



DISCIPLEU

OASIS CHURCH

PRAYING EFFECTIVELY

INTRODUCTION

PRAYING THE LORD'S PRAYER

PRAYING SCRIPTURE

MINISTERING EFFECTIVELY TO OTHERS

A SAMPLE LORD'S PRAYER LITURGY

Introduction

Learning Goal

Prayer is the means by which we communicate with God. Yet, many Christians struggle to pray. We know prayer is vital to our Christian life, but it's not always easy. This study will equip you to effectively pray by using the prayer Jesus gave to his disciples, learning to include scripture in your prayer life, and becoming competent in praying for others.

Primary Text - Matthew 6:9-13

Truths to be learned

Jesus gave his disciples a model prayer that is a significant guide for developing a consistent and effective prayer life. Scripture is a powerful tool in prayer. Anyone can minister to others through prayer by learning to listen to people and the Holy Spirit.

Disciplines, Habits, and Lifestyle

DiscipleU is about more than simply the transfer of information.

Our intent is for you to develop a lifestyle of following Jesus well, becoming more Christlike in all of life, and a deepening relationship with God.

This happens by developing disciplines that become habits, and eventually a lifestyle.

Discipline - "intentionally" doing the things we want to do.

Habit - "usually" doing the right things.

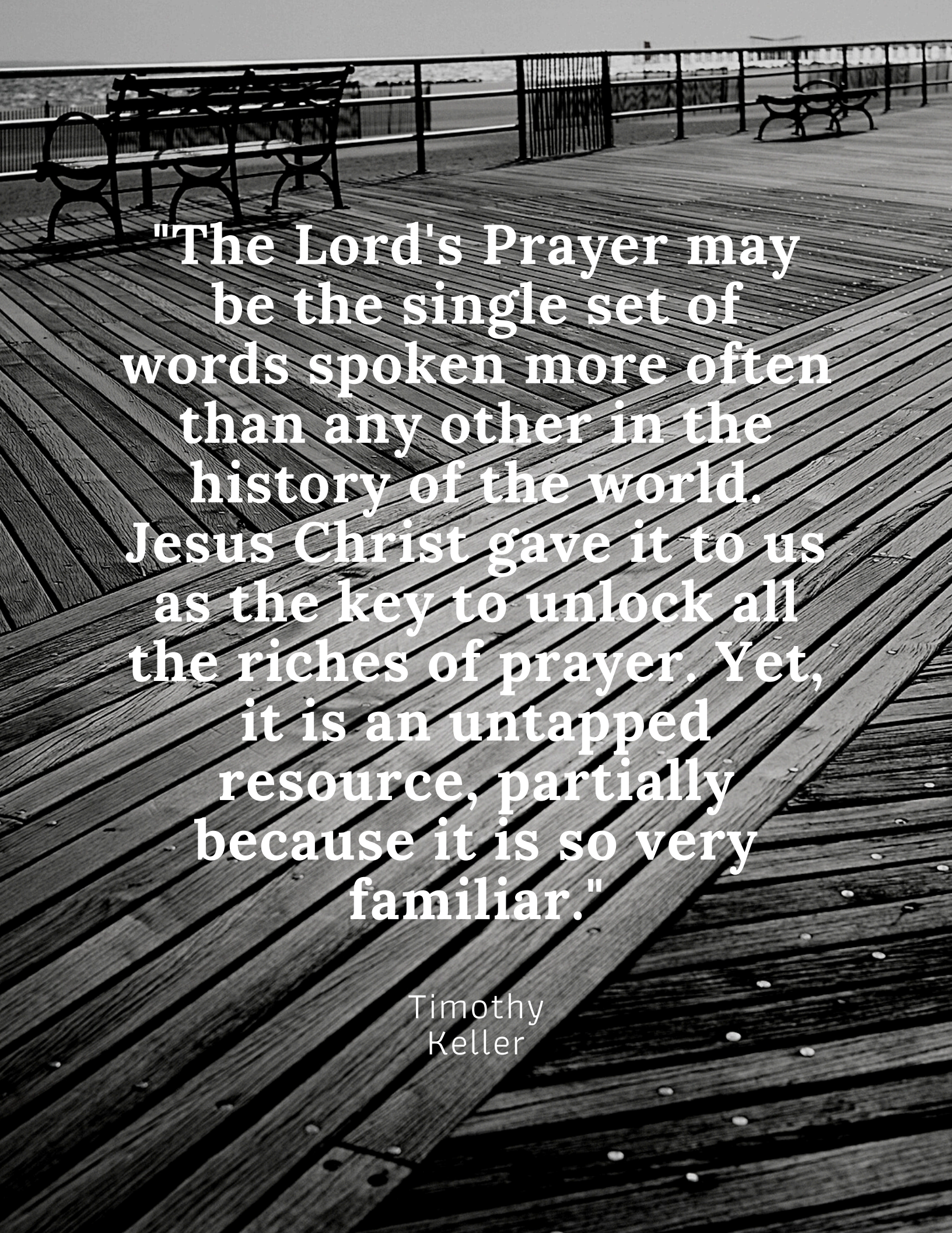
Lifestyle - "naturally" doing the right things. How we will do this:

