

SHOP & PREP LIST

UP IN THE AIR

PRESCHOOL

WEEK 1

ACTIVITY | Puffy Clouds

- ☐ foam shaving cream
- ☐ liquid glue
- ☐ blue food coloring
- ☐ large bowl
- ☐ spoon for stirring
- ☐ individual cups or bowls
- ☐ white or blue construction paper
- **WHAT TO PREP:** *In a large bowl, mix together equal parts foam shaving cream and liquid glue. Stir in a few drops of blue food coloring to reach desired color. Scoop small amounts of the mixture into individual bowls or cups. Each kid will need a white or blue piece of construction paper for the "sky" on which they will paint the puffy clouds.*

ACTIVITY | Cloud Dough

- ☐ measuring Cup
- ☐ mixing Bowl
- ☐ large spoon or whisk
- ☐ 1/2 cup of lotion
- ☐ 1 cup of cornstarch
- ☐ 1–2 drops of food coloring
- ☐ *optional:* Trays or parchment paper
- ☐ *optional:* assortment of cookie cutters
- **WHAT TO PREP:** *Lay out individual trays or pieces of parchment paper for each kid to roll and play with their cloud dough on.*

BIG IDEA | I can dream big with God.

- ☐ individual pieces of white construction paper
- ☐ white crayon
- ☐ blue watercolor and brushes for each kid
- ☐ cup of water and paper towel for each kid

ACTIVITY | Act Out a Rhyme "Elijah went to Heaven"

- stick puppet templates printed on cardstock ([Elijah template](#), [fire template](#), [cloud template](#))
- [jumbo popsicle sticks \(3 per kid\)](#)
- hot glue gun and glue sticks
- crayons or markers
 - **WHAT TO PREP:** *Print templates of stick puppets and have them already cut out for the kids to color. Each kid will need an Elijah, cloud, and fire stick puppet.*

SNACK | Cloud Jello

- small, individual clear plastic cups
- Berry Blue Jello
- canned whip cream
- spoons
 - **WHAT TO PREP:** *Make Berry Blue Jello, following the directions on the box. In individual clear, plastic cups, scoop spoonfuls of Jello, layering with canned whip cream to look like clouds (should look something like [this](#)). Refrigerate until needed.*

ACTIVITY | Dream Clouds

- [cloud printable](#) (1 per kid)
- crayons or markers
- blue bulletin board or large blue poster board
 - **WHAT TO PREP:** *Cut out one cloud printable for each kid. Do not include the three small thought bubbles — only cut out the cloud. Make sure to set up your blue sky area before kids arrive!*

OBJECT LESSON | Dreams Held

- large, clear jar filled with water
- foam shaving cream
- blue food coloring and dropper
 - **WHAT TO PREP:** *Arrange a table at the front of the room with all of the materials.*

MEMORY VERSE | Raindrops in a Puddle

- blue balloon
- *optional:* place a round blue tablecloth in the center to be your puddle.
 - **WHAT TO PREP:** *Blow up one blue balloon to about half full, keeping the shape and look of a raindrop.*

ACTIVITY | Rain and Clouds

- [blue water beads](#)
- white Ivory soap
 - **WHAT TO PREP:** *Add water beads to the bin before kids arrive to give more time for the beads to expand. Put a bar of white Ivory soap in a large microwave safe bowl and microwave for 2 to 3 minutes. Remove from the microwave and let cool. Drop clumps of the soap into the bin of blue water beads to look like fluffy clouds.*

ACTIVITY | Build a Cloud

- individual trays or individual sheets of wax paper, taped to the table.
- sensory supplies for building clouds
 - **WHAT TO PREP:** *Fill a twelve-cup muffin tin with a variety of white supplies such as marshmallow fluff, cotton balls, whipped cream, shaving cream, large white sprinkles, beads, and marshmallows.*

WEEK 2

ACTIVITY | Musical Airplanes

- music
- white or blue construction paper or felt
 - **WHAT TO PREP:** *Cut out several cloud templates on blue or white paper or felt. Tape them in a big circle on the floor. You will need to place one fewer than the number of children playing.*

