

"You and Your Appearance"

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I. INTRODUCTION

Regardless of what you may think, when people look at you, they make judgments about you based on what they **SEE**.

Your appearance creates a picture of who **YOU ARE**. When other people lack personal information about you, they may use your appearance to *judge your character*.

By changing any part of your appearance (be modest) such as hairstyle, grooming, or clothing, you can change the total image others have of you. Your appearance can be a powerful and useful tool in controlling the kind of message you send to others.

Does it matter what Christian women look like? Does it matter what we wear or don't wear? Yes. Why? Because we are a representative of the Lord. We are an **"advertisement,"** if you will, for the Lord. When a Christian woman is out to shop or to run errands, it does matter what she looks like? Yes, it does matter what statement she is making about the Lord.

II. WHAT IS MODESTY AND WHY IS IT SO IMPORTANT

III. REFLECT HIS HOLINESS

A. A Response To God's Grace

IV. THE PROTECTION OF MODESTY

V. ARE YOUR CLOTHES TALKING?

A. What are your clothes saying?

- 1. Sloppy in our appearance**
- 2. The tight-fitting garment**

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3. **The too-sheer garment**
4. **The skirt or dress with a slit**
5. **The too low neckline**
6. **The tight skirt or tight fitting part of a dress below the waist**
7. **The modestly dressed woman**

VI. WHY DO WOMEN DRESS IMMODESTLY?

1. **A mind problem**
2. **A heart problem**

VII. WHAT DOES YOUR FACE SAY ABOUT YOU?

VIII. EXERCISING GOOD DISCRETION AND BALANCE

IX. A WORD OF ADVICE TO BRIDES-TO-BE

X. DRESSING TO HIDE YOUR WEIGHT