



### **FUMC Connect**

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# FULL-TIME FIRST UMC S T A F F

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# PART-TIME FIRST UMC S T A F F

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Chenchun Ma, Organist/Pianist

Amy Chesser, Church Custodian



### Greetings, Brothers and Sisters, in the Wonderful Name of Jesus!

As we step into the heart of August, I want to take a moment to express my deep gratitude for all that you've accomplished this summer in the name of Jesus Christ. It has been an incredible season of ministry, and your hard work and dedication have truly shone brightly as a testament to God's love working through us.



From feeding hungry hearts and bodies during our Summer Lunch Program to sharing God's love with children through Vacation Bible School (VBS), each effort was fueled by your passion for service. Our young people grew closer to Christ at Church Camp, while those who embarked on the mission trip were living examples of being sent out into our "mission field," just as Jesus calls us to do. Roberts Park saw countless smiles thanks to your care and commitment, and our 4th of July celebrations reminded everyone what it means to live joyfully together as a community rooted in faith.

Each act of service—whether big or small—is a reflection of the light of Christ shining through us. These ministries are not just programs; they're expressions of love, opportunities to show and share God's grace, and ways to spread hope throughout our community. And let's not forget Old Settlers' Day, which is right around the corner! This event will once again give us the chance to connect with neighbors near and far, inviting them into the story of how much God loves us through His Son, Jesus Christ.

I am continually inspired by your willingness to step out of comfort zones, serve others selflessly, and trust God even when challenges arise. As we move forward, may we continue to lean on Him, knowing that He equips us for every good work prepared in advance for us to do (Ephesians 2:10).

Thank you for your tireless efforts this summer. Let's carry this same spirit into fall as we prepare for new opportunities to glorify God together. Remember, friends, when we die to ourselves, we create space for new life—not only in us but through us. Keep shining His light!

In the Name of Jesus Christ. I pray we continue to... Show Love, Share Love, and Spread Love! Grace and Peace, Pastor Amber

### WELLNESS NEWS



### WELLNESS AWARENESS

### Cheryl Howard | PARISH NURSE

"In everything set them an example by doing what is good." Titus 2:7

### **MEASLES**

We have known about measles since the 10th century. It was first identified by Dr. Rhazes, a Persian physician who described this illness

"as more to be dreaded than smallpox." Measles outbreaks were widespread around the world by the Middle Ages. The word measles comes in part from the Latin word for misery (misella). A vaccine was developed in 1963 and cases dramatically dropped (it has really never been eradicated). Before the vaccine, many of us had all of the varieties of measles and many of us nurses witnessed the complications of having them. Measles is highly contagious (the virus is airborne, it can linger in a room for up to two hours) and can have serious outcomes, especially in young children. They may develop ear infections, bronchitis, pneumonia or diarrhea. About 1 in 1,000 develops encephalitis, which can result in lasting brain damage. Vision and hearing may be affected. There can also be cognitive difficulties. Within ten days to two weeks of exposure, the person may experience a high fever, sore throat, runny nose, red, watery eyes, dry cough, headache and muscle pain. Two to three days later tiny white spots develop on reddened areas of the inner cheek. Then the measles rash occurs on the chest, back and face, and the red spots frequently spread to other parts of the body. Measles have caused at least three American deaths in 2025. The CDC has officially confirmed 1,288 cases (July 9, 2025) so far this year. It is a global problem. People who get the standard two doses of MMR have 97% protection.

### **WARNING!**

There is a product being sold to US consumers, online and in smoke shops, gas stations, and corner stores. It is called 7-OH and marketed as "Legal Morphine". It is 30-40 times more potent at opioid receptors and produces rapid-onset analgesia, euphoria, respiratory depression, and classic opioid-type withdrawal. Concentrated 7-OH has high abuse potential and may also increase the intake of other opiates. The FDA has sent warning letters to companies selling tablets, gummies, drink mixes, shots, and other products that contain 7-OH. Read labels—be informed. Stay away from this!!!

### CIRCADIAN RHYTHMS

Circadian rhythms regulate the sleep-wake cycle, hormone secretion, metabolism, immune responses, and even patterns of eating and digestion. Preserving circadian rhythms may play a significant role in the prevention and treatment of cancer. Strategies include maintaining consistent sleep and mealtimes, limiting night-shift work, and limiting food intake to a 6- to 12-hour window during the day. Regular physical activity may have a positive effect on circadian rhythms. We are delicately balanced.

