



He Is  
**RISEN!**

MARCH 2024  
**SONBURST**

MOORESVILLE FIRST UNITED METHODIST CHURCH  
900 INDIANAPOLIS ROAD • MOORESVILLE, IN 46158



## FUMC Connect

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## FULL-TIME FIRST UMC S T A F F

### Rev. Dr. Amber Karkosky-Litten

Senior Pastor  
[pastoramber@MoorsvilleFUMC.org](mailto:pastoramber@MoorsvilleFUMC.org)

### Kim Vedder, Director of Operations

[Kim@MoorsvilleFUMC.org](mailto:Kim@MoorsvilleFUMC.org)

### Lydia Rychtarczyk

Preschool/Children's Education  
[Lydia@MoorsvilleFUMC.org](mailto:Lydia@MoorsvilleFUMC.org)

## PART-TIME FIRST UMC S T A F F

### Bill Yeager, Treasurer

[Bill@MoorsvilleFUMC.org](mailto:Bill@MoorsvilleFUMC.org)

### Ruth Lockwood, Organist/Pianist

### Shelly Duncan, Nursery Coordinator

[Shelly@MoorsvilleFUMC.org](mailto:Shelly@MoorsvilleFUMC.org)

### Becky Underwood, Church Custodian

### Amy Chesser, Church Custodian





**Greetings, Brothers and Sisters,  
in the Wonderful Name of Jesus!**



As we journey through the reflective season of Lent and look forward to the joyous celebration of Easter, we are reminded of our spiritual disciplines, including acts of service and spiritual renewal. And this year, the week following Easter presents a unique mission opportunity for our community. Mooresville

has been blessed to be at the heart of the total solar eclipse viewing area on April 8, an event that will bring visitors from far and wide to our doorstep.

That means that The Mission Field Is Coming to Us! The eclipse offers us a momentous occasion to share our hospitality and faith with an expected 100,000 visitors. And this history-making event provides a rare opportunity for us to be the hands and feet of Jesus.

So in anticipation of the challenges and opportunities this event presents, we are making thoughtful adjustments.

- **WORSHIP SERVICE** Our weekly worship will be moved to Friday, April 5, to ensure that our church family can gather before the town becomes a hub of activity and impassable roads.
- **OFFERING PARKING** Much like other events, our church parking lot will be sought after for visitors. We will be offering paid parking, while reserving parking for our volunteers.
- **COMMUNITY WORSHIP AND FUNDRAISER DINNER** On Sunday, April 7, we will host a community worship experience in the park – serving our visitors. Following this, we'll hold a fundraiser dinner to support our mission budget. This dinner is not just about raising funds; it's about offering FUMC hospitality, while serving a need to help feed so many visitors.

As we know, a total eclipse is more than a celestial event. God has given us a divine opportunity for our church to Show, Share, and Spread God's Love. And as we reflect on the sacrifice and resurrection of Jesus this Easter, let us also prepare to live out His love and hospitality. May this season of Lent and the upcoming eclipse event be times of spiritual growth and community outreach for us all.

**In the Name of Jesus Christ, I pray we continue to...**  
**Show Love, Share Love, and Spread Love!**  
**Grace and Peace, Pastor Amber**

**SHOW  
SHARE  
SPREAD** *Love*

## WELLNESS AWARENESS

Cheryl Howard | PARISH NURSE

**MICROPLASTIC**

Plastics (pliable and easily shaped material) have been a part of our culture before WW II and exploded in the 1960's. At that time, we were warned to never microwave food in plastic containers because it rearranged the molecules and they leached into our food. We have known that BPA and phthalates (chemicals that increase the flexibility of plastic) have been found in our blood and are linked to cardiovascular disease. (Have you noticed baby bottles that advertise they are BPA free??) The focus now is on microplastics — a plastic particle less than 5 mm in size! They are found in everything from food, water, air, and personal products. These microplastics can clog up our vascular system or intestinal tract and probably interferes with our immune system. What can we do since avoiding microplastic is very difficult? First, drink water in glass or reusable containers and not plastic bottles. When possible, get your drinking water from a reverse osmosis source. Use glass food storage containers. Avoid personal care products that contain microbeads, avoid polyethylene and polypropylene. Choose natural fabrics over synthetics. Pay attention to your plastic exposure. Fill your home with indoor plants known for their filtration properties (aloe vera, queen fern, rubber tree, snake plant, English ivy, weeping fig tree...). There is much research and many articles on the internet- one I read is: <https://www.sciencenews.org/article/microplastics-human-bodies-health-risks>

**ENCOURAGE**

Encouragement is valuable and can be healing. It brings hope to those who feel lonely or close to burnout, or to those feeling depressed or worthless. Be specific by mentioning the specific action or habit that person displays. It will touch them to perform the action more.

