

Community Groups Discussion September 9, 2018

This week we are asking all of our community groups to participate in Communion together. The smaller environment of community groups creates a great place for us to delve deeper into the meaning and participation of remembering the Lord's sacrificial death. Your group is encouraged to share a meal together for this first meeting if possible. The following is a suggested format for your time together, feel free to adjust as best fits the needs of your community group.

What is communion:

Read Matthew 26:26-29; I Corinthians 11:23-25

What is the purpose of communion:

Read I Corinthians 11:23-26, 27-32

Where and how often should communion happen:

Read Acts 2:42-47

Take time to read one or more of the following passages that remind us of the Lord's death, burial and resurrection:

- Isaiah 53
- John 19
- 1 Corinthians 15:1-8
- Ephesians 2:1-10

Share about any of verses that are serving as a particular reminder to you.

Time of prayer: enter into a time of reflection and repentance. Partaking of the bread and juice. (take as a group, or place the elements in a place that each person can take after they've had their time of prayer)

Journal: take a few moments to write down personal thoughts on the significance of Communion in your life. Consider also journaling the things you repented of during your prayer time.

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