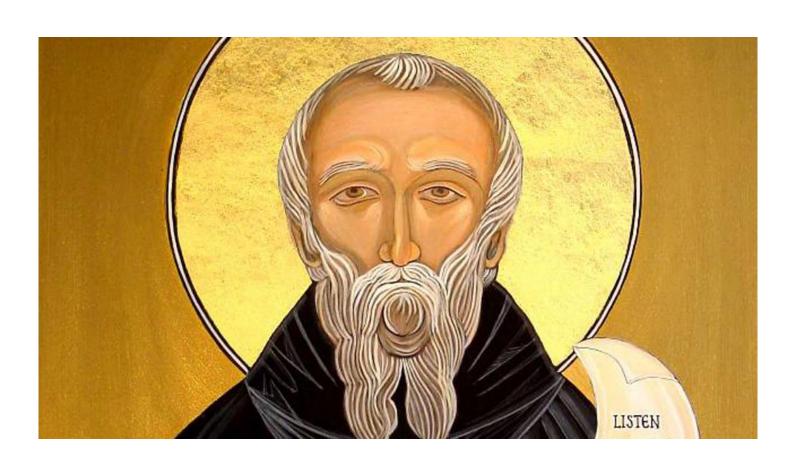


The Rt. Rev. James R. Mathes, Bishop The Rev. Dr. Simon Mainwaring, Rector

The Second Sunday in Lent **Sunday March 1,2015**



A Benedictine Liturgy for the Season of Lent

The Rule and Spirituality of St. Benedict and the Book of Common Prayer

"The Rule of St. Benedict addresses itself to us, each of us, just as we are. St. Benedict understands human nature, its strengths and weaknesses, limitations and potential. He respects the mystery that each person is, and the result of this is that the thrust of the Rule is never towards dictating, rather it is towards the inner disposition of the heart...."

Excerpt from Living with Contradiction by Esther De Waal



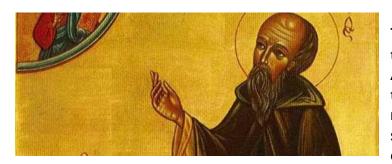
It may seem odd that some of the best guidelines for achieving balance in our world today, where "stress" has become the norm, come from a Sixth century Italian monk who at one point chose to live by himself in a cave. Yet through the centuries, millions have found the teachings of St. Benedict of Nursia and his Rule for monastic life key to their own spiritual wholeness.

The spirituality of St. Benedict has offered those who follow its path a way to faith-filled living through work, prayer, learning and living in community. This is not a spirituality that requires a departure from everyday life, but rather a way of being that embraces and becomes fully engaged in the holiness that permeates our daily existence and the call to follow Christ in all that we do.

- from explorefaith.org

Listen and attend with the ear of your heart.

St. Benedict Of Nursia



The liturgy for this Sunday's service is both thoroughly Benedictine and thoroughly Anglican. In spite of the fact that the Anglican tradition comes out the Reformation movement of the 16th century and the systematic destruction of the monastic communities that followed it, the liturgy of the

Anglican tradition retained the essentials of the Benedictine spirit through the Book of Common Prayer. The Rule of St. Benedict and the Book of Common Prayer are built upon three key and common components: the community Eucharist, the divine office, and personal prayer. In this morning's service, the familiarity of the words of the liturgy will be accompanied by the use of chanting, plainsong, silence and excerpts from the Rule of St. Benedict that will invite us to connect the reformed element of Anglican worship's love of words and right order to its more ancient Catholic and Benedictine roots.

Opening Song

Immortal, Invisible, God Only Wise

'That in all things, God may be glorified'

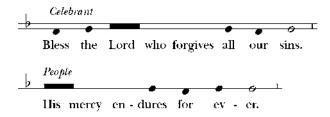
- The Rule of St. Benedict Chapter 57



Words: Walter Chalmers Smith (1824-1908), alt.

Music: St. Denio, Welsh hymn, fom Caniadau y Cyssege 1839; adapt. John Roberts (1822-1877); barm. The English Hymal, 1906, alt.

