

## THIS WEEK AT SOUTHERN HILLS

### Sunday, August 5

8:15a Bible Study for Men, Bonus Rm  
9:15a Source Studies, Keithshire Campus  
9:30a Worship Service, Sanctuary  
9:30a Bible Diggers, Library  
9:30a Children's Ministry, Activities Rm  
9:30a Children's Ministry (PK-K), Rm 610  
10:30a Youth-Led Sunday School Class, Great Rm  
10:30a Source Worship, Keithshire Campus  
11:00a Preschool Worship Hour, Activity Building  
11:00a Bible Apps Sunday School, Bonus Rm  
11:00a Seekers Class, Fireside Rm  
11:00a Worship Service, Sanctuary  
4:30p The About Group, Fireside Rm  
4:30p Youth Band Practice, Great Rm  
5:30p Snapshot (Youth Group)

### Monday, August 6

9:00a Upper Room Prayer Team, Prayer Chapel  
10:00a Vitality Aerobics, Great Rm  
10:30a Shawl Ministry, Reception Rm  
6:45p Worship Team Meeting, Choir Rm  
7:00p AA, Fireside Room

### Tuesday, August 7

6:30p Basketball, Men age 35 & up, Gym  
7:00p AA, Fireside Rm

### Wednesday, August 8

9:30a Ladies Bible Study, The Source, Keithshire Campus  
10:00a Vitality Aerobics, Great Rm  
12:00p Sarah Bagby Circle, Fireside Rm  
6:00p Epic of Eden Study, Fireside Rm  
7:00p Chancel Choir Rehearsal  
7:00p Ladies Bible Study, home of Teresa Eikenbary

### Thursday, August 9

9:30a Open Bridge, Reception Rm  
6:15p MOVE Vocal Rehearsal, Choir Rm  
6:30p Men's age 35 and over Basketball, Gym  
7:00p Boy Scout Troop 186, Activities Kitchen

### Friday, August 10

10:00a Vitality Aerobics Class, Great Rm  
12:00p Al-Anon, Conference (Bonus) Rm



## 20th ANNUAL NATHAN'S HOPE 5K RUN/WALK

This annual event is in memory of Nathan Matuszewicz and its goal is to raise awareness of a rare disease, Primary Pulmonary Hypertension. PPH is a rare disorder in which the pressure in the pulmonary artery rises to above normal levels and becomes life-threatening. The money raised will go to help others with PPH get medical attention they need at the University of Kentucky Children's Hospital. Money raised also goes to the Nathan Matuszewicz Scholarship Fund at the University of Kentucky Animal and Food Sciences Department. These scholarships help students who are devoted to working with animals.

Event: 5K route for runners and walkers  
Date: August 18, 2018  
Place: Keeneland Barn 2  
Time: 8:00-9:00 a.m. Registration  
9:00 a.m.—5K Run/Walk begins  
Registration: 5 & Under Free  
6-10 Years—\$10.00  
11-15 Years—\$15.00  
16 Years-Adults—\$20.00

Each participant will receive a t-shirt and a raffle ticket with registration. Extra raffle tickets will be sold for \$1.00.

During registration and the run/walk there will be a silent auction, raffle and activities for the children.

Southern Hills' worship services may be heard on 630 WLAP-AM radio and on WLAP.COM every Sunday at 8:30 a.m., brought to you by Al Torstrick Insurance and the Bank of the Bluegrass.



### A Warm Welcome

Welcome to Southern Hills United Methodist Church! We are so glad that you have chosen to worship with us today. Before you leave, please take a few minutes to stop by our *Welcome Center* located just outside the worship center in the Narthex. Our volunteers will be happy to assist you with any questions you may have or additional information you desire about the church.



**AUGUST 12, 2018**  
**4:00-6:00 p.m.**

Join us for our Back to School event August 12<sup>th</sup> at SHUMC from 4-6pm! We will have food, snow cones, carnival games and bounce houses! Let's start the new school year off together with some fun and encouragement! Invite a friend to join you! This is a rain or shine event. If it's raining, we will move to the gym!

**Please note:** This is a whole church event. Everyone, young and young at heart, is invited to come and be together for the afternoon!

### ALL CHURCH PRAYER GATHERING TUESDAY, AUGUST 7 @ 6:30 pm

Join us at The Source for an informal time that will include scripture, learning about prayer, Holy Communion, and praying together for our church community. This is a great opportunity for both our traditional and contemporary congregations to gather together. Please note that due to Pastor Jill's vacation, there is no July gathering, and the date for the August gathering is earlier in the month than usual. We will resume our typical meeting dates in September.

On-going Prayer Concerns: Brad DeLacey, Jo Carol Kovack, Kathryn McDonie, Phyllis Woolery

August 5, 2018



- **Snapshot:** 5:30-7:30pm Sundays, August 5, 12 & 26. We'll look at what living a life of worship really means.
- **Prayer Lunch:** We'll meet at Fazoli's in Palomar from 2:00-3:00pm on Wednesdays, August 1 & 8 to hang out, share a devotional and pray for each other. It's a good laid back time to invite a friend.
- **Pool Day:** On Sunday, August 12, we'll meet at Southern Hills at 5:30pm then go to Southland Pool to have some fun! Make sure you bring sunscreen. It's free so bring a friend! We'll be back by 7:30pm.
- **Game Day:** Fridays from 10am-1pm August 3 & 10 we'll meet at Southern Hills and head to the park to play games, hang out inside if it's raining, or go on some kind of adventure around town.
- **Youth Band:** We are going to meet in the Great Room at 4:30pm on Sundays before Snapshot in August to practice some songs to lead worship and have fun praising God. We'll meet August 5 & 12.
- **Follow Us:** Remember you can always keep up with what is going on at shumy.org or you can ask to become part of our Facebook group (SHUMY) or follow us on Instagram @ shumy\_lex.