What this looks like for this learning experience:

Discipline - Memorize the parts of the Lord's Prayer.

Habits - Daily pray the Lord's Prayer in this manner and incorporate scripture in your prayer life.

Lifestyle - Make the Lord's Prayer and scripture consistent parts of your prayer life.



"The Lord's Prayer may be the single set of words spoken more often than any other in the history of the world. Jesus Christ gave it to us as the key to unlock all the riches of prayer. Yet, it is an untapped resource, partially because it is so very familiar."

Timothy
Keller

The Lord's Prayer - An Expanded Outline

PRAISE - Begin by praising God.

"Our Father in heaven, hallowed be your Name..."

- Recognize God for who he is.
- Praise him as our loving heavenly Father – Abba - the God who is close and who cares.
- Praise him for his holiness.

AGENDA - Pray for God's agenda in every area of your life.

"...your kingdom come, your will be done, on earth as in heaven."

- Pray for God's will to come about in whatever situations are pressing.
- Pray for the spread of God's kingdom through the church as the primary agents of God's kingdom that we might be faithful to our mission.

PROVISION - Pray for God's provision.

"Give us today our daily bread."

- Ask God to provide those things that you need to get through the day – food, water, home, finances.
- Intercede for the needs of others.

FORGIVENESS - Pray for forgiveness of sin and forgive others.

"Forgive us our sins as we forgive those who sin against us."

- Examine your life and ask the Holy Spirit to reveal your own sinful attitudes and actions – seek God's forgiveness.
- Pray for those who have sinned against you – forgive them and ask God to forgive them.

PROTECTION - Pray for God's divine protection and guidance.