Opening Acclamation



The Collect for Purity

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no

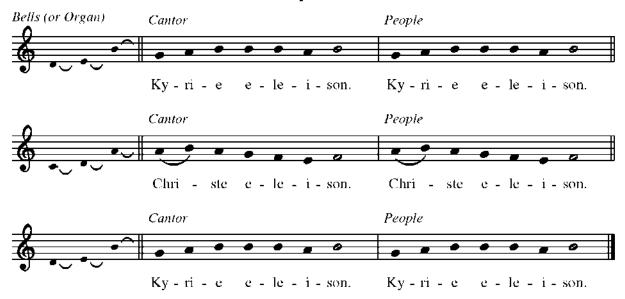
secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name;

through Christ our Lord.

People: Amen.

Silence

Kyrie Eleison



Setting: David Beyer (b. 1952). By permission of David L. Beyer.

Silence

The Collect of the Day

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever.

People: Amen.

4

First Reading

Lector: A reading from Genesis.

When Abram was ninety-nine years old, the LORD appeared to Abram, and said to him, "I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous." Then Abram fell on his face; and God said to him, "As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you."

God said to Abraham, "As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her."

Lector: The Word of the Lord. **People:** Thanks be to God.

Silence

Song of Praise

Be Still and Know

'Listen carefully, my child, to your master's precepts, and incline the ear of your heart'
- The Rule of St. Benedict Prologue



The Gospel

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: Glory to you, Lord Christ.

Then Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

The Sermon

Silence

The Nicene Creed

Celebrant: We believe in one God,

People: the Father, the Almighty,

maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God,

eternally begotten of the Father,

God from God, Light from Light,

true God from true God, begotten, not made,

of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,

and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

Mo believe in the Hely Spirit, the Lord

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

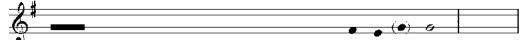
Prayers of the People



Let us pray for the Church and for the world.



Grant, Almighty God, that all who confess your Name may be united in your truth, live



together in your love, and reveal your glory / in the world. Silence



Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the / common good.

Silence

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your hon-/ or and glóry.

Silence

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as / lie loves ús.

Silence

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of / your salvátion.

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your e-/ ter-nal kingdom.

Silence

Lord, in your mercy Hear our prayer.

Celebrant: Almighty and eternal God,

ruler of all things in heaven and earth: Mercifully accept the prayers of your people,

and strengthen us to do your will; through Jesus Christ our Lord.

People: Amen.

The Confession

Celebrant: Let us confess our sins against God and our neighbor.

Silence

People: Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us; that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

The Absolution

Celebrant: Almighty God have mercy on you,

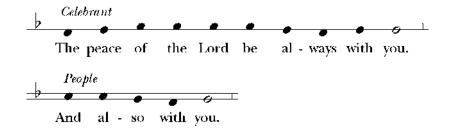
forgive you all your sins through our Lord Jesus Christ,

strengthen you in all goodness,

and by the power of the Holy Spirit keep you in eternal life.

People: Amen.

The Peace



Community News

Prayer of Blessing

Celebrant: Let us pray for God's blessing for our brothers and sisters in Christ.

People: Watch over your children, O Lord, as their days increase;

bless and guide them wherever they may be.

Strengthen them when they stand;

comfort them when discouraged or sorrowful;

raise them up if they fall;

and in their hearts may your peace which passes understanding

abide all the days of their lives;

through Jesus Christ our Lord. Amen.

