

# Family Table Talk

**Opportunity**  
Christian Fellowship

for the week of August 5, 2018

Discuss and apply the truth of God's Word as a family.

Read it . . .

**Eph. 4:25–5:2**

## Out with the Old; In with the New

Kids like you know a lot of rules. Don't cut in line. Wash you hands. Don't talk to strangers. Obey your parents. Rules are actually pretty helpful to teach people to live together and be fair with each other.

Around church we have a lot of rules: don't talk in worship service; don't run in the sanctuary. But that can lead us to make a mistake that being a Christian is about following the rules.

A religion is a lot of **rules people follow** to try and be good enough for God. We don't have to try and earn our way to God. He took care of that on the cross.

Instead, God, our Father, gives us an **example to follow**. He wants His children (us) to follow Him and learn to love people the self-sacrificial way He does. He wants us to replace the ways we live that are selfish and tear other people down with ways that build them up.

<p style="text-align: center;"><b><u>Sunday</u></b></p> <p style="text-align: center;">Read Psalms 34:1-8</p> <p>David prayed when he needed help and God helped him. Has God ever helped you out? Share that story. Do you think God is good?</p>	<p style="text-align: center;"><b><u>Monday</u></b></p> <p style="text-align: center;">Read 1 Kings 19:4-8</p> <p>Queen Jezebel wanted to kill Elijah so in this chapter he was escaping. But God had a journey planned for him. How did God get Elijah ready for that journey?</p>	<p style="text-align: center;"><b><u>Tuesday</u></b></p> <p style="text-align: center;">Read Ephesians 4:25-5:2</p> <p>Make a list of all the things Paul tells us to stop doing. Do you have a problem with any of the things on that list?</p>
<p style="text-align: center;"><b><u>Wednesday</u></b></p> <p style="text-align: center;">Read Ephesians 4:25-5:2</p> <p>Before reading the verses, take your list from yesterday. List the opposite way to act on each one. Now read from Ephesians. How close are you to how Paul says to act?</p>	<p style="text-align: center;"><b><u>Thursday</u></b></p> <p style="text-align: center;">Read John 6:35, 41-51</p> <p>The people Jesus was talking to knew Mary and Joseph. They thought they knew where Jesus came from. What did Jesus mean when He said, "I came down from heaven"?</p>	<p style="text-align: center;"><b><u>Friday</u></b></p> <p style="text-align: center;">Read Ephesians 5:1-2</p> <p>Do you still have your list? How does Paul sum up the way we are supposed to live?</p>

**Memory Verse: Ephesians 5:1-2a**

Follow God's example, therefore, as dearly loved children and walk in the way of love

**Coming Up Next Week:**

Unwise or Wise