

OCTOBER 2018

SONBURST

A stylized graphic of a hand with fingers spread, rendered in shades of blue and green. The hand is positioned on the left side of the cover, with the fingers pointing towards the right. The background is a dark blue with a subtle texture.

Blessed
TO BE A BLESSING

Mooresville First United Methodist Church
900 Indianapolis Rd., Mooresville, IN

Upcoming Events

- Oct. 5 Disciple Concert
- Oct. 8 & 22 Women's Self-Defense Class
- Oct. 10 Understanding Social Security
- Oct. 15-19 Fall Break
- Oct. 31 Hot Dog Roast / Trunk or Treat

Stay Connected

- ✉ office@moorevillefumc.org
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Becky@MoorevilleFUMC.org

Amy Chesser, Church Custodian

Dear church friends,

We have been blessed to be a blessing to others. God made a promise to Abraham. (Genesis 12:1-3) God said I will bless you and make you famous and you will be a blessing to others.

One way we are a blessing to others is our weekly tithes and offerings that we give to God.

We can also be a blessing to others through our estate planning. I encourage you to remember Mooresville First United Methodist in your estate planning. Make sure your estate plans are in place so that your wishes will be carried out to benefit your personal family and your church family.

Pastor Dennis



 A black poster for a music event. At the top, there are two snowflake icons and a row of stars. The word "DISCIPLE" is written in large, white, distressed font. Below it, "FALL TOUR 2018" is written in a smaller, white font inside a yellow diamond shape. The word "DECYFER DOWN" is written in large, white, distressed font. At the bottom, there are two snowflake icons and another row of stars. Below the stars, the websites "DISCIPLEROCKS.COM" and "DECYFERDOWN.COM" are listed. At the very bottom, the text "FRIDAY, OCT. 5 at 7 p.m." is written in large, white, bold font. Below that, "LIMITED SEATING!!" is written in white font on a yellow rectangular background. At the bottom, the text "First come, first served. Contact church office for tickets. Four tickets per person. Doors open at 6 p.m." is written in yellow font.

FRIDAY, OCT. 5 at 7 p.m.

LIMITED SEATING!!

First come, first served.
Contact church office for tickets.
Four tickets per person. Doors open at 6 p.m.



DYNAMIC MARRIAGE™

October 21 through December 16

Dynamic Marriage is a 9 week course that will help you discover how your marriage can thrive and be more fulfilling than you ever thought possible. Based on the "Love Bank" model from the book, "His Needs, Her Needs" by Dr. Willard Harley, you'll learn how communication and behavior styles affect the way you and your spouse act and react to each other.

By the end of the course you and your spouse will have created a more fulfilling way of living, loving and understanding each other!

>> Register Today!

dynamicmarriagefumc@gmail.com

Wellness Awareness

by CHERYL HOWARD, parish nurse

“And let us not grow weary of doing good, for in due season we will reap, if we do not give up.” Galatians 6:6.

CAREGIVERS

Many of us are care givers of some sort – maybe with aging parents or with young children or with an ill spouse. It is an awesome responsibility to care for others. I have seen this attribute in so many of the people I encounter daily. Have you considered the most important role you perform as a caregiver? It will certainly vary with the circumstances, but providing safety is at the top of the list. You are an advocate for them when they cannot speak for themselves. You provide a safety net of trust when there may be fear of the unknown. With your voice and actions, you show kindness and caring for their future. You are giving them hope in tomorrow because you believe in them now. Many of you don't even realize you are providing care for someone – but you are; every time you show someone to the restroom, or hold the door open, or give a hug, or accommodate a special need or make a meal to share, or babysit a young parent's child, or just listening to someone's story...well you get the idea. Do you get discouraged when you do not get a thank you? The joy comes when you do it from your heart and not for a reward. Do not give up – keep doing what is right.

FOOD HANDLING

Handling food properly is essential to reducing the risk of food poisoning, especially during pregnancy. During pregnancy your immune system is weakened while your growing baby's immune system is undeveloped, making it much harder for both of you to fight off harmful pathogens. Therefore, food poisoning can cause serious or even life-threatening health problems for both mother and baby.

MINDFULNESS

“We now know that some people are more mindful than others, and those people seemingly feel less pain. Mindfulness is related to being aware of the present moment without too much emotional reaction or judgment,” said Fadel Zeidan, Ph.D., assistant professor of neurobiology and anatomy at Wake Forest Baptist Medical Center.

