

## THIS WEEK AT SOUTHERN HILLS

### Sunday, November 25, 2018

8:15a Bible Study for Men, Bonus Rm  
9:15a Source Studies, Keithshire Campus  
9:30a Worship Service, Sanctuary  
9:30a Bible Diggers, Library  
9:30a Children's Ministry, Activities Rm  
9:30a Children's Ministry (PK-K), Rm 610  
9:30a Fireside Chats, Fireside Rm.  
10:30a Youth-Led Sunday School Class, Great Rm  
10:30a Source Worship, Keithshire Campus  
10:35a Love Notes, Bonus Rm  
11:00a Preschool Worship Hour, Activity Building  
11:00a Seekers Class, Fireside Rm  
11:00a Worship Service, Sanctuary  
4:00p Joyful Ringers (Youth), Sanctuary  
4:45p Youth Choir, Choir Rm  
5:00p Carillon Choir (Adult Handbells), Sanctuary  
5:30p Children's Choir, Choir Rm  
6:15p Celebration Ringers (grades 3-5), Sanctuary

### Monday, November 26, 2018

10:00a Upper Room Prayer Team, Prayer Chapel  
10:00a Vitality Aerobics, Great Rm  
7:00p AA, Fireside Room

### Tuesday, November 27, 2018

6:30p Basketball, Men age 35 & up, Gym  
7:00p AA, Fireside Rm

### Wednesday, November 28, 2018

9:30a Ladies Bible Study, The Source, Keithshire Campus  
10:00a Vitality Aerobics, Great Rm  
5:30p Dinner served until 6:15 (Please make reservations)  
6:30p Study of Mark, Bonus Rm  
6:30p Kids and Family on a Mission (K-5th grade), Activities Rm  
6:30p Middle School Small Groups  
7:00p Chancel Choir Rehearsal  
7:00p Ladies Bible Study, home of Teresa Eikenbary

### Thursday, November 29, 2018

9:30a Open Bridge, Reception Rm  
1:30p Jill Ruhl's Small Group, Library  
6:00p Health and Wellness, Reception Rm  
6:15p MOVE Vocal Rehearsal, Choir Rm  
6:30p High School Small Group  
6:30p Men's age 35 and over Basketball, Gym  
7:00p Boy Scout Troop 186, Activities Kitchen  
7:15p LOVE Vocal Rehearsal, Choir Rm

### Friday, November 30, 2018

10:00a Vitality Aerobics Class, Great Rm  
12:00p Al-Anon, Conference (Bonus) Rm

### Saturday, December 1, 2018

11:00a Al-Anon, Conference (Bonus) Rm

## AN ARK OF SAFETY

Acts 27:13-26

November 25, 2018

### How to Act in a Storm:

#### 1. Be of Good Cheer

[Paul said] *"Keep up your courage, men, for I have faith in God that it will be exactly as I have been told. But we will have to run aground on some island."* Acts 27:25-26

#### 2. Stay with the Ship

*Paul said to the centurion and the soldiers, "Unless these men stay in the ship, you cannot be saved."* Acts 27:31

#### 3. Stabilize the Situation

*Fearing that we might run on the rocks, they let down four anchors from the stern and prayed for day to come.* Acts 27:29

#### 4. Never Stop Doing What You Can

*So they cast off the anchors and left them in the sea. At the same time they loosened the ropes that tied the steering-oars; then hoisting the foresail to the wind, they made for the beach.* Acts 27:40

#### 5. Watch God be True to His Word

[The Centurion] *ordered those who could swim to jump overboard first and make for the land, and the rest to follow, some on planks and others on pieces of the ship. And so it was that all were brought safely to land.* Acts 27:43-44

Southern Hills' worship services may be heard on 630 WLAP-AM radio and on WLAP.COM every Sunday at 8:30 a.m., brought to you by Al Torstrick Insurance and the Bank of the Bluegrass.



### A Warm Welcome

Welcome to Southern Hills United Methodist Church! We are so glad that you have chosen to worship with us today. Before you leave, please take a few minutes to stop by our *Welcome Center* located just outside the worship center in the Narthex. Our volunteers will be happy to assist you with any questions you may have or additional information you desire about the church.

### Flowers

The flowers on the alter are given in memory of **Jean Hart Blain**. They are presented by Brad, Sandra, Robbie, Jessica, Christian, Matt, Stephanie, Isaac, Emery, Annabelle, David, Katie, and Riley Blain.

