

## THIS WEEK AT SOUTHERN HILLS

### Sunday, January 27

8:15a Bible Study for Men, Bonus Rm  
9:15a Source Studies, Keithshire Campus  
9:30a Worship Service, Sanctuary  
9:30a Bible Diggers, Library  
9:30a Children's Ministry, Activities Rm  
9:30a Children's Ministry (PK-K), Rm 610  
10:30a Youth-Led Sunday School Class, Great Rm  
10:30a Source Worship, Keithshire Campus  
10:35a Love Notes, Bonus Rm  
11:00a Preschool Worship Hour, Activity Building  
11:00a Bible Apps Sunday School, Bonus Rm  
11:00a Seekers Class, Fireside Rm  
11:00a Worship Service, Sanctuary  
4:00p Joyful Ringers (Youth), Sanctuary  
4:30p Finance Meeting  
4:45p Youth Choir, Choir Rm  
5:00p Children's Snack and Worship Enrichment Activity, Courtyard Rm  
5:00p Carillon Choir (Adult Handbells), Sanctuary  
5:30p Children's Choir, Choir Rm  
5:30p Snapshot (Youth Group)  
6:30p Administrative Team Meeting

### Monday, January 28

10:00a Upper Room Prayer Team, Prayer Chapel  
10:00a Vitality Aerobics, Great Rm  
6:00p Health & Wellness, Reception Room  
7:00p AA, Fireside Room

### Tuesday, January 29

6:30p Basketball, Men age 35 & up, Gym  
7:00p AA, Fireside Rm

### Wednesday, January 30

9:30a Ladies Bible Study, The Source, Keithshire Campus  
10:00a Vitality Aerobics, Great Rm  
5:30p Dinner served until 6:15 (Please make reservations)  
6:30p Study of Adam Hamilton's *World Religions*, Bonus Rm  
6:30p Kids and Family on a Mission (K-5th grade)  
6:30p Middle School Small Groups  
7:00p Chancel Choir Rehearsal  
7:00p Ladies Bible Study, home of Teresa Eikenbary

### Thursday, January 31

9:30a Open Bridge, Reception Rm  
6:15p MOVE Vocal Rehearsal, Choir Rm  
6:30p High School Small Group  
6:30p Men's age 35 and over Basketball, Gym  
7:00p Boy Scout Troop 186, Activities Kitchen  
7:15p LOVE Vocal Rehearsal, Choir Rm

### Friday, February 1

10:00a Vitality Aerobics Class, Great Rm  
12:00p Al-Anon, Conference (Bonus) Rm

### Saturday, February 2

11:00a Al-Anon, Conference (Bonus) Rm

## SCANDALOUS NEWS

Luke 4:16-21  
JANUARY 27, 2019

[Jesus said:] *"The Spirit of the Lord is on me, because he has anointed me To preach good news to the poor;  
He has sent me to heal the brokenhearted,  
To proclaim freedom for the prisoners,  
To recover the sight of the blind,  
To release the oppressed and proclaim the year of the Lord's favor." Luke 4:18-19 NKJV*

### THE FOCUS OF A CHRISTLIKE MINISTRY Who Jesus Came to Help

#### ***"THE POOR"***

*Types of poverty: material, moral, and spiritual*

#### ***"THE BROKENHEARTED"***

#### ***"THE IMPRISONED"***

*Types of prisons: physical, addictions, secrets, and lack of education*

#### ***"THE BLIND"***

*Types of blindness: physical and spiritual*

#### ***"THE OPPRESSED"***

*Types: political, cultural and spiritual*

#### ***"The YEAR OF JUBILEE"***

*"I have given you an example to follow. Now do as I have done to you." John 13:15 (NLT)*

Southern Hills' worship services may be heard on 630 WLAP-AM radio and on WLAP.COM every Sunday at 8:30 a.m., brought to you by Al Torstrick Insurance and the Bank of the Bluegrass.



### A Warm Welcome

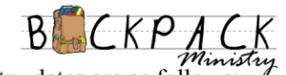
Welcome to Southern Hills United Methodist Church! We are so glad that you have chosen to worship with us today. Before you leave, please take a few minutes to stop by our *Welcome Center* located just outside the worship center in the Narthex. Our volunteers will be happy to assist you with any questions you may have or additional information you desire about the church.

