



Growing Into Emotionally Mature Adults

1. _____ Isn't The Same As _____
 - A. Being a follower of Jesus for a long time doesn't mean you are emotionally mature. (Luke 10:25-37 - Story of the Good Samaritan)
 - B. Emotional maturity doesn't happen overnight. The Israelites were chosen by God to be His people but were emotionally immature.
 - C. Simply knowing isn't enough. If we don't use the information we've gained, it is wasted. (Luke 6:49)

2. Avoiding _____ = Avoiding _____
 - A. Avoiding conflict isn't the same as creating peace. Jesus had to bring about conflict in order to offer true peace. (Matthew 10:34)
 - B. True peacemakers love God, others, and themselves enough to disrupt false peace. (Matthew 18:15-17)
 - C. "The problem... is that the way of true peace will never come through pretending what is wrong is right!" Scazzero

3. The _____ Revolution



Growing Into Emotionally Mature Adults

1. _____ Isn't The Same As _____
 - A. Being a follower of Jesus for a long time doesn't mean you are emotionally mature. (Luke 10:25-37 - Story of the Good Samaritan)
 - B. Emotional maturity doesn't happen overnight. The Israelites were chosen by God to be His people but were emotionally immature.
 - C. Simply knowing isn't enough. If we don't use the information we've gained, it is wasted. (Luke 6:49)

2. Avoiding _____ = Avoiding _____
 - A. Avoiding conflict isn't the same as creating peace. Jesus had to bring about conflict in order to offer true peace. (Matthew 10:34)
 - B. True peacemakers love God, others, and themselves enough to disrupt false peace. (Matthew 18:15-17)
 - C. "The problem... is that the way of true peace will never come through pretending what is wrong is right!" Scazzero

3. The _____ Revolution

Nicolaus Copernicus was an astronomer who first proposed the theory that the Earth was not the center of the universe. We must likewise remove ourselves from the center of our universe.

- A. When we remove ourselves from the center of the universe, it allows room to view others as separate, unique human beings created in the image of God without losing ourselves.
- B. Removing ourselves from the center of the universe will allow us to humble ourselves and will hopefully result in the opportunity to recognize our own faults so that we can grow into emotionally mature adults.

Imagine if...

...imagine what your marriage would be like if you and your spouse were both emotional adults.

...imagine what your personal relationship with Christ would be like if you were an emotional adult and how that would affect those you disciple.

...imagine the incredible and limitless impact our church would have if we were a community of 300 emotional adults.

Become a Christ Follower Today

Admit: Sin

Believe: Cross

Choose: To follow Christ

Nicolaus Copernicus was an astronomer who first proposed the theory that the Earth was not the center of the universe. We must likewise remove ourselves from the center of our universe.

- A. When we remove ourselves from the center of the universe, it allows room to view others as separate, unique human beings created in the image of God without losing ourselves.
- B. Removing ourselves from the center of the universe will allow us to humble ourselves and will hopefully result in the opportunity to recognize our own faults so that we can grow into emotionally mature adults.

Imagine if...

...imagine what your marriage would be like if you and your spouse were both emotional adults.

...imagine what your personal relationship with Christ would be like if you were an emotional adult and how that would affect those you disciple.

...imagine the incredible and limitless impact our church would have if we were a community of 300 emotional adults.

Become a Christ Follower Today

Admit: Sin

Believe: Cross

Choose: To follow Christ

COMMUNITY GROUP DISCUSSION QUESTIONS

“Love in practice is a harsh and dreadful thing compared to love in dreams.”

~Dostoevsky, *The Brothers Karamazov*

What story? What if I won't preach about this story?

Opener: Share an example from your life where you've experienced the truth of the quote by Dostoevsky.

Why do you think we can be committed and growing in Christ and yet not be growing in our ability to be “prayerfully present” or loving towards others?

Read Luke 10:25-37

The wounded man was treated as an “it” by the priest and Levite, rather than a “thou” as the Good Samaritan treated him. Individuals become “it” when they are just the means to an end or an object, while a “thou” is seen as a separate human being created in God's image therefore treated with respect and dignity.

What are the reasons we treat people as an “it” instead of a “thou” as was the case with the priest and Levite?

Share a time you felt treated as an “it”. (A willingness to be vulnerable about how you felt can help others be aware in their own interactions.)

Who have you been taught not to see (treat as an “it”)?

While most of us are unlikely to come across the wounded on a daily basis, as you consider the actions of the good Samaritan, how are you challenged to see people and respond?

Emotionally Mature Checklist: go through the checklist if you haven't already.

COMMUNITY GROUP DISCUSSION QUESTIONS

“Love in practice is a harsh and dreadful thing compared to love in dreams.”

~Dostoevsky, *The Brothers Karamazov*

What story? What if I won't preach about this story?

Opener: Share an example from your life where you've experienced the truth of the quote by Dostoevsky.

Why do you think we can be committed and growing in Christ and yet not be growing in our ability to be “prayerfully present” or loving towards others?

Read Luke 10:25-37

The wounded man was treated as an “it” by the priest and Levite, rather than a “thou” as the Good Samaritan treated him. Individuals become “it” when they are just the means to an end or an object, while a “thou” is seen as a separate human being created in God's image therefore treated with respect and dignity.

What are the reasons we treat people as an “it” instead of a “thou” as was the case with the priest and Levite?

Share a time you felt treated as an “it”. (A willingness to be vulnerable about how you felt can help others be aware in their own interactions.)

Who have you been taught not to see (treat as an “it”)?

While most of us are unlikely to come across the wounded on a daily basis, as you consider the actions of the good Samaritan, how are you challenged to see people and respond?

Emotionally Mature Checklist: go through the checklist if you haven't already.

What did you learn about yourself after going through the checklist?
Are you as emotionally mature as you thought?

Which aspect of being an Emotional Adult are you committed to working on for yourself?

Read Matthew 18:15-20

How do these words from Jesus on conflict resolution compare with emotional maturity?

On a scale of 1 to 10, where would you place yourself as being a true-peacemaker (healthy approach to conflict resolution) vs. a false-peacemaker (avoid, appease). What can you begin to do now to move that number up the scale?

What did you learn about yourself after going through the checklist?
Are you as emotionally mature as you thought?

Which aspect of being an Emotional Adult are you committed to working on for yourself?

Read Matthew 18:15-20

How do these words from Jesus on conflict resolution compare with emotional maturity?

On a scale of 1 to 10, where would you place yourself as being a true-peacemaker (healthy approach to conflict resolution) vs. a false-peacemaker (avoid, appease). What can you begin to do now to move that number up the scale?