

# ACTIVITIES

## Waterfront

Swimming, sauna, boats, canoes ... Check out our lakefront on Sylvan Lake! We offer paddling lessons or free time in the lake. Try out a mud mask and yoga in the sauna, or jump off our inflatable trampoline. Our staff have National Lifeguard and Paddle Canada Waterfront Canoe Instructor certifications.

## Low Ropes & Bouldering Wall

Scale a wall, cross a 'river', find your way through a spider web, or balance a tipping ship ... all with the help of your teammates!

## High Ropes Course

Climb 30 feet into the air, then cross the balance beam, swing on some jungle vines, or jump off the pole. Open to ages 12+.

## Climbing Wall & Giant Ladder

Visit our climbing tower and pick out some challenging routes, or work together to get your friends to the top of the giant ladder.

## Archery

Try your hand at archery under the supervision of trained staff.

## Firebuilding & Outdoor Cooking

Practice chopping wood, preparing shavings, and building fires (age depending). Then, enjoy the results of your work by cooking bannock, orange cakes, s'mores, or supper!

## Games & Crafts

Theme meals, wide Games, games courts, ping pong, board games ... We have an indoor gymnasium; outdoor basketball, soccer, volleyball; and craft and costume cupboards full of fun ideas.

## Daily Worship & Campfire

Life at camp is centered around worship; each day begins and ends in community. We gather in the Chapel or outdoors for singing and liturgy, and supplement our learning with daily Bible Study.

## Passion Play

Each week, the talented staff at Kuriakos put on a version of the Passion Play. Past campers have described it as a real highlight of their camp experience: both educational and entertaining!

# HOW TO REGISTER

Complete Registration instructions and an online form for Camp Programs, Retreats, and Facilities Rentals are available on the REGISTER tab of our website: <http://kuriakos.ab.ca/register/>. You can also register by calling **403.746.2702**.

Information about discounts and campership bursaries are also available on the REGISTER tab, under Discounts and Camperships.



# FACILITIES

## Accommodations

All our rooms (except the Wilderness Site) have electricity and heating.

Kids, youth, and families share rooms in the Hill Cabins (Matthew, Mark, Luke), Mary's Cottage, the Arts & Recreation Centre (ARC), the Kuriakos Center (KC), or Dana Lodge.

Other campers can usually get their own room or share with one other person in Dana Lodge or the KC. Dana Lodge and the KC have bathrooms with showers. Campers are also welcome to bring their RV and stay in our full-service RV park at the Summit.

Meals are prepared by the camp cook and are served in the KC. The on-site nurse/medic is also based there.

## Wilderness Site

Located in beautiful forest clearing areas, the Wilderness Site features 3 large tents that sleep 10 people each (in bunk beds). Includes kitchen shelter, dining tent, campfire pit, outhouse, water pump, and all required equipment.



# ABOUT KURIAKOS

## Purpose

Kuriakos exists to proclaim the Gospel of Christ, to encourage, and to disciple.

## Mission

Kuriakos is a place set apart for all people to grow together in Christ.

## Values

The Kuriakos values of belonging, growth, and togetherness are evident in all aspects of life at camp.

## Where We Are Located

- 15 minutes west of the town of Sylvan Lake
- 30 minutes west of Red Deer
- 2 hours NW of Calgary; 2 hrs SW of Edmonton

See our website or Google Maps for detailed directions.

## Mailing Address

5-39317 Range Road 24  
Lacombe County AB T4E 2R7

## Contact Info

Telephone: 403.746.2702  
Email: [info@kuriakos.ab.ca](mailto:info@kuriakos.ab.ca)

Kuriakos is an accredited member of the  
Alberta Camping Association.



[WWW.KURIAKOS.AB.CA](http://WWW.KURIAKOS.AB.CA)

I belong at camp.

# KURIAKOS

set apart to be together



# SUMMER PROGRAMS 2018



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# SUMMER 2018 CALENDAR

Wk	Dates	Main Site	Wilderness Site
1	July 1-4 July 4-6	Prime Time Kids' Camp I	Leaders in Training (LIT)
2	July 8-13	Junior Youth	Kids' Adventure Week
3	July 15-20	Family Camp I	Day Camp (location TBA)
4	July 22-27	Kids' Camp II	Junior Adventure I
5	July 30-Aug 3	Music & Drama Sports Camp	Senior Adventure
6	Aug 6-10 6-8 (I) 8-10 (II)	Kids' Camp III Family Getaway I & II	Junior Adventure II
7	Aug 12-17	Family Camp II	Day Camp (location TBA)
8	Aug 19-24	Senior Youth	Day Camp (location TBA)

## YOUTH

Camp is a perfect place for teens to develop skills and practice independence. Faith grows as questions are asked, and personal connections deepen in this safe environment. This one week can make a huge difference!

