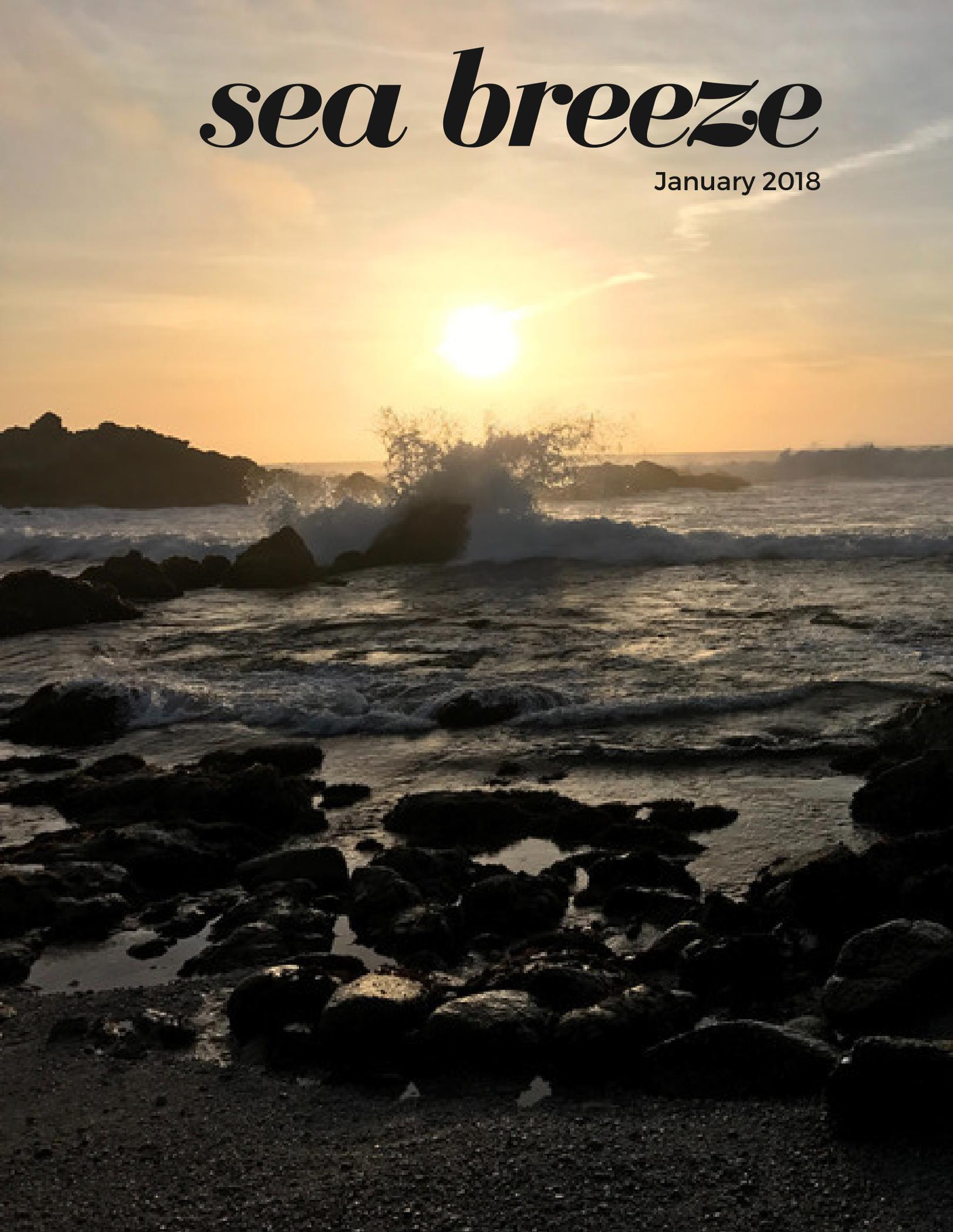


sea breeze

January 2018



THOUGHTS OF JOY



The New Year is a time when many people make resolutions to change their behavior. Usually resolutions involve something like losing weight, quitting smoking or starting an exercise program. All are important things to do and will lead to physical and emotional health. But, have you thought about your spiritual health? Have you looked into your heart and examined your spiritual life?

The New Year is a perfect time for such reflection, and the church is a great place to find the assistance you need to help your spirit to grow. Christ Church by the Sea has a number of exciting opportunities for spiritual growth coming up in 2018.

We encourage everyone to find a place to share your gifts. Sharing your gifts with others is one of the best ways to serve Jesus Christ and to fill your spirit. Our church will continue to pursue the vision that God has given us to reach out to our community as we revitalize our congregation. The Vision Plan has now been supplemented with an action plan that is filled with opportunities to serve.

The action plan has been posted on the rolling bulletin board located at the back of the sanctuary. We need every person in the church to take a look at the volunteer opportunities that are available. Then, sign up for an activity or project that will allow you to use and stretch your God-given gifts.

Just a few examples are: working with the Children's Center and the church to host at least three movie night events for the school families in 2018. Or, you may want to participate in helping us develop relationships with local senior care facilities. We want to connect with the seniors in our area and need to initiate relationships with the places they live. Or, maybe you might want to sign up to open the church for two hours per day to those who would like to come and pray in our sanctuary.

These opportunities are just a few of the many chances you have to serve your church and your local community. Please resolve to grow in spirit this year through the service God is calling you to.

