

မြန်မာ Myanmar Team 2018

"I have come that they may have life,
and have it to the full." - Jesus

Meeting 1 – April 8, 2018

Agenda

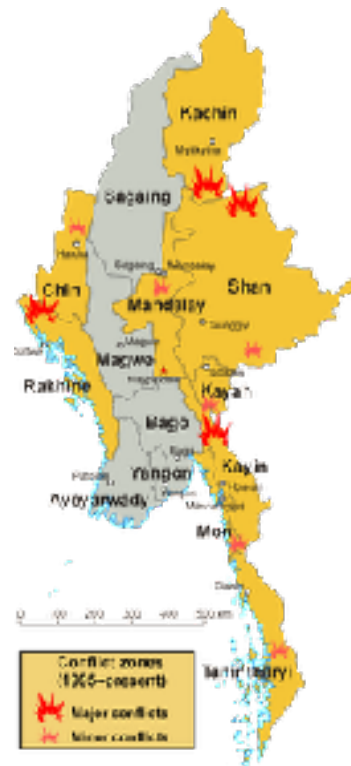
- 1. Devotional
- 2. Team Introductions
- 3. Myanmar Overview
- 4. Trip Overview
- 5. Travel Documents
- 6. Travel Health
- 7. Google+
- 8. Q&A
- 9. Closing Prayer

Devotional

Team Introductions

1. Bob Gustafson
2. Adorlee Gustafson
3. Katie Barnes
4. Becky Fickel
5. Jamie Jensen
6. Mike Kelnhofter
7. Kathy Kelnhofter
8. Gabrielle Stratman
9. Heather Grambsch
10. Mark Spielbauer
11. Kristina Spielbauer
12. Nathan Amtmann
13. Jaden Janquart
14. Alex Baez
15. Mike Bobula
16. Derrick Hallam
17. Mark Kasten
18. Carol Schumacher
19. Jacob Gottshall
20. Randy Warner
21. Hannah Warner
22. Jen Delaney
23. Afton Delaney
24. Marin Delaney
25. Rick Berg
26. Sherry Berg
27. Cristin Metzler
28. Ashley Elsing
29. Molly Dahlke
30. Kailey Hutzler

Myanmar Overview



Population: Yangon is over 5,000,000 and the Metropolitan area is over 7,000,000

Economy: Myanmar is one of the poorest nations in the world, with the minimum wage being \$67 per week.

The People: Myanmar has some of the friendliest people in the world, you'll love connecting with them. In particular, you'll notice how amazing the kids, youth, and adults are at Love Children Home.

Love Children Home: Is located on in Yangon, and is home to more than 100 orphans, more than 50 Bible College Students, and the adults that help run the orphanage. There are a lot of orphans in Myanmar due to civil war, poverty, illness, and the challenges that surround those issues. Love Children Home is the primary ministry that we support, along with 13 other orphanages that include church plants and micro-businesses.

Religion:

Buddhism	88%
Christianity	6%
Islam	4%
Tribal Religions	1%
Hinduism	.5%
Others	.5%

Helpful Burmese Phrases:

Hello:	min-ga-la-ba
How are you:	ne-kaùn-là
Thank you:	cè-zù tin-ba-deh
I love you:	chit-teh
Yes:	Ho de
No:	Ma ho bu

Trip Overview

THURSDAY, 10/18

08:00 Arrive at the church to eat breakfast help load luggage into the bus
09:00 Bus leaves the Green Bay Campus
12:00 Arrive Chicago O'hare
15:30 CX807 Chicago to Hong Kong (15 hour flight)

FRIDAY, 10/19

20:20 Arrive Hong Kong
21:45 CX5250 Hong Kong to Yangon (6 hour flight)
23:30 Arrive Yangon
23:45 Check-in to hotel: Seasons of Yangon

SATURDAY, 10/20

08:30 Breakfast
10:00 Drive to LCH
10:45 Team introductions and short chapel service
11:30 Free Time with Kids
13:00 Lunch
14:00 Free Time with Kids, organize for the week, and Medical Clinic
17:30 Leave LCH
18:00 Dinner

SUNDAY, 10/21

07:00 Breakfast
08:00 Drive to LCH
09:00 Church at LCH
11:00 Free Time with Kids
12:30 Lunch
13:30 Free Time with Kids, organize for the week, Medical Clinic, and Construction
18:00 Leave LCH
18:30 Dinner

MONDAY-FRIDAY, 10/22-10/28

07:00 Breakfast

08:00 Drive to LCH

09:00 Chapel Service

10:00 Free Time with Kids

10:45 Project 1, Project 2, Activity 1, Activity 2, Medical Clinic, Construction, College

45min **Project 1 Example:** Make bracelets in the Dining Hall

45min **Project 2 Example:** Make candy baskets in the Chapel

45min **Activity 1 Example:** Relay race in the Courtyard

45min **Activity 2 Example:** Build bird houses in Tennis Court

13:15 Lunch

14:30 Free Time with Kids

15:30 Project 1, Project 2, Activity 1, Activity 2, Medical Clinic, Construction, College

17:00 Free Time with Kids

17:45 Closing Chapel

18:15 Leave LCH

18:45 Dinner

SIGHTSEEING DAY

We will take one day off, probably Wednesday, where we will go to the Market, do some sightseeing, and visit the Shwedagon Pagoda.