ACTIVITY | Flying through Hoops

- paper airplanes or styrofoam airplanes like [these](#)
- hula hoops of various sizes
- tape
 - **WHAT TO PREP:** *Make several paper airplanes or, if applicable, assemble the styrofoam airplanes, ahead of time. You will need one for each kid. Put a strip of tape on the floor as the starting line that the kids will stand behind to throw their airplanes. Hang the various sized hula hoops from the ceiling, hanging some closer to the starting line and some farther back. If you do not have a way to hang them, lie them on the ground at various distances from the starting line, and the kids can throw them into the hoops.*

BIBLE STORY | Elisha and the Widow's Oil

- Bible
- large, flat pieces of cardboard
- white and black or grey spray paint
- box cutter
- hot glue gun and glue sticks
 - **WHAT TO PREP:** *Using a box cutter, cut out the shape of an airplane from large, flat pieces of cardboard. Cut out small windows, if desired, or you can spray paint them on. Cut a small piece of cardboard in the shape of an airplane wing and hot glue it onto the side of the airplane. Spray paint the cardboard to resemble an airplane. This should be fairly large, similar to this [image](#). Place small kid-sized chairs behind the airplane, so it will look like they are "boarding the plane" for the Bible story lesson.*

BIG IDEA | I can have faith in God.

- extra-large construction paper (6 sheets)
- writing tools
 - **WHAT TO PREP:** *Write each word of the Big Idea on six separate pieces of construction paper. Then make each paper into an airplane.*

ACTIVITY | Never Ending Oil

- [never-ending-oil craft wheel](#)
- paper brads
- kid scissors
- optional: coloring supplies
 - **WHAT TO PREP:** *Print off the craft, one for each kid, either in black and white (if you want them to color it) or in color.*

SNACK | Airplanes

- ☐ crackers
- ☐ cheese sticks
- ☐ grapes
- ☐ carrot slivers
- ☐ toothpicks
 - **WHAT TO PREP:** *Using the materials above, assemble the food supplies to resemble an airplane, like [this](#).*

ACTIVITY | Airplane Pilot Obstacle Course

- ☐ masking tape
- ☐ several print outs of paper [airplanes](#)
- ☐ bandana or strip of cloth for blindfold
 - **WHAT TO PREP:** *Place two long strips of masking tape parallel to each other to create a long runway. ~~Randomly tape several paper airplanes on the ground throughout the runway.~~*

ACTIVITY | Pilot Says

- ☐ optional: [head pilot can wear a pilot cap, goggles or aviator glasses](#)

MEMORY VERSE | Fly the Plane

- ☐ [airplane template](#) [printable]
- ☐ jumbo craft or popsicle sticks
- ☐ hot glue gun and sticks
- ☐ ~~marker or writing utensil~~
 - **WHAT TO PREP:** *Cut out several of the airplane templates. You will need one plane for each word of the memory verse.*

ACTIVITY | Airplane Building

- ☐ blocks, LEGO blocks, or DUPLO blocks
- ☐ toy airplanes
- ☐ toy people

ACTIVITY | Pouring Station

- ☐ shallow plastic bin
- ☐ different size and shape jars, pitchers, cups, containers, etc.
- ☐ water
- ☐ food coloring
 - **WHAT TO PREP:** *In a shallow plastic bin, arrange several different containers, jars, cups, and pitchers filled with colorful water. It should look something like [this](#).*

WEEK 3

ACTIVITY | Rainbow Discovery Bottle

- tall plastic water bottle or very large mason jar
- clear hair gel (about 32 oz.)
- food coloring or liquid water colors (make sure you have every color in the rainbow: red, orange, yellow, green, blue, and purple)
- sandwich-size plastic bags
 - **WHAT TO PREP:** *Place a sandwich-size plastic bag in a small cup. Squeeze about 1/3 cup of clear hair gel into the plastic bag. Drop two or three drops of food coloring or liquid water color in, and stir (add more drops to reach desired color, if necessary). Seal up the plastic bag and set aside. Repeat these steps for every color until you have six bags, one of each color. Refer to [this website](#) for full directions and demonstration.*

ACTIVITY | Surprise Rainbow

- paper towels
- colorful markers (you will need red, orange, yellow, green, blue, and purple)
- spray bottles or eyedroppers (one for each kid)
- tray, cookie sheet or wax paper (to put paper towel on top of to protect table surface)
- black permanent marker
 - **WHAT TO PREP:** *For each kid, you will need to take one full-sized paper and fold it in half, or two separate pieces of paper towels and place them together. On the top of the paper towel, draw a rainbow in rainbow color order (red, orange, yellow, green, blue, purple). Then, take a black permanent marker and color over all of the colorful lines of the rainbow until the color is fully covered and hidden. As students drop or spray water over the black lines, the colors of the markers under the black lines will start to bleed and appear.*