**WHEELCHAIR MOBILITY**

Currently more than one in four US adults have a disability and more than 5 million adults require the use of a wheelchair. This group of people are at an increased risk of cardiovascular disease. This is due to a lack of mobility and sedentary lifestyle; their risk is estimated to be 9.6 times higher than those without disabilities. Encourage being creative with movement (depending on the limitations of their disability) by picking up soup cans and doing arm curls; using your hands to lift your legs; shoulder rolls; buttocks tightening; waist bending. Encourage awareness of each body part. This is done by imagining in your mind that you are moving that arm/leg and exercise it in your mind. Deep breathing is incredibly healthy and healing for mind, body and spirit! I recommend this to be done every hour! Look up chair yoga. So healthy for mind and body!!

**FAITH PRACTICE**

According to Barna Research, PRAYER is the most common faith practice among American adults. 49 percent said they prayed for guidance in a crisis and 47 percent said they prayed for health and wellness.

# SPIRITUAL EXERCISE

**Cathy Mosier** | PRAYER TAM

WOW!! How can it be March already?? Didn't we just Celebrate Christmas and the Advent of Jesus the Babe? Then there was the New Year 2024 to Celebrate and remember to change the year as we wrote checks and did other bill related things... AND now it's March!!

I'm definitely WWAAYY behind in my resolutions for 2024! How about you?

Did you make a resolution to get more exercise? Eat a healthier diet? Give up an unwanted indulgence? Take on a healthy habit?

Pastor Amber has been reminding us to remember our Baptism and how we are born out of water and born by water. In Genesis we find GOD using water to bring about transformations and revelations... to remember our Membership vows and follow the lead of Jesus by our words and actions as we resist evil ... we remember Jesus' Love in Action as we immerse ourselves in GOD's Word, share insights with others, Study GOD's Word and show how we are changed by His WORD.

SSSOOO how are you doing in the new year 2024? (Well almost ¼ done 2024)

Just like working physical exercise into your daily routine it's equally vital to work Spiritual exercise into your day!

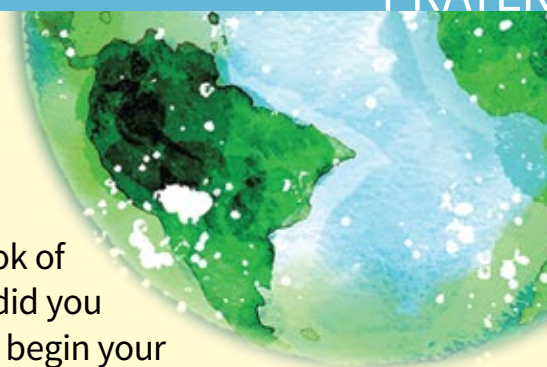
Which book of the Bible did you choose to begin your Spiritual Exercise?? Send me an email and let me know! Thanks to Kurt Freeman I'm beginning in the book of beginnings, Genesis and Luke! I totally enjoy science fiction so for me the beginning of Genesis is the best in visualizations! Just imagine the immensity of Creation as Our Loving Father GOD stretches Himself out and hovers over the waters...

Another book recommended by Kurt was called the "Way of the Pilgrim" which illuminates the way a life is changed by the simple act of repeating the Lord's Prayer throughout the day. A never-ending prayer of Praise to the LORD!

Amy "Fanning" introduced me to a most wonderful song of service and life called "The Prayer of Mother Theresa" (<https://youtu.be/DSmjk1p6q5w?si=vAO1YHO3QijQO2Ri>) take some time and allow yourself to absorb this magnificent prayer.

Leviticus 23:40c "Rejoice before the LORD your GOD for seven days." Quite a goal to work toward. BUT as Pastor Amber reminded us with Jesus as our Coach there's no telling what we can do!

In Christ's service, Cathy





## MISSION AND MINISTRIES



**Dave Nance** | MISSION CHAIR

Your Missions Committee wishes to continue to thank our congregation for their missional hearts. We are blessed to have very good local missions, doing great work to assist those in need in our community. One of our goals is to try to maintain contact for awareness of the services and needs for the missions we support. We meet to discuss the activities and how we might be able to assist in meeting those needs.

