

These questions are provided for your further study and application of the message. Thoughtfully writing out the answers to these questions will help to drive home the point. It is also helpful to discuss your answers with others.

Discussion Questions

Date: April 22, 2018

Mark 2:23-28

1. Very few people practice Sabbath rest. What are the obstacles to practicing Sabbath? What role does worship and gathering with our church family play in Sabbath rest?
2. The Pharisees accused Jesus's disciples of breaking Sabbath law. Read Mark 2:25-26. How did Jesus respond? Why didn't Jesus answer the Pharisees' question directly?
3. Read Exodus 34:21 and 35:1-3. What does the Bible say about the Sabbath in these verses? How could these verses be applied today?
4. How does Jesus clarify the meaning and purpose of the Sabbath in Mark 2:27? For whom was the Sabbath made? Why?
5. The world into which the Bible was written was an agricultural society. Nearly all labor was physical labor. How is work different in our day than it was in New Testament times. How is rest different in our day than it was in Biblical times?
6. Read Exodus 32:22-24. What was the purpose of the feasts and how did they relate to Sabbath rest? How does this view of annual weekly feasts fit in with American culture?
7. Family verse: Read and memorize Mark 2:27. Discuss together why God gave us the Sabbath and how you can better observe it in your family.