BIBLE | Elisha and the Shunammite's Son

- Bible
- several sheets of construction paper in each rainbow color
- *optional:* Skittles
 - **WHAT TO PREP:** *Using the sheets of construction paper, create a giant rainbow on the floor and tape the pieces down so they don't move. The kids will choose their favorite color of the rainbow and sit on one sheet of construction paper on the rainbow of their color choice, while they listen to the Bible story.*

BIG IDEA | I can count on God's promises.

- six colored balloons (red, orange, yellow, green blue, and purple)
- small pieces of paper
- writing utensil
- **WHAT TO PREP:** *Write each word of the Big Idea on small pieces of paper and put them inside the balloons. The first word of the Big Idea should go in the red balloon, the second word in the orange balloon, the third word in the yellow, and so on, keeping the words in order of the rainbow color. Blow up the six balloons with helium, so they float.*

ACTIVITY | Big Idea Rainbow

- [rainbow template](#) [printable]
- cotton balls
- liquid glue
- crayons
- **WHAT TO PREP:** *Print one rainbow for each kid. On each color of the rainbow, write one word of the Big Idea. For example, on the top stripe of the rainbow where the kids will color red, write the word "I". On the next stripe, where the kids will color orange, write the word "can." On the next stripe, where the kids will color yellow, write the word, "count," etc. You will need to do this for every kid's rainbow (or do it once, and make copies). The kids will color over these words with crayons.*

SNACK | Rainbow Snack Mix

- rainbow-colored [Goldfish](#)
- [Fruit Loops](#)
- small cups or bowls

ACTIVITY | Rainbow Bracelets

- [rainbow-colored felt pipe cleaners](#) (allow each kid to choose their color)
- [rainbow-colored beads](#) (each kid will get six beads, one of each color red, orange, yellow, green, blue, and purple)

ACTIVITY | Pin the Cloud on the Rainbow

- large poster board or [long piece of white butcher roll paper](#).
- paint
- [cloud template](#)
- blindfold
- **WHAT TO PREP:** *On the large poster board or paper, paint a rainbow with clouds at the bottom of each end of the rainbow. Print several cloud templates, one for each kid.*

MEMORY VERSE | Colossians 3:2 (NIV)

- printer
- paper
- glue or tape
- markers or crayons
- several round circles of construction paper in 6 different colors
- **WHAT TO PREP:** *Print out two [cube templates](#) and follow directions to fold them in the shape of cubes. Use glue or tape to hold the sides together. On one cube, color each side a different color: red, orange, yellow, green, blue, or purple. On the other cube, write four different gross motor activities, on four sides, such as, "hop like a bunny", "frog jump", "stomp", "crab walk", "crawl", etc. But make sure on two of the sides, you write "say memory verse". You can even write it on three of the six sides, so you guarantee they recite the memory verse multiple times in one game. Spread out the round circles of colorful construction paper all over the floor.*

ACTIVITY | Rainbow Rice

- shallow plastic bin
- colorful rainbow toys like blocks, beads, and fuzzy pom poms
- dry uncooked rice
- food coloring
- vinegar
- 6 large gallon-size plastic bags
- measuring cups
- measuring spoons
- baking pans or parchment paper
- **WHAT TO PREP:** *To make the rainbow rice, add about two cups of plain, dry, uncooked rice to each gallon-size plastic bag. Add a few drops of different colors of food coloring to each bag, six different colors altogether (red, orange, yellow, green, blue, and purple). Add 1/2 tsp. of vinegar to each bag. Close each bag up airtight! Shake until all of the rice is evenly coated in color. Open the bags, pour out the rice and spread it out on baking pans or parchment paper. Leave out to dry for 1 to 2 hours. Then, add to the shallow plastic bin for sensory play.*

ACTIVITY | Rainbow in a Bag Painting

- large gallon-size plastic zip bags (1 per kid)
- 3 colors of paint (red, yellow, blue)
- masking or duct tape
- **WHAT TO PREP:** *Squeeze the three primary colors of paint in large gallon zip bags, keeping each paint color separate, and not touching. You will need one bag for each kid. Seal up the bags and tape them closed with masking tape or duct tape. Kids will make new colors (secondary colors: orange, green, purple) as they squish and mix the paint in the bag.*

