

WEEK 4 LESSON GUIDE



BIG IDEA

We are heroic when we work as a team.

BIBLE

The Holy Spirit Comes at Pentecost:
Acts 2:1-12

WELCOME TIME

MUSIC | Super-Powered Praise!

- **INSTRUCTIONS:** You can lead kids in worship with any songs of your choice, but here are some suggestions that go along with this month's theme. Make sure you have purchased any licenses required to play or perform these songs. For more information, [read this!](#)
 - "Superhero" (Go Fish)
 - "Jesus is My Superhero" (Hillsong Kids)
 - "Dance Laugh Love" (Crossroads Kids Club)
 - "Brave" (Saddleback Kids)

ACTIVITY | Superhero Blast

- **INSTRUCTIONS:** Set up a foam block or pool noodle, cut in half, with golf tees inserted to balance ping pong balls [like this](#). Kids can use a water blaster or a straw to knock the ping pong balls off.
 - ✂ **TODDLER HACK:** Have a tissue on a table and ask kids if they can make the tissue move by blowing on it or by using a [hand-held fan](#). How far can they blast it around? Next, try a balloon.
- **Who is excited to continue our superhero training?** We are going to have a blast being superheroes today!

ACTIVITY | Super Teamwork!

- **INSTRUCTIONS:** Either divide your group into two teams or have everyone work together as one team. The goal is to rescue their four stuffed animals and get them safely to the other side. This is a simple over-under game. Have kids line up, all facing the same direction. Have them pass the stuffed animal, one at a time, from one side of the line to the other by passing it over their heads and then under their legs. It's a great idea to demonstrate this to the kids before you begin. When a stuffed animal makes it safely to the other side, everyone cheers!
 - ✂ **TODDLER HACK:** Have all of the stuffed animals with one leader. Have another leader on the other side of the room. Let the kids know you need their super help to get the animals to the other side of the room. They each get one stuffed animal and can pretend to have any superpower to get it across the room without dropping it. Once all of the stuffed animals have

made it safely across the room, celebrate!

- Well done, heroes! **How did you save your stuffed animals? Did one person do all the work by themselves?** No! You each used different skills to rescue your stuffed animal, saving the day!
- Great teamwork! I loved the way you cheered each other on to the finish.

STORY TIME

SCRIPTURE | Acts 2:1–12 (The Holy Spirit Comes at Pentecost)

- **INSTRUCTIONS:** *Tell the Bible story from Acts 2:1–12.*
- **Are all my superheroes listening with their super hearing?** Great!
- Our Bible story today starts after Jesus went back to heaven. His friends, the disciples, were waiting because Jesus said a gift was coming.
 - Hmm, let's all think together. Let me see your thinking faces.
 - **What were they waiting for? Does anyone remember?** Yes, the Holy Spirit!
- The disciples went to wait at a house. They waited, and waited and waited. [*Cross your arms like you are waiting.*]
- Then suddenly, there was a loud sound. Everyone, let's stomp our feet to make a loud sound together! Great job, listen to what happens next!
 - There was a great big wind! **What does the wind sound like?** Yes, make the sound of wind everyone!
 - Now, you won't believe what they saw next! There was fire over the disciples' heads. [*Put hands over your head and wiggle your fingers.*]
 - This fire didn't hurt anyone, but as soon as the fire rested on their heads, they were given the gift of the Holy Spirit!
- The Holy Spirit comes from God and helps each of us. And that day, there were people from all over the world right outside their house who didn't know about Jesus. [*Make a triangle over your head with your arms to emphasize "house."*]
- All these people spoke different languages. **So do you know how the Holy Spirit helped them?** The Holy Spirit helped them speak all the different languages!
- From that day on, everyone who received the Holy Spirit was able to go out and tell more people about Jesus. The Holy Spirit made them brave and filled them with love for everyone.
- We can tell others about Jesus, too. And we are never alone. We have the Holy Spirit on our team to help us. **Let's all say "Thank you, Holy Spirit" together!**

BIG IDEA | We are heroic when we work as a team.

- **INSTRUCTIONS:** *Use the [Big Idea Signal](#) you made in week one to reveal the Big Idea. Invite a kid to turn on the Big Idea Signal. Then, have a volunteer in a cape or costume come in and tell the kids the Big Idea.*
- This signal has been super helpful in learning our Big Idea each week! Let's call on our super hero friend one more time!
- **We are heroic when we work as a team.**

VIDEO | Heroic, Episode 4

- **INSTRUCTIONS:** *Play this week's episode of Cali's World.*

ACTIVITY | High Flying Teamwork!