### DEATHS

We express our condolences to the family of Laura Wild, who passed away January 18, 2019.

### GUATEMALA MISSION TRIP 2019

There will be an informational meeting for The Source and Southern Hills' upcoming mission trip to Guatemala on Sunday, February 3rd, at 12:15 p.m. in the library. Please join us to learn more about this opportunity.



Upcoming backpack ministry dates are as follows:

**A.M.:** January 31, February 28, April 11, May 9  
(3 week pack)

Meet at Embrace Church basement, 10:00 a.m. for setup, pack shortly after.

**P.M.:** February 12, March 12 (3 week pack), April 29

Meet at Embrace Church basement, 5:15 setup, pack shortly after.

**Food Delivery:** Feb 12, March 12 (5 week), April 23 (5 week)

### ONE TO GROW ON...

*The Grow Team seeks to encourage our community of believers to grow deeper in relationship with Christ. Our prayer is that you will be inspired to forge new spiritual disciplines: to be intentional to make time every day to get alone with God (practice being in His Presence), to delve into His Word and allow it to penetrate your heart, and to develop new practices of daily prayer. To that end, here is ONE TO GROW ON... Prayer is essential to faith. Martin Luther said it this way: "To be a Christian without prayer is no more possible than to be alive without breathing." "Devote yourselves to prayer, being watchful and thankful." (Col. 4:2) How much time do you spend in prayer each day? Corrie ten Boom goes straight to the heart of the issue: "Is prayer your steering wheel or your spare tire?"*

January 27, 2019



- **Snapshot:** 5:30-7:30pm Sundays, January 6th, 13th, and 27th.
- **Middle School Small Group:** Wednesday, January 9, 16, 23, and 30 from 6:30-7:30 pm in the youth room.
- **High School Small Group:** Thursdays, Jan. 3, 10, 17, 24, and 31 from 6:30-7:30 pm. We'll meet at Katy's house (2153 Palomar Trace) to dig into what it means to be a disciple of Jesus.
- **Mexico Mission Team:** We are starting to raise funds for our mission to Tijuana in July of 2019 to build a home for a family, provide food, and help with the building of a community center. If you have work you need done around your home and would like to donate to the project costs, please get a form at the welcome center and turn it in to the church office. We'll be in contact with you about when we can come help. Thank you for your support!

### NATHANIEL MISSION MARKET

Are you looking to use your hands serving the Lord? We have a great opportunity on Tuesday, Wednesday, or Thursday from 12:45-2:15 at the market. There are different responsibilities: shopping assistant, prayer and computer spreadsheet, greeter. If you cannot commit weekly, we are always in need of those who are willing to sub in for regulars that are scheduled. **Our immediate need** is a short-term sub in the months of February and March on Wednesdays as shopper assistant. If you are interested, please call or email Bonnie Lynch (859)533-2313 (lynchb@aol.com).

### SOUTHERN HILLS ADVENTURE CREW SKI TRIP 2019



**When:** Saturday, February 9th  
**Where:** Perfect North Ski Slopes  
**Cost:** \$59  
 Sign up in the Welcome Center. Please contact Teddy Poore for more information. 859-539-3671.

### MEADE SHOTWELL CIRCLE

The Meade Shotwell Circle will have its first meeting of the new year on Monday, February 4th, at 7:00 in the Reception Room at church. It will be our annual fundraising White Elephant Sale! Bring an item or two in a gift bag to auction off — and bring a little (or a lotta) cash to buy something for yourself! Also, if you were a Secret Prayer Pal last year, this is the time to reveal your identity to your pal. We will also make our individual pledges and sign up for PEO Luncheon responsibilities. Important stuff! Hope you will be there! Members and all ladies of the church are welcome. Contact Kris Swoveland at 219-1468 if you have any questions.



### WEAR RED FOR HEART HEALTH

Participate in National Wear Red Day by wearing red on the first Friday of every February. Wearing red will help raise awareness about heart disease, which is the leading cause of death in the United States. Use these tips to take action in lowering your risk for heart disease and heart attack.

