

SHOP & PREP



WEEK 1

ACTIVITY | In the Bag

- WHAT TO GET:
 - Backpack or hiking pack
 - Various outdoor supplies:
 - Tent pegs
 - Pack of matches
 - Strand of paracord
 - Bandages
 - Headlamp
 - Binoculars
 - Map
 - Compass
 - Bird whistle
 - Camera
 - Lantern
 - Marshmallows
 - Graham crackers
 - [Blindfolds](#) (optional)
- WHAT TO PREP: Fill a backpack or hiking pack with an assortment of camping and outdoor supplies. The more random, the better!

ACTIVITY | Glow of Hope

- WHAT TO GET:
 - [Glowsticks](#) (4-5 per kid)
 - [Biodegradable glitter](#)
 - [Plastic jars](#) or water bottles (1 per kid)
 - String
 - Scissors
 - Glow-in-the-dark paint and thin paintbrushes (optional)
- WHAT TO PREP: For younger kids, consider breaking the glowsticks and cutting the tips right before handing them out because the plastic might be difficult for them to cut through. You can also substitute glowsticks for [glow-in-the-dark paint](#).

QUESTION | What does "worship" mean to you?

- WHAT TO GET:
 - Printouts of about 10 verses in which "worship" appears (1 per kid or 1 per pair)
 - Highlighters (1 per kid)
 - A screen to share the verses with the group (optional)
- WHAT TO PREP: Create a printout with about ten short Bible passages that mention the word "worship" (you can refer to lists like [this one](#)).

SCRIPTURE | Psalm 33:12–22 (Wait in Hope)

- WHAT TO GET:
 - [Explorer costume](#) (backpack, neckerchief, binoculars, vest with lots of pockets, etc.)
 - [Globe](#)
 - Bible packed with glow sticks and sticky notes
 - Glow sticks (1 per kid)
- WHAT TO PREP: Blow up an inflatable globe and put it on the stage. Prepare the Bible. Juda will read from by sliding glow sticks between the pages and packing it full of sticky notes.

BIG IDEA | We can worship by putting our hope in God.

- WHAT TO GET:
 - [Nails](#)
 - [Embroidery floss](#)
 - [Medium Density Fiberboard](#) to nail words to
 - Telescope (optional)
 - [Marquee light box](#) (optional)
 - [Glow-in-the-dark paint](#) (optional)
 - Poster board (optional)
 - Paintbrushes (optional)
- WHAT TO PREP: Write or form the Big Idea with [string lights](#) like [this](#). Display it on the ceiling or in a high place on the wall. Consider doing just the keyword from the Big Idea — hope. You can also use a [marquee](#) or [glow-in-the-dark paint](#) to paint the Big Idea on poster board.

IMAGE | Now You See It, Now You Don't

- WHAT TO PREP: Print or display on screens images of the Northern Lights in times of low visibility and high visibility. You can find a variety of photos [here](#).

SCRIPTURE | Hebrews 11:1–3

- WHAT TO GET:
 - [Handheld fan](#)
 - Batteries

REFLECTION | Reach for the Stars

- WHAT TO GET:
 - [Vinyl decals](#)
 - Blank journals or composition notebooks
 - Writing utensils

RESPONSE | Songs of Hope

- WHAT TO GET:
 - Paper
 - Writing utensils

MEMORY VERSE | Psalm 139:14 (NIV)

- WHAT TO GET:
 - [Glow-in-the-dark stars](#)
 - [Permanent markers](#)
 - [Sticky tack](#) to hang stars
 - Poster board (optional)
- WHAT TO PREP: Write the memory verse on [glow-in-the-dark stars](#), writing one word on one star until the entire verse is written. We recommend using a [permanent marker](#). Hang the stars on the ceiling or all around the room.

ACTIVITY | CD Art

- WHAT TO GET:
 - [Permanent markers](#)
 - [CDs](#)
- WHAT TO PREP: Create a sample using [these](#) instructions. (See a worked example [here](#).)

WEEK 2

ACTIVITY | Wonder Hunt

- **WHAT TO PREP:** Consider copy-pasting the lyrics onto a slide and showing it on a screen so kids can read along. [Here](#) is a video for narration inspiration.

ACTIVITY | The Sherpa Shuffle

- **WHAT TO GET:**
 - Blindfolds
 - Pop-up tent
 - Paracord (or another item to bind pairs' hands together)
 - Firewood
 - Sleeping bag
 - Bottled water
 - Graham crackers
 - Marshmallows
 - Chocolate squares
- **WHAT TO PREP:** Create a base camp-themed obstacle course.

BIG IDEA | We can worship by asking for God's help.

