**"Guard Your Hearts" (Proverbs 4:23)**

**Lesson 3: Guard Your Eyes**

* **Scripture**: Prov. 4:25 - Let your eyes look straight ahead; fix your gaze directly before you.
	+ **Other Scripture References**:
		- Heb. 12:2
		- Ps. 119:37
		- Matt. 6:22-33
		- Job 31:1
* **Key Idea & Theme**:
	+ This verse emphasizes the need to stay focused on the right path — God's way. It warns against distraction and drifting off-course spiritually, morally, or emotionally. Avoid distractions from the world and focus on moral clarity and wisdom in your decision making.
* **Lessons**:
	+ Stay Focused on God’s Path
	+ Live with Purpose and Intention
	+ Avoid Looking Back or Around (Lot’s wife / Peter walking on water)
	+ Guard Your Vision and Desires
	+ Discipline is Essential
* **Discussion Questions:**
	+ **What does it mean to “look directly forward” in your walk with God?**
		- How can you apply this in your daily decisions?
	+ **What are some common “distractions” that pull your eyes off the right path?**
		- How do these distractions affect your spiritual focus?
	+ **Can you share a time when staying focused on God helped you avoid a mistake or temptation?**
		- What did you learn from that experience?
	+ **How do you know if your current “path” is aligned with God’s will?**
		- What signs or indicators do you look for?
	+ **Why is it sometimes difficult to keep your focus on the things of God?**
		- What practical steps help you stay focused?