**"Guard Your Hearts" (Proverbs 4:23)**

**Lesson 3: Guard Your Eyes**

* **Scripture**: Prov. 4:25 - Let your eyes look straight ahead; fix your gaze directly before you.
  + **Other Scripture References**:
    - Heb. 12:2
    - Ps. 119:37
    - Matt. 6:22-33
    - Job 31:1
* **Key Idea & Theme**:
  + This verse emphasizes the need to stay focused on the right path — God's way. It warns against distraction and drifting off-course spiritually, morally, or emotionally. Avoid distractions from the world and focus on moral clarity and wisdom in your decision making.
* **Lessons**:
  + Stay Focused on God’s Path
  + Live with Purpose and Intention
  + Avoid Looking Back or Around (Lot’s wife / Peter walking on water)
  + Guard Your Vision and Desires
  + Discipline is Essential
* **Discussion Questions:**
  + **What does it mean to “look directly forward” in your walk with God?**
    - How can you apply this in your daily decisions?
  + **What are some common “distractions” that pull your eyes off the right path?**
    - How do these distractions affect your spiritual focus?
  + **Can you share a time when staying focused on God helped you avoid a mistake or temptation?**
    - What did you learn from that experience?
  + **How do you know if your current “path” is aligned with God’s will?**
    - What signs or indicators do you look for?
  + **Why is it sometimes difficult to keep your focus on the things of God?**
    - What practical steps help you stay focused?