

the Neuromatics™ Oil Blend Guide



The Story & Science Behind Your Brain's Best Friend

*(with application instructions for patented essential
oil blends: Quiet Brain®, Happy Brain™ and Sharp Brain™)*

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What is Neuromatics™?



With more than 600 medically documented neurological conditions affecting hundreds of millions of people all over the world, Neuromatics is the brainchild of Nutritionist Laura Harris Smith and is home to her three proprietary and patented neurological essential oil blends, **Quiet Brain®**, **Happy Brain™** and **Sharp Brain™**. With her own 40+ year journey toward neurological wholeness, Laura's unique brain- nourishing blends were created to offer neurological and emotional support for those who desperately need it, and are made entirely of 100% pure therapeutic grade essential oils that are harvested from all over the world. Although it is impossible to test Neuromatics Oils on all 600 neurographics, there is ample research which shows that the 24 essential oils used in our three blends have individually been internationally successful for millennia in helping naturally nourish the brains of sufferers from issues such as migraines, seizures, anxiety, depression, Parkinson, cognitive issues, Alzheimer's, ADD, ADHD, PTSD, Lou Gehrig's, Multiple Sclerosis, Muscular Dystrophy, concussion, stroke, restless leg syndrome, sensory issues, shingles, palsies, tremors, pituitary tumors, learning disorders, and many more. When combined in our various formulas, their synergy has been proven to amaze even the skeptics.

The Why & How of Essential Oils



The problem: Crossing the Blood-Brain Barrier

In the 2014 Society for Neuroscience article entitled “The Blood Brain Barrier,” it says, “The brain is the only organ known to have its own security system, a blood vessel network that allows the entry of essential nutrients while blocking other substances. Unfortunately, this barrier is so effective at protecting against the passage of foreign substances that it often prevents lifesaving drugs from being able to repair the injured or diseased brain.”¹

NeuroRX, the journal of the *American Society for Experimental NeuroTherapeutics*, agrees, stating in 2005 article, “The blood-brain barrier (BBB) is formed by the brain capillary endothelium and excludes from the brain ~100% of large-molecule neurotherapeutics and more than 98% of all small-molecule drugs.” Their article, “The Blood-Brain Barrier: Bottleneck in Brain Drug Development”² was published by *The National Center for Biotechnology Information (NCBI)* which is part of the trusted *United States National Library of Medicine (NLM)*, a branch of the National Institutes of Health.

Did you catch that quote? An estimated 98% of all drug treatments for brain disorders are unable to even infiltrate the BBB, and 100 percent of today’s treatments are unable to aid the brain at all if their molecular compound is too large. Imagine the implications: millions upon millions of suffering patients who take daily medicine but find no consistent relief from neurological issues. And for many who do, the relief comes at the high price of countless side effects, which often include more neuro-malfunctions and manifestations.

The article goes on to say: “Despite the importance of the BBB to the neurotherapeutics mission, the BBB receives insufficient attention in either academic neuroscience or industry programs. The combina-



The impenetrable astrocytes type 1 barrier surrounding all brain capillaries; only certain essential oils are able to penetrate it and bring neurological relief.

tion of so little effort in developing solutions to the BBB problem, and the minimal BBB transport of the majority of all potential CNS (Central Nervous System) drugs, leads predictably to the present situation in neurotherapeutics, which is that there are few effective treatments for the majority of CNS disorders.”

So how was the BBB discovered? In 1885, German scientist, Paul Ehrlich injected blue dye into the bloodstreams of mice. The dye turned the animals’ organs blue, but not their brains. Likewise, in a followup experiment 28 years later, one of Ehrlich’s students injected the exact same dye directly in the brains of the mice. This time, their brains turned blue but their other organs did not. It would take until the 1960s before scientists used a microscope approximately 5,000 times more powerful than Ehrlich’s to first see the intricate networking anatomy of the blood brain barrier.

The Solution: Sesquiterpenes

New information is slowly nudging researchers to invent new ways to open this barrier and “trick” it into allowing medicines to enter.” Far from new, sesquiterpene essential oils are one of these creative “tricks,” are all natural, and have been around since the beginning of time (since the third day of creation), as have all other categories of essential oils. But, what really are essential oils and how can they help you?

