

Virtual Field Day - Friday, May 22, 2020

Schedule

Games will be posted on the "Concordia Lutheran School MP" Facebook page on Friday, May 22nd every half hour starting at 9am. Participate at the assigned times, or whenever it works for you! You can comment your score and cheer on your friends by commenting on the Facebook videos!

Class Colors

Match your class and wear the same colored shirt! (see below) Not needed to participate, just have fun, even if you don't have a shirt in the assigned color.

4th/5th Grade - Green
3rd Grade - Blue
2nd Grade - Red
1st Grade - White

Kindergarten - Black
Preschool Torres - Green
Preschool Heffner - Blue
Preschool Grooms - Red

Supplies

All supplies are things many people can find around their house. If you don't have some of the items, you don't need to go out to them.... just improvise and use something else you have on hand. Be creative! :)

EQUIPMENT NEEDED:

6 Large socks (to create sock balls) – 1 Laundry Basket (or bucket) – 6 Medium bowls – Paper (to keep tally points) – 1 empty water bottle – 10 plastic cups – 2 paper plates – 3 balloons – 1 ping pong ball (also could use small balloon) – 1 kitchen spatula – 1 plastic container lid – 2 milk gallon milk jugs – 3 paper sheets to make paper planes – 1 medium size bucket – 1 plastic (tupperware) container – 1 spoon – 1 small object that can fit on the spoon

Game 1: Backboard Bank It

Get Ready: 5 Large Sock Balls, Laundry basket or bucket, A Wall

Get Set: Roll up the socks to make sock balls. Place the basket or bucket against the wall. Mark a distance 5' – 10' from the basket.

GO! The object of this game is to score as many points as you can in 1 minute. You **MUST** use the wall as your backboard and bank it into the basket.

Game 2: Bowl Ball

Get Ready: 6 bowls, 1 sock ball, paper and pencil to keep score

Get Set: Set the bowls on the floor in a triangle shape pattern. Put a piece of paper in the point total in the bottom of each bowl. Mark a throwing line 6-8 ft. away. HINT: Big bowls are easier than small bowls!

GO! See how many points you can score in 1 minute! You do this by tossing the sock ball into the bowls and scoring points based upon where they land. After each throw, retrieve the sock ball and hustle back to throw it again. Tally your points after each time you make it in the bowl!

Game 3: Fan a War

Get Ready: 1 Paper Plate (school folder or a piece of cardboard) Per player, center line (shoes or cups could work) 1 ping pong ball or balloon.

Get Set: Create a center line on a table or the floor. Place the balloon or ball on the center line. Both players across from each other with the centerline between them.

GO! The object of the game is to keep the ball on the opponent's side of the center line. You will have 1 minute. Begin fanning the ball toward your opponent's side of the center line and away from your side.

Game 4: Flip your Lid

Get Ready: Kitchen Spatula, 1 Tupperware/Plastic Lid

Get Set: Place the lid facing up on a table or floor. Get your spatula ready for some lid flipping!

GO! The object of this game is to flip your Tupperware lid upside down to earn points. Place the lid facing up on the table floor, then slide the spatula under and flip the lid in the air. Let it land flat on the table or the floor. Score a point for every lid that you flip upside down (0 points if it lands right side up) See how many points you can score in 1 minute.

Game 5: Keep it UP

Get Ready: 1-3 balloons per player. Blow them up!

Get Set: Indoor or outdoor. Start with 3 balloons.

GO! The object is to strike the balls up using your hands as many times as you can in one minute. Don't let them hit the floor! Count as many hits as you can in the minute. If one balloon falls you can pick it up and hit back in the air, just watch the other balloons!

Game 6: Milk Jug Relay

Get Ready: Two 1-gallon Milk jugs, Items to mark start/end points. (cones, socks, plastic cups, etc.)

Get Set: Set up and areas to move in by making a starting point and ending point. Distance can be 15-30 walking steps. Fill two used 1-gallon milk jugs with water (1/4, 1/2, or full) and place at a start spot.

GO! The object of the game is to carry the milk jug across the room as many times as you can. You get 1 point for each full length you travel. Add extra challenge by carrying two milk jugs at once. One- minute challenge.

Game 7: Penguin Race

Get Ready: 1 Sock or tennis ball and 2 plastic cups per person.

Get Set: Set the plastic cups 15-20 ft. from each other.

GO! You are Penguin. – the ball is an egg. Place the egg between your knees and waddle back and forth from one cup to the other. When you reach the cup, turn it over. If you drop the egg do 5 jumping jacks before you continue. One point for each time you turn the cup over.

Game 8: Paper Plane Corn Hole

Get Ready! You'll need 3 paper sheets per player, a bucket or laundry basket.

Get Set: Create 3 paper airplanes using a design of your choice. Place your bucket 5-10ft away from your throwing line.

GO! Object of the game is to score points by throwing your paper airplane into your bucket. 1- 3 minutes to score as many points as you can! Score 1 point for every time your plane hits the outside of the bucket, 2 points for every plane that lands in the bucket.

HAVE FUN!