



Care Package Items

1 can opener (**an absolute necessity!**)
10 lbs. each of beans and rice for each house
6 cans of vegetables (corn, mixed vegetables and/or green beans)
6 cans fruit (pineapple, peaches, guava and/or pears)
3 cans tomato sauce
4 cans tuna
2 cans sardines in tomato sauce
1 container salt
1 gal. oil
5 lbs. sugar
1 case of Top-Ramen
1 box of cookies or other sweet treats
1 large box powdered milk
1 18 oz. container of oatmeal
5 lbs. Mexican wheat flour/harina (El Rosal, etc.)
5 lbs. Mexican corn flour (maseca)
1 bottle of shampoo & conditioner
1 multi-package of tooth brushes

1 bottle dish soap
1 package of sponges
1 tube of tooth paste
3-4 bars of soap
1 lg. box matches
1 potholder
1 broom
1 dust pan

Additional Care Package items:

Spanish Gift Bible - **HōM** will also provide an audio Bible in their language
1 set of cast iron pans (set of 3)
4 tension spring loaded curtain rods, 30"- 48" inch (expandable)
4 Sets of curtains for the windows – 36" x 36" (instructions available from **HōM**)
2-3 sets of towels and wash cloths
2-3 mattresses (if available)
2-3 sleeping bags (if available)
2-3 blankets (if available)

Please contact Bob Amstutz and let him know what you can provide.

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