DEPRESSION

Each year, more than 41 million Americans (18%) experience some type of mental illness. Depression has become the world's leading cause of disability. If you are looking for more information: Mental Health America: www.nmha.org and National Alliance on Mental Illness (NAMI) www.nami.org. Help someone to get help.

Please pay attention to the horrors of human trafficking – an international crisis – that may be occurring in your own neighborhood. Up to 300,000 Americans, under the age of 18, are lured into the commercial sex trade every year. 14,500 to 17,500 of those are trafficked internationally. Some children are kidnapped and taken hostage. Hospitals are trained centers to identify and assist those who may be trapped.

Listen – pay attention – act.

Happy Fall!!

by CATHY MOSIER



As the weather begins to change...maybe to fall...maybe to Indian Summer...or maybe straight to winter...(it is after all, central Indiana)...the Prayer Team and Stephen Ministry Team would like to invite you to two Prayer events. One is the 31 Days of Prayer, an opportunity to pray specifically for our church, our families, our children, our youth during the 31 days of October. There are two guides to choose from! Check them out on the table in the narthex, or online! The purpose of 31 Days of Prayer is to help us stay focused, promote spiritual growth, and to encourage a daily prayer habit!

The other is a special Prayer Service, Thursday, Oct. 18 at 6:30 pm.

We will pray, sing some songs, pray, read some scriptures together, pray, light candles for others, pray ... you get the idea... it's about prayer.

As you follow the prayer guide I challenge you to think about... what are you praying for?

Think about why you are praying? Are you inviting Our Loving Father GOD to bring about His will for your life through your prayer?

Think about why are you praying? Are you convicted that in your own strength you can do nothing AND desperately NEED Jesus Christ Your LORD and Savior to rescue you?

Think about why you are praying? Have you, as the song goes, looked for answers in all the wrong places and pray that Holy Spirit Comforter would lead and guide you to the truth you are seeking?

Prayer is communication with Our Triune GOD! Father...Son...Holy Spirit!

Praying you take some time to pray

In Christ's service, Cathy Mosier
Prayer Team/Stephen Ministry Team

**SPECIAL
PRAYER
SERVICE**

**October 18
6:30 p.m.**

Henderson Trip & Christmas

by DAVE NANCE

As we near the Christmas season your Henderson Mission Team plans to take gifts to the children of Frakes, Kentucky. Exact details will be posted later in October. We will follow the same process as last year:

- You will be asked to buy gifts for a specific gender and age group. Some suggestions will be included.
- The team will deliver the unwrapped gifts to the mission in south east Kentucky.
- The mission will then combine our gifts with others for stocking a 'parent store'.
- Parents will be able to select and purchase specific gifts for their children for a nominal fee.



This plan has worked well in the past providing gifts most likely desired by the children, while allowing the parents to participate and preserve respect.

Your support is appreciated. Watch for more information in late October.



Your team will also be heading to the mission in the middle of October. They will assist with the mission by completing on-campus projects. Many of these projects will assist with the expansion of the mission's greenhouses into vegetable production in combination with increased plant production. The team will learn about the United Methodist Appalachian Missions, both Henderson Settlement and Red Bird. You will hear more from the team upon their return. There is space for you on this trip, if you hurry.

Mission Committee & Upcoming Events

The Mission Committee would like to express our gratitude for the amazing support of the Churches In Mission Banquet in late August. We were able to sponsor three tables because so many of you committed to attending on short notice and were willing to purchase the discounted tickets.

We have another similar opportunity coming in November. This time we can get the notice out earlier.

The banquet for Peace Restored will be held on November 9 at 6:30 p.m. Channel 13 anchor, Scott Swan, will be the speaker. Please visit <http://www.peacerestored.net/banquet.html> for more information. We will be offering discounted tickets at \$25 each, following the same pattern as CIM. If you would like more information, or are interested in attending, please talk to Ashley Hobbs or Amy Richmund (Peace Restored Board Members), or David Nance (Mission Committee Chairman). You can also email nance.david@att.net.



Operation Christmas Child

BEGIN COLLECTING ITEMS FOR SHOE BOXES

Since 1993, more than 100 million boys and girls in over 150 countries and territories have experienced God's love through the power of simple shoe box gifts from Operation Christmas Child (OCC). The boxes are filled with a "wow" item and other fun toys, school supplies, hygiene items and notes of encouragement.

Boxes are available at the OCC display near the Welcome Center. Packed boxes are due by Nov. 9.



CIM Thanksgiving Baskets

Churches in Mission (CIM) will be providing families with baskets for Thanksgiving dinner. First United Methodist has been asked to contribute 400 cans of corn to help fill the baskets. So pick up a couple while you are shopping, and drop them off next to the regular CIM donation box by Oct. 28. Your donations are greatly appreciated.

