

Pastor Cliff

1 Timothy 4:6-10

# 1 Timothy

## Fight the Good Fight

Week 13

January 18, 2026

## The Practices of a Good Servant

**Introduction and Review** (*Matthew 25:21, 23; 1 Timothy 4:6*)

1. Engage in \_\_\_\_\_ Teaching (*1 Timothy 4:6-7, 3-4; Acts 20:27; 2 Timothy 1:5*)

2. Engage in \_\_\_\_\_ Training (*1 Timothy 4:7-9, 3:14; Psalms 16:8; 1 Corinthians 9:25*)

**3. Engage in the \_\_\_\_\_ Task** (*1 Timothy 4:10, 2:3-6; Revelation 5:9; John 3:17-18; Matthew 25:41; Romans 8:1*)

**Book Recommendation:** “Spiritual Gifts for the Christian Life” by Donald Whitney

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**Discussion Questions (1 Timothy 4:6-10)**

1. What does it mean to be a servant? As Christians we are all servants of Jesus Christ. Why is it important that we are good servants?
2. What things did Paul want Timothy to put before the brothers (the church) and how would that make him “a good servant of Christ Jesus” and a defender of the faith? (*1 Timothy 4:1-6a*)
3. What are “the words of the faith and good doctrine” and how was Timothy “trained” (nourished) in them? (*1 Timothy 4:6b; 2 Timothy 1:5*) How have you been nourished in “the words of the faith and good doctrine”? How does this help you be a good servant of Jesus Christ?
4. What does “godliness” mean? (*Psalms 16:8*) How does godliness relate to the purpose of 1 Timothy? (*1 Timothy 3:14*)
5. How is spiritual training for godliness similar to and different from bodily training? (*1 Timothy 4:7-8a*) Why is godliness of much greater value than bodily training? (*1 Timothy 4:8b; 1 Corinthians 9:25*)
6. What are spiritual disciples and how do they help “train yourself for godliness”? Do you practice spiritual disciples? Is there a spiritual disciple that you need to grow in the practice of?
7. To what end must a good servant of Jesus Christ “toil and strive”? (*1 Timothy 4:10*) What is our motivation for toiling and striving to that end? (*1 Timothy 4:10; John 3:17-18; Matthew 25:41*) In what ways are you “toiling and striving” to be a good servant of Jesus Christ?