FRIDAY, 10/27

20:00 Leave for Airport

SATURDAY, 10/28

01:10 CX5251 Yangon to Hong Kong

05:45 Arrive Hong Kong

11:55 CX806 Hong Kong to O'Hare

13:55 Arrive Chicago

15:00 Load bus for Green Bay

21:00 Arrive Green Bay

Travel Documents

1. Passport needs to be valid for at least 6 months past our dates of travel.
2. Visa application will be done closer to departure.
3. It's good to have signed and notarized documents from all parents, and copies of birth certificates when traveling internationally with minors.
4. It's good to bring a photocopy of your passport.

Travel Health

1. Visit the CDC for recommendations for travel to Burma (Myanmar).
2. I will only do HepA, HepB, and anti-malaria (Malarone is the best) for me and my daughter. You should make the best choice for you with your doctor.
3. I will avoid the Travel Nurse, she's more expensive.
4. Bring copies of your prescriptions.
5. Peptol Bismol is helpful for avoiding travelers diarrhea when taken before meals.
6. Stay hydrated!!!
7. Drink only bottled water.
8. Don't open your mouth when showering.
9. Don't brush your teeth with tap water.
10. Be careful if your going to eat fruit, drink juice, have ice, or drink coffee.
11. Take time to rest if you need it.

Google+

1. Download the app
2. Turn on notifications
3. Use the website

Q&A

Closing Prayer

Meeting 2 – May 20, 2018

Agenda

- 1. Devotional
- 2. Brief Team Introductions (addition of Kailey Hutzler)
- 3. Travel Documents & Travel Health Reminder
- 4. Schedule for the Week
- 5. Construction Update
- 6. Project & Activity Leders/Co-Leaders, and Idea Brainstorm
- 7. Q&A
- 8. Closing Prayer

Devotional – Together We Can Weather Any Storm

Brief Team Introductions

Team names on page 2

Travel Documents & Travel Health Reminder

- Passport needs to be valid 6 months past the dates of travel.
- Please make sure you've planned your health care needs and think about packing what you need for prescriptions, non-prescriptions, and general care. Reference page 6 for more information.

