

THIS WEEK AT SOUTHERN HILLS

Sunday, March 3

- 8:15a Bible Study for Men, Bonus Rm
- 9:15a Source Studies, Keithshire Campus
- 9:30a Worship Service, Sanctuary
- 9:30a Bible Diggers, Library
- 9:30a Children's Ministry, Activities Rm
- 9:30a Children's Ministry (PK-K), Rm 610
- 10:30a Youth-Led Sunday School Class, Great Rm
- 10:30a Source Worship, Keithshire Campus
- 10:35a Love Notes, Bonus Rm
- 11:00a Preschool Worship Hour, Activity Building
- 11:00a Bible Apps Sunday School, Bonus Rm
- 11:00a Seekers Class, Fireside Rm
- 11:00a Worship Service, Sanctuary
- 4:00p Joyful Ringers (Youth), Sanctuary
- 4:30p The About Group, Fireside Rm
- 4:45p Youth Choir, Choir Rm
- 5:00p Carillon Choir (Adult Handbells), Sanctuary
- 5:30p Snapshot (Youth Group)

Monday, March 4

- 10:00a Upper Room Prayer Team, Prayer Chapel
- 10:00a Vitality Aerobics, Great Rm
- 10:30a Shawl Ministry, Reception Rm
- 7:00p AA, Fireside Room

Tuesday, March 5

- 6:30p Basketball, Men age 35 & up, Gym
- 7:00p AA, Fireside Rm

Wednesday, March 6

- 7:00a Ash Wednesday Communion (served until 12 p.m.)
- 9:30a Ladies Bible Study, The Source, Keithshire Campus
- 10:00a Vitality Aerobics, Great Rm
- 5:30p Dinner served until 6:15 (Please make reservations)
- 6:30p Ash Wednesday Service, Sanctuary
- 7:30p Chancel Choir Rehearsal
- 7:00p Ladies Bible Study, home of Teresa Eikenbary

Thursday, March 7

- 9:30a Open Bridge, Reception Rm
- 1:30p UMW Leadership Meeting, Reception Rm
- 1:30p Jill Ruhl's Small Group, Library
- 5:30p New Life Circle, Reception Rm
- 6:15p MOVE Vocal Rehearsal, Choir Rm
- 6:30p High School Small Group
- 6:30p Men's age 35 and over Basketball, Gym
- 7:00p Boy Scout Troop 186, Activities Kitchen
- 7:15p LOVE Vocal Rehearsal, Choir Rm

Friday, March 8

- 10:00a Vitality Aerobics Class, Great Rm
- 12:00p Al-Anon, Conference (Bonus) Rm

Saturday, March 9

- 11:00a Al-Anon, Fireside Rm

ASH WEDNESDAY OPPORTUNITIES

Ash Wednesday, marking the first day of Lent, emphasizes a dual encounter: we confront our own mortality and confess our sins before God within the community of faith. This year, Ash Wednesday falls on **March 6th**, and our church will offer multiple opportunities for worship. From **7:00 a.m. until 12:00 noon**, our sanctuary will be open for a time of prayer and meditation, as well as **Holy Communion**. Then, at **6:30 p.m.** we will have an intergenerational **service of worship**. In addition to traditional liturgy, choral music offered by our youth choir, and a sermon presented by Rev. Jill Ruhl, we will offer a special time of prayer and meditation through prayer stations (including imposition of the ashes), as well as Holy Communion. The stations have been designed and created by our program staff. Also, James Humlong will provide contemplative piano music for those who would prefer to spend time in prayer either in their pews or at the altar rail. Please make plans to attend, and bring your entire family.

FOOTSTEPS OF PAUL CRUISE

The Footsteps of Paul Cruise is 12 days aboard the Royal Caribbean Jewel of the Seas, roundtrip from Rome, Italy, taking place October 29-November 11, 2019.

Stops include Taormina, Italy; Jerusalem and the Sea of Galilee; Limassol, Cyprus (including Paphos and the Temple of Apollo); Rhodes, Greece (on your own — excursions available); Ephesus, Turkey; Athens and Corinth, Greece; Pompeii, Italy; and three days at sea. There is also a two-day pre-tour or post-tour in Rome (which includes Christian Rome and Ancient Rome). Ben Witherington, professor at Asbury Theological Seminary, is the guest speaker abroad.

If interested, please contact Pastor Greg Gallaher at Georgetown First United Methodist Church: greg.gallaher@gmail.com or 502-316-2626.

YOU'RE INVITED!

Please join us for a gift card shower in celebration of the upcoming wedding of James Humlong and Kelleigh Jones! The shower will be held Sunday, March 17th at 10:30 a.m. in Herren Hall.



Southern Hills' worship services may be heard on 630 WLAP-AM radio and on WLAP.COM every Sunday at 8:30 a.m., brought to you by Al Torstrick Insurance and the Bank of the Bluegrass.