**Junior Youth Jul 8-13, 2018 Ages 12-14**  
max 100 campers \$435 +gst

**Senior Youth Aug 19-24, 2018 Ages 14-18**  
max 100 campers \$435 +gst

**Music & Drama Jul 30-Aug 3, 2018 Ages 8-16**  
Talented directors will lead campers through the creative challenge of learning a musical production in just one week. Camper talents will be on display for parents and friends on Friday with the curtain call at 3:30 pm and the performance starting at 4:00 pm.  
max 60 campers \$375 +gst

**Sports Jul 30-Aug 3, 2018 Ages 10-14**  
Want to improve your fitness and skills? Sports Camp will give you an opportunity to try different sports, learn about healthy activity levels and discover teamwork. It's even more fun when you bring a friend. An awards and achievement ceremony will be open to parents at 4:00 pm on Friday.  
max 30 campers \$375 +gst



### Leadership

We've re-built our **Leaders In Training (LITs)** program! LIT Week now includes certifications (First Aid and Canoeing) and an overnight canoe trip. Develop your camping and group-work skills and apply them this summer as a SIT or Gapper. See [website for details about these positions.](#)

**LIT Week July 1-6, 2018**  
volunteer discounts available \$435+gst

**Servants in Training (SITs, age 16+)**  
**Gappers (age 14+)**

## KIDS

**Adventure awaits at camp!** Camp offers so many activities to try, which means so many ways to build self-esteem, problem-solving skills, and faith. Friendships grow under the guidance of loving staff, who want the best for every camper.

**Kid's I July 4-6, 2018 Ages 6-9**  
A great first-time camp for kids (or parents) who haven't been to one before. Small cabin groups mean lots of one-on-one attention from staff.  
max 36 campers \$300 +gst

**Kids II July 22-27, 2018 Ages 8-11**  
Our traditional five-night camp for the fullest experience!  
max 72 campers \$435 +gst

**Kids III Aug 6-10, 2018 Ages 8-11**  
4 nights and 5 days of fun.  
max 72 campers \$375 +gst

### Wilderness Site

Ever wanted to canoe around the lake? Here's your chance! Hone your adventure skills in the outdoors by learning "Leave No Trace" principles, practice outdoor cooking skills, further develop your canoeing abilities, and have a lot of fun – all while embracing the world God has given us.

Canoeing, archery, high ropes, challenges course, star-gazing, swimming, kayaking, gaga ball, saunaing, exploring the forest: what's not to love? Sign up for an adventure with trained staff and a wonderful group of your peers as you learn more about nature, yourself, and God.

**Kids' Adventure July 8-13, 2018 ages 8-11**  
maximum 12 campers \$435 +gst

**Jr. Adventure I July 22-27, 2018 ages 12-14**  
maximum 12 campers \$435 +gst

**Jr. Adventure II Aug 6-10, 2018 ages 12-14**  
maximum 12 campers \$375 +gst

**Sr. Adventure Jul 30-Aug 3, 2018 ages 14-18**  
maximum 12 campers \$375 +gst

## ADULTS

**Prime Time July 1-4, 2018 Ages 35-100+**  
Enjoy a more relaxed pace at Kuriakos during our three-night camp without kids. The food is delicious, the Bible study engaging, the worship and Passion Play inspiring, and conversations with other participants truly delightful. There's also plenty of unstructured time to do whatever camp activities you enjoy most.  
Arrive 5-5:30 pm on Sunday *Wrap-up Wednesday morning* \$150 +GST



## FAMILIES

### Family Camps

Give your family a unique opportunity to play, worship, learn, and grow together. Enjoy delicious food and fun activities of all kinds, with faith integrated into all aspects of life at camp. Staff support each camper as role models and friends.

kids of all ages • grandparents • blended families  
• singles • empty-nesters max \$1000  
(see website for detailed pricing & programming)

For the fullest experience, stay for the whole week. If you're short on time, try just 1 or 2 nights.

Choose camp accommodations or bring your own RV/tent.

**Family Camp I July 15-20, 2018**

**Family Camp II August 12-17, 2018**  
Guest Speaker - Rev. Kristian Wold, Calgary

**Family Getaway I & II Aug 6-8; Aug 8-10, 2018**  
This program is specially planned for families with busy summer schedules. A mini version of our Family Camps, with all the delicious food and fun activities, but with less time commitment. Max \$600

## RETREATS

Mar 25-25 Youth Retreat  
Apr 6-8 Women's Spiritual Retreat: Renew  
May 18-20 Family May Days (work weekend)  
June 24 Open House  
Sept 14-16 Dad + Kids Camping  
Oct 5-7 Thanksgiving at the Lake (work weekend)  
Oct 26-28 Men's Retreat  
Nov 2-4 Women's Retreat  
Nov 9-11 Family Advent Retreat  
Nov 30-Dec 2 SHIFT Retreat

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