WEEK 4

ACTIVITY | Paper Plate Hot Air Balloons

- ☐ white paper plates (1 per kid)
- ☐ washable paint
- ☐ additional plates to put the paint on, for kids to access
- ☐ yarn (any color)
- ☐ brown construction paper
- ☐ tape or glue to attach the brown "basket" to the white paper plate air balloon
 - **WHAT TO PREP:** *Cut out several upside down trapezoids (to be the basket of the hot air balloon) from the brown construction paper. You will need one for each kid.*

ACTIVITY | Balloon Float Experiment

- ☐ 1 large balloon
- ☐ empty plastic water bottle
- ☐ white vinegar
- ☐ baking soda
- ☐ funnel
- ☐ spoon

BIBLE | Elisha and the Famine

- ☐ Bible
- ☐ cardboard boxes (enough small ones for each kid to sit in their own box, or several large ones where kids can pile in and sit together)
- ☐ satin ribbon
- ☐ balloons blown up with helium
- ☐ [polyester stuffing](#)
 - **WHAT TO PREP:** *Cut off the lid flaps of each cardboard box that you use, so it is just a box for the kids to sit in with no lid. Attach a balloon filled with helium to each box, so it floats above their heads. Scatter puffs of polyester filling on the floor around the boxes to resemble clouds in the sky.*

BIG IDEA | I can ask God for what I need.

- ☐ paper lantern or balloon
- ☐ satin ribbon
- ☐ brown construction paper or cardboard
- ☐ paper
- ☐ writing utensil
- ☐ cloud template
- ☐ blue construction paper
- ☐ tape
 - **WHAT TO PREP:** *Using either brown construction paper or cardboard, create a small brown "basket" (a box with no lid) for the hot air balloon. Attach the basket to either a large balloon blown up, or a paper lantern, using the satin ribbon. Hang this from the ceiling at the front of the room, next to the board or wall where you will hang the clouds, but hang it low enough where kids can reach in and pull out the slips of paper. Next, using the [cloud templates](#) printed on blue construction paper, tape the clouds on the wall or on a board, in a straight line horizontally. Write each word of the Big Idea on eight different individual pieces of paper, fold them up, and put them in the basket of the hanging hot air balloon.*

ACTIVITY | Needs & Wants Sort

- ☐ [Needs and Wants cards](#)
 - **WHAT TO PREP:** *Print off the "Needs and Wants" cards.*

SNACK | Faith in Flour

- ☐ bread or crackers

ACTIVITY | Hot Air Balloon Relay

- ☐ two balloons
- ☐ two small styrofoam cups
- ☐ masking tape
 - **WHAT TO PREP:** *Using the tape, mark a start line and a finish line on the floor for each team.*

ACTIVITY | Parachute

- ☐ balloons
- ☐ large white sheet
 - **WHAT TO PREP:** *Blow up about five to six balloons (or however many you would like for this game).*

MEMORY VERSE | Balloon Up

- ☐ balloons (1 per kid)
 - **WHAT TO PREP:** *Blow the balloons up ahead of time.*

ACTIVITY | Balloon Play

- ☐ balloons
- ☐ baskets
- ☐ buckets
- ☐ hoops
- ☐ small kiddie pool for a "ball pit"
- ☐ empty paper towel tubes
- ☐ straws
 - **WHAT TO PREP:** *Blow up many balloons, keeping them fairly small in size.*

ACTIVITY | Book Nook

- ☐ [children's books about hot air balloons](#)
 - **WHAT TO PREP:** *Purchase or check out books from your local library.*

WEEK 5

ACTIVITY | Star Gazing

- ☐ large, clear plastic water bottle (500mL)
- ☐ 1 1/2 cups of warm water
- ☐ [black glitter glue](#) (8 oz.)
- ☐ [metallic star sequins](#)
- ☐ gold glitter
- ☐ measuring cup
- ☐ spoon or coffee stir stick (to stir mixture)

