

THIS WEEK AT SOUTHERN HILLS

Sunday, August 12

- 8:15a Bible Study for Men, Bonus Rm
9:15a Source Studies, Keithshire Campus
9:30a Worship Service, Sanctuary
9:30a Bible Diggers, Library
9:30a Children's Ministry, Activities Rm
9:30a Children's Ministry (PK-K), Rm 610
10:30a Youth-Led Sunday School Class, Great Rm
10:30a Source Worship, Keithshire Campus
11:00a Preschool Worship Hour, Activity Building
11:00a Bible Apps Sunday School, Bonus Rm
11:00a Seekers Class, Fireside Rm
11:00a Worship Service, Sanctuary
4:00p "Back to School" Event, Parking Lot (or Gym if raining)
5:30p Snapshot (Youth Group)

Monday, August 13

- 9:00a Upper Room Prayer Team, Prayer Chapel
10:00a Vitality Aerobics, Great Rm
7:00p AA, Fireside Room

Tuesday, August 14

- 6:30p Basketball, Men age 35 & up, Gym
9:30a Pat Herren Circle, Fireside Rm
7:00p AA, Fireside Rm

Wednesday, August 15

- 9:30a Ladies Bible Study, The Source, Keithshire Campus
10:00a Vitality Aerobics, Great Rm
6:00p Epic of Eden Study, Fireside Rm
7:00p Chancel Choir Rehearsal
7:00p Ladies Bible Study, home of Teresa Eikenbary

Thursday, August 16

- 9:30a Open Bridge, Reception Rm
6:15p MOVE Vocal Rehearsal, Choir Rm
6:30p Men's age 35 and over Basketball, Gym
7:00p Boy Scout Troop 186, Activities Kitchen

Friday, August 17

- 10:00a Vitality Aerobics Class, Great Rm
12:00p Al-Anon, Conference (Bonus) Rm

Sermon Series: "Epic of Eden: A Christian Entry into the Old Testament"

DO YOU HAVE A DREAM FOR YOUR LIFE?

Genesis 37:12-19

August 12, 2018

1. Open your heart to God's Holy Spirit and let Him give you a dream, a vision for life.

Now Jacob loved Joseph more than any of his other sons, because he had been born to him in his old age; and he made a richly ornamented robe for him. When his brothers saw that their father loved him more than any of them, they hated him and could not speak a kind word to him. Joseph had a dream, and when he told it to his brothers, they hated him all the more.

Genesis 37: 3-5

2. The world hates a holy dream.

So Joseph went after his brothers and found them near Dothan. But they saw him in the distance, and before he reached them, they plotted to kill him. Here comes that dreamer! "they said to each other.

Genesis 37:17-19

3. In spite of detours, derailments, and delays, God will work with you for the fulfillment of your holy dreams.

So when Joseph came to his brothers, they stripped him of his robe—the richly ornamented robe he was wearing- and they took him and threw him into the cistern. Now the cistern was empty; there was no water in it. As they sat down to eat their meal, they looked up and saw a caravan of Ishmaelites coming from Gilead...So when the Midianite merchants came by, his brothers pulled Joseph up out of the cistern and sold him for twenty shekels of silver to the Ishmaelites, who took him to Egypt.

Genesis 37: 23-25, 28

Southern Hills' worship services may be heard on 630 WLAP-AM radio and on WLAP.COM every Sunday at 8:30 a.m., brought to you by Al Torstrick Insurance and the Bank of the Bluegrass.



A Warm Welcome

Welcome to Southern Hills United Methodist Church! We are so glad that you have chosen to worship with us today. Before you leave, please take a few minutes to stop by our *Welcome Center* located just outside the worship center in the Narthex. Our volunteers will be happy to assist you with any questions you may have or additional information you desire about the church.

Deaths

We express our sympathy to the family of **Jane Parrett** who passed away on August 2, 2018.

Flowers

The flowers on the altar this morning are given in memory of **Nathan Matuszewicz** for his August 13th birthday. They are presented by his family.



TODAY

4:00-6:00 p.m.

Join us for our Back to School event TODAY at SHUMC from 4-6pm! We will have food, snow cones, carnival games and bounce houses! Let's start the new school year off together with some fun and encouragement! Invite a friend to join you! This is a rain or shine event. If it's raining, we will move to the gym!

Please note: This is a whole church event. Everyone, young and young at heart, is invited to come and be together for the afternoon!

GOD'S PANTRY FOOD DRIVE

Southern Hills UMC you have done it again! THANK YOU for all of the ways you supported our summer Food Drive for God's Pantry. Because of your generous giving, our congregation gave 433 lbs. worth of food, totaling \$736.10 in giving. We also gave a cash donation of \$540.00. Our congregation has always given generously when asked to open their hearts to giving. God's Pantry appreciates your kindness, and so do we!

On-going Prayer Concerns: Brad DeLacey, Jo Carol Kovack, Kathryn McDonie, Phyllis Woolery

August 12, 2018



- **Snapshot:** 5:30-7:30pm Sundays, August 12 & 26. We'll look at what living a life of worship really means.
- **Pool Day:** TODAY, we'll meet at Southern Hills at 5:30pm then go to Southland Pool to have some fun! Make sure you bring sunscreen. It's free so bring a friend! We'll be back by 7:30pm.
- **Youth Band:** We are going to meet in the Great Room at 4:30pm on Sundays before Snapshot in August to practice some songs to lead worship and have fun praising God. We'll meet August 5 & 12.
- **Follow Us:** Remember you can always keep up with what is going on at shumy.org or you can ask to become part of our Facebook group (SHUMY) or follow us on Instagram @shumy_lex.
- **Fall Kick-Off:** On Sunday, August 19, we'll join with other youth groups at Shillito Park Shelter #1 to eat, play games, pray for our schools and be encouraged by a guest speaker. It'll be from 5:00-7:30pm. Just meet at the park, or let us know if you need a ride.
- **Embrace Meal:** On Monday, August 20, we will go to Embrace Church and help with their community meal. They need help with cooking, serving and cleaning up. We'll leave from Southern Hills at 5:15pm



