

Message Notes for July 5, 2020

Message Title: What's involved to be spiritually balanced?

**Spiritual Exercises:**

- \_\_\_\_\_ helps you renew your strength
- \_\_\_\_\_ helps deepen your peace of mind
- \_\_\_\_\_ helps strengthen your commitment
- \_\_\_\_\_ helps expand your perspective
- \_\_\_\_\_ helps increase your joy

Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect,

I Peter 3:15

NIV

\_\_\_\_\_ simply means "telling your story".

- \_\_\_\_\_ helps practice your love

You can give without \_\_\_\_\_.

But you cannot love without \_\_\_\_\_.

Jesus said, "For where your treasure is, there your heart will be also."

Matthew 6:21 NIV

The Bible teaches it is more mature spiritually to give \_\_\_\_\_.

On the first day of each week, you should each put aside a portion of the money you have earned.

I Corinthians 16:2a NLT