

# WEEK 5

## LESSON GUIDE

RISE & SHINE

### BIG IDEA

I can share God's love every day.

### BIBLE

Jesus Restores Peter:

John 21:1-17

## WELCOME TIME

### MUSIC | Sunrise Songs

- **INSTRUCTIONS:** You can lead kids in worship with any songs of your choice, but here are some suggestions that go along with this month's theme. Make sure you have purchased any licenses required to play or perform these songs. For more information, [read this!](#)
  - "Rise and Shine" (Go Fish)
  - "Brand New Day" (Arkkids)
  - "On the Farm" (Kidspring Children's Ministry)
  - "Your Light Has Come" (Cokesbury VBS)
  - "It's a Happy Day" (Yancy & Little Praise Party)

### ACTIVITY | Gone Fishing

- **INSTRUCTIONS:** Choose four children to help you hold up a fishing net. The rest of the kids will be fish. The fish will "swim" under the net, one child per time, and the net holders will try to capture the fish by dropping the net on them. If a fish gets caught in the net, it can switch places with a net holder and a net holder becomes a fish. Play several rounds, allowing kids to "swim" in a circle around the room and under the net. Supervise closely so kids don't get tangled up in the net.
  - ✂ **TODDLER HACK:** Have two leaders sit up on their knees (high kneel), clasp hands together, and play "London Bridge is falling down" with toddlers. But instead, sing "Old MacDonald Had a Farm" as kids walk around you and under the bridge, and drop the bridge at the end of each verse.
- Today we're going fishing at the pond here at our farm! Let's see how many fish we catch.

### ACTIVITY | Feed the Sheep

- **INSTRUCTIONS:** Place two empty buckets or bins at the end of the room. Next to the buckets, put two large bowls of oatmeal (dried oats) with a spoon. Divide preschoolers into two groups and have them stand in line opposite the empty bins or buckets. When you say "Go!" preschoolers will race, one at a time from each line to their team's bucket. They will scoop a spoonful of oatmeal into the empty bin or bucket. The team that has

every kid make a scoop and return back in line first wins!

✂ **TODDLER HACK:** Toddlers can do this, but instead of making it a race, allow them to all take a turn to scoop out oatmeal to fill the bucket adjacent to the oatmeal container.

- Life on the farm means feeding lots of animals! Today we're going to race to see who can get the sheep's food ready the fastest!

## STORY TIME

### SCRIPTURE | John 21:1-17 (Jesus Restores Peter)

- **INSTRUCTIONS:** Read and tell the story from John 21:1-17 as a farmer taking a break from their work. You can set up your story space with [DIY hay bales](#) and [fruit crates](#) kids can sit on instead of regular chairs.
- Hi friends! It's time for story time on the farm! Everyone come circle up by me!
  - (Sing to the tune of "Old Macdonald Had a Farm".)
  - **Circle up for story time, E-I-E-I-O.**
  - **Bible stories are the BEST, E-I-E-I-O.**
  - **the Bible is TRUE, the Bible is FUN,**
  - **the Bible is for everyone!**
  - **Circle up for story time, E-I-E-I-O.**
- All the way back to our first story time we learned about a man named Peter.
  - **Everyone say "Peter." Does anyone remember anything about him?**
- He was the friend of Jesus who loved Jesus very much, but right before Jesus died, Peter got scared and said something that wasn't true.
  - **Does anyone remember what happened after Peter said he didn't know Jesus three times?**  
That's right, a rooster crowed.
  - **Let's make a rooster sound together.**
- After Jesus died, some of his friends, the disciples, went out fishing. They fished all day and night but caught nothing. Their nets were empty.
  - **Everyone hold out your hands. There's nothing there!**
- The night went on and then morning came. Early in the morning, the disciples saw somebody standing on the shore. He said to them, "Friends, did you catch any fish?"
  - Peter and some of the disciples answered "No!"
  - **Let me hear you say, "No fish!"**
- The man told them to try throwing the net on the other side of the boat. So they did. And guess what happened?
- So. Much. Fish! There was so much fish that the nets were starting to break.
  - Let me hear you say, "So much fish!"
- Peter knew only one person could make something like this happen. Jesus! Peter knew that the man who had been talking to them was Jesus. Peter was so excited that he jumped into the water and swam to Jesus!
  - **Let me see you move your arms like you're swimming.** Good job!
- When everyone made it to the shore, they saw Jesus had built a fire and he was cooking fish over the fire.
  - **Pat your tummy and say "Yum!"**
- Jesus knew Peter was still sad that he made a big mistake before. So Jesus asked Peter, "Do you love me?"
  - Peter said right away, "Of course I love you!"
  - Then Jesus told him, "Feed my sheep."

- And then Jesus asked Peter the same thing a second time. “Do you love me?”
  - Peter once again said, “Yes I love you.”
  - And Jesus said, “Feed my sheep.”
- This happened one more time. Say it with me.
  - Jesus asked Peter: **Do you love me?**
  - Peter said: **Yes I love you.**
  - Jesus said: **Feed my sheep.**
- In our first story here on the farm, Peter said he didn’t know Jesus three times. That was a dark day. But now we see Peter tell Jesus three times that he loves him. What a great day!
  - **Show me the number three with your fingers!**
- When Jesus told Peter to feed his sheep, Jesus wasn’t talking about real sheep. He was talking about all God’s people everywhere that he loved like precious lambs. Jesus wanted Peter to show everyone how much God loves them!

