



Scripture for the week of November 15: 2 Samuel 22:1-7;26-37

“David sang to the Lord the words of this song when the Lord delivered him from the hand of all his enemies and from the hand of Saul. 2 He said: ‘The Lord is my rock, my fortress and my deliverer; 3 my God is my rock, in whom I take refuge, my shield and the horn of my salvation. He is my stronghold, my refuge and my savior—from violent people you save me. 4 “I called to the Lord, who is worthy of praise, and have been saved from my enemies. 5 The waves of death swirled about me; the torrents of destruction overwhelmed me. 6 The cords of the grave coiled around me; the snares of death confronted me. 7 “In my distress I called to the Lord; I called out to my God. From his temple he heard my voice;... 26 To the faithful you show yourself faithful, to the blameless you show yourself blameless, 27 to the pure you show yourself pure, but to the devious you show yourself shrewd. 28 You save the humble, but your eyes are on the haughty to bring them low. 29 You, Lord, are my lamp; the Lord turns my darkness into light. 30 With your help I can advance against a troop; with my God I can scale a wall. 31 “As for God, his way is perfect: The Lord’s word is flawless; he shields all who take refuge in him. 32 For who is God besides the Lord? And who is the Rock except our God? 33 It is God who arms me with strength and keeps my way secure. 34 He makes my feet like the feet of a deer; he causes me to stand on the heights. 35 He trains my hands for battle; my arms can bend a bow of bronze. 36 You make your saving help my shield; your help has made me great. 37 You provide a broad path for my feet, so that my ankles do not give way.”

Sunday, November 15:

Action: Read above Scripture slowly (even if it is very familiar to you).

Questions to Ponder: What stood out for you as you read this Scripture? What do you hope to be reminded of as you focus on this Scripture this week? Do you think this Scripture will help you be reminded of who God is in your life? Don’t you think this is important to remember so you come to a place to better trust Him?

Prayer: Lord God, help me this week as I remember who You are. David wrote so many times of how he saw You working in His life. Help me to follow David’s example and to trust You in all my circumstances.

Monday, November 16:

Action: Read 2 Samuel 22:1-3: “David sang to the Lord the words of this song when the Lord delivered him from the hand of all his enemies and from the hand of Saul. 2 He said: ‘The Lord is my rock, my fortress and my deliverer; 3 my God is my rock, in whom I take refuge, my shield and the horn of my salvation. He is my stronghold, my refuge and my savior—from violent people you save me.”

Questions to Ponder: How do you respond when you see God deliver you from the hand of your enemies or through difficult circumstances? Do you praise God for who He is and what He has done, or do you do nothing? Do you think you should be doing more to praise God on a regular basis?

Prayer: God, You are worthy of our praise. I am sorry I don’t praise You more often and take for granted all that You do in my life. If I feel uncertain how to praise You, teach me Lord, so I can become better at acknowledging Your greatness.

Tuesday, November 17:

Action: Read 2 Samuel 22:4-7: “ 4 “I called to the Lord, who is worthy of praise, and have been saved from my enemies. 5 The waves of death swirled about me; the torrents of destruction overwhelmed me. 6 The cords of the grave coiled around me; the snares of death confronted me. 7 “In my distress I called to the Lord; I called out to my God. From his temple he heard my voice;...

Questions to Ponder: How well do you do at calling to the Lord when you face difficulties? Or do you try and handle things on your own first? Do you see how desperate David was that caused him to call on the Lord? Do you wait until you get to this point or do you call on God immediately? Do you see how David is confident that the Lord heard him when he called out?

Prayer: Lord God, thank You that You hear me when I call to You. Forgive me for the times I hesitate to call out, thinking I don't need You. But as I continue to read this week, I will find out more of who You are and what You are capable of. Ingrain the idea into me that I should come to You first with even the smallest matters so that I will feel at peace in the midst of my trials.

Wednesday, November 18:

Action: Read 2 Samuel 22:26-28: “;... 26 To the faithful you show yourself faithful, to the blameless you show yourself blameless, 27 to the pure you show yourself pure, but to the devious you show yourself shrewd. 28 You save the humble, but your eyes are on the haughty to bring them low.”

Questions to Ponder: Do you see that when we respond to God, that He responds in a like manner? Do you also see that God's response to the Godly is positive and affirming? But, His response to the ungodly is negative? Are you like David and have every expectation that God will deliver you and bring your enemies low?

Prayer: Thank You God that You respond to us in a like manner. Sometimes we are looking for more than that but we still see that Your response is positive and affirming. Thank you for loving me that much that I can expect You to deliver me and bring my enemies low.

Thursday, November 19:

Action: Read 2 Samuel 22:29-31: “29 You, Lord, are my lamp; the Lord turns my darkness into light. 30 With your help I can advance against a troop; with my God I can scale a wall. 31 “As for God, his way is perfect: The Lord's word is flawless; he shields all who take refuge in him.”

Questions to Ponder: Do you see what the Lord can do for you? Do you believe that this relates to You and not only to David? If we really believe that God's way is perfect, why do we tend to worry so much? If God can turn our darkness into light, why don't we trust Him more with what we are going through? Isn't this a time to go to Him more regularly and see what He can do in you and in your life?

Prayer: God help me to trust You more that You have everything under control even when I have difficulty seeing that. Remind me often of all that You have done in the lives of people in the Bible and trust that You will also do that in my life. Allow me to stand more firm on Your promises.

Friday, November 20:

Action: Read 2 Samuel 22:32-34: “ 32 For who is God besides the Lord? And who is the Rock except our God? 33 It is God who arms me with strength and keeps my way secure. 34 He makes my feet like the feet of a deer; he causes me to stand on the heights.”

Questions to Ponder: Have you seen God arm you with strength? How about seeing God keeping your way secure? Can you do like David and try and list all the things you have seen God do in your life? Don't you think it would be not only a great reminder to you of who God is, but also an encouragement so that you can get through the next hurdle in your life?

Prayer: God, I want to get to a place in my relationship with You where I can just sit and spend time with You praising You for all that I have seen You do in my life and better reminding me of what You can do. Let me keep that list available in the times when I become frustrated with circumstances so that I can remember to lean on You.

Saturday, November 21:

Action: Read 2 Samuel 22:35-37: “35 He trains my hands for battle; my arms can bend a bow of bronze. 36 You make your saving help my shield; your help has made me great. 37 You provide a broad path for my feet, so that my ankles do not give way.”

Questions to Ponder: Is your relationship with God always about asking God for what you need? Do you want to have the type of relationship where you can praise Him because of all that He has done? Why don't we see God more regularly as a God who makes us strong when we are weak, who provides when we have a need and so much more?

Prayer: Lord, thank You for reminding me of the way that David praised You for who You are. Teach me to be that way in my relationship with You. Let it not always be about praying for people or things but help me to include Praise in my times with You.