A Warm Welcome

Welcome to Southern Hills United Methodist Church! We are so glad that you have chosen to worship with us today. Before you leave, please take a few minutes to stop by our *Welcome Center* located just outside the worship center in the Narthex. Our volunteers will be happy to assist you with any questions you may have or additional information you desire about the church.

BOOK STUDY: *CHRISTIANITY AND WORLD RELIGIONS*

Pastor and best-selling author Adam Hamilton returns to one of his most popular topics in his updated book, *Christianity and World Religions*. In this study, he explores four major world religions—Hinduism, Buddhism, Islam, and Judaism—and compares the beliefs of each with those of Christianity. Hamilton urges us as Christians to build bridges with others so that we might grow in our faith, seek peace in our world, love our neighbors, and find positive ways to share the Gospel. The study, with Bill Moore and Eric Hughes as co-teachers, will be offered on Wednesday nights at 6:30 P.M., January 23-February 27. The books are for sale at the Welcome Center for \$15. Come and join us!

Updated Class Schedule:

March 6: No Class (Ash Wednesday)

March 13: Christianity

NEW LIFE CIRCLE

The New Life Circle will meet Thursday, March 7, at 5:30 in the Hazel Finney Reception Room. We'll cover final details for the PEO Luncheon at Southern Hills on March 9. Also ushering signups will be open for our Circle fundraiser, the Gotta Dance Recital, to be held May 31 and June 1. We'll go out for dinner after our business meeting. For questions, please contact Harriet Schulz, 272-8714.

SHUMC OPPORTUNITY AVAILABLE FOR 2019-2020

Background: Retiring couple wish to turn over their 15-year SHUMC/community partnership to an energetic and enterprising pair (or group) who would organize, maintain, and enjoy Saturday evenings in the Activities Building on the main campus from December-March.

Must Have: Good organizational skills; ability to keep track of supplies, laundry, and keys; pleasant telephone manner; useful email ability; flexible schedule; love of speaking to individuals and groups about possible volunteer opportunities; and especially an enthusiasm to work with others and be conscious of those in need.

Stipend: Immeasurable, every week.

For further information or to schedule an interview, call Bev Jaquith, 276-1358, or Janie Bowen, 223-5522. Room in the Inn is calling for you. Please answer!





- **Snapshot:** 5:30-7:30pm Sundays, March 3, 10, 17, 24, and 31. We'll look at what was important to the early Church and compare how things are today.
- **Middle School Small Group:** Wednesdays, March 13, 20, and 27 from 6:30-7:30 pm, we'll meet in the Great Room to grow our roots deeper into Christ. For grades 6-8.
- **High School Small Group:** Thursdays, March 7, 14, 21, and 28 from 6:30-7:30 pm. We'll meet at Katy's house (2153 Palomar Trace). We are going to keep looking at what being the Church means.
- **Youth Band:** Wednesdays, March 6, 13, 20, and 27 in the youth room. We'll practice songs to lead worship at Snapshot. If you play an instrument or want to sing feel free to join us, even if it's just for a week!

SPECIAL CALLED MEETINGS TO BE HELD

Bishop Leonard Fairley has called for a gathering of the Orders and Fellowship following the General Conference on Human Sexuality, February 23-26. All the gatherings will be held at Southern Hills.

- The Orders of Elders and Deacons will gather on Friday, March 15th, from 2:00 to 4:00 p.m.
- The Fellowship of Local Pastors and Associate Members will gather on Saturday, March 16th, from 2:00 to 4:00 p.m.
- In addition, on Saturday, March 16th, Bishop Fairley is inviting the laity of the conference to meet with him at Southern Hills from 10 a.m. to 12 p.m. Clergy may attend, but are not required to attend on Saturday morning.

There will not be registration for these events. Please note that our church members (laity) have the opportunity to meet with Bishop Fairley on Saturday morning, 10AM -12 P.M. We hope you will consider attending!

UMW LEADERSHIP TEAM

The UMW Leadership Team will meet Thursday, March 7th, at 1:30 p.m. in the Reception Room.

VOLUNTEERS NEEDED: MUSIC AND ARTS CAMP AT SOUTHERN HILLS

Our Second Annual *Music and Arts Camp at Southern Hills UMC* is scheduled to be held on **July 22-26th**. The success of last year's camp was due to a high number of volunteers who offered their time and talents for the camp. This year, we have plenty of opportunities for volunteering, as well, and we desperately need *early* commitment from our volunteers in order to make this a success! Help is needed in the following areas:

- Registration table – volunteers will greet the children and hand them their nametags. (30 minutes each morning & 15 minutes in the afternoon)
- Small group teaching or assisting – areas include Bible story, recreation, set design, choreography (thirty minute increments between 10 a.m. and 1:15 p.m. Mon., Tues., Wed.)
- Driving Southern Hills Buses (Friday Only)
- Providing Lunch on Friday (This would be great for a small group! Four UMW Circles have already volunteered!)

