

THE TWELVE JUDGES OF ISRAEL
From the ESV Study Bible

Judge	Reference	Tribe	Oppressor	Period of Oppression	Period of Rest	Total Length of Time*
Othniel	3:7-11	Judah	Mesopotamia	8 Years (3:8)	40 Years (3:11)	48 Years
Ehud	3:12-30	Benjamin	Moab	18 Years (3:14)	80 Years (3:30)	98 Years
Shamgar	3:31		Philistia			
Deborah	Chapters 4-5	Ephraim	Canaan	20 Years (4:3)	40 Years (5:31)	60 Years
Gideon	Chapters 6-8	Manasseh	Midian	7 Years (6:1)	40 Years (8:28)	47 Years
Tola	10:1-2	Issachar			23 Years (10:2)	23 Years
Jair	10:3-5	Gilead-Manasseh			22 Years (10:3)	22 Years
Jephthah	10:6-12:7	Gilead-Manasseh	Ammon		24 Years (10:8; 12:7)	24 Years
Ibzan	12:8-10	Judah or Zebulun			7 Years (12:9)	7 Years
Elon	12:11-12	Zebulun			10 Years (12:11)	10 Years
Abdon	12:13-15	Ephraim			8 Years (12:14)	8 Years
Samson	Chapters 13-16	Dan	Philistia	40 Years (13:1)	20 Years (15:20; 16:31)	

* Added together, the dates in this column total about 410 years. However, many of the episodes in Judges overlap each other, unfolding in different parts of the land.