You all know about the massive contributions of toilet paper you provided to Churches in Mission in February. That is an ongoing awesome blessing for so many people. You recently assisted the Senior Citizens Center with the purchase of a new freezer for the reopening of their pantry. You also helped Clarity meet the need of a new car seat for a family. These items are above our normal contributions to those missions.

March is our month for additional food donations for Churches in Mission. ***They are requesting a focus on four specific items: instant oatmeal, spaghetti, marinara sauce, and jelly.*** These are the items in critical supply shortages. We will have the information posted on the bulletin board outside the Fellowship Hall along with the donation box. Donations will be delivered on a regular basis as they arrive.



Thank you for your continued support. If you want to know more about your missions committee or would like to attend a meeting please do not hesitate to reach out to any of the communities member. See the bulletin board for the list of current members and the supported missions.

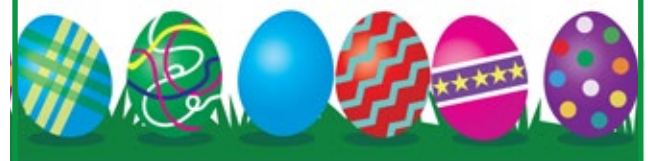


We are taking enrollment for the 2024-2025 preschool school year.

Classes are filling up quickly. An intent-to-register form can be found in the office, on our website or call Ms. Lydia and she will get one to you.

***We are collecting wrapped candy for our Easter egg hunt. Please remember the candy needs to fit in a plastic Easter egg.***

**Thank you!**  
**Children's Ministries**



## CHEESEBALLS & EASTER EGGS

A group of ladies were very busy in the FUMC kitchen in February making over 70 cheeseballs. Once again, thank you for making this event a success. Hopefully each bite was delicious and enjoyable. If any one of you have a new cheeseball recipe that you would like for us to try in 2025 please contact Mary Craig or any other UMW member.



Chocolate-covered Easter eggs will be coming in March. No decision on flavors has been made yet but we are sure peanut butter will be available since it seems to be a favorite.

Something to look forward to is SPRING — yay! It is suppose to arrive on March 19 hope our weather cooperates.



In celebration of Lent, please join us for a meal and fellowship on Wednesday evenings starting Feb. 14 through March 20 from 5:30 to 6:15pm. This is a free meal open to our congregation and the community.

### MARCH MENU

- MARCH 6 Chicken Pot Pie  
Mashed Potatoes  
Soup / Salad
- MARCH 13 Chicken / Beef Burritos  
Mexican Rice / Refried Beans  
Chips / Salsa
- MARCH 20 Baked Potato Bar  
Red Chili



### APRIL 8 ECLIPSE

The weekend of April 6-8 will present us with some challenges along with some great opportunities. Check out the Pastor's article with some important information about these dates. Watch for more details on how you can be involved.

# BREAKFAST WITH THE EASTER BUNNY



**Saturday, March 16 • 9 to 11 a.m.**

Adult Breakfast \$5 • Child's Breakfast \$3 • Craft \$2

Child's Breakfast and Craft Combo \$5

Kids Under 3 Eat Free

Take your own picture with the Easter bunny!



## “INVITE & UNITE” CHALLENGE

In honor of our church's legacy of fellowship, akin to the spirited Sunday School contest of yesteryear, we are launching the “Invite & Unite” challenge! Boys vs. Girls. Extend an invitation to someone, hang a clothespin on our line for each invite, and let's weave new threads of unity into our historic tapestry of community. Who will you bring into our fold?



## GREENDELL GIVE BACK PROGRAM

There is an easy way for you to support Mooresville First United Methodist while purchasing landscape products or live goods. Head to Greendell Landscape Solutions at 749 Indiana 42, Mooresville. Mention First United Methodist Church and 10 percent of your purchase will be returned to the church.







## YOUTH SPRING RETREAT MARCH 8-10

The youth Spring retreat at Pine Creek Camp is coming up fast, which means it is time to start signing up so that we can plan accordingly!

**WHERE** Pine Creek Camp • 2218 E. 700 N., Pine Village, IN, 47975

**WHEN** Friday, March 8 thru Sunday, March 10. Meet at the church on Friday at 6pm.  
Eat dinner before you come to the church. We will return Sunday afternoon.

**WHO** All youth: 5th grade through 12th grade.  
Friends are welcome. We have room for 32 people!

**WHAT** Wacky games and lots of fun. Sleeping in beds in the Retreat Center. (No tents - Yay!!!)  
Saturday night worship around the campfire with s'mores! Lots of Biblical teaching on issues facing youth in today's society.

