

YouthQuake Timeline:

- Sunday July 8th @ 3:00 PM - Mandatory YouthQuake Info Meeting
- Friday July 13th @ 6:30 PM – Drop-off luggage at the church. Penske closes at 7:30.
- Friday July 13th @ 7:30 PM - Pre-YouthQuake Worship in Sanctuary
- Saturday July 14th @ 7:00 AM – Pray, Load Up, Roll Out (Eat before you come)
- Saturday PM – Stay at Baymont Inn & Suites in Frisco, CO.
- Sunday – Worship Jesus, Head to Como, Set-Up Camp
- Monday – Family Day
- Tuesday – Rafting Day
- Wednesday – Stress Day
- Thursday – Breckenridge Day
- Friday AM – Leave Camp Como
- Friday PM – Stay at Holiday Inn Express, Colby, Kansas
- Saturday AM – Head Home
- Saturday July 21st @ Afternoon (3:00ish) - Pick up luggage at the church (East Side)
- Sunday July 22nd @ 9:30 & 11:10 AM - YouthQuake Sunday
- Sunday July 22nd @ 6:00 PM - YouthQuake After Party



2018 YouthQuake Student Packing List

- Bible
- Pen/Paper
- Large Rubbermaid tub to pack clothes, supplies, tent, etc.
- Lantern
- Tent, tarps, tent stakes
- Sleeping bag/pillow
- Air mattress/foam pad
- Extra blanket
- Bungee cords
- Rope for clothesline
- Small whisk broom
- Small doormat
- Insect repellent/bug spray
- Flashlight / Headlamp
- Batteries
- Umbrella
- Raincoat or poncho
- Camp stool/chair
- Water bottle or Nalgene bottle
- Mirror
- Warm coat
- Gloves
- Earmuffs/hat
- Warm socks
- Hand warmers
- Shower bag
- Shower shoes
- Toiletry items
- Hand Sanitizer / toilet paper
- Tennis shoes / Hiking Boots
- Shoes for rafting (Shoes must have a back on them.)
- Towels
- Bathing suit
- Dirty clothes bag
- Kleenex
- Sunscreen
- Minor first aid things
- Ball cap or visor
- Sunglasses
- Warm clothes for night
- Shorts/t-shirts/sweatshirts for day
- Dry Fit / Wicking Shirt for rafting OR \$5 to rent one
- Things to do on the road – books, cards, games
- Snacks

How much money should I bring?

- **Money for 7 meals.** 5 meals will be on the road, so mostly fast food (\$5-7 a meal). 2 meals will be slightly more expensive (\$10-15 a meal).
- **Money for showering.** We will have showers on Sunday and Friday in the hotels. There are showers available periodically throughout the week at various locations for \$5. Students certainly don't HAVE to shower, but if you choose to shower, you are responsible to bring your own "shower money."
- **Optional Money for souvenirs in Breckenridge.**

What NOT to Bring

- Drugs, Cigarettes, Cigars, E-Cigs, Vapes, Jules, Tobacco products of any kind, Alcohol, Fireworks, Lighters. None of these can be brought to or bought while traveling. No Knives larger than 4 inches. Parents, please check each of your student's bags prior to travel. If found while at YouthQuake, you as the parent may be required to travel to Colorado to come pick up your student or you will pay for their flight from Denver back to Oklahoma.
- Inappropriate Attire – If there is an item in question, it is probably best not to bring it.
- Cell Phones – may be brought but will be collected during the trip. There will be times when cell phones may be used. We will let the students have them at Breckenridge & Friday night at the hotel. *Most adults have phones in case of emergency, so you will have a way to get hold of your student if needed.
- Electronics (IPOD's, MP3's, etc.) – these will be permitted during the drive, but discouraged. We want to be able to get away from the norms and focus on God. The adults in the van do have the permission to have no electronic time frames.

Who do I call in case of an emergency?