Grace & Peace,
Pastor Joy

FIND YOUR SANCTUARY



Project Gratitude

On Sunday, January 7th, we will distribute notecards for our next round of Project Gratitude. What is Project Gratitude? Project Gratitude is one of the many opportunities that we have created at Christ Church by the Sea for you to connect with those around us to share the love of God. We do this by handwriting thank you notes to thank all those who serve on the Balboa Peninsula.

Last summer we wrote over 300 cards to the lifeguards that watch our beaches. This time around we will write to the police officers who serve and protect us. See Karen Mascitelli for notecards. All notes are due by January 28th.

Women's Breakfast

Tuesday, January 9th at 8:30am at Malarky's. Join us for fellowship, food and fun!

Yoga at Christ Church

Last June, Christ Church by the Sea began a new class series that provides those in both our church and local community an opportunity to grow in health. We now offer two yoga classes presented by our dynamic, certified instructor, Kristin Geiger.

The Wednesday yoga class meets at 10:15am in our beautiful sanctuary. This is a seated yoga class designed for those with mobility limitations and those who are new to yoga. The class is open to people of all ages. We have even had some 90 year-olds join us. The cost for this one-hour class is \$5.00.

Our Sunday classes are for beginners and intermediate yoga enthusiasts. The style is called "Gentle Flow" which means that you will move gently, but continuously as you stretch and build muscles. This is a true mat yoga, meaning you will work from both a standing and sitting on the floor position. You are encouraged to bring your own yoga mat, or we can temporarily lend you one. We meet in the church fellowship hall, beginning at 1:30 in the afternoon. The cost for this one-hour class is increasing beginning January 7th to \$10 per class.

Tell your friends and family and come join us for this amazing time of exercise for body and mind. You may even make a few new friends!



Meet Your Leadership Team

Every year we elect new leaders to guide the church through its various administrative needs. People are asked to serve for a period of three years so that they can fully share all of the gifts that they bring to the table.

In 2018 you have elected the following to the Leadership Team.

Mari May, Chair/Lay Leader
Susan Theron, Lay Member to the Annual Conference
Ray Kjar, President of Trustees (new)
Cathy Saari, Chair of Finance (new)
Nancy Remley, Treasurer
Susanne Caminiti, Financial Secretary
Lynne Lightner, Chair of Staff Parish Relations
Karen Mascitelli, Outreach Coordinator
Nancy Smith, Chair, Children's Center Advisory Board (new)
Kay Brown, Secretary

Those who are serving on the Children's Center Advisory Board are:

Nancy Smith, Chair
Pat Fellers (new)
Chuck Remley (new)
Diana Hensley

We have also created a new, small, ad hoc advisory team to the Trustees, which include:

Chuck Remley
Robert Fellers
Jill Musser

The Leadership Team meets on the fourth Saturday of each month (except in January when we will meet on the third Saturday) at 8:30am for breakfast and our meeting. And, the Children's Center Advisory Board meets every other month (beginning in January) on the third Tuesday at 6:30pm. All of these meetings are open to the public and visitors are welcome.

CHURCH CALENDAR



Sunday, January 7

10:00am: Worship, Sanctuary
1:30pm: Gentle Yoga, Goodell Hall
Lesson: Matthew 2:1-12 "Our Gifts"

Tuesday, January 9

8:30am: Women's Breakfast at Malarky's
6:30pm: CCCC Advisory Board

Wednesday, January 10

10:15am: Seated Yoga, Sanctuary
7:00pm: Choir Practice, Sanctuary

Thursday, January 11

8:00am: Men's Breakfast at Malarky's

Sunday, January 14

10:00am: Worship, Sanctuary
1:30pm: Gentle Yoga in Sanctuary

Monday, January 15

Office Closed for MLK Day

Wednesday, January 17

10:15am: Seated Yoga, Sanctuary
7:00pm: Choir Practice, Sanctuary

Thursday, January 18

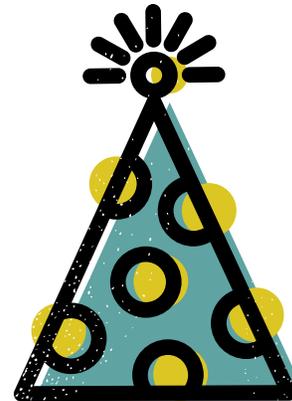
8:00am: Men's Breakfast at Malarky's

Saturday, January 20

8:30am: Leadership Team in Goodell Hall

Sunday, January 21

10:00am: Worship, Sanctuary
1:30pm: Gentle Yoga in Goodell Hall



January Birthdays

Ed Saunders
Nicole Mazza
Carol Harader
Steve Harris
Betty Long
Joy Price

Wednesday, January 24

10:15am: Seated Yoga, Sanctuary
7:00pm: Choir Practice, Sanctuary

Thursday, January 25

8:00am: Men's Breakfast at Malarky's

Sunday, January 28

10:00am: Worship Led by UMW, Sanctuary
1:30pm: Gentle Yoga in Goodell Hall
Project Gratitude Police Cards Due

Wednesday, January 31

10:15am: Seated Yoga, Sanctuary
7:00pm: Choir Practice, Sanctuary

CHRIST CHURCH
BY THE SEA

1400 W Balboa Blvd
Newport Beach, CA 92661

CHRIST CHURCH
BY THE SEA

Church Office Hours
Monday-Thursday 10:00am-1:00pm
949-673-3805

Staff Directory

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Craig Davis
Director of Music

Jill Musser
Children's Center Director
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CHRIST CHURCH
BY THE SEA

Newport Beach

Yoga

Seated Yoga
Wednesdays at 10:15am

Gentle Yoga
Sundays at 1:30pm

www.christbytheseanb.org