- **INSTRUCTIONS:** This is a [parachute](#) activity. If you don't have a parachute, a large sheet can be used. Have all the kids hold one part of the parachute, and place a stuffed animal in the middle of it. Everyone will work together to lift the parachute up and down, tossing the stuffed animal in the air. For five-year-olds, challenge them to work as a team and move the stuffed animal from one side of the parachute to the other.
 - ✂ **TODDLER HACK:** Parachutes are too big for most toddlers, but you can do the same thing with either a smaller sheet or a towel. Have two kids hold each end of a towel to work together, tossing their stuffed animal in the air.
- Superheroes, it's our mission today to work as a team and keep our friend on the parachute. Let's help him fly! We don't want him to fall to the ground, so we must work together! **Are all my superheroes ready?** Let's go!
- When superheroes work together, they can complete their mission bravely because they have each other. **We are heroic when we work as a team.**

PRAYER

- God, thank you for giving us the Holy Spirit! We can do so much more with the Holy Spirit's help and when we work with one another as a team! Amen.

SHARING TIME

SNACK | Team Super Ants

- **INSTRUCTIONS:** Each child gets two sticks of cut celery with cream cheese spread in the middle. Give each child several raisins to place on their celery and cream cheese log.
- **Superheros, did you know that ants are amazing at teamwork?** These raisins remind me of ants and look like ants walking across our snack today. When ants work together, they can lift heavy objects and build incredible places for themselves to live.
- **What are some things you can do when you work as a team with others?**

ACTIVITY | Circle Time

- **INSTRUCTIONS:** Set up cushions or colored dots and have kids play musical chairs. Whoever is without a seat when the music stops has to sit in the middle and answer the question. Don't remove any of the seats each round, and allow kids to rejoin after answering the question.
- **Where were the disciples waiting for their gift?** (In a house)
- **What was the gift?** (The Holy Spirit)
- **What did it look like on their heads?** (Fire)
- **What were they able to do after the Holy Spirit came?** (Talk in different languages)
- **Let's name some things together that the Holy Spirit can help us do!**
- **What's today's Big Idea? We are heroic when we work as a team.**

ACTIVITY | Fire Crown Craft

- **INSTRUCTIONS:** Cut out one flame printable on white card stock and one red strip of card stock per child. Let kids sponge paint their flames with yellow, red, and orange paint. When they are done, attach the flame to the red strip with tape for kids to wear as [fire crowns](#).
 - ✂ **TODDLER HACK:** Use [dot markers](#) or just cut out flames using colored paper.
- The Holy Spirit helped the disciples work as a team to share about Jesus with everyone who was around.

- The flame on our crown reminds us that the Holy Spirit is with us, too, and **we are heroic when we work as a team.**

MEMORY VERSE | 2 Timothy 1:7 (NIV)

- **“For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.”**
- **INSTRUCTIONS:** Do the following hand motions along with the memory verse. Next, have kids work as a team and say it in a whisper as we do our motions. Then, try it a little bit louder. Last, do it as loud as you can as a team!
 - **For the Spirit God gave us** [Use both hands with thumbs pointing to you.]
 - **does not make us timid** [Put hands on your face and make a scared face.]
 - **but gives us power** [Flex arms to show muscles.]
 - **love** [Cross arms over chest – like giving yourself a hug.]
 - **and self-discipline** [Superhero stance with both hands in a fist and on your hips.]

PLAY TIME

ACTIVITY | Coloring Page

- **INSTRUCTIONS:** Print and distribute the coloring page along with crayons or markers. As the kids color, you can review today’s Bible story, Big Idea, and memory verse.

ACTIVITY | Superhero Training

- **INSTRUCTIONS:** Play [Superhero Hop](#) using four colors of paper scattered on the floor, at least one paper per kid. Each color will represent a superhero action. As the music plays, kids will walk around the area. When the music stops, the kids will hop on the nearest paper and do the action that corresponds with that color. With older kids, you could play this like musical chairs, removing a paper each round. Go over the colors and actions before you start like this:
 - Blue – Hands up like your flying
 - Red – Stomp your feet
 - Orange – Run in place
 - Purple – Spin in circles

✂ **TODDLER HACK:** Play fun music and have the kids follow you around the room in a line, copying the superhero moves you do.
- Our superhero training doesn’t end today. Remember, God has a mission for each of us, and we have each other to cheer on and help. **We are heroic when we work as a team.**

ACTIVITY | Superhero Sensory Bin

- **INSTRUCTIONS:** Create a superhero sensory bin [like these](#) using action figures, pom poms, or whatever else you’d like. Allow kids to play freely with items in the bin, taking turns.