MONDAY	SESSION 1 10:45-11:15	SESSION 2 10:45-11:15	SESSION 3 14:30-15:15	SESSION 4 15:30-16:15
<p>SCHEDULE</p> <p>7:00 Breakfast</p> <p>7:40 Devotional</p> <p>8:00 Drive LCH</p> <p>9:00 Chapel</p> <p>10:00 Free Time</p> <p>10:45 Session 1</p> <p>11:45 Session 2</p> <p>12:30 Lunch</p> <p>1:30 Free Time</p> <p>2:30 Session 3</p> <p>3:30 Session 4</p> <p>4:30 Free Time</p> <p>5:30 Chapel</p> <p>6:00 Leave</p> <p>6:45 Dinner</p>	<p>PROJECT 1</p> <p>Adorlee Gustafson Marin Delaney Randy Warner Hannah Warner Kristina Spielbauer</p>	<p>PROJECT 1</p> <p>Adorlee Gustafson Marin Delaney Randy Warner Hannah Warner Kristina Spielbauer</p>	<p>PROJECT 1</p> <p>Adorlee Gustafson Marin Delaney Jacob Gottshall Hannah Warner Kailey Hutzler</p>	<p>PROJECT 1</p> <p>Adorlee Gustafson Marin Delaney Jacob Gottshall Hannah Warner Kailey Hutzler</p>
	<p>PROJECT 2</p> <p>Kathryn Barnes Becky Fickel Cristin Sullivan-Metzler Ashley Elsing Carol Schumacher</p>	<p>PROJECT 2</p> <p>Kathryn Barnes Becky Fickel Cristin Sullivan-Metzler Ashley Elsing Carol Schumacher</p>	<p>PROJECT 2</p> <p>Kathryn Barnes Becky Fickel Molly Dahlke Ashley Elsing Carol Schumacher</p>	<p>PROJECT 2</p> <p>Kathryn Barnes Becky Fickel Molly Dahlke Ashley Elsing Carol Schumacher</p>
	<p>ACTIVITY 1</p> <p>Mike Bobula Afton Delaney Derrick Hallam Rick Berg Sherry Berg</p>	<p>ACTIVITY 1</p> <p>Mike Bobula Afton Delaney Derrick Hallam Rick Berg Sherry Berg</p>	<p>ACTIVITY 1</p> <p>Mike Bobula Afton Delaney Derrick Hallam Heather Grambsch Sherry Berg</p>	<p>ACTIVITY 1</p> <p>Mike Bobula Afton Delaney Derrick Hallam Heather Grambsch Sherry Berg</p>
<p>REMINDERS</p> <p>Drink Water</p> <p>Take Pictures</p> <p>Rest if needed</p> <p>Have fun</p> <p>Identify kids for Medical Clinic</p>	<p>ACTIVITY 2</p> <p>Jamie Jensen Nathan Amptman Jaden Janquart Mike Kelnhofer Kathy Kelnhofer</p>	<p>ACTIVITY 2</p> <p>Jamie Jensen Nathan Amptman Jaden Janquart Mike Kelnhofer Kathy Kelnhofer</p>	<p>ACTIVITY 2</p> <p>Jamie Jensen Gabriel Stratman Jaden Janquart Alex Baez Kathy Kelnhofer</p>	<p>ACTIVITY 2</p> <p>Jamie Jensen Gabriel Stratman Jaden Janquart Alex Baez Kathy Kelnhofer</p>
	<p>CONSTRUCTION</p> <p>Mark Spielbauer Mark Kasten Jacob Gottshall Alex Baez</p>	<p>CONSTRUCTION</p> <p>Mark Spielbauer Mark Kasten Jacob Gottshall Alex Baez</p>	<p>CONSTRUCTION</p> <p>Mark Spielbauer Mark Kasten Randy Warner Mike Kelnhofer</p>	<p>CONSTRUCTION</p> <p>Mark Spielbauer Mark Kasten Randy Warner Mike Kelnhofer</p>
<p>CANDY</p> <p>After chapel</p> <p>After lunch</p> <p>After chapel</p>	<p>MEDICAL</p> <p>Jen Delaney Molly Dahlke Kailey Hutzler</p>	<p>MEDICAL</p> <p>Jen Delaney Molly Dahlke Kailey Hutzler</p>	<p>MEDICAL</p> <p>Jen Delaney Cristin Sullivan-Metzler Kristina Spielbauer</p>	<p>MEDICAL</p> <p>Jen Delaney Cristin Sullivan-Metzler Kristina Spielbauer</p>
<p>PHOTO/VIDEO</p> <p>Bob Gustafson</p>	<p>BIBLE COLLEGE</p> <p>Heather Grambsch Gabrielle Stratman</p>	<p>BIBLE COLLEGE</p> <p>Heather Grambsch Gabrielle Stratman</p>	<p>BIBLE COLLEGE</p> <p>Rick Berg Nathan Amtmann</p>	<p>BIBLE COLLEGE</p> <p>Rick Berg Nathan Amtmann</p>

Construction Update

1. Painting the boys residence
2. Repair of water tower at Peter's sisters orphanage
3. Construction of Worship and Performing Arts Center
4. Possible additional project(s)

Q&A

Medical Team

1. Clinic
2. Eye Clinic
3. Hygiene Education
4. Widows Home
5. Community Outreach
6. Benjamin Education
7. Women's Education Session

To Do: order supplies, medications, and glasses for the mission trip.

Q&A

Projects and Activities

We need to decide who will lead the projects and activities, and then generate ideas and gather supplies.

Projects Leader and Co-Leader

- | | |
|----------|-------|
| 1. _____ | _____ |
| 2. _____ | _____ |
| 3. _____ | _____ |
| 4. _____ | _____ |
| 5. _____ | _____ |
| 6. _____ | _____ |
| 7. _____ | _____ |
| 8. _____ | _____ |

Project Ideas

- | | |
|-----------|-----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |
| 7. _____ | 8. _____ |
| 9. _____ | 10. _____ |
| 11. _____ | 12. _____ |
| 13. _____ | 14. _____ |
| 15. _____ | 16. _____ |

Activity Leader and Co-Leader

- | | |
|----------|-------|
| 1. _____ | _____ |
| 2. _____ | _____ |
| 3. _____ | _____ |
| 4. _____ | _____ |
| 5. _____ | _____ |
| 6. _____ | _____ |
| 7. _____ | _____ |
| 8. _____ | _____ |

Activity Ideas

- | | |
|-----------|-----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |
| 7. _____ | 8. _____ |
| 9. _____ | 10. _____ |
| 11. _____ | 12. _____ |
| 13. _____ | 14. _____ |
| 15. _____ | 16. _____ |

Q&A

Closing Prayer