

July 19, 2026

West Hill

Church of Christ

All In

Spiritual Wellness

By Jeff Snyder

Focus 2026

Any person who loves to garden will understand the in-depth care it takes to have a successful harvest. Gardeners will begin by amending the soil to ensure it has the right nutrients for healthy plant growth. Second, they make sure the lighting is correct. Third, the plants need a specific watering schedule. Lastly, weeds will need to be kept to a minimum so that nutrients are not stolen.

After everything above has been done and time has passed, the harvest comes. Being able to eat what you have labored so hard for is a reward, and I believe, a gift from God. We can relate to Bible verses like Matthew 13:3-8, "A sower went out to sow. And as he sowed, some seeds fell along the path, and the birds came and devoured them. Other seeds fell on rocky ground, where they did not have much soil, and immediately they sprang up, since they had no depth of soil, but when the sun rose they were scorched. And since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and produced grain, some a hundredfold, some sixty, some thirty." Anyone who has a garden or has farmed knows how true and applicable this parable is, not only to planting but also to our spiritual lives.

Now I would like to ask you, the reader, to test your spiritual wellness. If you are a parent, you could do this with your kids to show how the parable works in real life.

Obtain a five-gallon bucket, fill it with regular soil from your yard (not potting soil), and then get a tomato plant. Plant it within that bucket and keep in a well-lit area. At first, only water it on Sunday after you attend church. During the rest of the week, water it only one-fourth of a cup every 30 minutes you read your Bible. You will soon see what happens: if there is not enough water, it will wither. For another experiment, check whether weeds are present after time has passed. Only pull one weed for every prayer said during the day. How is the bucket looking now?

In both scenarios, we see the effects of care on the tomato plant and can apply this lesson to our spiritual lives. Are you taking time out of your day to care for and nurture your spirit? Have you "withered" due to a lack of study, prayer, and being around other Christians? Are the "weeds" of life (bad influences, idols, or false comforts) taking time and energy away from you?

Does 2 Timothy 2:15 describe you? "Do your best to present yourself to God as one approved, a worker who has no need to be ashamed, rightly handling the word of truth." Or does Hosea 4:6 describe you? "My people are destroyed for a lack of knowledge: because you have rejected knowledge, I will also reject you."

Sunday: Worship 10:30am & Class 5:00pm

Tuesday: Benevolence 9:00-10:00am & Young at Heart Class 10:30am

Wednesday: Class 6:30pm

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Bear the Marks of Jesus

Scripture Reading: Gal. 6:14-18

Every mark tells a _____. What _____ identify us?"

In Galatians 6:17, Paul says, "I bear on my body the _____ of Jesus."

Paul's marks include:

- Beat with _____; Stoned; Shipwrecked; in _____; etc. (2 Cor. 11:22-28)

Our lives can display "marks" that _____ us with _____.

1. The Mark of _____ (Gal. 5:22-23)
2. The Mark of _____ (Jn 14:15)
3. The Mark of _____ (Jn. 13:35)
4. The Mark of _____ for _____ (Matt. 5:10)
5. The Mark of _____ - _____ (Luke 9:23)
6. The Mark of faithful _____ (Gal. 5:13)
7. The Mark of _____ (James 1:12)

The "marks" Christians bear today are often seen less in scars on the body and more in a _____ shaped by the _____. These are the kinds of marks that point others to Christ.

Llevar las marcas de Jesús

Lectura bíblica: Gálatas 6:14-18

Cada marca dice una _____. ¿Qué _____ nos identifica?

En Gálatas 6:17, Pablo dice: "Llevo sobre mi cuerpo el _____ de Jesús".

Las calificaciones de Paul incluyen:

- Golpeado con _____; Apedreado; Naufragado; en _____; etc. (2 Cor. 11:22-28)

Nuestras vidas pueden mostrar "marcas" que nos _____ con _____.

1. La marca de _____ (Gálatas 5:22-23)
2. La marca de _____ (Jn 14:15)
3. La marca de _____ (Jn. 13:35)
4. La marca de _____ para _____ (Mateo 5:10)
5. La marca de _____ - _____ (Lucas 9:23)
6. La marca de los fieles _____ (Gál. 5:13)
7. La marca de _____ (Santiago 1:12)

Las "marcas" que llevan los cristianos hoy en día se ven a menudo menos en cicatrices en el cuerpo y más en una _____ moldeada por la _____. Este tipo de marcas son las que guían a otros hacia Cristo.

DU

(Discipleship University)

Brandon will register Westhill as a group, but if you want a shirt you will need to order & pay on your own. Scan the QR code for shirt order! Last day to order is July 20.



- **Dates:** July 31 – August 2, 2026
- **Geared For:** Grades 6th-12th
- **Location:** Brown Street Church of Christ, 2471 Brown St. Waxahachie, TX 75165
- **What is it?** Discipleship University is a weekend designed to strengthen your faith and build relationships with people of like-minded faith.