United Methodist Women

by CHERYLL HOWELL

Happy October, everyone! Now begins... "The Season". The holidays are coming up so fast we will wonder, "How come nobody warned me?" We have so much going on now; Life Groups, Blood Drive, League of Miracles, Youth Fall Retreat and a great *Disciple* concert coming up. How can anyone be bored? And how about Paul's letter to the people of Galatia! Wow! What discussions we have.

The Methodist Women are busy too. We are still collecting pop cans and looking forward to providing candles for you in November. If you run across any cookie tins for Christmas, we will take them too. We would love to have a slew of new members. We usually meet on a Wednesday during late morning. We don't meet monthly, only when activities are being planned. Ask in the office when we meet (the next meeting is Oct. 25 at 10:30 a.m.) and drop by. We have a good time and even go out to eat lunch afterwards.

Prepare yourself for a full fall and winter. I hope we have a fall longer than our spring was!

children's program



Kids Pre-K through 6th Grade

Ready to get into the spirit of Christmas? Do you want to make some music and sing some songs? Join us in the children's Christmas skit "God's Promise Came True!"

Starting November 4, children pre-k through 6th grade will be practicing speaking parts and songs for this program. Practice will take place in the choir room after you are dismissed from the Sanctuary.

This event will be on December 9 during the 9:45 service. Hope to see you there!

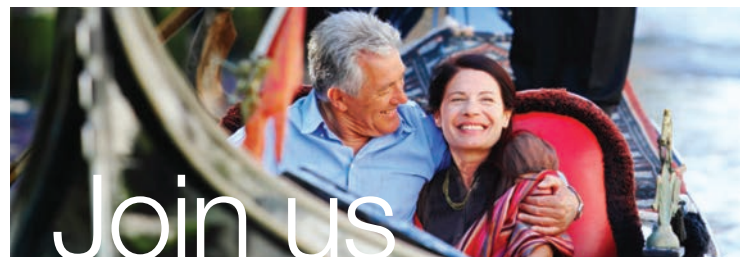
Parents of Sunday School Children

Children's Ministry is working with children pre-k through 6th grade for a short Christmas skit that will be performed on Dec. 9, 2018 during the 9:45 service. There will be singing and short speaking parts for the children to perform. Speaking parts, music and singing practice will be done during the 9:45 Sunday school time. Children will go to the choir room after being dismissed from the Sanctuary. Once practice is complete, the children will be escorted to their Sunday school classes. We hope you encourage your child to be part of this awesome program. Please contact Ms. Lydia at 317.834.1787 or 317.989.2873 with any questions.



October is "Pastor Appreciation Month" and Oct. 14 is "Pastor Appreciation Day."

Staff Parish wants to encourage you to make our pastors feel appreciated all year, but this month is a great time to express just how thankful we are. Take a minute and let them know how great they are.



Understanding Social Security

A look at the bigger picture

An educational seminar will be held at First United Methodist Church on Oct. 10 at 6:30 p.m. You will learn key facts about the Social Security program. A light meal will be served. Please reserve a space by Oct. 5 by contacting Michelle Hammond at 317.244.4404.



Get ready for the annual “Trunk or Treat” hosted by Family Ministries. What is a “Trunk or Treat” event? Children go from trunk to trunk collecting candy or trinkets from volunteers who have decorated their vehicles to serve as a backdrop for this **SPOOKTACULAR** event! Candy and trinkets will be provided by Family Ministries. It will be held around the bell tower. If the weather is challenging, we will have it in the Fellowship Hall. We encourage trunk or treat participants to dress up too! Please keep

in mind that this event is for children, so we ask that all costumes be “kid” friendly and just friendly in general. We don’t want to scare the little ones. If you are interested in participating in this fun event, please complete the form below and return it to the church. If you can’t participate, you can donate individually wrapped candy that will be used at this event. You can contact Lydia Rychtarczyk at 317.834.1787 with questions.

**OCTOBER 31, 2018 at FIRST UNITED METHODIST CHURCH
5 TO 7 P.M.**

TRUNK OR TREAT VEHICLE REGISTRATION FORM

NAME _____

ADDRESS _____

PHONE _____ EMAIL _____

- VEHICLES AND/OR TABLES MUST BE SET UP IN DESIGNATED AREA NO LATER THAN 4:45 P.M. WE WILL OPEN THE TRUNK OR TREAT TO THE PUBLIC AT 5 P.M.
- NO VEHICULAR TRAFFIC WILL BE ALLOWED IN THE EVENT AREA AFTER 5 P.M.
- FOR SAFETY, YOU WILL NOT BE ALLOWED TO MOVE YOUR VEHICLE FROM THE EVENT AREA UNTIL 7 P.M. OR AFTER.
- WE WILL NEED AT LEAST 8 PARTICIPATES FOR THIS EVENT TO TAKE PLACE.
- VEHICLE REGISTRATION DEADLINE IS SUNDAY, OCTOBER 28, 2018.