The **NEW LIFE CIRCLE** will not hold a regular meeting in August. We will resume our monthly meetings starting the first week of September. Watch the September newsletter and Sunday bulletins for details.

The **SARAH BAGBY CIRCLE** will meet at noon on August 8th in the Fireside Room. Bring your sack lunch and join us for fun and fellowship followed by our program. Our speaker will be Loretta Barnes, President of the UMW Lexington District!

The **PAT HERREN CIRCLE** will meet Tuesday, August 14, 2018 in the Fireside Room at 9:30 a.m. After the business meeting, we will stay in the Fireside Room for our "salad lunch." Please bring your salad and we will share and have a time of fellowship.

The **MEADE SHOTWELL CIRCLE** will not be meeting in the month of August. Please watch future bulletins for scheduling information.

The **FAITH SUSANNAH WESLEY CIRCLE** will not meet in the month of August. Their next meeting will be on September 12th at 9:30 a.m. at the home of Jean Hawkins.

## HABITAT FOR HUMANITY BUILD

The Methodist Churches have partnered with Thrivent Financial to build YOUR 28th Habitat for Humanity House. Construction is well underway at 1773 Russell Cave Road. This year, we have raised \$5,880.00 to date of the \$7,000 we would like to raise for this project. Continued THANKS to the volunteers and the many that fund our important mission. For information contact Glenn Dussinger (271-6219 or glenn-duss@twc.com).



August is National Immunization Month — We all need shots (vaccines) to help protect us from serious diseases. This applies from infants to adults of all ages. As schools begin to open in August, be aware that the state of Kentucky has new immunization requirements for Hepatitis A and Meningitis for the upcoming school year. Contact your family physician and/or the Lexington Fayette County Health Department for more details.

The Health and Wellness Miles 4 Mission Team has made significant progress this summer as they trek on their virtual journey to visit the Mission Programs that Southern Hills UMC supports. We crossed through Thailand where the Blessing Home is a ministry that Mike and Sherry Morrissey founded to shelter children from human trafficking. We have journeyed 11,190 miles and the missions we have covered include: Nathaniel Mission, United Methodist Children's Home, Arlington Elementary and Common Good, Red Bird Mission, Oklahoma Indian Missionary Conference, Alaska Mission Conference and the Christian Friends of Korea. Please consider joining the team as we still have over 13,000 miles to cover the Congo, Belize and Guatemala missions. Forms can be found at the Welcome Center or go online to <http://southernhillsumc.org/connect/miles-4-missions>. Check out the map with all the mission details which is found in the Herren Hall entrance.

## ROADRUNNERS

The Roadrunners meet twice a month on a Thursday to enjoy food and fellowship together. They visit area restaurants and spend time in conversation while enjoying a good meal. Here is their schedule for the month of August:

August 13th—Saul Good/Fayette Mall  
August 27th—Red Lobster/Nicholasville Road

For more information regarding the Roadrunners please call Brian at 277-6176, or email him at [rbcathey@southernhillsumc.org](mailto:rbcathey@southernhillsumc.org).



Thanks to everyone at Southern Hills who donated Box Tops for the General Mills Box Tops for Education Program. On July 1 I sent 600 Box Tops to the Red Bird Mission. The total value of these Box Tops is \$60.00.

Please continue to collect the General Mills Box Tops and place them in the UMW mailbox in the Business Office. Thank you for your continued support of this worthwhile project. For more information, please call Virginia Liptrap at 223-1737.



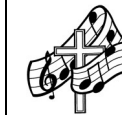
## UPCOMING CHILDREN AND FAMILY EVENTS

**BACK TO SCHOOL EVENT:** Join us for our Back to School event August 12<sup>th</sup> at SHUMC from 4-6pm! We will have food, snow cones, carnival games and bounce houses! Let's start the new school year off together with some fun and encouragement! Invite a friend to join you! This is a rain or shine event. If it's raining, we will move to the gym!

### Please note:

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August 5, 2018	SHUMC - Intergen Worship Source - What's in the Bible Vol 8: Wisdom from Above
August 12, 2018	Beginning of School Year Lesson
April 19, 2018	Rebekah and Her Kindness
August 26, 2018	Jacob's Ladder



## "BACK-TO-CHOIR" ICE CREAM SUNDAE PARTY FOR CHILDREN

All children in grades 1-5 are invited to a "Back-to-Choir" celebration on Sunday, August 19th from 5:00-6:00 p.m. If your child/grandchild is considering singing with our Children's Choir this year, please encourage them to attend this event, which will include ice cream sundaes, "getting to know you" games, and an introduction to our Children's Choir season! (Our "Love Notes," for preschool and kindergarteners, will begin rehearsing after Labor Day!)

## ACOLYTE TRAINING

Acolyte training for our third graders (and anyone else who hasn't been trained) will be held on Sunday, August 19th from 6:00-6:30 p.m. in the sanctuary. All children in grades 3-7 are invited to be a part of this very important worship ministry. If you have any questions, please contact Joan Wooden ([jwooden@southernhillsumc.org](mailto:jwooden@southernhillsumc.org)).

## THERE'S ROOM IN THE CHOIR!

It is with great joy that we proclaim that there's (finally) room in the choir loft! If you enjoy singing praises to God, you are invited to be a part of our Chancel Choir. We would love to add voices in all four sections. Rehearsals are held on Wednesdays at 7:00 p.m. and Sunday mornings at 8:45 a.m. For more information, please contact any choir member or Joan Wooden at 277-6176, ext. 23.