### OUR PRAYER TEAM Cathy Mosier | FUMC PRAYER TEAM

Your FUMC Prayer Team is engaged in offering support to those who feel stuck in a situation they don't like and want to change. We remind them, sometimes we are



stuck as protection from making a misstep by Our Loving Father GOD. Psalm 46:10 He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

Your FUMC Prayer Team is busy encouraging those who are struggling with difficult choices to "Trust in the LORD with all your heart AND lean NOT on your own understanding" King Solomon's advice from Proverbs 3:5.

Your FUMC Prayer Team is prayerfully standing beside those who grieve, helping them carry their burden of grief, as Jesus reminds us in Matthew 5:4, "Blessed, refreshed by GOD's Grace, are those who mourn, for they will be comforted."

Your FUMC Prayer Team is dedicated to reminding those who face uncertain futures of Our Loving Father's Promise found in Jeremiah 29:11, "For I KNOW the plans I Have for you" declares the LORD, "plans to prosper you and not to harm you, plans to give you HOPE and a FUTURE!"

Our prayer for our congregation is that they may turn to the Prayer Team when they have a burden that needs carried, as Galatians 6:2 encourages each of us to do, "Carry each other's burdens, and in this way fulfill the law of Christ."

A faithful, active, confidential email, card and Chapel Prayer team is waiting to support, encourage, share with our church family.

Isaiah 61:1-4 reminds us of our purpose as Christ's followers: "The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners, to proclaim the year of the LORD's favor and the day of vengeance of our God, to comfort all who mourn, and provide for those who grieve in Zion— to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the LORD for the display of his splendor. They will rebuild the ancient ruins and restore the places long devastated; they will renew the ruined cities that have been devastated for generations."

In Christ's service, Cathy Mosier **Prayer Team** 

### MISSION and MINISTRIES



**OLD SETTLERS** is the first big event in August. In June many of us had the opportunity to serve together at several events. We have two big opportunities with Old Settlers.

**PARKING** on our lot during the festival takes a lot of hands. We offer shifts for sign up but don't hesitate to also show up to help, you can also share shifts. We will need about 6 people rotating

continuously from 5 to 9 on Thursday 7/31 throughout the event ending Sunday 8/3. We will have an additional 2-hour shift on Saturday and Sunday from 3 to 5. Let us know if you want to help provide a welcoming environment for our community, enjoy fellowship, and raise funds for the Church and our missions.

CARNIVAL WORKERS' DINNER, is an awesome opportunity to serve those not used to being served. We really roll out the welcome to the carnival workers. They enjoy and appreciate the hospitality. This is exactly what we are called by Christ to do for others.

I hope you have or had the opportunity to serve together for these events or others. They are always fun.

**CHURCHES IN MISSION GALA** is scheduled for Thursday, August 21. There are still seats available at our table. Tickets are \$100 each. For Gala information you can go to the CIM website: https:// churchesinmission.org. Navigate to "get involved", then use the drop-down menu to see the Gala page. Please contact the Church for more information.

**VOLUNTEER OPPORTUNITY AT SCHOOL** Campus Life, Youth for Christ have a local chapter operation In Mooresville Schools. This is a local mission that our Church has provided some support too for several years. In the past they have only operated at Paul Hadley Middle School. This year they are expanding into our high school. They are looking for volunteers to help with this expanded program. They meet prior to school from about 6:40 to 7:45 one morning a week to share the love of Christ with the students that can participate. Please contact the mission committee for more information. We can put you in contact with the local representative. More information is available on the bulletin board.

Please keep this program and the expansion in your prayers.

You'll find additional information on the Missions Bulletin Board which is on the wall near the Fellowship Hall.

**Dave Nance** Chair of your Missions Committee



### MISSION and MINISTRIES



The United Methodist Women (UMW) are getting ready for their annual rummage sale . The sale takes place on Saturday, August 23 from 9am to 3pm.

We need you to start collecting your treasures to make this sale a success. *You may bring your items to the church from Monday Aug. 11 through Tuesday, Aug. 19.* Please do not bring anything after that date unless you have talked to the office. (\*A reminder – we are unable to take furniture, clothing or computers)

We would love your help sorting and pricing on Aug. 20-22 from 9am to noon. You may also

help on Saturday, Aug. 23. Not able to help? Than we hope to see you shopping the tables that Saturday!