- **WHAT TO GET:**
 - [Nails](#)
 - [Embroidery floss](#)
 - [Medium Density Fiberboard](#) to nail words to
 - Telescope (optional)
 - [Marquee light box](#) (optional)
 - [Glow-in-the-dark paint](#) (optional)
 - Poster board (optional)
 - Paintbrushes (optional)
- **WHAT TO PREP:** Write or form the Big Idea with [string lights](#) like [this](#). Display it on the ceiling or in a high place on the wall. Consider doing just the keyword from the Big Idea — hope. You can also use a [marquee](#) or [glow-in-the-dark paint](#) to paint the Big Idea on poster board.

ACTIVITY | Climb Together

- **WHAT TO GET:**
 - Colored construction paper (different colors for each team, 1 more than number of kids in each team)

SCRIPTURE | Hebrews 12:1–2

- **WHAT TO GET:**
 - [Rope](#)
- **WHAT TO PREP:** Tangle a rope. Learn how to tie and untie some hiker-handy knots using the instructions [here](#).

REFLECTION | Just Ask

- **WHAT TO GET:**
 - Presentation platform (i.e., Powerpoint or Google Sheets)
 - Poster board, permanent marker (optional)
- **WHAT TO PREP:** Come up with questions ranging from simple math problems like $1+1 = ?$ to more difficult questions like, "How high is Mount Everest?" If you don't have screens in your environment, write the questions on poster board. Some examples:
 - $1+1 = (2)$
 - How many feet high is Mount Everest? (29,032)
 - What is the capital of Florida? (Tallahassee)
 - $10+10 = (20)$
 - What color do you get when you mix red and white? (Pink)

RESPONSE | Paper Bag Hike Packs

- **WHAT TO GET:**
 - [Brown paper bags](#)
 - [Construction paper](#)
 - [Scissors](#)
 - [Glue](#)
 - [Permanent markers](#)
 - Big Idea graphic for Week 2 (See Programming folder, 1 per kid)
 - Printable (1 per kid)
- **WHAT TO PREP:** Watch the [video](#) to learn how to make a paper bag hiking pack. Print the Big Idea graphic and printable. (See a worked example [here.](#))

MEMORY VERSE | Psalm 139:14 (NIV)

- **WHAT TO GET:**
 - [Plastic cups](#)
 - [Permanent markers](#)
- **WHAT TO PREP:** Write each word of the memory verse on plastic cups – one word per cup. Make as many cup/memory verse sets as you need for the size of your group.

ACTIVITY | My Mountain

- **WHAT TO GET:**
 - Paper plates
 - Grey construction paper
 - Scissors
 - Glue
 - Crayons or markers
 - [Brass fasteners](#)
 - Cardstock paper
 - "My Mountain" printable
 - Green construction paper for grass (optional)
- **WHAT TO PREP:** Cut paper plates in half. Print the "My Mountain" printable on cardstock paper and cut them so each kid gets one mountain climber. Download and print small versions of the memory verse or Big Idea graphics found in your Programming folder. (See a worked example [here.](#))

WEEK 3

ACTIVITY | Canyon Companions

- **WHAT TO PREP:** Prepare a list of Grand Canyon animals you are going to assign each pair (a list of those animals can be found [here](#)).

QUESTION | What important thing does this remind you of?

- **WHAT TO PREP:** You may choose to have a few or all of these items to show kids: clock, calendar, planner, helmet, whistle, cell phone, photo album.

SCRIPTURE | Psalm 103:1–8 (Remember It)

- **WHAT TO GET:**
 - [Explorer costume](#) (backpack, neckerchief, binoculars, vest with lots of pockets, etc.)
 - [Globe](#)
- **WHAT TO PREP:** Place the inflatable globe on the stage. Preload a backpack with games, snacks, and a Bible filled with sticky notes.

BIG IDEA | We can worship by remembering what God has done.

- **WHAT TO GET:**
 - [Nails](#)
 - [Embroidery floss](#)
 - [Medium Density Fiberboard](#) to nail words to
 - Telescope (optional)
 - [Marquee light box](#) (optional)
 - [Glow-in-the-dark paint](#) (optional)
 - Poster board (optional)
 - Paintbrushes (optional)
- **WHAT TO PREP:** Write or form the Big Idea with [string lights](#) like [this](#). Display it on the ceiling or in a high place on the wall. Consider doing just the keyword from the Big Idea — hope. You can also use a [marquee](#) or [glow-in-the-dark paint](#) to paint the Big Idea on poster board.

ACTIVITY | Trail It Like It Is

- **WHAT TO PREP:** Before you begin, cue this [picture](#) of the port of Rio de Janeiro and the Christ the Redeemer statue.

SCRIPTURE | Hebrews 12:28–29

- **WHAT TO GET:**
 - 2 cans of soda
 - A tarp or drop cloth to protect your environment
 - Baby wipes
- **WHAT TO PREP:** Set up a tarp or plastic tablecloth on a table or on your stage area to avoid extra messes. Have baby wipes handy to clean your hands.