**COST** \$30 per person. This covers transportation, lodging, and meals.

**WHAT TO BRING** Sleeping bag/blanket, pillow, clothes for a 2-night/2-day stay, toiletries (there will be showers), Bible, hoodie/sweatshirt/jacket (in case it is cold), flashlight (for games in the dark!)



CASS COMMUNITY SOCIAL SERVICES

## 2024 YOUTH SUMMER MISSION TRIP

On the 2024 Summer Mission Trip the youth will be headed to Cass Community Social Services in Detroit, Michigan from Sunday, June 9 through Saturday June 15!

On the way home we will be spending the afternoon at Cedar Point Amusement Park in Sandusky, Ohio!!

This year the mission trip is open to all youth (going into) 5th grade through 12th grade!  
The cost will be \$100 per person.

We will be performing a variety of community services including but not limited to: working in their community kitchen, yard work, and helping the disabled. This will be a great opportunity for the youth to experience community outreach!

Visit <https://casscommunity.org> to learn more about Cass Community Social Services.



## SUMMER CAMP REGISTRATION

Camp registration is officially open for 2024! This summer Chad, Dan and Sarah will be at Impact Camp, July 14-19 for middle school and high school students. So, if you are a first-time camper, you are guaranteed to know someone at camp. Talk to one of the youth leaders for more information and the assistance parents can get to afford the cost of camp. A complete event calendar can be found at <https://impact2818.org/events/>

## GENERAL ANNOUNCEMENTS



*Please check with your leader to confirm meetings.*

Group Name	Time	Location	Leader	Date	Description of Study
<b>SUNDAY GROUPS</b>					
Seeker Sunday School	9:45 am	Rm 106	Cathy Mosier	Meeting Now	Bible Study
Friendship Class	9:45 am	Parlor	Yeager / Harris	Meeting Now	Bible Study
Here and Now Class	10:45 am	Rm 104	Dave Nance	Meeting Now	Bible Study
Alcoholics Anonymous	4:00 pm	Rm 110	Team Leaders	Meeting Now	Support group
The Crossing	5:00 pm	Rm 112	Dan Herron	Meeting Now	7th-12th grade youth group
5th/6th Grade Youth	5:00 pm	Rm 108	Chad Litten	Meeting Now	5th-6th grade youth group

<b>MONDAY GROUPS</b>					
Trailblazers	1:00 pm	Parlor	Cheryl Howard	Meeting Now	Bible Study
Henderson Mission	7:00 pm	Parlor	Herb Haggard	TBD	Mission outreach locally & regionally
Alcoholics Anonymous	7:30 pm	Rm 110	Team Leaders	Meeting Now	Support group

<b>TUESDAY GROUPS</b>					
Quilters	9:00 am	Parlor	Team Leaders	Meeting Now	Bring sewing machine



<b>WEDNESDAY GROUPS</b>					
Prayer Group	8:00 am	Offsite	Team Leaders	Meeting Now	Pray for our church/community
Chancel Choir	5:00 pm	Rm 103	Sandy Fanning	Meeting Now	Traditional service choir practice
Handbell Choir	6:30 pm	Rm 103	Cathy Mosier	Meeting Now	Handbell practice

<b>THURSDAY GROUPS</b>					
LRE Visitation Team	9:30 am	Rm 104	Sandy Fanning	March 14 & 28	Meet for devotions/outreach
Worship Team Practice	6:30 pm	Sanctuary	Chad Litten	Meeting Now	9:45 Worship team practice

<b>FRIDAY GROUPS</b>					
Alcoholics Anonymous	7:30 pm	Parlor	Team Leaders	Meeting Now	Support for addiction
Al-Anon	7:30 pm	Rm 110	Team Leaders	Meeting Now	Spouse support for addiction

<b>SATURDAY GROUPS</b>					
UMMen's Breakfast	8:00 am	Parlor	Team Leaders	March 9	Breakfast & devotion with sharing