Deacons

David Baumgartner - 903.654.4057
Zach Drain - 903.521.6055
Joshua Haden - 903.602.9645
Casey Hendrix - 817.307.2127
Michael Jones - 430.236.2244
Matt Newman - 972.935.5789
Greg Olsen - 903.654.1406
Billy Roughton - 903.654.4032
David Shastid - 903.257.6464
Jose Sosa - 903.872.0535
Brent Stewart - 903.641.9052
Mike Wylie - 214.837.3848
Justin Williams - 903.875.8288

Shepherds

Scott Barham - 903.641.0133
Percell Milton - 214.803.2644
Rusty Owens - 903.229.3650
Paul Stewart - 903.872.3464

Ministers

Anthony Warnes - 430.775.0196 (Pulpit)
Brandon Watson - 903.771.6359 (Family)

Staff

Jay Mahoney - 903.467.9093 (Office)

Community Outreach

Addiction [Recovery](#) Counseling
Benevolence Program

Food for Fitness
Forever His

Local Missions

Bear Valley - Wayne Jones
Cherokee Children's Home
Disaster Relief
The Jenkins Institute
Knoxville School of Preaching
Memphis School of Preaching
[WVBS school.wvbs.org](http://WVBS.school.wvbs.org)

U.S. Mission Points

Tilton, NH & Mesa, AZ

Foreign Missions

Cameroon Preacher Training
India Preacher Training

Prayer Needs:

Steve Phillips – Has began chemo for cancer treatment.

Myrna Haufe – Hospitalized with diverticulitis.

Aubrey Parrish – Recovering from prostate surgery.

Garnett Russell – Postponed for pacemaker surgery.

Jeremiah Parrish – Continued recovery at home.

Becky Simpson – Recovering from a broken shoulder.

Faith Beamon – Recovering after successful baclofen pump replacement.

Jim Milam – Transferring to Twilight in Corsicana for continued rehabilitation.

Stella Perez – Undergoing evaluation and treatment for digestive issues.

Baby Hank – Receiving medical treatment in the NICU.

Continue to remember: Bronny & Ruth Watson, Dan & Rita Dominy, Eula Henry, Louie & Patty Williams, Nick Tooley, Bill & Beverly Abercrombie, Loyd Ander, Larry Rowden, Tiffany Smith, Cooper Olsen, Levi Haden, Cohen Drain, David Mahoney, & Sandy Perryman

Weshill - Traci Taylor (Olsen) sincerely thanks everyone for the prayers, cards, calls, and words of encouragement she has received during her recovery. She is grateful for the love and support of our church family.

Staffed nursery available for babies up to 2 yr old.
Nursery Attendant this week: **Britani Newman**

Records for July 12, 2026

AM Worship..... 201
Contribution \$7,127

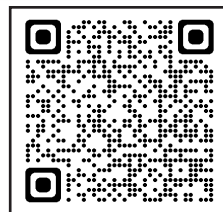
This Week's Birthdays

July 22 - Ethan Drain

July 25 - Jordan Anderson

Visitor Form

Thank you for joining us for worship! We would love to follow-up with you...



Privileged to Serve

AM Song Leader

AM Opening Prayer

Scripture Reading

Communion Leader

Communion Servers

Scott Barham

Rick Newton

Thomas Helms

Matthew Zaayer

Justin Williams

Jay Mahoney

Paul Slaughter

Colton Gowan

Frizzell Henry

Colton Nicholson

Mike Wylie

Paul Wells

Listan Ellis

Cash Hendrix

AM Closing Prayer

Marcus Dancer

PM Song Leader

PM Opening Prayer

PM Devo

PM Closing Prayer

Justin Williams

James Olsen

Percell Milton

Carson Barham

Wed. Boys Leadership Int.

Young Men

Jul. Worship Coord.

Jul. Elder of Month

Casey Hendrix / Billy Roughton

Rusty Owens

Announcements:

Guy's Leadership Int. — July 20–22

Young at Heart Classes — No class meets this week.

Young Men's Leadership Service – Wed night at 6:30 p.m., all adults and students in 6th grade and above will meet in the auditorium for a special service led by the young men who participated in the Boy Leadership Initiative. They will be presenting and demonstrating the leadership skills they have developed through the program.

Diaper Shower for Jourdan Begnaud — Sun, Aug. 2, from 3:30–5:00 p.m. Huggies Skin Essentials diapers and wipes are appreciated.

Weshill ARC (Addiction Recovery Counseling) meets weekly - contact Jay Mahoney

Weshill - The Giles family sincerely thanks you for your prayers, love, and encouragement during the loss of their loved one, Julia Jones, and for your continued prayers for Army Sgt. 1st Class Acheley Lyons. Your kindness and support have been a tremendous blessing to their family.