

December 7, 2025

West Hill

Church of Christ

Walk and Work Together in the Light

Thanksgiving Day is Over... Now What?

By Gary Woodall

Research has shown that people with an attitude of gratitude have numerous psychological benefits. People report improved emotional well-being, better stress management, and better relationships & marriages. They are happier and more optimistic. They are less likely to engage in envy of others' successes. They are less likely to suffer from depression, and they have greater life satisfaction. It can lead to less materialism and a greater appreciation for what one has. It can improve anxiety, pain, sleep, mood, and our immune system. Gratitude and thankfulness also stimulate reward centers in our brains; they boost mood by increasing dopamine and serotonin.

It gets even better: the people to whom you show thanksgiving and appreciation reap mental and physical benefits as well! Clearly, even from a purely worldly point of view, we should practice being thankful, as it benefits us and those around us.

If there were a pill that provided these benefits, everyone would want to take it. Your spiritual health clearly affects your physical health. God's word told us to be thankful long before Harvard, Mayo, and others caught on. Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God (Philippians 4:6, NASB – Emphasis mine).

As Christians, we have the most to be thankful for! We are God's children; our home is in heaven! We have many of the same problems common to the world, but we are given the hope and the expectation of eternal glory with God our Father in heaven. We are blessed, far superseding any bad thing going on here in this life. So, from our Christian point of view, we should be thankful to God as a natural reaction to our exceedingly great blessings!

Our scriptural command is to be thankful every day! Not one day a year. Obeying God is an everyday thing; the benefits of adopting an attitude of gratitude can be enjoyed every day. Let's all be especially aware of our blessings every day and especially vigilant to be grateful to Him every day! Be thankful in general. Thankful to everyone with whom you come in contact (and yes this includes your spouse, children, parents, and siblings). Let's do this every day as we rise, go on our way, and lie down at night.

So Thanksgiving Day is over...what now? Make thanksgiving your everyday habit. Share the path to salvation and all of the benefits with our friends, family, coworkers, etc. It's the right thing to do, and you will be glad you did!

Sunday: Worship 10:30am & Class 5:00pm

Tuesday: Benevolence 9:00-10:00am & Young at Heart Class 10:30am

Wednesday: Class 6:30pm

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What Wisdom says about Giving

Walking in Wisdom Series

1 Kings 17

2 Kings 5

John 3 & 13

When talking about Giving...

Human Logic says: Give from your _____

God's Wisdom says: Give _____/Give _____

Three Accounts in the Bible of people that Gave Much...

1. Wisdom Says, Give of your _____

1 Kings 17 – _____ of _____

2. Wisdom Says, Give _____

2 Kings 5 – _____ Girl of _____

Break for Elders Charge

3. Wisdom Says, Give _____

John 3 & 13 – _____

Let's put these stories together

Luke 4

Lo que la Sabiduría dice sobre dar

Serie Caminando en Sabiduría

1 Reyes 17

2 Reyes 5

Juan 3 y 13

Al hablar de dar...

La lógica humana dice: Da de lo que te _____

La sabiduría de Dios dice: Da _____/Da _____

Tres relatos bíblicos de personas que dieron mucho...

1. La Sabiduría dice: Da de tus

1 Reyes 17 – La _____ de _____

2. La Sabiduría dice: Da bondad

2 Reyes 5 – La _____ de _____

Receso para el encargo de los ancianos

3. La Sabiduría dice: Da _____

Juan 3 y 13 – _____

Unifiquemos estas historias

Lucas 4

Our End of the Year Contribution

will be held on December 14th

The Elders request your prayerful consideration in contributing to our many works



Church Leadership & Westhill Works

Deacons

David Baumgartner - 903.654.4057
Zach Drain - 903.521.6055
Joshua Haden - 903.602.9645
Casey Hendrix - 817.307.2127
Michael Jones - 430.236.2244
Matt Newman - 972.935.5789
Greg Olsen - 903.654.1406
Billy Roughton - 903.654.4032
Dickie Russell - 903.874.4457
David Shastid - 903.257.6464
Jose Sosa - 903.872.0535
Brent Stewart - 903.641.9052
Mike Wylie - 214.837.3848
Justin Williams - 903.875.8288

Shepherds

Scott Barham - 903.641.0133
Percell Milton - 214.803.2644
Rusty Owens - 903.229.3650
Paul Stewart - 903.872.3464

