



Preparing For Camp – Summer 2019

Kids and Youth Programs



STARTS

Registration is from 3-4:30pm on the first day of the camp program. Cabin activities will begin at 5pm.

NOTE the special start times for:

LIT Week: Sun, July 1. Arrival at 3pm.

Mini Camp: Wed, July 31. Registration 10:00-10:45am.

When you come to camp, please ensure the following:

- Medications in original containers, to turn in to Medic
- All forms are completed
- Ready to pay outstanding fees
- Ready to identify the person(s) who will be picking up your child

FINISHES

Camp concludes on Friday afternoon. Parents and families are invited to attend the closing events and experience a taste of what your camper has enjoyed all week.

4pm **Worship Service (or MAD Camp performance and Sports Awards)**

Family and friends are invited to attend!

4:30-6pm **Camper pick-up and departure**

If you need to leave earlier than 4:30pm, you must check-out with the staff. After 7pm, staff are off for the weekend and would prefer not to be responsible for campers who are not yet picked up.

Staff will be checking **photo ID** to ensure that the identified person is picking up each camper. Please ensure that the pick-up person has appropriate ID. If there is a change in pick-up person, please contact the camp prior to Friday at 4pm. If the listed pick-up person is not present at camp, staff will not release the camper until we have contacted parents. If you are not picking up your camper, please ensure that we have your contact information.

Help Your Camper Succeed

CAMPER EMAIL. campermail@kuriakos.ab.ca Send a note to your camper! We'll print off the message to share with them. And they can write a reply! Please send messages by 10am for delivery that day.

FACEBOOK UPDATES. Follow our page for daily updates on camp life.

TELEPHONE. Campers are only allowed to phone home with permission from the Program Director. If problems arise, camp staff will contact you. If you would like to check in on your camper, please contact the camp office and staff will be happy to give you an update.

ACCOMMODATION. Cabin spaces are shared with 8-12 other people including campers and staff. Accommodations include dorms, cabins, soft-walled tents, and shelters. Adventure Accommodation is in soft-walled tents, camping tents, or shelters. Campers may also have the opportunity to sleep outdoors.

REQUESTS. Cabin requests can be made online for your camper to stay with up to two other campers who are within one year in age. Cabins are arranged by age to assist counsellors in planning activities appropriately. Camp activities are approximately 60% group based. During the remainder of activities, campers are able to choose with whom they spend time.

PACKING. One of the best ways to help your camper succeed is to ensure they have proper clothing and gear. Please check that campers have adequately warm and rain proof items, and closed toed shoes.

GETTING PACKED

(sample list for 5-night program)

Please LABEL all camper belongings.

Items in bold are mandatory

Please contact us if you need help acquiring supplies. All campers will spend at least one night in a tent. Adventure Week campers will spend 80% of their time outside, plus an overnight canoe trip.

Please pack accordingly.

- | | |
|---|---|
| <input type="checkbox"/> daypack | <input type="checkbox"/> reusable water bottle |
| <input type="checkbox"/> rain coat (pants) | <input type="checkbox"/> sleeping bag rated to 0°C |
| <input type="checkbox"/> 2 pair long pants | <input type="checkbox"/> 2 pair shorts |
| <input type="checkbox"/> 3 t-shirts | <input type="checkbox"/> 1 sweatshirt or sweater |
| <input type="checkbox"/> socks/underwear | <input type="checkbox"/> closed toed running shoes |
| <input type="checkbox"/> rain boots | <input type="checkbox"/> swimsuit |
| <input type="checkbox"/> towel | <input type="checkbox"/> toiletries |
| <input type="checkbox"/> pillow | <input type="checkbox"/> Bible |
| <input type="checkbox"/> insect repellent | <input type="checkbox"/> sunscreen |
| <input type="checkbox"/> hat | <input type="checkbox"/> book to read |



PLEASE leave the following items at home.



- cell phone
- laptop / dvd player
- digital camera (disposable film accepted)
- video games
- ipod, mp3 player
- knives
- cash
- valuables of any kind

Unidentified LOST items will be kept at camp until Thanksgiving weekend, after which they will be donated to charity. Campers are responsible for return postage of any lost items.