Justin Ebert - HS Minister (405) 612-9887

Morgan Weece - HS Minister (405) 612-8805

Drew Henderson - JH Minister/Family Ministry Director (405) 742-0616

Amanda Butler - Family Ministry Admin (615) 972-9856

Heather Mastin - Medical Sponsor (918) 519-8020

Camp Como - [\(719\) 836-2382](tel:7198362382)

Info for YQ First-Timers

Remember, this is a trip to COLORADO, not CALIFORNIA. It may feel like California during the day, but it's Colorado at night. Dress for hot, cold, mild, and rainy weather. As you prepare to come to YQ, think BORROW. Borrow clothes, jackets, and supplies. You don't have to spend a bunch of money on brand new camping supplies.

Pack with a RUBBER TUB. Suitcases are nice, but they aren't that useful in the mountains of Colorado. Do yourself a favor and buy a large rubbermaid tub to pack your things in – and make sure it has wheels. Don't wait until the night before to buy a tub. Keep your stuff in your tub or it will get wet and dirty. Duct tape your tub shut for travel.

Practice setting up your tent BEFORE you come to YQ. By the YouthQuake meeting on July 8th, you will need to have your tent partners arranged. If you don't have a partner arranged, we will get one for you. Your tent must be half-full (at least). Meaning, if you have an 8-person tent, you must have at least 4 people in it. Before leaving for YouthQuake, you need to practice setting up your tent. *Make sure your tent has a rainfly.* If it doesn't, you will get wet.....very wet.

Prepare for rain. It will rain at YouthQuake. It might rain a lot! Wear warm, rain repellent clothes. Keep your dry clothes packed tightly in your rubber tub. If not they will get wet and cold – and your YQ week won't be as fun as it could be!

Mandatory YouthQuake Meeting

There will be a mandatory informational meeting Sunday, July 8th, to go over final details and registration. Sponsors will meet first at 1:30pm and parents/students will meet at 3pm. This meeting is mandatory for all students, their parents and all adult leaders attending YouthQuake.

Adult Leaders (including cook team)

We will go over basic need to know details at the Adult Sponsor Meeting at 1:30pm. Also due to new regulations enforced by the State of Colorado, we will be collecting fingerprints for background checks and completing a Camp Como Adult Release.

Parents/Students

We will go over basic need to know details and rules for YouthQuake as well as:

- Collect Final Payment (Online or Check)
- Collect Immunization Record Form (Printed Form)
- Collect Minor Camp Como Release Form (Printed Form)
- Confirm Health History (Collected through the Sunnybrook 2018 Release)
- Confirm Noah's Ark Release was completed (Noah's Ark Online Form)
- Van Sign Ups
- Tent Sign Ups
- Family Group Sign Ups

IMMEDIATE ACTION ITEMS: ALL FORMS AND PAYMENTS ARE DUE BY JULY 8th

- Special Travel Arrangements
 - If you are not traveling with us in our vans on Saturday July 14th at 7:00 AM from Sunnybrook, if you are getting picked up early, or if you are to traveling back to Stillwater with us, we need to know the details of this request ASAP so that we can work toward (hopefully) finding accommodations.

- Pay Remaining Balance by July 8th
- Noah's Ark (Rafting) Release Form
- New Colorado Requirements: All of these forms can be found on our website under High School Ministry.
 - Complete Immunization Record Form
 - Complete Camp Como Release Form
 - Complete or Confirm 2018 Medical Release Form
 - Each camper must furnish a health history which indicates communicable diseases and chronic illnesses or injuries the individual has had, any known drug reactions and allergies, medications being taken, and any necessary health procedures or special diets. By completing our 2018 Medical Release Form you are providing us with this information. If you have already completed this form and need to give us more health details, please email new info to abutler@sunnybrookcc.org by July 7th.

Immunization Records

All students and adult volunteers attending YQ will need to fill one out. Our Colorado representative said we do not have to have a doctor, nurse or medical professional fill them out. Parents can do it all. If your student hasn't had some of the shots, you would need to use the online exemption for immunization form ([click here](#)) to opt out of the shot(s) they don't have. Our adults who have no idea what they've had will just write down "up to date to the best of my knowledge" per the request from the Colorado state rep.

You are welcome to print your student's records off and staple it to the form and they're done. This has been extremely helpful and doesn't require any requests from their doctors. Feel free to email this to Amanda or bring to the July 8th meeting. We will have copies of the Immunization form on hand.