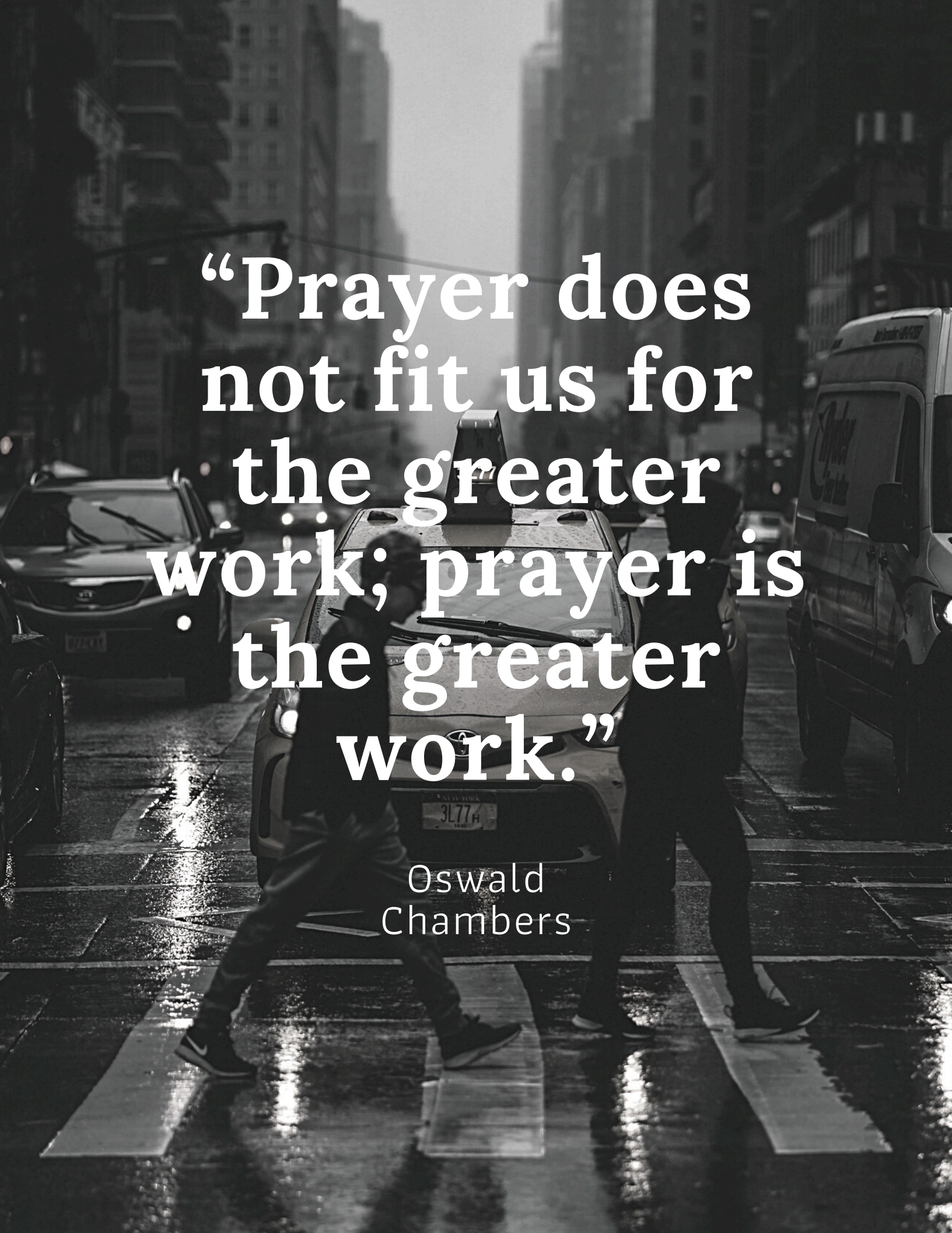
"Lead us not into temptation and deliver us from evil."

- Pray for protection from all that is evil and to stand in trials and temptations.
- Pray the armor of God in Ephesians 6:10-17.

DOXOLOGY - Praise God!

"For the kingdom, the power, and the glory are yours now and forever. Amen."

- All glory and honor belong to God eternally. Close your prayer with worship and praise.



**“Prayer does
not fit us for
the greater
work; prayer is
the greater
work.”**

Oswald
Chambers

Praying Scripture

Praying scripture is a significant way to improve the time you spend in prayer. In fact, the first part of this study, "Praying the Lord's Prayer", is exactly that.

There are two main reasons for this:

1. The early church prayed the Scriptures in Acts 4 and following.
 - Acts 4:-23-26 - And being let go, they went to their own companions and reported all that the chief priests and elders had said to them. (24) So when they heard that, they raised their voice to God with one accord and said: "Lord, You are God, who made heaven and earth and the sea, and all that is in them, (25) who by the mouth of Your servant David have said:

'Why did the nations rage,
And the people plot vain things?
(26) The kings of the earth took their stand,
And the rulers were gathered together
Against the LORD and against His Christ.'

This prayer is taken from Psalm 2:1-2

2. Many parts of the Scripture are prayers. The Psalms are the Bible's book of prayers.

How do we pray scripture?

We simply personalize the the passage we are reading. We apply the scripture to our lives, using the text for guidance and inspiration.

Let's use the very familiar prayer of Psalm 23.

The italicized print is an example of how you could personalize and pray this Psalm.

Psalm 23 - A Psalm of David

The Lord is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters.

*(I thank you Lord, that you are my shepherd. **Jesus, you said you are the "good shepherd"**. In you, I will never suffer want or lack for any good thing. Thank you for leading me to places of rest, peace, and provision.)*

He restores my soul. He leads me in paths of righteousness for his name's sake.

(Holy Spirit, restore my weary soul. I pray, Lord, that you guide me in the paths I am to go. Lead me to a life that is glorifying to You.)



Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

*(Even when I fear and face tremendous difficulties, I can be assured you are with me. **You promised to never "leave me nor forsake me".** Your guidance brings me comfort. Give me **peace that passes my understanding** during these times.)*

You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows.

*(Lord, **there is no weapon formed against me that will prosper.** You are my defender. I am anointed with the Holy Spirit and your fullness overflows in my life.)*

Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.

*(Father, knowing I am your child assures me of **your goodness and mercy following me for every day of my life.** Because of Christ, I know I dwell with you, in your eternal Kingdom forever.)*

Notice, the bold italicized phrases are actually taken from other passages of scripture! This reinforces the benefit to making God's word a part of your prayer life.

*The Holy Bible: English Standard Version. (2016). (Ps 23). Wheaton, IL: Crossway Bibles.



"If you
believe in
prayer at
all,
expect
God to
hear
you."

CHARLES H. SPURGEON

Ministering Effectively to Others



PHOTO BY JACK SHARP ON UNSPLASH

Ministering to others in prayer is a privilege for all followers of Christ. Here are some guidelines to effectively pray for others.

Interview the Person.

What do you want Jesus to do for you?

Listen between the lines.

Make a tentative diagnosis.

Why does this person have this condition?

Double listen - to the Lord and the person.

Is the root physical? Emotional? Spiritual? Demonic?

Invite the Holy Spirit to come.

To reveal His will, His plan, His agenda, and His power.

Begin by blessing the person.

Do this throughout the ministry time.

Bless them with grace peace, hope, love...

Take the situation before the Lord.

Pray; listen; watch; keep your eyes open.

Be open to Word of Knowledge/Wisdom.

Discern for a possible "thing behind the thing".

How do we get words of encouragement?

A simple word or phrase comes to mind.

Seeing a picture with "eyes of the Spirit."

A song or scripture comes to you.

Spontaneous utterance.

A person or situation reminds you of someone or something else.

Post Prayer Counseling

What just happened?

What didn't happen?

Give Godly counsel and hope.

Some final thoughts

Never give a directive word. Hold onto it and make it a point of prayer.

- For example: "God told me you need to quit your job." etc.

Offer scriptural guidance.

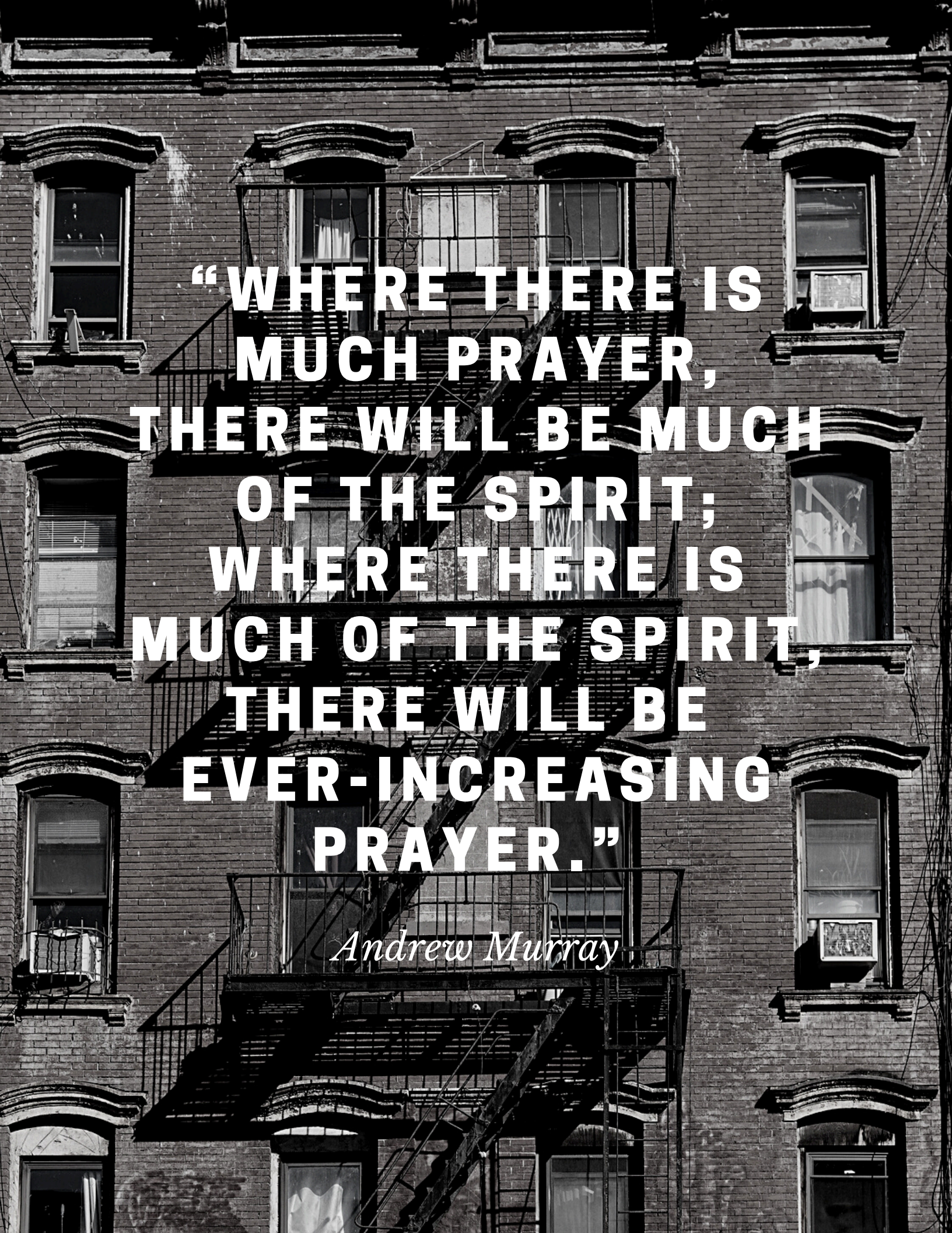
Listen more than you talk.