So Much To Do!

Kuriakos is proud to offer many activities for your camper's enjoyment and growth. Camp is a great place to try something new and to work on developing skills. Taking on challenges helps campers to build confidence, learn to deal with adversity, receive coaching, and assist others in an environment that is safe, supportive, and a lot of fun.

Staff are trained to teach and supervise activities in a safe manner. Industry certifications and site-specific training ensure quality programming for your camper.



Preparing For Camp – Summer 2019

Kids and Youth Programs



Behaviour at Camp

Our goal is to help each camper have a successful week at camp. We expect that campers will work together with staff members to develop an understanding of how to behave appropriately and cooperate with others. As a staff, we are committed to working with our campers to encourage and facilitate respectful, responsible and safe behavior.

If camper behaviour necessitates more attention than staff can provide and interferes with other campers, parents or guardians will be contacted and asked to pick up that camper as soon as possible. Please let us know if there are behavioural issues we should be prepared for at camp. This will help us ensure that all campers are able to have a great week.

Inappropriate behaviours include chronic disobeying of camp rules and regulations, disrespect / defiance, endangering the safety of themselves or others. Depending upon the frequency and severity of inappropriate behaviour, the following procedures will take effect:

- Level 1** Incidents at this level are routinely handled by the Counsellors, SITS and other staff members. Examples of these behaviors include uncooperative behaviour, inappropriate language, and unsafe play.
- Level 2** Repeated offences of a level 1 nature. These incidents are handled by the Counsellor, Program Coordinators, or Program Director. Consequences include loss of privileges or short-term removal from certain activities.
- Level 3** Incidents at this level include fighting, bullying an individual, theft, profanity directed towards a specific person, vandalism or possession of contraband products. The Counsellor and Camp Directors are involved, along with parents. Consequences may include loss of privileges, letters of apology, and/or longer-term removal from activities.
- Level 4** Incidents at this level will result in the camper being sent home due to behavioural problems becoming extreme. Behaviour is considered extreme when the overall well-being of any person is at risk. Parents will be made aware of extreme behavior within twenty-four hours, and will be asked to come and pick up the camper as soon as possible. There is zero tolerance for possession or illicit use of alcohol, drugs or weapons.

Money Stuff

CANTEEN and CRAFTS

This cost is included with the registration fee.

Campers will receive daily options Mon-Thurs from the canteen. Items include candy, pop, and ice cream treats. Let staff know if you would like to have the maximum amount decreased for your camper.

Each camper will receive credits for purchasing craft room and wood shop supplies. Potential craft or wood shop projects include painting, leatherwork, beading, hemp, tie-dye t-shirts, stained glass, lanterns, bird houses, and more.

For Adventure Weeks, campers will be provided with snacks, craft supplies, and recreation equipment by their program leaders.

MERCHANDISE

At the end of the week, your camper will receive a t-shirt with the summer theme logo. Movies with video and pictures of the week will be posted on our website.

Camp merchandise will be available for purchase during camper registration and pick-up.

REFUND

Refunds for cancellations made at least two weeks prior to your child's registered camp program or by physician's order may be made in full, less the \$50 non-refundable deposit. Cancellations made less than two weeks prior to your child's registered programs will not be refunded. No refund is available for late arrival or early departure, or for dismissals due to discipline.

MEDICAL CARE

The health and safety of your camper is our top priority. To this end, all campers must submit medical and emergency information to the camp.

The Camp Medic is responsible for the health of all campers. In addition, all program staff are trained in Standard First Aid and local health services are only minutes away.

- 16 km to nearest clinic and ambulance.
- 30 km to nearest hospital and emergency centre.

All medications / prescriptions must be handed into the Camp Medic, in original containers. Epi-pens, asthma inhalers, and skin lotions may be kept by campers, in accordance with parental and Medic discretion.

Adventure Week staff will carry a cell phone for emergency purposes. Staff will be in daily contact with Directors on the main site.

Please ensure that all requested camper information is submitted to the office at least 2 weeks prior to the start of the program.

Questions? Contact Madi in the office!

PHONE: 403-746-2702

EMAIL: info@kuriakos.ab.ca



Info and forms at
www.kuriakos.ab.ca

