

# G-3 Group Weekly Bible Study

## THE JOURNEY UPWARD TO PRAISE

*Where God is foundational  
to your home.*

**Week 5/10/2026**

God should be foundational to your home because **He is the only foundation strong enough to hold the weight of real life.** Every home faces seasons of joy and seasons of strain, of celebration and moments of heartbreak. Human wisdom, good intentions, and personal strength can carry a family only so far, but God's character is unchanging, His wisdom is perfect, and His presence is constant. When He is the foundation, your home is built on Someone who restores what is broken, builds what you cannot, protects what you love, and blesses what you surrender. A God-centered home is not defined by perfection but by stability, because it rests on the One who never shifts, never fails, and never leaves. When God is foundational, your home becomes a place where peace replaces pressure, purpose replaces confusion, and generational blessing replaces generational struggle.  
(Author Unknown)

This week, read the three Psalms and the scriptures that correspond to them. In your G-3 group share songs that you think sum up the thoughts of each Psalm.

## GOD IS FOUNDATIONAL TO YOUR HOME

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### DAY 1 — GOD RESTORES WHAT IS BROKEN

#### Primary Scripture: Psalm 126:1–3

“When the Lord restored the fortunes of Zion, we were like those who dream.”

The ultimate theme is God's restoration. But this week, we are applying this principle to families.

#### Additional Validating Scriptures

- **Joel 2:25** — God restores “the years the locust has eaten.”
- **Isaiah 61:1–4** — God rebuilds ruins and binds up the brokenhearted.
- **Jeremiah 30:17** — “I will restore health to you and heal your wounds.”
- **1 Peter 5:10** — After suffering, God Himself restores, confirms, strengthens, and establishes.
- **Luke 4:18** — Jesus proclaims restoration and release.

#### Teaching

A God-centered home begins with the truth that **God restores what we cannot repair**.

He rebuilds what sin, sorrow, or seasons have damaged.

#### Application

- Identify one area needing restoration.
- Invite God to heal what you cannot fix.
- Recall a past restoration as fuel for present faith.

#### Prayer

Lord, restore what is broken in my home and heart. Bring healing, joy, and renewal where I cannot. Amen.

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## **DAY 2 — GOD BUILDS WHAT WE CANNOT**

### **Primary Scripture: Psalm 127:1**

“Unless the Lord builds the house, those who build it labor in vain.”

### **Additional Validating Scriptures**

- **Proverbs 3:5–6** — God directs the paths of those who trust Him.
- **Proverbs 16:3** — Commit your work to the Lord and He will establish it.
- **Matthew 7:24–27** — Only the house built on the Rock stands.
- **1 Corinthians 3:9–11** — Christ is the only foundation; we are God’s building.
- **Hebrews 3:4** — Every house is built by someone, but God is the builder of all.

### **Teaching**

A home built on human effort collapses.

A home built on God stands firm.

### **Application**

- Identify where you’re building in your own strength.
- Surrender that area to God’s leadership.
- Ask God to take over the construction process.

### **Prayer**

Father, build my home Your way. Establish every part of my life on Your wisdom and Your Word. Amen.

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## DAY 3 — GOD PROTECTS WHAT HE BUILDS

### Primary Scripture: Psalm 127:1b–2

“Unless the Lord watches over the city, the watchman stays awake in vain.”

### Additional Validating Scriptures

- **Psalm 121:3–8** — God watches over your coming and going.
- **Proverbs 18:10** — The name of the Lord is a strong tower.
- **Isaiah 54:17** — No weapon formed against you will prosper.
- **John 10:28–29** — No one can snatch God’s children from His hand.
- **2 Thessalonians 3:3** — The Lord is faithful; He will strengthen and guard you.

### Teaching

God not only builds the home—He **protects** it.

His protection is stronger than our anxiety.

### Application

- Identify a fear that has been stealing your peace.
- Replace worry with worship.
- Practice rest as an act of trust.

### Prayer

Lord, You are my Protector. Guard my home, my heart, and my future. Replace fear with Your peace. Amen.

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## DAY 4 — GOD BLESSES THE HOME THAT WALKS WITH HIM

### Primary Scripture: Psalm 128:1–4

“Blessed is everyone who fears the Lord, who walks in His ways.”

### Additional Validating Scriptures

- **Deuteronomy 28:1–6** — Blessing follows obedience.
- **Joshua 24:15** — “As for me and my house, we will serve the Lord.”
- **Proverbs 14:26** — The fear of the Lord is a refuge for one’s children.
- **John 15:5** — Abiding in Christ produces fruit.
- **James 1:25** — The doer of the Word is blessed in what he does.

## Teaching

Blessing is not random—it flows from **alignment** with God.

A God-centered home is marked by obedience, reverence, and daily walking with Him.

## Application

- Identify one area needing realignment with God’s ways.
- Take one step of obedience today.
- Ask God to bless your home as you walk with Him.

## Prayer

Father, align my life with Your ways. Let Your blessing rest on my home as we walk with You. Amen.

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## DAY 5 — GOD ESTABLISHES GENERATIONS THROUGH YOU

### Primary Scripture: Psalm 128:5–6

“May you see your children’s children.”

### Additional Validating Scriptures

- **Deuteronomy 7:9** — God keeps covenant to a thousand generations.
- **Psalm 103:17–18** — God’s steadfast love is for children’s children.
- **Proverbs 13:22** — A good person leaves an inheritance for their children’s children.
- **Acts 2:39** — The promise is for you and your children.
- **2 Timothy 1:5** — Faith passed from grandmother to mother to Timothy.

## Teaching

God’s goal is not just to bless *your* home—He desires to bless **generations** through you.

A God-centered home becomes a legacy of faith.

## Application

- Pray intentionally for the next generation.
- Identify one spiritual habit you want to pass down.
- Commit to living it consistently.

## Prayer

Lord, establish a legacy of faith through my life. Let my home be a testimony of Your goodness for generations to come. Amen.