Dear Southern Hills Family,

Winter break is almost here for the schools. To help ensure our children at Arlington will have food to eat during vacation, we are asking the congregation to fill grocery bags of selected items that will be sent home with the children on the last day of school before break.

The backpack team will provide bags for you to shop. They will be available at church on Sunday, Dec. 2, and Sunday, Dec. 9. If you are not in attendance either of those days, you can use a brown paper bag. Below is all the information you need to know. Any extra bags will be used for children at Mary Todd Elementary.

We have found it best to keep all the bags as similar as possible; therefore we have included a suggested list to help in your shopping. Sizes have been limited in order to keep bags from being too heavy for the children to carry home. Feel free to get any brand, but do your best to get the stated size, and please, no glass.

**PEANUT BUTTER** (no larger than 18 oz.), **JELLY** (squeeze bottle is best, no larger than 20.5 oz.), **SPAGHETTIOS** (2 15-oz. cans), **MARUCHAN INSTANT LUNCH** (ramen noodles) (2 2.25-oz. containers), **SALTINE CRACKERS** (16 oz.), and a bag of **CHRISTMAS CHOCOLATE CANDY** of your choice. This should run about \$12-\$15. Please feel free to add a card or letter.

Bags should be returned to church on Sunday, Dec 16th. **LEAVE THEM BEHIND YOUR CAR.** We will drive around to get them. If it is raining, please bring them to the sanctuary entrance. If you will not be there on the 16th, you may drop your bag at the Welcome Center from Dec. 9th-Dec. 15th.



**Food delivery:** Tuesday, Nov. 27th at 4:00 at Sam's Club on New Circle.

**A.M. Pack:** Thursday, Nov. 29th. There will be a 10:00 setup with packing beginning shortly after. Located at Embrace Church on North Limestone.

November 25, 2018



- **Snapshot:** 5:30-7:30pm Sundays, Nov. 11 & 18. We'll talk about the messages we are being sent by the culture around us.
- **Middle School Small Group:** Wednesdays, November 7, 14, & 28 from 6:30-7:30pm. We'll meet in the Great Room to grow our roots deeper into Christ. This is for grades 6-8.
- **High School Small Group:** Thursdays, November 1, 8, & 29 from 6:30-7:30pm. We'll meet at Katy's house (2153 Palomar Trace) to dig into what it means to be a disciple of Jesus.
- **Mexico Mission Team:** We are starting to raise funds for our mission to Tijuana in July of 2019 to build a home for a family, provide food, and help with the building of a community center. If you have work you need done around your home and would like to donate to the project costs, please get a form at the welcome center and turn it in to the church office. We'll be in contact with you about when we can come help. Thank you for your support!



### ALL CHURCH PRAYER GATHERING

Join us at The Source for an informal time that will include scripture, learning about prayer, Holy Communion, and praying together for our church community. This is a great opportunity for both our traditional and contemporary congregations to gather together. The Gathering will take place on Tuesday, November 27th, 2018, beginning at 6:00 p.m.

### Women of Southern Hills

#### Save the Date



*Dress up in your colorful, casual Christmas attire and join the United Methodist Women to celebrate the Christmas Season. Pot luck dinner December 5, 2018 Herren Hall 6:00 pm. Followed by a brief program and mini-concert by our talented Youth Choir*

### LIGHTING THE ADVENT CANDLES

One of our special Advent traditions at Southern Hills is the weekly lighting of the Advent Candles and the reading of the Candle-lighting liturgy. Typically, small groups and families have led us in this ritual for our traditional worship services. If you would like to volunteer, please contact Joan Wooden ([jwooden@southernhillsumc.org](mailto:jwooden@southernhillsumc.org), or call 277-6176, ext. 23). You will be blessed to be a blessing!



### TIPS FOR FALL FITNESS

A minimum of 150 minutes of moderate physical activity per week is recommended. Three tips for reaching this minimum are: 1) Adopt a "1-for-1 rule." For every waking minute of sedentary time, you equal the same for movement time. 2) Set your watch or phone for "inactivity time" or a timer for inactivity. Break up this time with pacing or walking or moderate activity. 3) Walk, bike, or climb.. Add an activity to your day (such as taking the stairs).

