



# RESILIENCE: Building Stronger Kids Through Life's Challenges

For Parents & Educators

Join us for an inspiring and practical evening with one of Australia's most trusted parenting experts, Dr Justin Coulson.

Dr Coulson, co-host of Channel Nine's Parental Guidance and founder of Happy Families, brings research-backed wisdom and real-life insights to help parents, carers, and anyone working with young people build stronger relationships and support wellbeing.

At a time when young people are facing increasing challenges including mental health pressures, family stress and cost-of-living impacts, events like this are vital in equipping our community to respond well.

**Monday, June 8, 2026**

Tea & coffee from 6:30pm  
7pm start (90-minute presentation)

Dreambuilders Auditorium,  
38 Vittoria Road, Glen Iris

*Professional Development Certificate available for educators by request. For more information phone 0439 854 887.*

Tickets available via  
<https://www.trybooking.com/DKSOM>



This event is proudly presented by the Bunbury Regional YouthCARE Council, supporting chaplaincy services that provide care, connection and support to students, families and school communities across our region.



[WWW.YOUTHCARE.ORG.AU](http://WWW.YOUTHCARE.ORG.AU)