





Mon	Tue	Wed	Thu	Fri
30 Beef Stew Mashed Potatoes Corn Fruit Milk	31 Chicken Quesadilla Cilantro Lime Rice Beans & Carrots Fruit Milk	1 Regular or Blueberry Pancakes Boiled Egg & Yogurt Hashbrown Fruit Milk	2 NO SCHOOL	3 
6 NO SCHOOL 	7 BYO Burrito Bowls Rice Chips & Salsa Raw Veggies Fruit	8 Stromboli Lettuce Salad String Cheese Fruit Milk	9 Turkey Sub Sandwich Pasta Salad Raw Veggies Fruit Milk	10 Chicken Patty French Fries Green Beans Fruit Milk
13 Crack Chicken Slider Potato Smiles Green Beans Fruit Milk	14 Meatballs/gravy Mashed Potatoes Corn & Peas Fruit Milk	15 Pulled Pork /Bun Mac-N-Cheese Baked Beans Fruit Milk	16 Scrambled Eggs Oatmeal Yogurt Tater Tots Fruit Milk	17 Hamburger/Bun French Fries Carrots Fruit Milk
20 Spaghetti with Meatballs Whole Wheat Noodles Cottage Cheese Garlic Bread Corn Fruit Milk	21 Orange Chicken Rice String Cheese Broccoli & Carrots Fruit Milk	22 Grilled Chicken/WG bun Potato Wedges Mixed Vegetables Fruit Milk	23 Pizza Slice Lettuce Salad Fruit Milk	24 Chicken Nuggets Mac-n-Cheese Green Beans Fruit Milk
27 Turkey&Bacon Flatbread French Fries Corn & Peas Fruit Milk	28 Soft shell Tacos Spanish Rice Raw Veggies Fruit Milk	29 Cheese Ravioli w/Sauces Bread Stick Broccoli & Corn Fruit Milk	30 Hot Turkey/Bun Chips Carrots & Cucumbers Fruit Milk	1 Hot Dog/bun Nachos w/cheese Raw Veggies Fruit Milk

