# October Prayer Challenge: Prayer Walking



Prayer walking is an act of worship and obedience – by stepping out in faith, God will use you in our community beyond the walls of the church! Expect that He will help you to get to know our community better so that you can see the true needs in a deeper way. Expect that He will hear your prayers and expect that he will act accordingly. Expect that He will use you to love His people!

Here's a suggestion for your prayer walk:

- Walk alone or walk with a partner. Each time you walk, cover a small part of a specific area. It could be in your own neighborhood, the neighborhood around the church or some other area nearby.
- You can be on the scene without making a scene. Look for things to pray for as you walk. Approach areas with sensitivity and wisdom – if you are led by the Holy Spirit, stop walking and say a quiet prayer. If you are led to make friendly contact with someone, then do so. Otherwise assume you are to simply pray and keep walking.
- If led to, an easy way to open a conversation with someone is to say, "We are out praying for the community today. Is there anything special you think we should pray about today?"
- Pray for people – their struggles, marriages, families, businesses, government, leaders, children, those who are single, senior adults, churches, fire departments, police stations and more. Pray for God's word to spread, pray for people to accept Jesus as Savior and whatever else the Spirit prompts you to pray. Try using this acronym:
  - **B** – **Body**: pray for physical needs to be met.
  - **L** – **Labor**: pray for the labor of people's hands to bless others.
  - **E** – **Emotions**: pray for emotional needs to be met.
  - **S** – **Social**: pray for healthy relationships among one another.
  - **S** – **Spiritual**: pray for spiritual needs to be met, and for new people to know Christ.
- Pray using scripture if that is helpful to you. Here are a few prompts you can use:
  - OPEN HEARTS (Acts 16:14): Pray that as people listen, the Lord enables them to embrace the message of Christ.
  - OPEN DOORS (Colossians 4:3-4): Pray that God would open a door for the word so we can clearly proclaim the good news of Christ.
  - TURNED HEARTS (Luke 1:17): Pray that He will turn the hearts of fathers back to their children, turn the disobedient to righteous patterns of thinking, and make ready a people prepared for the Lord.
  - SALVATION (Acts 26:17-18): Walk to the places God calls you and pray for the salvation of the people there, that their eyes will be opened so that they can turn from darkness to light and from the power of Satan to God, and receive forgiveness of sins and a place among those who are made holy by faith.

You'll be surprised what you see and hear as you intentionally open your hearts, minds, eyes and ears to the needs around you! If you have questions about this prayer method, please contact Tina Eaton at theeaton5@verizon.net. If you are in need of prayer or have a prayer request for the Prayer Team, please contact Pastor Jim.