Ministers

Anthony Warnes - 430.775.0196 (Pulpit)
Brandon Watson - 903.771.6359 (Family)
Samuel Ramirez 325.436.1051 (Spanish)

Staff

Jay Mahoney - 903.467.9093 (Office)

Community Outreach

Addiction [Recovery](#) Counseling
Benevolence Program

Food for Fitness

Forever His

Wed. Night Focus Groups

Spanish ESL Classes

Local Missions

Apologetics Press - Jeremy Pate

Bear Valley - Wayne Jones

Cherokee Children's Home

Disaster Relief

The Jenkins Institute

Memphis School of Preaching

WVBS school.wvbs.org

U.S. Mission Points

Tilton, NH & Mesa, AZ

Foreign Missions

Cameroon Preacher Training

India Preacher Training

Prayer Needs:

Tanya Rowden recovering from knee replacement surgery.

Steve Gaines recovering well from corrective heart surgery.

Cam Haden recovering from back surgery.

Ruth Ann Watson began dialysis.

Tanya Rowden's daughter, Tiffany Smith, recovering from heart bypass surgery in Longview, TX.

Angela Moore has a hole in her eardrum from a fungal infection, causing hearing loss.

We extend our sympathy to the **Lightfoot family** of Lubbock, TX after their recent sudden passing.

Continue to remember: Bronny & Ruth Watson, Dan & Rita Dominy, Eula Henry, John Braly, Louie & Patty Williams, Nick Tooley, Bill & Beverly Abercrombie, Beverly Heathcote, David Mahoney, Millard & Martha Dowdle, Carol Barham, Judi Olsen, Joseph Haden, & Patty Williams

Staffed nursery available for babies up to 2 yr old.
Nursery Attendant this week: **Ashley Jones**

This Week's Birthdays

December 7 - Brenda Sosa

December 8 - Leah Burnett & Keller Kinkade

December 10 - Jim Haden

December 11 - Paul Slaughter

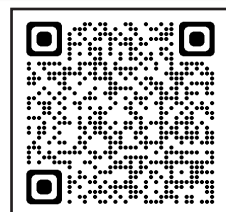
Records for November 30, 2025

AM Worship.....225

Contribution \$8,736

Visitor Form

Thank you for joining us for worship! We would love to follow-up with you...



Announcements:

End-of-Year Special Contribution – Sun, Dec 14
Next Sunday's contribution will go toward the growing ministries, works and needs of Westhill. We invite you to prayerfully consider how your giving can advance the Lord's Kingdom.

Gift Bag Assembly & Delivery – Sun, Dec 14
Youth will meet at 3 PM in the Outreach Center to assemble and deliver gift bags.

Tuesday Night Devotional – Dec 23 @ 6:30pm
Please note: There will be no Wednesday service on Dec 24.

Wednesday Night Prayer Service – Dec 31 @ 6:30pm
Join us for a special prayer service, then stay afterward as we ring in the New Year together.

WOW Ladies' Retreat – Jan 30–31, 2026
Theme: "You Can Do Hard Things" w/ speaker Lindsay Olsen.

English Second Language Classes (ESL) -
3rd & 4th Wed. Nights of each month @6:30pm.

Spanish Bible Classes Sun & Wed. Night.

Young at Heart Class meets on Tues. @ 10:30am.

Westhill ARC (Addiction Recovery Counseling)
meets weekly - contact Jay Mahoney

Privileged to Serve

AM Song Leader
AM Opening Prayer
Scripture Reading
Communion Leader
Communion Servers

Carson Barham
Micah Haden
Donny Beal
Jason Burnett
Ronnie Giles

Jay Mahoney
Marcus Dancer
Paul Wells
Frizzell Henry

Luke Baumgartner
Joshua Miller
Rick Newton
Dylan Nors
Ti Saulus

AM Closing Prayer

Tyler Baumgartner

PM Song Leader
PM Opening Prayer
PM Devo
PM Closing Prayer

Jeremiah Parrish
Owen Warnes
Anthony Warnes
Listan Ellis

Wed. Song Leader
Wed. Invitation

Joel Haden
Colton Nicholson

Dec. Worship Coord.
Dec. Elder of Month

Matt Newman / Billy Roughton
Rusty Owens