

FIRST AID GUIDELINES

1. Make sure the scene is safe
2. Check for responsiveness - “Are you okay?”
3. Radio a coordinator for help
 - a. We have trained onsite help through our security team as well as AED machines and other medical equipment onsite. Please radio for help as quickly as possible in any emergency situation. This will ultimately be far more effective than the care you seek to provide.
4. If the situation warrants have someone call 911.
5. Begin first aid until help arrives

FIRST AID SITUATIONS**Bleeding Emergencies**

Small cuts and scrapes.

Wipes and band-aids are available in your classroom cupboards and in the resource room to the right of the door.

Large cuts and wounds.

Apply direct pressure over the wound. Use a dressing and wrap tight with a bandage.

Nose bleed.

Tilt the head forward and pinch the nostrils for about 10 minutes.

Fractures

Sprains and strains.

Apply a cool pack with a paper towel (available in the resource room refrigerator)

Suspected fracture or visible break.

Immobilize the injured area in the position found.

Head injuries.

In the case of a head injury we must notify a parent.

FIRST AID SITUATIONS CONT.
Burns

First degree burn. (Redness) Cool with water.

Second degree burn. (Blisters) Cool with water. Do not break blisters.

Third degree burn. (Skin is broken) Be careful not to spread infection.

Electrical burn. (Isolate Power) Ensuring safety at the scene is very important.

Other Emergencies

Heat exhaustion. Move victim to a cool area and give them water.

Shock. Victim will appear dizzy and weak. Position victim on back.

Seizures. Causes include: epilepsy, head injuries, febrile seizures, infant with high fever. Victim will be violently shaking. Cushion victim's head. Do not attempt to interfere or stop the shaking. Once the seizure stops place victim on side until help arrives.

Diabetic Emergencies. If the victim is a known diabetic give sugar.

Asthma. Calm the victim. If the victim has an inhaler ensure they use it.

Allergic Reactions. Call 911. Radio for help. Do your best to calm the victim until help arrives.

(If a parent hands you an EpiPen for their child, notify a coordinator or ministry director immediately. The coordinator or ministry director will want to speak with the parent before they go in for service.)

In any situation remember your ABC's

Area is safe

Victim is **Breathing**

Call for help