

JONAH 2: A PRAYER FROM THE PSALMS

Jonah's prayer is woven with phrases and themes from the Psalms (and Lamentations).

	JONAH 2	PSALM / LAMENTATIONS PARALLEL	CONNECTION
2:2	 <i>"I called out to the LORD... He answered me... Out of the belly of Sheol I cried."</i>	Psalms 18:6; Psalm 120:1; Psalm 130:1-2; Lamentations 3:55-56	Crying out from deep distress and God hearing.
2:3	 <i>"You cast me into the deep... all your waves and breakers passed over me."</i>	Psalm 42:7	Nearly identical wording: "All your breakers and your waves have gone over me."
2:4	 <i>"I am driven away from your sight; yet I shall again look upon your holy temple."</i>	Psalms 31:22; Psalm 5:7	Feeling cast away yet hoping to worship God again.
2:5	 <i>"The waters closed in over me... weeds were wrapped around my head."</i>	Psalm 69:1-2	Waters threatening life and sinking into the deep.
2:6	 <i>"I went down to the land whose bars closed upon me forever; yet you brought up my life from the pit."</i>	Psalms 30:3; Psalm 103:4; Lamentations 3:53-58	God rescues from "the pit" and death.
2:7	 <i>"When my life was fainting away... my prayer came to you, into your holy temple."</i>	Psalms 18:6; Psalm 142:3	Remembering God when strength fails.
2:8	 <i>"Those who pay regard to vain idols forsake their hope."</i>	Psalm 31:6	Both condemn trusting worthless idols instead of God.
2:9	 <i>"With the voice of thanksgiving I will sacrifice... Salvation belongs to the LORD!"</i>	Psalms 3:8; Psalm 103:14; Psalm 116:17	Thanksgiving, fulfilled vows, and declaring salvation belongs to God.

WHERE EACH VERSE OF JONAH 2 IS QUOTED OR ECHOED

JONAH 2	PSALM 3	PSALM 5	PSALM 18	PSALM 30	PSALM 31	PSALM 42	PSALM 50	PSALM 69	PSALM 103	PSALM 116	PSALM 120	PSALM 130	PSALM 142	LAM. 3
2:2				●							●	●		●
2:3								●						
2:4		●				●								
2:5									●					
2:6					●					●				●
2:7				●									●	
2:8						●								
2:9	●							●			●			



BIG PICTURE

Jonah didn't create new words in his darkest moment—he prayed God's Word.



PSALMS
13 CONNECTIONS



LAMENTATIONS
2-3 CONNECTIONS