The Offertory

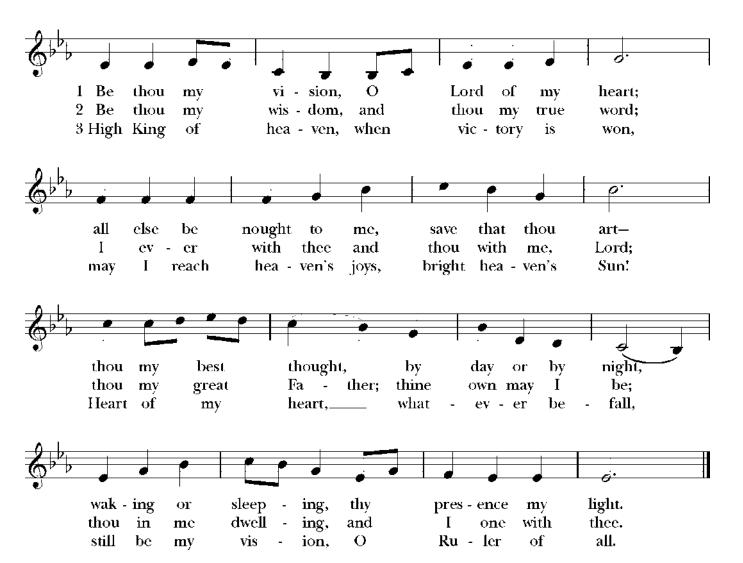
Celebrant: Let us with gladness present the offerings and oblations

of our life and labor to the Lord.

Offertory Song

Be Thou My Vision

'Whatever good work you begin to do, beg of Him with most earnest prayer to perfect it'
- The Rule of St. Benedict Prologue



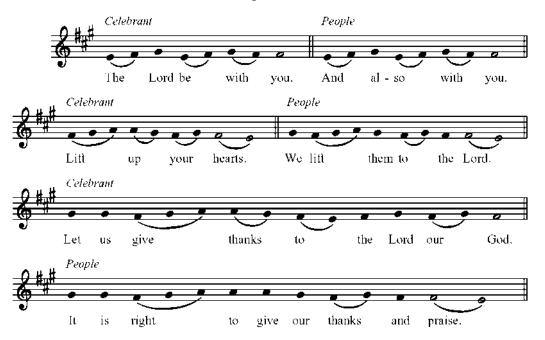
Words: Irish, ca. 700; versified Mary Illizabeth Byrne (1880-1931); tr. Eleanor II. Hull (1860-1935), alt. Copyright © by permission of the Estate of Eleanor Hull and Chatto & Windus Ltd. Music: Stane. Irish ballad melody; adaapt. The Church Hymnary. 1927; harm. David Evans (1874-1948) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

The Doxology

People:

Praise God from whom all blessings flow.
Praise God all creatures here below.
Praise God above ye heavenly host.
Praise Father, Son, and Holy Ghost. Amen.

The Holy Eucharist



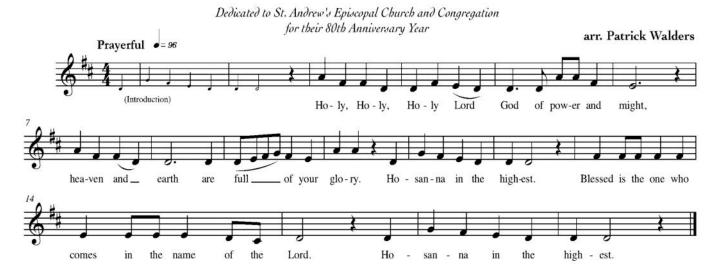
Sctting: David Hurd, from **Music for the Eucharist**, © 1995 Augsburg Fortress, Used by permission, All rights reserved.

Celebrant:

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus



Celebrant:

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said,
"Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

People: Christ has died.

Christ is risen.

Christ will come again.

Celebrant:

We celebrate the memorial of our redemption, O Father,

in this sacrifice of praise and thanksgiving.

Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit

to be for your people the Body and Blood of your Son,

the holy food and drink of new and unending life in him.