Any help would be appreciated, even if it's only for one day or a portion of a day! Please contact Joan Wooden (jwooden@southernhillsumc.org or 277-6176, ext. 23) if you are interested.



HEALTH & WELLNESS TIP

Protein derived from plant sources can help lower cholesterol, improve your heart health, and add a satiating blend of flavors. Plant proteins can be found in seeds, nuts, most beans, tofu, and tempeh, as well as from grains. Have you tried Meatless Mondays? You can find some great plant-based recipes at ForkoverKnives.com.

WEDNESDAY EVENING FELLOWSHIP MEALS

Meals are served from 5:30-6:15 p.m. in Herren Hall. PLEASE make your reservation for these meals no later than Mondays at 12:00 noon. You can either mark the pew pad that you will be attending, or call the church office to let them know. We are excited to enjoy this fellowship time together and hope that you will join us and take the opportunity to get to know each other around the tables. The menu is posted weekly in the bulletin.

Donations are suggested to help cover the meal cost. If you are able to help out on a Wednesday night, please let Brian Cathey know. We would love for groups to volunteer to help with food prep or cleanup. We also welcome suggestions for menu or themes for our Wednesday night meal. Please contact Brian at rbcathey@southernhillsumc.org or call the church at (859) 277-6176.

March 6: BBQ, baked beans, and chips

March 13: Baked potatoes and salad

March 20: Pizza and salad

March 27: Taco night

ROADRUNNERS

The Roadrunners meet twice a month on a Thursday to enjoy food and fellowship together. They visit area restaurants and spend time in conversation while enjoying a good meal. Here is their schedule for the month of March:

3/14: El Charro, Harrodsburg Road

3/28: Chop House, Richmond Road

For more information regarding the Roadrunners please call Brian at 277-6176, or email him at rbcathey@southernhillsumc.org.

SARAH BAGBY CIRCLE

Please join the Sarah Bagby Circle March 13 in the Fireside Room. Our business meeting and bring-your-own lunch will start at noon. Our program at 1:00 will be "Prayer and Self Denial," a UMW program presented by Carol Dunigan, Gail Losch, and Eveleen Browning. We hope to see you there!

THANK YOU FROM BELIZE

Thank you so much for your generosity and kindness to help us supply computers for Libertad and Corizol. We were able to purchase 15 new Chromebook computers. Lisa Williams will be able to take them down to Belize next week and give them to the elementary schools to use to help educate the kids and give them a better chance to succeed in school. We are beyond thankful for all you have done for these kids and the Kingdom of God.



UPCOMING CHILDREN AND FAMILY EVENTS

Children in Worship:

Here at SHUMC, we value children as a part of our worshipping community. Their presence grows out of our commitment to nurture them as they grow in their relationship with God. (Deuteronomy 6:5-7) Children wiggle! Adults do too! Bringing your children to the service may not always be easy, but it is an important part of the spiritual growth. Children learn from SEEING adults. When adults SEE children in the service, it also helps them grow too.

There are activity carts at both entrances to the sanctuary. On the carts you will find activity bags with crayons and other quiet activities that will help your child. There are also clipboards with sermon notes and coloring pages for children. Science tells us that when children's hands are busy, their brains are able to focus on what they are hearing. These tools are here to help your child engage in worship.

A note to parents: If you feel you must leave the sanctuary with your child, please come back. We aren't the full body without you both!

A note to congregation members: Express joy at having the children worship with us. Be intentional about greeting the children when we pass the peace!

SHUMC: Children's Worship

The Source: Source Studies

March 3	Jesus Is Transfigured Mark 9:1-13	Luke 9:35	Jesus is God.
March 10	The Poor Widow's Offering; Luke 21:1-4; page 1128 in Deep Blue Bible	2 Corinthians 9:7	Jesus loves givers.
March 17	Jesus' Triumphant Entry Luke 19-29	1 Timothy 6:15	Jesus is the King.
March 24	The Plot to Kill Jesus Luke 22:1-6	John 13:21	Jesus knows what it's like to be hurt by a friend.
March 31	Jesus Washes Disciples' Feet John 13:1-17	John 13:15	Jesus shows us how to serve.

Kids and Families on a Mission:

March 6	Act of Worship:	Ash Wednesday Service
March 13	Act of Service:	Make a yard sign and put it in someone's yard.
March 20	Act of Worship:	Escape Room Lesson
March 27	Fellowship:	Skyzone

BOWLING AT MALIBU JACK'S



Kids and their guy VIPs are invited to join us on March 10th from 2-4 p.m. Meet in front of the bowling alley area.