The carnival workers dinner is Friday, August 1. Please make sure you have your donation in the kitchen by 2:00 p.m. on Friday.



Trunk-or-Treat will be held on Saturday, October 25, from 3 to 5 p.m. You may want to start thinking about how you can decorate your car.

### YOUTH and CHILDREN MINISTRIES



### Tomorrow's Promise Preschool

Preschool starts on August 5. We look forward to a great school year. Thank you all for your support and prayers. The themes for August are Welcome to Preschool, My Family and Me, Ocean and Farm.



On Sunday, Aug. 3, our children will be having a back-to-school bash. After Children's Moment, the children will go to the gym to enjoy some games and fun. Hope to see your kids there!





#### SUNDAY, AUG. 3 ICE CREAM SOCIAL

Join us from 5 to 7 pm at the home

of Mary Cadence, and Annaston Land. 12392 N. Navajo Ct., Camby IN, 46113, for ice cream, cornhole and more! New 5th graders are encouraged to attend!



### FRIDAY, AUG. 8 BACK-TO-SCHOOL LOCK-IN

6pm Friday until 9am Saturday Eat dinner together, play games, night worship, and devotions. Tons of fun! Parents can pick up their students at 9am Saturday morning.



### SUNDAY, AUG. 17 YOUTH GROUP

4:45-7:15pm Diner, games and devotions.



### SUNDAY, AUG. 24 YOUTH GROUP

4:45-7:15pm Diner, games and

devotions.



SUNDAY, AUG. 31 LABOR DAY WEEKEND

No Youth Group. Do something together as a family

### **GENERAL ANNOUNCEMENTS**



Church Family,

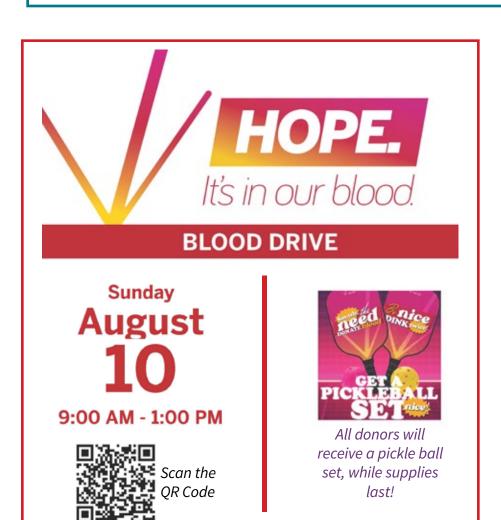
We would like to thank everyone for the prayers, cards, visits and well wishes for Dan during his hospital and rehab stay. He's home and doing better.

Thank you very much, Love, Dan & Margi Odle

Dear Church,

We finished up another summer of "Summer Lunches" It was a so much fun providing lunches for our congregation and our community. Many thanks to all the kitchen help.

Your Family Ministry Team





### SUNDAY SCHOOL and RECURRING GROUPS



Please check with your leader to confirm meetings.

Group Name	Time	Location	Leader	Date	Description of Study		
SUNDAY GROUPS							
Seeker Sunday School	10:30 am	Rm 106	Cathy Mosier	Meeting Now	Bible Study		
Friendship Class	10:30 am	Parlor	Yeager / Harris	Meeting Now	Bible Study		
Here and Now Class	10:30 am	Rm 104	Dave Nance	Meeting Now	Bible Study		
Talk Back	10:30 am	Rm 110	Pastor Amber	Meeting Now	Bible Study		
Alcoholics Anonymous	4:00 pm	Rm 110	Team Leaders	Meeting Now	Support group		
The Crossing	4:50 pm	Rm 112	Dan Herron	Meeting Now	7th-12th grade youth group		
5th/6th Grade Youth	4:50 pm	Rm 108	Chad Litten	Meeting Now	5th-6th grade youth group		
<b>MONDAY GROUPS</b>							
Trailblazers	1:00 pm	Parlor	Team Leaders	Meeting Now	Bible Study		
TUESDAY GROUPS							
Quilters	9:00 am	Parlor	Team Leaders	Meeting Now	Bring sewing machine		
WEDNESDAY GROUPS							
Prayer Group	8:00 am	Chapel	Team Leaders	Meeting Now	Pray for our church/community		

