

God Is Our Anchor

Text: Hebrews 6

Focus: The focus of the lesson is going to be centered on God being our Anchor through the hope He gives.

Focus Passage: Hebrews 6:13-19

Memory Verse:

- **Hebrews 6:19** - *We have this hope as an anchor for the soul, firm and secure.*
- **Memory Verse Activity** - Write the memory verse on the board before class. Have the class say the verse together. After you have said it a couple of times. Erase 1 word and say it again. Then erase 2 words and say it again, then 3, then 4 and so on until you have erased all the words and there are no words left on the board. Have the class say the weekly memory verse together 1 more time.
 - Alternate Activity: Use 3x5 index cards and write 1 word per card. Mix cards around and have class put them in the correct order.
- Here is website full of memory work games to play. There are a few included in the back of this packet. If link doesn't work, copy and paste into browser.
<https://paththroughthenarrowgate.com/12-bible-memory-verse-bible-games/#:~:text=12%20Seriously%20Fun%20Memory%20Verse%20Bible%20Games.%201,Wor,d%20Go%3F%205%205.%20Verse%20Catch.%20More%20items>

Songs:

- *We Have an Anchor* - <https://www.youtube.com/watch?v=EjtPjL49tM>
- *Cornerstone* - <https://www.youtube.com/watch?v=XStgdePsnl4>

Read: Heb. 6:13-20 - For when God made a **promise** to Abraham, because He could swear by no one greater, He swore by Himself, "saying, "Surely **blessing** I will **bles**s you, and multiplying I will multiply you." ¹⁵And so, after he had patiently endured, he obtained the **promise**. ¹⁶For men indeed swear by the greater, and an oath for confirmation *is* for them an end of all dispute. ¹⁷ Thus God, determining to show more abundantly to the heirs of **promise** the ¹⁸immutability of His counsel, confirmed *it* by an oath, ¹⁸that by two immutable things, in which it *is* impossible for God to lie, we might have strong consolation, who have fled for refuge to lay hold of the **hope** set before *us*. ¹⁹This **hope** we have as an anchor of the soul, both sure and steadfast, and which enters the *Presence* behind the veil, ²⁰where the forerunner has entered for us, *even* Jesus, having become High Priest forever according to the order of Melchizedek.

- Count or circle the word "promise" and "hope"
 - How many?
- What is the promise God made to Abraham?
 - Genesis 12:1-3

The Hebrew writer talks about these promises but also shows that God is faithful to His promises.

Two immutable things are mentioned here:

1. God cannot lie
2. God is faithful to His oaths

Hope

- What is hope?
 - (Have the class try and define what they think hope is.
 - Some would say that Hope is a wishful thinking.

See below for what Hope is and what Hope is Not

- Many believe hope to be something that is positive or wishful thinking. The hope that is discussed in the Bible is an expectation of knowing something will happen because it was a promise given by God who does not lie and the hope is based on truth and certainty. Hope is not a wishful thinking such as, “I hope for a million dollars.” That will probably never happen but it would be nice if it did. Hoping for heaven is a certainty if you are following God. Hoping to see God will come to pass if you are faithful to Him, because God’s promises are sure and steadfast!
- The author of Hebrews was writing to people who were facing hardship and persecution because of their Christian faith. A few were tempted to abandon Christ and return to Judaism. He is urging them to persevere by putting their focus on the superiority of Jesus Christ and the salvation that He has provided. He is trying to instill in them biblical hope—not just a positive, cheerful disposition—but a steady attitude of joy based on the promises of God, who cannot lie.
- He uses a metaphor used only here in the Bible, of an anchor. But instead of going down into the ocean, this anchor goes up into the heavens, behind the veil, where Jesus has entered as a forerunner for us. He has become our high priest forever, according to the order of Melchizedek. But here he is saying,
 - ***The certain hope of our future salvation is an anchor to steady our souls while we wait on God in present storms.***
- The main reason a ship needs an anchor is to ride out storms so that it is not blown off course or into the rocks or reefs nearby. Even in a safe harbor, a ship needs an anchor so that it will not drift, hit something, and sink. Whether in the storms of life or in the harbor during the calm times of life, we all need an anchor for our souls so that we do not destroy our lives.
- The writer uses Abraham as an example of one who through faith and patience inherited the promises (6:12). He goes back to [Genesis 22:16-17](#), where after Abraham displayed his faith in God by his willingness to sacrifice Isaac, God swore by Himself surely to bless Abraham and to multiply his descendants.
 - **A. OUR HOPE OF FUTURE SALVATION IS CERTAIN BECAUSE GOD’S PROMISES HAVE NEVER FAILED ANY THAT TRUSTED IN THEM.**
- Abraham is a man who trusted God against all odds and found Him to be faithful. Paul called Abraham “the father of all who believe,” and added, “In hope against hope he believed...” ([Rom. 4:11, 18](#)).

- The lesson for us is: There has never been anyone who trusted in God's promises and was finally disappointed. God may delay the visible answers to His promises, because He always answers in *his* time, not in ours. We may not see the answer until we're in heaven. But He is utterly trustworthy to keep His Word. If He has promised eternal salvation to the one who has faith in Jesus, you can count on it as absolutely true!



An anchor keeps a ship from drifting. Anchors are important.

HOPE is our Anchor as followers of God.

- Can you name some promises God has given to us?
 - Let class answer
 - Suggestions
 - Come to Jesus and He will give you rest (Matt. 11:28)
 - With God all things are possible (Mark 10:27)
 - You can be saved (Matt. 24:13)
 - Jesus has overcome the world (John 16:33)
 - If you seek the kingdom of God, God will supply your needs (Matt. 6:33)
 - He will never leave us nor forsake us (Heb. 13:5)
 - God Loves us (Rom. 5:8)

Exercise: (Pen & Paper)

- I want each person to draw "Hope." Give about 5 minutes to do so. Then go around and explain what you drew.



Question:

1. What do you hope in?
 - a. Why do you hope in this?
2. Do you hope in God? (If different from the answer above, explain)
3. Define hope in your own words.

Extras Optional Exercises about HOPE:

Exercise: (From 1 Cor. 15:19)

Read – Matthew 28:6; Mark 16:6; Luke 24:6; John 20:9; Acts 2:24

Question:

1. What do all of these verses have in common?
 - a. Do you believe that Jesus rose from the dead?
2. What does Jesus rising from the dead accomplish?
3. What hope does this offer to us?

Exercise: (Match the objects below with what saves) From Romans 8:24.



word document



Question:

1. What is the hope that we are saved by according to Romans 8:23?
2. Do you believe that you are saved in this hope?
 - a. Why or why not
3. What is it that you really hope for? Describe it.

Craft: Make an anchor on a piece of paper or board with buttons.

- And write Hebrews 6:19 We have hope as an anchor for our soul, firm and secure



(Template)

