



Kuriakos Women's Retreat
November 2-4, 2018

Sacred Journeys

Our prayer is that this weekend will be relaxing, energizing, thought provoking, joyous, reflective, and full of blessing for you. Our plan includes a mix of activities, all of which are optional, but we hope you take advantage of the sessions and activities available, as well as the free time.

Friday

- 8:00pm Registration and snacks available
8:30pm Welcome and Ice Breaker Activities
9:15pm Campfire singing and introduction to the theme with Fran Schmidt
10:00pm Late night activity options- Tea and Snacks, Cards, Puzzles, and Games!

Saturday

- 7:30am Optional morning walk (meet in Dining Hall)
8:30am Breakfast
9:30am Morning session with Fran
11:00am Relaxing, Visiting, Enjoying the Site
Leather Cross/Coaster Crafting with Pastor Deb (Additional Fee Applies)
12:00pm Lunch

Afternoon Free Time Options

- ✘ Bring your scrapbooking, knitting, sewing, quilting, crafting or other project from home
 - ✘ Read a book, have a nap, work on a puzzle, play a game
 - ✘ Visit with friends (old or new!)
 - ✘ Enjoy the sauna or get active outside
 - ✘ Enjoy some afternoon snacks
 - ✘ Christmas Craft Show Outing
 - ✘ Baking
 - ✘ Massages (Additional Fee applies)
 - ✘ 1:30-3:00 High Ropes or Giant's Ladder
 - ✘ 3:00-5:30 Leather Journal Crafting with Pastor Deb (Additional Fee applies)
- 6:00pm Dinner
7:30pm Evening Session with Fran
9:00pm Sauna, Puzzles, Games, Tea and Snacks

Sunday

- 8:00am Optional morning walk, crafting, or keep sleeping (light breakfast available 8-9)
9:00am Wake up Bell -Pack and Clean up your room
10:00am Brunch
11:00am Worship
12:00pm Farewell