WEDNESDAY GROUPS							
Prayer Group	8:00 am	Chapel	Team Leaders	Meeting Now	Pray for our church/community		
Handbell Choir	6:00 pm	Rm 103	Cathy Mosier	Meeting Now	Handbell practice		

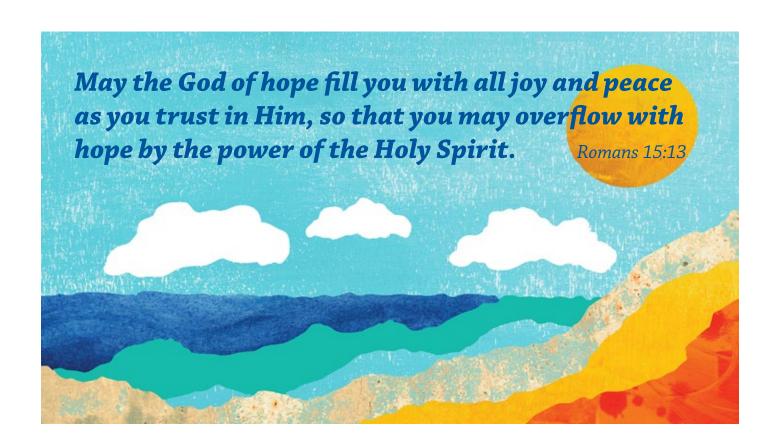
THURSDAY GROUPS							
	LRE Visitation Team	9:30 am	Rm 104	Sandy Fanning	August 14 & 28	Meet for devotions/outreach	

FRIDAY GROUPS					
Alcoholics Anonymous	7:30 pm	Parlor	Team Leaders	Meeting Now	Support for addiction
Al-Anon	7:30 pm	Rm 110	Team Leaders	Meeting Now	Spouse support for addiction

SATURDAY GROUPS						
UMMen's Breakfast	8:00 am	Parlor	Team Leaders	August 9	Breakfast & devotion with sharing	

## **AUGUST 2025**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					3pm Carnival Worker's Dinner 7:30pm AA 7:30pm Alanon	2 Old Settlers
3 9:15am Worship 10:30am Adult & Children Sunday School 4pm AA	4 1pm Trailblazers	5 9am Tomorrow's Promise Preschool 9am Quilting Group	6 8am Prayer 9am Tomorrow's Promise Preschool 6pm Bell Choir Practice	<b>7</b> 9am Tomorrow's Promise Preschool	8 9am Tomorrow's Promise Preschool 7pm Youth Lock-In 7:30pm AA 7:30pm Alanon	<b>9</b> 8am UMW Breakfast
9am Blood Drive 9:15am Worship 10:30am Adult & Children Sunday School 2pm Fowler Gathering 4pm AA	9am Tomorrow's Promise Preschool 1pm Trailblazers 7pm Delta Theta Tau	9am Tomorrow's Promise Preschool 9am Quilting Group	8am Prayer 6 9am Tomorrow's Promise Preschool 6pm Bell Choir Practice	9am Tomorrow's Promise Preschool 1pm Book Club 9:30am LRE	9am Tomorrow's Promise Preschool 7:30pm AA 7:30pm Alanon	16 1pm Friendship Class Omelet Boil
9:15am Worship 10:30am Adult & Children Sunday School 4pm AA	18 9am Tomorrow's Promise Preschool 1pmTrailblazers	9am Tomorrow's Promise Preschool 9am Quilting Group 6pm Tri Kappa	20 8am Prayer 9am Tomorrow's Promise Preschool 9am UMW Rummage Sale 6pm Bell Choir Practice	9am Tomorrow's Promise Preschool 9am UMW Rummage Sale 1pm Book Club	9am Tomorrow's Promise Preschool 9am UMW Rummage Sale 7:30pm AA 7:30pm Alanon	9am UMW Rummage Sale
9:15am Worship 10:30am Adult & Children Sunday School 4pm AA	25 9am Tomorrow's Promise Preschool 1pm Trailblazers	26 9am Tomorrow's Promise Preschool Quilting Group	27 8am Prayer 9am Tomorrow's Promise Preschool 6pm Bell Choir Practice	28 9am Tomorrow's Promise Preschool 9:30am LRE	9am Tomorrow's Promise Preschool 7:30pm AA 7:30pm Alanon	30
9:15am Worship 10:30am Adult & Children Sunday School 4pm AA						



### Address Service Requested

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