THERE WILL BE A PRIZE GIVEN TO THE BEST DRESSED CAR!





Group Name	Time	Location	Leader	Start Date	Description of Study
Sunday Groups					
Booster Sunday School	9:45 am	Room 104	Maggie Overpeck	meeting now	bible study
Seeker Sunday School	9:45 am	Room 106	Mosier/ Sparr	meeting now	bible study
Friendship Class	9:45 am	Room 110	Yeager/ Harris	meeting now	bible study
Here and Now	9:45 am	Parlor	Dave Nance	meeting now	bible study
Alcoholics Anonymous	4:00 pm	Room 110	team leaders	meeting now	support for addiction

Monday Groups					
Visitation	6:15 pm	Work Room	David Klehm	As needed	visiting in our community
Henderson Mission	7:00 pm	Parlor	Dave Nance	Oct. 22	mission outreach locally & regionally
Alcoholics Anonymous	7:30 pm	Room 110	team leaders	meeting now	offering support from addiction

Tuesday Groups					
Prayer Group	7:30 am	Prayer Chapel	team leaders	meeting now	Praying for our church & community
Quilters	9:00 am	Parlor	team leaders	meeting now	bring your sewing machine
Asbury Circle	1:00 pm	Parlor	team leaders	Oct. 16	mission-focused women's group
Bible Study Fellow.	6:30 pm	Sanctuary	team leaders	meeting now	inter-denominational women's study

Wednesday Groups					
Trail Blazers	9:00 am	Parlor	Cheryl Howard	meeting now	bible study
Hand Bell Choir	5:30 pm	Room 105	Rebecca Vernon	meeting now	bells for 8:30 traditional worship
Traditional Choir	6:30 pm	Room 103	Rebecca Vernon	meeting now	songs for 8:30 traditional worship

Thursday Groups					
Visitation Team	9:30 am	Room 104	Sandy Fanning	Oct. 4 & 18	meet for devotions, then visit church attendees
Contemporary Band	6:30 pm	Sanctuary		meeting now	songs for contemporary worship
Brain Injury Support	7:00 pm	Room 106	Cheryl Howard	Oct. 25	support for brain injury persons

Friday Groups					
Alcoholics Anonymous	7:30 pm	Parlor	team leaders	meeting now	support for addiction
Al-Anon	7:30 pm	Room 110	team leaders	meeting now	spouse support for addiction

Saturday Groups					
Genesis	7:30 am	various locations	Dave Nance	meeting now	contact Dave Nance for location
UMMen's Breakfast	8:00 am	church	team leaders	Oct. 13	breakfast & devotion with sharing