ACTIVITY | Twinkle, Twinkle, Little Star

- ☐ wax paper
- ☐ yellow glitter paint
- ☐ paint brushes (1 per kid)
- ☐ metallic gold sequins
- ☐ gold glitter
- ☐ yellow construction paper
- ☐ [star template](#)
- ☐ scissors
 - **WHAT TO PREP:** *Tear off individual-size sheets of wax paper. Print and cut out the yellow star template on the construction paper. You will need to cut out the center of the star as well, leaving only the stenciled "frame" of the star (kids will be decorating inside the star cut out).*

BIBLE | Elisha and Naaman

- ☐ Bible
- ☐ [glow stars](#) (you will need at least two or three packages)
- ☐ flashlight
 - **WHAT TO PREP:** *Stick at least two to three packages of glow stars on the ceiling above where the kids will be sitting.*

BIG IDEA | I can be used by God.

- ☐ [large roll of black butcher paper](#)
- ☐ [gold foil stickers](#)
- ☐ white chalk
- ☐ pencil or black colored pencil
 - **WHAT TO PREP:** *Hang a piece of black butcher paper on the wall or bulletin board. Using a pencil or black colored pencil, lightly write each word of the Big Idea. Place a gold foil star sticker on the tips and corners of each letter. Before you reveal the Big Idea, it should just look like random stars all over the black paper. Once you start to connect the lines between each star, tracing each letter, it will reveal the words of the Big Idea.*

ACTIVITY | Naaman is Healed

- ☐ [sponge person](#) (or cut one out of a regular sponge)
- ☐ red tempera paint (not acrylic)
- ☐ paint brush
- ☐ bucket of water
 - **WHAT TO PREP:** *Fill a bucket with water ahead of time.*

SNACK | Stars

- ☐ star-shaped cookie cutter
- ☐ pictures or [books of stars](#) and [constellation cards for kids](#)
- ☐ *optional:* cheese, baked cookies, watermelon, Rice Krispy treats.
 - **WHAT TO PREP:** *Use a star-shaped cookie to make star-shaped snacks. Use one of the optional suggestions and choose your favorite snack food to serve.*

ACTIVITY | Written in the Stars

- ☐ [gold star stickers](#)
- ☐ black construction paper (1 sheet per kid)
- ☐ white crayons (1 per kid)

ACTIVITY | Starry Sky Sensory Bags

- ☐ [metallic foil star confetti](#)
- ☐ gold or silver glitter
- ☐ [blue colored hair gel](#)
- ☐ sandwich-size plastic bags
- ☐ duct tape
 - **WHAT TO PREP:** *Make a starry sensory bag ahead of time to display as an example.*

ACTIVITY | Reach for the Stars

- ☐ [large gold paper star cut outs](#) (you will need 10, 1 for each word of the memory verse)
- ☐ permanent marker or dry erase marker
- ☐ streamer, string, ribbon or twine for hanging the stars from the ceiling
- ☐ tape
- ☐ *optional:* hole punch
 - **WHAT TO PREP:** *Write each word of the Bible verse on the ten stars (one word on each star) using a permanent or dry erase marker. Attach a streamer, string, ribbon or twine to each star by hole punching a small hole at one point of the star and tying on the string. Or you can use tape to attach each star to its string or ribbon. Then hang each star from the ceiling in a straight line, in correct word order of the memory verse. Hang them low enough that young preschoolers and toddlers could jump up and reach them.*

ACTIVITY | Glittery Galaxy Dough

- ☐ play dough (black, blue or white are fun colors for this activity)
- ☐ glitter
- ☐ star sequins
- ☐ tray or shallow plastic bin
- ☐ star-shaped cookie cutters
 - **WHAT TO PREP:** *Set up trays or shallow plastic bins for the kids to play with the play dough in. Put the play dough, some sprinkles of glitter and a handful of star sequins in the tray or bin. Kids will get to roll the dough through the glitter and stars, smoothing them into the dough for play.*

ACTIVITY | Night Sky Sensory Bin

- ☐ dried black beans (several bags, to fill up a shallow bin)
- ☐ shallow plastic bin
- ☐ [glitter foam stars](#)
- ☐ [gold and silver beads](#)
- ☐ gold pipe cleaners
- ☐ metallic sequin stars
- ☐ scoops, spoons, ladles, bowls, containers, etc.
- ☐ *optional:* tongs
 - **WHAT TO PREP:** *Place all items from the materials list in the shallow plastic bin.*