YouthQuake Student Packing List ------

SMALL overnight bag for the hotel Saturday

- Large Rubbermaid Tub (40 gallon or smaller, with wheels if possible to pack clothes, supplies, tent, etc.
- Tent, tarps, tent stakes
- Sleeping bag/pillow
- Cot or foam pad to sleep on
- Camp chair
- Bible
- Pen/Paper
- Flashlight or Lantern
- Bungee cords
- Rope for clothesline
- Small whisk broom
- Small doormat
- Insect repellant/bug spray
- Raincoat or poncho
- Water bottle
- Warm jacket/coat
- Gloves/earmuffs/hat
- Warm socks

- Shower bag
- Shower shoes
- Toiletry items
- Hand Sanitizer / toilet paper
- Tennis shoes / Hiking Boots
- Shoes for rafting (Shoes must have a back on them, no Crocs)
- Towels
- Bathing suit (one piece for girls)
- Dirty clothes bag
- Kleenex
- Sunscreen
- Watch to tell time
- Minor first aid things
- Sunglasses
- Shorts/t-shirts/sweatshirts
- Dry Fit / Wicking Shirt for rafting OR \$5 to rent one
- Things to do on the road books, cards, games
- Snacks

Who do I call in case of an emergency? ------

Jack Merrill - HS Minister (512) 585-4317

Morgan Weece - HS Minister (405) 612-8805

Amanda Butler - Family Ministry Admin (615) 972-9856

Camp Como - (719) 836-2382

How much money should I bring? ------

- Money for 6 meals. 4 meals will be on the road, so mostly fast food (\$5-10 a meal). 2 meals will be slightly more expensive (\$10-15 a meal).
- Money for showering. There are showers available periodically throughout the week at various locations for \$5 per shower. Bring \$1 bills or quarters.
- Optional Money for souvenirs/activities

What NOT to Bring ------

- YouthQuake is a great opportunity to experience God amidst his creation, unplug from the world, and go on a
 life-changing adventure with friends. Please bring a humble, obedient attitude and act in a wise, appropriate way
 while at YQ. Students who choose to participate in disruptive and rebellious behavior will be sent home at
 parent's expense.
- Guns, drugs, marijuna products, cigarettes, cigars, e-cigs, vapes, juuls, tobacco products of any kind, alcohol, fireworks. Parents, please check each of your student's bags prior to travel. If prohibited materials or substances are found while at YouthQuake, students will be sent home at parent's expense.
- Inappropriate Attire If there is an item in question, it is probably best not to bring it. If you wear something
 inappropriate, you will be asked to change by a sponsor.

YQ Insider Tips ------

Remember, this is a trip to COLORADO. You will be hiking a mountain, whitewater rafting, and walking a lot. Make sure your attire and footwear are appropriate for each situation. Dress for hot, cold, mild, and everything in between. It will rain at YouthQuake. It might rain a lot! Bring rain repellant clothes.

Pack with a RUBBER TUB. Do yourself a favor and buy a large, plastic tub with wheels to pack your things in. Keep your clothes packed tightly in your rubber tub. If not they could get wet and dirty. Duct tape your tub shut for travel.

Practice setting up your tent BEFORE you come to YQ. It rains a lot in Colorado. Sometimes while we are setting up tents. So, if you don't know how to set it up quickly, you will likely get very wet. Your tent must be half-full (at least). Meaning, if you have an 8-person tent, you must have at least 4 people in it. *Make sure your tent has a rainfly, an additional large tarp to go over the top, and a tarp to go underneath your tent.*

Cell Phones/Electronics will be collected during the trip. If you need to get into contact with your student for emergency purposes, please see the numbers above. Please note, cell phone reception is limited in the mountains. We will respond to calls/messages as soon as possible.

Snacks can be kept in your van, but cannot be kept in your tent. We will be in the mountains with many wild animals, including bears. Please do not risk the safety of others or property damage by having food in your tent.