**Stormproof**

8/3/25 – HS Class

Intro: Sometimes as young men & women we believe that “it” (whatever “It” is) won’t happen to me. (We feel that maybe sometimes we can bypass the negative things in life and that we are immune to the hurt or discomfort life brings. However, this is not the case.

* For those who ride motorcycles, they it is not “if you fall, but when you fall” how bad will it be?
* Same for life… it is not “If” storms will come, but what will we do “when” storms come?

Throughout the Bible we see how people of faith weathered the storm.

"Stormproof" means resistant to damage or destruction from storms. It implies the ability to withstand the storms of life that come our way! Over the next month we will look at how to deal with certain storms in our life such as… Disappointment, Pain, & Temptation. The answers will overlap but always come back to the same source – God’s Word!

Examples:

* Job
* Jesus Calming the Storm
* Paul’s Imprisonment
* David’s Trials
* Jonah’s Disobedience

Actual Storm’s faced:

* Noah – World wide flood
  + Struggles:
    - Mocking
    - Evil all around
    - Perseverance
    - Obedience
  + How to Overcome
    - Obedience
    - Faithfulness
* 1 Kings 18:46 – Elijah
  + Gird up your loins
    - 1 Pet. 1:13
* Jesus calms the sea – Matt. 8:23-27 / Mark 4:35-41
  + O You of Little Faith
* Peter Walks on the Water (Matt. 14:22-33)
  + Struggles
* The Wiseman who Built his House on the Rock
  + Matt. 7

**Discussion Questions:**

* What storms have you had in your life? (these will be different for individuals)
* What sources did you have to help you through it? (God, Bible, Parents, good friend, church family, etc)

How to Become Strom Proof (Weather the Storm)

* Build a Strong Foundation
  + Your personal faith.
  + Identify your core values
* Build a Support System
  + Church family
  + Close (godly) friends & family
* Create Time for Gratitude (even in the storm there is something to be thankful for)
* Trust in God’s Care & His Promises