- Ask your doctor or nurse how to maintain a healthy weight and how to prevent and control high blood cholesterol, high blood pressure, and diabetes.
- If you smoke, call 1-800-QUIT-NOW to help you quit.
- Limit alcohol.
- Make healthy food choices for meals and snacks. Grab a healthy snack on the go.
- Be active. Take the stairs instead of the elevator. Park farther away and walk.
- Know the symptoms of a heart attack.

<http://www.cdc.gov/family/minutes/tips/wearred/index.htm>

### WEDNESDAY EVENING FELLOWSHIP MEALS

Meals are served from 5:30-6:15 p.m. in Herren Hall. PLEASE make your reservation for these meals no later than Mondays at 12:00 noon. You can either mark the pew pad that you will be attending, or call the church office to let them know. We are excited to enjoy this fellowship time together and hope that you will join us and take the opportunity to get to know each other around the tables. The menu is posted weekly in the bulletin.

Donations are suggested to help cover the meal cost. If you are able to help out on a Wednesday night, please let Brian Cathey know. We would love for groups to volunteer to help with food prep or cleanup. We also welcome suggestions for menu or themes for our Wednesday night meal. Please contact Brian at [rbcathey@southernhillsumc.org](mailto:rbcathey@southernhillsumc.org) or call the church at (859) 277-6176.

**January 30th: baked potato and salad**

### ROADRUNNERS

The Roadrunners meet twice a month on a Thursday to enjoy food and fellowship together. They visit area restaurants and spend time in conversation while enjoying a good meal. Here is their schedule for the month of February:

**2/14: Asian Wind, Palomar**

**2/28: Texas Roadhouse, Beaumont**

For more information regarding the Roadrunners please call Brian at 277-6176, or email him at [rbcathey@southernhillsumc.org](mailto:rbcathey@southernhillsumc.org).



### UPCOMING CHILDREN AND FAMILY EVENTS

#### Children in Worship:

Here at SHUMC, we value children as a part of our worshipping community. Their presence grows out of our commitment to nurture them as they grow in their relationship with God. (Deuteronomy 6:5-7) Children wiggle! Adults do too! Bringing your children to the service may not always be easy, but it is an important part of the spiritual growth. Children learn from SEEING adults. When adults SEE children in the service, it also helps them grow too.

There are activity carts at both entrances to the sanctuary. On the carts you will find activity bags with crayons and other quiet activities that will help your child. There are also clipboards with sermon notes and coloring pages for children. Science tells us that when children's hands are busy, their brains are able to focus on what they are hearing. These tools are here to help your child engage in worship.

**A note to parents:** If you feel you must leave the sanctuary with your child, please come back. We aren't the full body without you both!

**A note to congregation members:** Express joy at having the children worship with us. Be intentional about greeting the children when we pass the peace!

#### SHUMC: Children's Worship

#### The Source: Source Studies

January 27	Jesus Calls Disciples Mark 1:3-10, John 2:35-51	2 Corinthians 5:17	Jesus can change our lives.
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#### Kids and Families on a Mission:

January 30	Act of Worship	Escape Room Lesson
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#### BOOK STUDY: CHRISTIANITY AND WORLD RELIGIONS

Pastor and best-selling author Adam Hamilton return to one of his most popular topics in his updated book, *Christianity and World Religions*. In this study, he explores four major world religions—Hinduism, Buddhism, Islam, and Judaism—and compares the beliefs of each with those of Christianity. Hamilton urges us as Christians to build bridges with others so that we might grow in our faith, seek peace in our world, love our neighbors, and find positive ways to share the Gospel. The study, with Bill Moore and Eric Hughes as co-teachers, will be offered on Wednesday nights at 6:30 P.M., January 23-February 27. The books are for sale at the Welcome Center for \$15. Come and join us!

#### Class Schedule:

**January 23: The Wise Men**

**January 30: Hinduism**

**February 6: Buddhism**

**February 13: Judaism**

**February 20: Islam** (class will meet at 7:00 P.M. because of the Taizé service)

**February 27: Christianity**