### WEDNESDAY EVENING FELLOWSHIP MEALS

Our Wednesday night fellowship dinners will resume on November 28th! Meals are served from 5:30-6:15 p.m. in Herren Hall. PLEASE make your reservation for these meals no later than Mondays at 12:00 noon. You can either mark the pew pad that you will be attending, or call the church office to let them know. We are excited to enjoy this fellowship time together and hope that you will join us and take the opportunity to get to know each other around the tables. The menu is posted weekly in the bulletin.

Donations are suggested to help cover the meal cost. If you are able to help out on a Wednesday night, please let Brian Cathey know. We would love for groups to volunteer to help with food prep or cleanup. We also welcome suggestions for menu or themes for our Wednesday night meal. Please contact Brian at [rbcathey@southernhillsumc.org](mailto:rbcathey@southernhillsumc.org) or call the church at (859) 277-6176.

#### November 28—Tacos

### SHARING YOUR HEART FOR THE CHRIST CHILD!

The people of Southern Hills have so many insights to offer one another by sharing their faith journey! In fact, every time someone shares their "story" or thoughts, we all receive a wonderful and unique glimpse of the glory of God. You might not consider yourself a great writer, but God has blessed you with a very special perspective that will help all of us during this Advent season. Please consider sharing your faith through writing – whether it be prayers, poems, or brief reflections. Your contributions will be used towards the creation of our *Festival of Christmas* narrative, as well as a church-wide Advent devotional guide for 2019. Please consider sharing your thoughts and insights on the coming of the Christ Child (Isaiah 9: 2, 6, 7; Luke 2: 1-20; Matthew 1: 18-23). Also, please limit your writing to 100 words for *Festival* or 300 words for the devotional guide. For more information or to submit a work, please contact Joan Wooden ([jwooden@southernhillsumc.org](mailto:jwooden@southernhillsumc.org)). All submissions are due by the end of November.

### ROADRUNNERS

The Roadrunners meet twice a month on a Thursday to enjoy food and fellowship together. They visit area restaurants and spend time in conversation while enjoying a good meal. Here is their schedule for the month of December:

**December 13—Outback Steakhouse (please note the changed location)**

**December 27—No Lunch (Merry Christmas!)**

For more information regarding the Roadrunners please call Brian at 277-6176, or email him at [rbcathey@southernhillsumc.org](mailto:rbcathey@southernhillsumc.org).

### BOY SCOUT WREATH PICKUP

If you bought a wreath from Boy Scout Troop 186, it will be available for pickup on Sunday, November 25th, and Sunday, December 2nd, between services in Herren Hall. Cash, check, and credit/debit cards are accepted for payment.



## UPCOMING CHILDREN AND FAMILY EVENTS

November 25, 2018	Intergenerational Worship
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### WEDNESDAY NIGHTS:

November 28, 2018	Fellowship: Bowling
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### FUNdraiser Night

On Wednesday, December 5th, 2018, from 5:00-8:00p.m., we will have a FUNdraiser night at Gattitown for our Mexico and Guatemala mission trips. Gattitown will donate 20% of all food and game card sales to our cause. For proper credit, please purchase combos or games at the front register under Southern Hills United Methodist Church Missions. Please pick up a flyer from the Welcome Center if you are interested in attending.

### MYRON BEAL TOY PROJECT

The United Methodist Men are once again leading a project to provide toys, clothing, and coats to families in the Big Creek community of Clay County. We need new or gently used toys for all ages and/or money to buy toys at discounted prices. We will also be taking winter coats, gloves, mittens, etc. for children and adults. Tom and Chris Denman came to Big Creek more than 30 years ago to do outreach ministry to children and families. The Myron Beal Toy Project has been collecting toys for them for 25+ years, and we continue to be impressed with their ministry. The Methodist Men are grateful to all who have donated over the years. You can bring donations of toys and coats to the church or mark your check with Toy Project and put it in the collection plate. You can contact Dennis Liptrap, Bill Johnson, or Jerry Day for more information. We will be in Herren Hall between services in December.



### BOOKS FOR CHILDREN

SHUMC is ready for our 19th annual year of collecting new books for children up to 12 years of age! Over 44,000 books have been distributed to children in need; some who have never had the opportunity to own a brand new book of their own. This year, the collection will run from Nov. 1st-Dec. 31st. Please remember to pick up a new book while you are out shopping this year or make a donation made payable to Books For Children. You can also drop off books at Joseph-Beth. If you have questions, please contact Karen Sandberg at 224-8772.



### FESTIVAL OF CHRISTMAS

Festival of Christmas will take place Wednesday, December 12th, at 6:30 p.m.! Stay tuned for more details!