li>▪ Passion</li> <li>▪ Commitment</li> <li>▪ Trust, Forgiveness, and Grace</li> <li>▪ Friendship/Fun</li> <li>▪ Shared Values</li> </ul> | <ul style="list-style-type: none"> <li>▪ Tolerance/Patience</li> <li>▪ Selflessness</li> <li>▪ Equality</li> <li>▪ Communication</li> <li>▪ Listening/Understanding</li> <li>▪ Realistic Expectations</li> </ul> |
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## Marriage and Family

### *Stable Family Home*

A Christian marriage creates a nurturing home that supports raising children in a loving and stable atmosphere.

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## Marriage Challenges

- Failure to seek healing for past issues
- Family of origin issues
- Childhood woundings
- Cultural Pressures - Belief systems about marriage
- Acceptance of living together before marriage
- Baggage from prior marriage/relationships
- Managing finances

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## Areas of Wounding in Marriage

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|-------------------------------------|------------------------------------|
| ▪ Limited and quality time together | ▪ Unfaithfulness/unforgiveness     |
| ▪ No personal growth                | ▪ Excessive/abusive anger (verbal) |
| ▪ Unhealed wounds                   | ▪ Abuse (physical)                 |
| ▪ Excessive control                 | ▪ Demonic Influences               |
| ▪ Selfishness                       | ▪ Generational influences          |
| ▪ Judgment/criticism                |                                    |

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### Ways to Avoid Wounding

- Lovingly communicate often and well
- Pray together
- Pray for grace to forgive one another
- Seek healing for wounds that occurred prior to marriage
- Pray a Prayer of Protection over marriage/family



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### Prayer of Protection For Family

Dear Heavenly Father, As we begin this new day, we come before you with hearts full of gratitude for the gift of our family. We thank you for the love, support, and bond that unite us.

We humbly ask for your divine protection over each member of our family. Watch over us, both near and far, as we go about our daily routines. Shield us from harm, accidents, and illness. Guard our hearts and minds against negative influences.

Bless our home with peace, harmony, and unity. Help us to treat one another with kindness and respect, and to be a source of support and encouragement for each other.



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### Prayer of Protection For Family (cont'd)

Lord, we place our trust in you, knowing that your love is a fortress around us. May your angels encamp around our home, ensuring our safety and well-being as we come in and go out.

Guide our steps, O Lord, and may we always seek to follow your path of righteousness. Grant us wisdom to make wise decisions and the strength to overcome any challenges we may face.

We commit ourselves and our family into your loving hands today and all days, knowing that with you, we are secure and protected. In Jesus' name, we pray. Amen. ([www.crosswalk.com](http://www.crosswalk.com))



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### Praying for Hurting Married Couples

- Seek guidance from the Holy Spirit
- Look for Generational Issues
- Inner Healing for each party
- Encourage the couple to listen to one another's life stories
- Pray for God's love to come into the relationship
- Pray for Holy Spirit's conviction/revelation



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### Conclusion:

Marriage is a gift from God  
 "A cord of 3 strands is not quickly broken"  
 (Ecclesiastes 4:12)



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