# MARCH 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> 9am Tomorrow's Promise Preschool 7:30pm AA 7:30pm Alanon	<b>2</b>
<b>3</b> 8:30am Traditional 9:45am Contemporary 9:45am Adult & Children Sunday School 4pm AA 4:45pm Youth Group	<b>4</b> 9am Tomorrow's Promise Preschool 1pm Trailblazers 6pm Girl Scouts 7:30pm AA	<b>5</b> 9am Tomorrow's Promise Preschool 9am Quilting Group 6pm Eclipse Meeting 6:40pm BSF	<b>6</b> 8am Prayer 9am Tomorrow's Promise Preschool 5pm Chancel Choir 5:30 Fish & Loaves 6:30pm Bell Choir	<b>7</b> 9am Tomorrow's Promise Preschool 7pm Worship Band	<b>8</b> 9am Tomorrow's Promise Preschool 7:30pm AA 7:30pm Alanon <b>YOUTH SPRING RETREAT</b>	<b>9</b> 8am UMM Breakfast Boy Scouts Pinewood Derby
<b>10</b> 8:30am Traditional 9:45am Contemporary 9:45am Adult & Children Sunday School 4pm AA 	<b>11</b> 9am Tomorrow's Promise Preschool 1pm Trailblazers 7pm Delta Theta Tau 7:30pm AA	<b>12</b> 9am Tomorrow's Promise Preschool 9am Quilting Group 6pm Ad Council 6:40pm BSF	<b>13</b> 8am Prayer 9am Tomorrow's Promise Preschool 5pm Chancel Choir 5:30 Fish & Loaves 6:30pm Bell Choir	<b>14</b> 9am Tomorrow's Promise Preschool 9:30am LRE 1:30pm Bayview 6:30pm 4H 7pm Worship Band	<b>15</b> 9am Tomorrow's Promise Preschool 7:30pm AA 7:30pm Alanon	<b>16</b> 9am Breakfast with Easter Bunny 1pm Friendship Class Party 
<b>17</b> 8:30am Traditional 9:45am Contemporary 9:45am Adult & Children Sunday School 4pm AA 4:45pm Youth Group 	<b>18</b> 9am Tomorrow's Promise Preschool 1pm Trailblazers 6pm Girl Scouts 7:30pm AA	<b>19</b> 9am Tomorrow's Promise Preschool 9am Quilting Group 6:40pm BSF	<b>20</b> 8am Prayer 9am Tomorrow's Promise Preschool 5pm Chancel Choir 5:30 Fish & Loaves 6:30pm Bell Choir	<b>21</b> 9am Tomorrow's Promise Preschool 1pm Book Club 7pm Worship Band	<b>22</b> 7:30pm AA 7:30pm Alanon	<b>23</b>
<b>24</b> 8:30am Traditional 9:45am Contemporary 9:45am Adult & Children Sunday School 4pm AA 	<b>25</b> 1pm Trailblazers 7:30pm AA	<b>26</b> 9am Quilting Group	<b>27</b> 8am Prayer 5pm Chancel Choir Practice 6:30pm Bell Choir Practice	<b>28</b> 9:30am LRE 6:30pm Maundy Thursday Service 	<b>29</b> 6:30pm Good Friday Service 7:30pm AA 7:30pm Alanon 	<b>30</b>
<b>31</b> 8:30am Traditional 9:45am Contemporary 9:45am Adult & Children Sunday School 4pm AA 	<b>PRESCHOOL SPRING BREAK</b>					





**PALM  
SUNDAY  
MARCH 24**

8:30 Traditional  
9:45 Contemporary



**MAUNDY  
THURSDAY  
MARCH 28**

6:30 pm Service



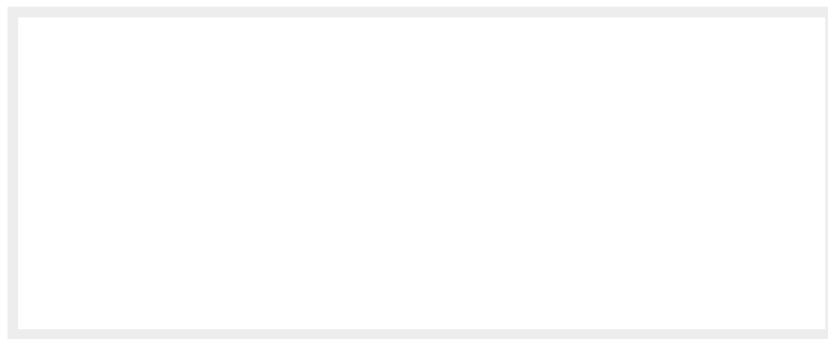
**GOOD  
FRIDAY  
MARCH 29**

6:30 pm Service



**EASTER  
SUNDAY  
MARCH 31**

8:30 Traditional  
9:45 Contemporary



**First United  
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