### BIG IDEA | I can share God’s love every day.

- **INSTRUCTIONS:** *Using a garden bed, an inflatable pool filled, or a plastic bin filled with dirt, sand, rice, or [kinetic sand](#), have kids dig and find the words from the Big Idea. Let kids know there are seven separate words they are searching for. Bring towels and wipes for kids to wash their hands afterwards. Once the kids find all of them, pin or tape them up where kids can see them then point to each word while saying it out loud. Then say it once more while doing the hand motions and have kids repeat after you.*
- You have all become such good farmers now. Great job digging up today’s Big Idea! Let’s all say it together:
  - **I can share** (*Put hands out in front of you, palms up*)
  - **God’s love** (*Trace a heart in the air with your two index fingers*)
  - **every day** (*Make an “O” with your arms — like the sun — and sweep it from left to right*)

### VIDEO | Rise & Shine, Episode 5

- **INSTRUCTIONS:** *Play this week’s episode of [Cali’s World](#).*

### ACTIVITY | Baaa-th Time

- **INSTRUCTIONS:** *Set up a muddy area for the toy animals by mixing dirt with water. Roll the animals in it and spread them throughout the dirty area. Leave a bowl with soapy water beside it and scrubbing tools like a toothbrush or sponge. Preschoolers will clean the animals and set them up around the bowls.*
- Farmers take good care of their animals by feeding them and washing them. They show their love by looking out for them and making sure they are safe.
- Let’s practice taking care of others by starting out with these muddy animals!
- Jesus told Peter, “Feed my sheep.”
  - That didn’t mean Jesus wanted Peter to go and work on a farm. Jesus was talking about people!
  - We are like Jesus’ sheep because he loves us and takes care of us. Jesus wanted Peter to do that, too.
- Wasn’t this a fun way to remember that **I can share God’s love every day?**

### PRAYER

- Dear God, thank you for loving us so much! Help me to share your love every day with everyone around me. Amen.

## SHARING TIME

### SNACK | Sheep Snacks

- **INSTRUCTIONS:** Help preschoolers build a sheep snack like [this](#), using marshmallows and pretzels. Leave one big marshmallow on everyone's plate so they can begin with the "body". Then instruct them to use the small pretzel sticks as the four legs and the round pretzel as the sheep's head.
- Today we heard an amazing story that ended with Jesus telling Peter to feed his sheep, which means to share God's love with everyone.
- Every day is a new day to share God's love with other people. **How can we share God's love with others?**
- Let's talk about that while we make a sheep snack.

### ACTIVITY | Circle Time

- **INSTRUCTIONS:** Preschoolers will pass a sheep stufie around the circle. While they pass the lamb, ask the review questions. The child with lamb in hand when the question is asked can have the first chance at answering the question. They can pass the lamb to a friend if they need help answering. After every answer, have the group go, "Baa" together.
  - **Jesus' friends were out fishing. Did they catch any fish at first?**
  - **Then Jesus appeared and told them to put their fishing nets on the other side of the boat. What happened?**
  - **What question did Jesus ask Peter three times? How did Peter answer?**
  - **What did Jesus tell Peter to do three times?**
  - **Who can we share God's love with?**

### ACTIVITY | Lovely Lamb

- **INSTRUCTIONS:** Start by putting some white paint onto a plate. Have kids dip a large pom pom (or cotton ball) into the white paint and stamp a bunch of circles in the center of their green construction paper. This is the body of the sheep. Give them the head and legs you already made and have them glue on googly eyes to the head. Afterward, they can glue the sheep's head and legs on their paper as desired. Their sheep should look something [like this](#). If you have time, crease toilet paper rolls to make hearts that kids can use to stamp around their sheep.
  - ✂ **TODDLER HACK:** Draw or find an outline of a sheep. Cover the body of the sheep with glue and allow toddlers to fill it with cotton balls or pom poms.
- Jesus told Peter, "If you love me, feed my sheep." That's another way of saying, "If you love me, share my love with everyone."
- Let's make a sheep to help us remember Jesus is not just talking to Peter. Jesus is talking to us, too.
- **I can share God's love with everyone.**

### MEMORY VERSE | Luke 24:6a (NIV)

- **"He is not here; he has risen!"**
- **INSTRUCTIONS:** Sing the memory verse to the tune of [Frère Jacques](#) ("Are You Sleeping").
  - **He is not here, he is not here**
  - **He has risen! He has risen!**
  - **Jesus is alive again**
  - **He's not sleeping in the grave**

- He is not here, he has risen!

## PLAY TIME

### ACTIVITY | Coloring Page

- **INSTRUCTIONS:** Print and distribute the coloring page along with crayons or markers. As the kids color, you can review today's Bible story, Big Idea, and memory verse.

### ACTIVITY | All About the Farm

- **INSTRUCTIONS:** This week, show this [video about the farm](#) and have kids play with the [farm sensory bin](#) you prepared in Week 1.

### ACTIVITY | Sheep Sensory Bins

- **INSTRUCTIONS:** Create sheep sensory bins like [this](#), using sheep stuffed animals, cotton balls of different sizes, and cut out hand-drawn pictures of sheep. Place them together in a plastic bin.