Sanctify us also that we may faithfully receive this holy Sacrament,

and serve you in unity, constancy, and peace;

and at the last day bring us with all your saints

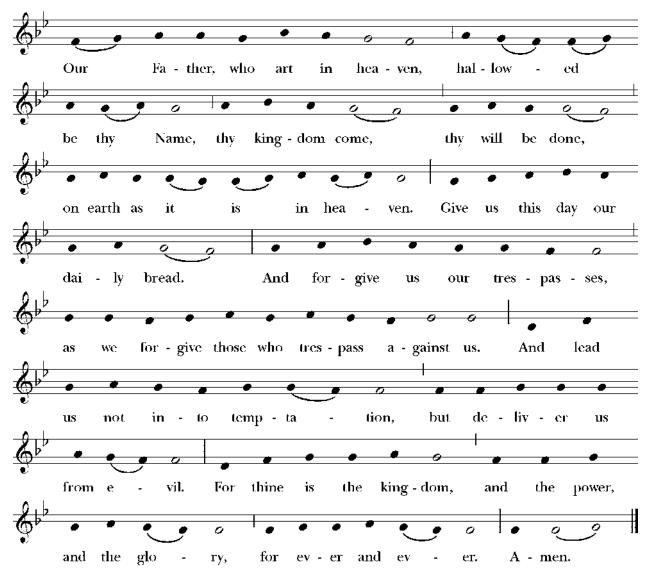
into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ:

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

People: Amen.

The Lord's Prayer



Breaking of the Bread

Celebrant: We break this bread to share in the body of Christ.

People: Though we are many, we are one body, because we all share in one bread.

The Invitation

Celebrant: The Gifts of God for the People of God. Wherever you are on your journey of faith,

you are welcome to receive holy communion in this church.

You are welcome to come forward at this time to receive the bread and wine. If you would prefer to receive a blessing, please indicate so by crossing your hands across your chest.

Prayer after Communion

Celebrant: Let us pray.

People: Eternal God, heavenly Father,

you have graciously accepted us as living members

of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage

to love and serve you

with gladness and singleness of heart;

through Christ our Lord. Amen.

The Blessing

Celebrant: The Lord bless you and keep you.

The Lord make his face to shine upon you

and be gracious unto you.

The Lord lift up the light of his countenance upon you

and give you his peace.

And the blessing of God almighty,

the Father, the Son, and the Holy Spirit,

be with you, now and evermore.

People: Amen.

Closing Song

O Praise ye the Lord!

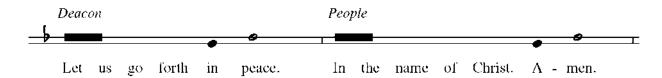
'Prefer nothing whatever to Christ. And may He bring us all together to life everlasting.'

- The Rule of St. Benedict Chapter 72



Words: Henry Williams Baker (1821-1877), alt.; based on Psalm 148 and 150 Music: Laudate Dominum, Charles Hubert Hastings Parry (1818-1918)

The Dismissal



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This Sunday's Ministers

Ministers Everyone!

Celebrant Rev. Dr. Simon Mainwaring

Preacher Dr. John McAteer

Music Director Dr. Patrick Walders

Music Team Bill Hardin, Kevin Lomes, Tim Shields, Carolyn Shields, Nina Woods

Greeter Amy Young

Acolytes Hansine Hernandez and Evana Hernandez

Usher Jack Nunn and Beatrice Cadena

Lector Janet Nunn

Chalice Bearers Clarence Woods and Paul Hand

Hospitality Tom and Shirley Billings

Altar Guild Barbara Coran, Shay Harrison, and Dolores Giaquinta

Kyle Wade and Anne Cass

What's Coming Up This Week

Family Ministers

Sunday March Ist

Farewell to Christina Miller 11:15am Andrew's Hall

Forum: Our Worship Space

11:30am Andrew's Hall

Middle School Youth Group

12:00-2:00pm

Monday March 2nd

The Living Room Drop In 9:00-10:00am Andrew's Hall

Tuesday March 3rd

Book Group @ Cafe 976 4:00-5:00pm

Hunger Supper 6:00pm Andrew's Hall

Wednesday March 4th

Tai Chi

9:00-10:30am Church

Lent Soup Supper

Living the Rule of St. Benedict 6:30pm Andrews Hall

Sunday March 8th

Guest Preacher & Presider

The Very Rev. Penny Bridges Dean, St. Paul's Cathedral 10:00am Church