Risk more than your comfort zone.

Value and love the person whatever the outcome of your prayer.

Developed by Dr. Ron Walborn

Dean Alliance Theological Seminary



**“WHERE THERE IS
MUCH PRAYER,
THERE WILL BE MUCH
OF THE SPIRIT;
WHERE THERE IS
MUCH OF THE SPIRIT,
THERE WILL BE
EVER-INCREASING
PRAYER.”**

Andrew Murray

A Sample Lord's Prayer Liturgy

A Sample Lord's Prayer Liturgy

Our Father in heaven

Everlasting Father of the fatherless,
Heaven is Your throne and the earth is Your footstool.
The heavens declare Your glory,
and the sky above proclaims Your handiwork.
O Father in Heaven,

Hallowed be Your Name

From the rising of the sun to its setting,
may Your Name be praised and be great among the nations!
Let Your glory be over all the earth!
Let heaven and earth praise You,
the seas and everything that moves in them.

Your Kingdom come

May all the ends of the earth remember and turn to You,
and all the families of the nations worship before You.
For kingship belongs to You;
You rule over the nations.
You are the strength of Your people –
the saving refuge of Your anointed!
Oh, save Your people and bless Your heritage!
Be our Shepherd and carry us forever!
You are our King, O God!
You are the King of all the earth!
Your throne is forever and ever.

Your will be done on earth as it is in heaven

Make us to know Your ways, O Lord.
Teach us Your paths.
Teach us to do Your will!
Let your good Spirit lead us on level ground!
Not our will, but Yours be done!

Give us this day our daily bread.

You, our God, will supply every need of ours
according to Your riches in glory in Christ Jesus.
Give us neither poverty nor riches;
feed us with the food that is needful for us,
lest we be full and deny You and say, "Who is the Lord?"
or lest we be poor and steal and profane the name of our God.
Satisfy us with righteousness.

Forgive us our debts as we have forgiven our debtors.

We confess our iniquity; we are sorry for our sin.
Have mercy on us, O God.
Wash us thoroughly from our iniquity,
and cleanse us from our sin!
For Your name's sake, O Lord, pardon our guilt for it is great.

Lead us not into temptation...but Deliver us from Evil

We do not ask that you take us out of the world,
but that you keep us from the evil one.
Restore us; let Your face shine, that we may be saved.
For the glory of Your name, deliver us and atone for our sins,
for Your name's sake!
You are our steadfast love and our fortress, our stronghold and our deliverer!

For Yours is the Kingdom and the Power and the Glory forever and ever!

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