20th ANNUAL NATHAN'S HOPE 5K RUN/WALK

This annual event is in memory of Nathan Matuszewicz and its goal is to raise awareness of a rare disease, Primary Pulmonary Hypertension. PPH is a rare disorder in which the pressure in the pulmonary artery rises to above normal levels and becomes life-threatening. The money raised will go to help others with PPH get medical attention they need at the University of Kentucky Children's Hospital. Money raised also goes to the Nathan Matuszewicz Scholarship Fund at the University of Kentucky Animal and Food Sciences Department. These scholarships help students who are devoted to working with animals.

Event: 5K route for runners and walkers
 Date: August 18, 2018
 Place: Keeneland Barn 2
 Time: 8:00-9:00 a.m. Registration
 9:00 a.m.—5K Run/Walk begins
 Registration: 5 & Under Free
 6-10 Years—\$10.00
 11-15 Years—\$15.00
 16 Years-Adults—\$20.00

Each participant will receive a t-shirt and a raffle ticket with registration. Extra raffle tickets will be sold for \$1.00.

During registration and the run/walk there will be a silent auction, raffle and activities for the children.



HOW TO BE HEALTHY AT WORK

- **Take the stairs**—Taking the stairs burns seven times more calories.
- **Pack your lunch**—You get the proper nutrients and save some money.
- **Drink more water**—It's recommended to drink an half ounce of water per pound you weigh.
- **Schedule short, standing breaks**—Set regular reminders on your calendar or phone and get up and move around.
- **Stretch it out**—De-stress at your desk by stretching your arms and neck about every hour.

The Health and Wellness Miles 4 Mission Team has made significant progress this summer as they trek on their virtual journey to visit the Mission Programs that Southern Hills UMC supports. We crossed through Thailand where the Blessing Home is a ministry that Mike and Sherry Morrissey founded to shelter children from human trafficking. We have journeyed 11,190 miles and the missions we have covered include: Nathaniel Mission, United Methodist Children's Home, Arlington Elementary and Common Good, Red Bird Mission, Oklahoma Indian Missionary Conference, Alaska Mission Conference and the Christian Friends of Korea. Please consider joining the team as we still have over 13,000 miles to cover the Congo, Belize and Guatemala missions. Forms can be found at the Welcome Center or go online to <http://southernhillsumc.org/connect/miles-4-missions>. Check out the map with all the mission details which is found in the Herren Hall entrance.

ROADRUNNERS

The Roadrunners meet twice a month on a Thursday to enjoy food and fellowship together. They visit area restaurants and spend time in conversation while enjoying a good meal. Here is their schedule for the month of August:

August 13th—Malone's/Palomar Center

August 27th—BJ's Brewhouse—Fayette Mall/Nicholasville Rd.

For more information regarding the Roadrunners please call Brian at 277-6176, or email him at rbcathey@southernhillsumc.org.



The **PAT HERREN CIRCLE** will meet Tuesday, August 14, 2018 in the Fireside Room at 9:30 a.m. After the business meeting, we will stay in the Fireside Room for our "salad lunch." Please bring your salad and we will share and have a time of fellowship.

EAGLES MEETING SUNDAY, AUGUST 19, 2018 8:30 a.m. in the BONUS ROOM

John Clay will share his insights on the 2018 UK Football season at the regularly scheduled Eagles meeting:

When: Sunday, August 19, 2018
 Where: SHUMC Bonus Room
 Time: 8:30-9:00 a.m.

All are invited to hear John, ask questions, and share in coffee and donuts.



UPCOMING CHILDREN AND FAMILY EVENTS

BACK TO SCHOOL EVENT: Join us for our Back to School event August 12th at SHUMC from 4-6pm! We will have food, snow cones, carnival games and bounce houses! Let's start the new school year off together with some fun and encouragement! Invite a friend to join you! This is a rain or shine event. If it's raining, we will move to the gym!

Please note:

This is a whole church event. Everyone, young and young at heart, is invited to come and be together for the afternoon!

August 12, 2018	Beginning of School Year Lesson
April 19, 2018	Rebekah and Her Kindness
August 26, 2018	Jacob's Ladder



"BACK-TO-CHOIR" ICE CREAM SUNDAE PARTY FOR CHILDREN

All children in grades 1-5 are invited to a "Back-to-Choir" celebration on Sunday, August 19th from 5:00-6:00 p.m. If your child/grandchild is considering singing with our Children's Choir this year, please encourage them to attend this event, which will include ice cream sundaes, "getting to know you" games, and an introduction to our Children's Choir season! (Our "Love Notes," for preschool and kindergarteners, will begin rehearsing after Labor Day!)

ACOLYTE TRAINING

Acolyte training for our third graders (and anyone else who hasn't been trained) will be held on Sunday, August 19th from 6:00-6:30 p.m. in the sanctuary. All children in grades 3-7 are invited to be a part of this very important worship ministry. If you have any questions, please contact Joan Wooden (jwooden@southernhillsumc.org).

THERE'S ROOM IN THE CHOIR!

It is with great joy that we proclaim that there's (finally) room in the choir loft! If you enjoy singing praises to God, you are invited to be a part of our Chancel Choir. We would love to add voices in all four sections. Rehearsals are held on Wednesdays at 7:00 p.m. and Sunday mornings at 8:45 a.m. For more information, please contact any choir member or Joan Wooden at 277-6176, ext. 23.