

**Items to Pack**

Work Clothes (3 Days of Service Work)  
Other Clothes (Evenings, Thursday Rec Day, Friday Travel)  
Pajamas (5 Nights)  
Underwear, Bras, Socks  
Swimwear (One-Piece or Tankini for Females)  
Closed Toe Shoes for Service Work  
Comfortable Shoes/Sandals  
Sweatshirt/Jacket  
Rain Jacket or Poncho  
Medications  
Bug Spray  
Sunscreen  
Bath Towel  
Beach Towel  
Laundry Bag (Pillow Cases Work)  
Personal Snacks  
Toiletries  
Shower Shoes  
Twin Size Air Mattress/Sleeping Pad/Sleeping Bag  
Bedding (Sheets, Blankets, Pillow)  
Small Personal Fan (Optional if Needed for Sleep)  
Bible  
Pen  
Water Bottle with Large Opening  
Backpack  
Hat/Head Covering  
Sunglasses  
Flashlight  
Chargers for Electronics  
Spending Money  
Cards/Games

**Items Kelly Will Have**

Bug Spray  
Sunscreen  
First Aid Kit  
Tylenol/Ibuprofen  
Benadryl  
Poison Ivy Cream  
Aloe Vera  
Tums  
Pepto  
Gas Relief  
Tampons/Pads  
Work Gloves  
Safety Glasses  
Power Strip/Extension Cords

**Things to Leave at Home**

Revealing Clothing  
    Tank Tops, Muscle Shirts, Sleeveless Tops  
    Crop Tops, Tube Tops, Anything Exposing Midriff  
    Short Shorts, Dresses, or Skirts (Need to be at least fingertip length.)  
    Swimsuits that Expose Midriff  
Offensive Clothing  
    Clothing with Inappropriate Language, Joke, Images  
    Clothing with Alcohol, Drug, or Tobacco References  
    Clothing with Violent, Hateful, Political, or Controversial Messaging  
Expensive Jewelry or Valuables