REFLECTION | Remember Rocks

- **WHAT TO GET:**
 - A sheet, towel, or a replica of a river that can be taped
 - [Rocks](#)
 - [Permanent markers](#)
 - Tape (optional)
- **WHAT TO PREP:** Lay a sheet, towel, or a taped-down river on the floor. Have a pile of items to build the cairn nearby.

RESPONSE | Sand Layers

- **WHAT TO GET:**
 - [Different color sand](#) (enough for each kid)
 - [Tubes](#)
 - [Jars](#)
- **WHAT TO PREP:** If necessary, divide the sand into individual tubes to give to each kid. For the do-it-yourself option, buy sand in bulk from a hardware store and use liquid watercolor to dye it.

MEMORY VERSE | Psalm 139:14 (NIV)

- **WHAT TO GET:**
 - Red, orange, yellow, and brown [construction paper](#)
 - [Glue sticks](#)
 - [Cardstock](#)
 - [Permanent markers](#)
- **WHAT TO PREP:** Rip construction paper into various sizes.

ACTIVITY | Gratitude Jars

- **WHAT TO GET:**
 - [Mason jars](#)
 - [Tissue paper](#)
 - Scissors
 - [Mod Podge](#)
 - [Foam brushes](#)
- **WHAT TO PREP:** Cut tissue paper into small squares.

WEEK 4

ACTIVITY | First to Fin-ish

- WHAT TO GET:
 - [Flippers](#)
 - Painter's tape
- WHAT TO PREP: Set up a start and finish line in your environment.

ACTIVITY | The Living Reef

- WHAT TO GET:
 - Egg cartons
 - Tissue paper
 - [Loom bands](#)
 - Pipe cleaners
 - Glue sticks
 - Scissors
 - Metal skewers
 - Printable
- WHAT TO PREP: Print a copy of the printable for each kid. Poke holes in the pointy parts of each egg carton using a metal cake skewer or another sharp tool (this is where kids will insert the pipe cleaner with the fish attached). For larger groups, consider cutting the egg cartons in half or purchasing smaller cartons.

SCRIPTURE | Psalm 112:1–10 (Way to Live)

- WHAT TO GET:
 - [Explorer costume](#) (backpack, neckerchief, binoculars, vest with lots of pockets, etc.)
 - [Globe](#)
 - A photo of a [surgeonfish](#)
- WHAT TO PREP: Place the inflatable globe on the stage. Cue up the picture of the surgeonfish and project it on a screen.

BIG IDEA | We can worship by living for God.

- WHAT TO GET:
 - [Nails](#)
 - [Embroidery floss](#)
 - [Medium Density Fiberboard](#) to nail words to
 - Telescope (optional)
 - [Marquee light box](#) (optional)
 - [Glow-in-the-dark paint](#) (optional)
 - Poster board (optional)
 - Paintbrushes (optional)
- WHAT TO PREP: Write or form the Big Idea with [string lights](#) like [this](#). Display it on the ceiling or in a high place on the wall. Consider doing just the keyword from the Big Idea — hope. You can also use a [marquee](#) or [glow-in-the-dark paint](#) to paint the Big Idea on poster board.

ACTIVITY | Acrostic Ocean

- WHAT TO GET:
 - Paper
 - Writing utensils
- WHAT TO PREP: Before the kids arrive, write or print the alphabet down the left side of a paper and photocopy it to distribute to each kid. If you're pressed for time, use a single word like "psalm" or "worship" instead of the entire alphabet.

VIDEO | Live Out Loud

- WHAT TO PREP: Cue a video that shares the story of a kid in your community, a member of your church, or a missionary family your church supports who is living for God. Alternatively, you can show a video like [this](#).

ACTIVITY | Wash It Away

- WHAT TO GET:
 - Aluminum baking pans
 - Sand
 - Small rocks
 - Bottled water
 - Photo of [Victoria Falls](#) (optional)
- WHAT TO PREP: Prior to the time together, fill a baking pan with play sand, creating a mound at the top for the water to run off. Line up rocks down the mound to simulate a riverbed.

RESPONSE | A Kind Octopus

- WHAT TO GET:
 - Construction paper
 - Double-sided tape
- WHAT TO PREP: *Prior to this activity, follow [these instructions](#) to prepare resources for each group to create their own octopus.*

MEMORY VERSE | Psalm 139:14 (NIV)

- WHAT TO GET:
 - Seashells
 - Water beads
 - Bucket
- WHAT TO PREP: Write each word of the memory verse on a small [seashell](#). Hide the seashells in a large [bucket](#) or tub of ocean-colored [water beads](#).

ACTIVITY | Kindness Toss

- WHAT TO GET:
 - [Beach balls](#)
 - Permanent markers