October 2018

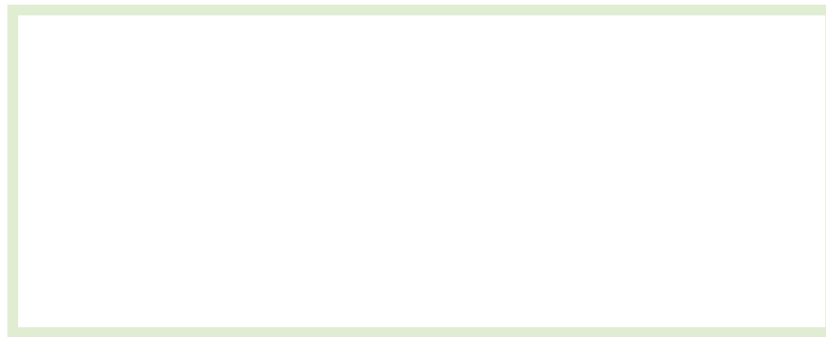
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 9:00 Tomorrow's Promise Preschool 5:30 Girl Scout 489 6:30 Missions Committee 6:30 Women's Self-Defense 7:30 AA	2 7:30 Prayer 9:00 Quilting 9:00 Tomorrow's Promise Preschool 5:30 Pioneer Scouts 6:45 Bible Study Fellowship 7:00 Disability Ministry	3 7:15 Life Group 9:00 Tomorrow's Promise Preschool 9:00 Trail Blazers 5:30 Bell Choir 6:30 Chancel Choir 6:30 Life Group 6:30 iMPACT	4 9:00 Tomorrow's Promise Preschool 9:30 LRE Visitation Team 6:00 Hot Shots 6:30 Contemporary Band Practice	5 9:00 Tomorrow's Promise Preschool 7:00 Concert 	6 7:30 Genesis Men's Connection 12:00 Harmon Party	
7 8:30-9:45-11:10 Worship 9:45 Children & Adult Sunday School 11:10 Children's SS 4:00 AA 4:00 5th/6th Youth	8 9:00 Tomorrow's Promise Preschool 6:30 Women's Self-Defense Class 7:30 AA	9 7:30 Prayer 9:00 Quilting 9:00 Tomorrow's Promise Preschool 6:45 Bible Study Fellowship	10 7:15 Life Group 9:00 Tomorrow's Promise Preschool 9:00 Trail Blazers 5:30 Bell Choir 6:30 Chancel Choir 6:30 Life Group 6:30 iMPACT 6:30 Understanding Social Security	11 9:00 Tomorrow's Promise Preschool 6:00 Hot Shots 6:30 4H Pioneer Clovers 6:30 Contemporary Band Practice	12 9:00 Tomorrow's Promise Preschool 7:30 pm AA 7:30 pm Al-Anon	13 8:00 UMM Breakfast	
14 8:30-9:45-11:10 Worship 9:45 Children & Adult Sunday School 11:10 Children's SS 12:30 Life Group 12:30 Luppino Party 4:00 AA	15 5:30 Girl Scout 489 7:30 AA	16 7:30 Prayer 9:00 Quilting 1:00 Asbury Circle 6:00 Lay Leadership 6:45 Bible Study Fellowship 7:00 Ad Council 7:00 WAMONA	17 9:00 Trail Blazers 5:30 Bell Choir 6:30 Chancel Choir 6:30 Life Group	18 9:30 LRE Visitation Team 6:00 Hot Shots 6:30 Prayer Service	19 7:30 pm AA 7:30 pm Al-Anon	20 7:30 Genesis Men's Connection 5:00 St. Thomas More Clinic Dinner	
TOMORROW'S PROMISE PRESCHOOL FALL BREAK							
21 8:30-9:45-11:10 Worship 9:45 Children & Adult Sunday School 11:10 Children's SS 12:30 Life Group 1:00 Dynamic Marriage 4:00 5th/6th Youth 4:00 AA	22 9:00 Tomorrow's Promise Preschool 6:30 Women's Self-Defense 7:00 Henderson Team 7:30 AA	23 7:30 Prayer 9:00 Quilting 9:00 Tomorrow's Promise Preschool 5:30 Pioneer Scouts 6:45 Bible Study Fellowship 7:00 SPRC	24 9:00 Tomorrow's Promise Preschool 9:00 Trail Blazers 5:30 Bell Choir 6:30 Chancel Choir 6:30 iMPACT	25 9:00 Tomorrow's Promise Preschool 5:30 Preschool Fall Festival 6:30 Contemporary Band Practice 7:00 Brain Injury Support	26 9:00 Tomorrow's Promise Preschool 7:30 pm AA 7:30 pm Al-Anon	27 7:30 Genesis Men's Connection	
28 8:30-9:45-11:10 Worship 9:45 Children & Adult Sunday School 11:10 Children's SS 12:30 Life Group 1:00 Dynamic Marriage 4:00 5th/6th Youth 4:00 AA	29 9:00 Tomorrow's Promise Preschool 5:30 Girl Scout 489 7:30 AA	30 7:30 Prayer 9:00 Quilting 9:00 Tomorrow's Promise Preschool 6:45 Bible Study Fellowship	31 9:00 Tomorrow's Promise Preschool 9:00 Trail Blazers 5:00 Hot Dog Roast / Trunk or Treat 				

HALLOWEEN HOT DOG ROAST

and

Trunk OR Treat

Family Ministry is hosting the annual Halloween Hot Dog Roast and Trunk or Treat on Oct. 31, from 5 to 7 p.m. We have a great time serving dinner to the children and families of our church and community. There are opportunities to help with both events. A sign-up sheet for volunteers is on the bulletin board outside Fellowship Hall. On page 9 is the sign-up sheet for Trunk or Treat. Can't help, but want to do something? Donations of individually packaged chips and candy are needed. Please contact Shelly Duncan at 317.437.9344 or Lydia Rychtarczyk at 317.834.1787.



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