

PSALMS OF ASCENT DNA GUIDE

Can be supplemented by reading a chapter from "A Long Obedience in the Same Direction" by Eugene Peterson for each Scripture reading

WEEK 1

REPENTANCE

Psalm 120
LOSD 1 - 2

PROVIDENCE

Psalm 121
LOSD 3

WORSHIP

Psalm 122
LOSD 4

SERVICE

Psalm 123
LOSD 5

HELP

Psalm 124
LOSD 6

WEEK 2

SECURITY

Psalm 125

LOSD 7

JOY

Psalm 126

LOSD 8

WORK

Psalm 127

LOSD 9

HAPPINESS

Psalm 128

LOSD 10

PERSEVERANCE

Psalm 129

LOSD 11

WEEK 3

HOPE

Psalm 130

LOSD 12

HUMILITY

Psalm 131

LOSD 13

OBEDIENCE

Psalm 132

LOSD 14

COMMUNITY

Psalm 133

LOSD 15

BLESSING

Psalm 134

LOSD 16 - Epilogue