In the words of the trusted medical source, Mayo Clinic: “Essential oils are taken from a plants flowers, leaves, stalks, bark, rind, or roots. The oils are mixed with another substance (such as oil, alcohol, or lotion) and then put on the skin, sprayed in the air, or inhaled. The oils can also be massaged into the skin or poured into bath water.”³ Mayo goes on to say that essential oils can actually treat disease. And unlike other natural substances from the earth that are often used or misused to induce tranquility (hops flowers for beer, cannabis grass for marijuana, fermented fruit for wine) pure essential oils are never addictive, and in fact, are often used to treat addiction. And they are reparative, whereas many other natural substances are not. Those other natural substances can relieve, ease, soothe and treat (R.E.S.T.) but they cannot actually heal. Add to that how sesquiterpene cross the blood-brain barrier, and you have a substance that is not just useful for R.E.S.T. but that actually has the power to cure. In other words, sesquiterpenes eventually work themselves out of a job.

David Stewart, Ph.D., R.A is a Registered Aromatherapist and the author of “Healing Oils of the Bible” (Care Pub., 2003). One of his many articles on the healing properties of oil, “The Blood-Brain Barrier” contains a remarkable quote based on his studies. He says,

“The American Medical Association (AMA) has said that if they could find an agent that would pass the blood-brain barrier, they would be able to find cures for ailments such as Lou Gehrig's disease, multiple sclerosis, Alzheimer's disease, and Parkinson's disease. Such agents already exist and have been available since Biblical times. The agents, of course, are essential oils-particularly those containing the brain oxygenating molecules of sesquiterpenes.”⁴

Dr. Stewart adds, “Doctors don't know for sure, but it seems that in order to cross the blood-brain barrier, only molecules less than 800-1000 atomic mass units (amu) in molecular weight can get through. Lipid solubility seems to be another factor which facilitates passing through the blood-brain barrier. Water soluble molecules don't usually penetrate into brain tissue, even when very small. The molecules of essential oils are all not only small, but lipid soluble as well. Sesquiterpene molecules deliver oxygen molecules to cells, like hemoglobin does in the blood. Sesquiterpenes can also erase or deprogram miswritten codes in the DNA. Sesquiterpenes are thought to be especially effective in fighting cancer because the root problem with a cancer cell is that it contains misinformation, and sesquiterpenes can erase that garbled information. At the same time the oxygen carried by sesquiterpene molecules creates an environment where cancer cells can't reproduce. Hence, sesquiterpenes deliver cancer cells a double punch, one that disables their coded misbehavior and a second that stops their growth.”

Each of the oils in Neuromatic's **Quiet Brain**® stands on its own as having good brain-benefiting reputations and have for thousands of years: Cedarwood, Patchouli, Frankincense, Myrrh, Sandalwood, Ylang, Ylang, and Vetiver and Lavender. But the good news doesn't stop there, since all 8 of those oils are sesquiterpenes, meaning that

these brain-benefits can actually cross the blood-brain barrier and make their way to the brain. There are more than 10,000 sesquiterpene oils, but not all of them are used to treat the brain. Some are beneficial for other organs, in which case their ability to cross the blood brain barrier is not so vital. But when attempting to treat brain or emotional conditions, it is imperative that the essential oil be a sesquiterpene, which all of the **Quiet Brain®** oils are. Lavender contains less than 8% sesquiterpene oil but is added because of its amazing calming properties, and for its relaxing scent. While every essential oil has therapeutic actions, the fact that the oils in **Quiet Brain®** have therapeutic actions which have neurological benefits, coupled with the fact that as sesquiterpenes they can actually reach the brain, means direct and expedient support to the central nervous system.



Our patent is for “Neurological Essential Oil Composition and Methods.” Laura proved in lab tests that the sesquiterpene counts in her selected oils increased exponentially when combined together in the exact amounts in her blends, creating what’s called, “synergy.”

To summarize Sesquiterpenes, they can:

- **cross the BBB due to their small molecular structure**
- **create clear communication between all cells and all system**
- **offer DNA “resetting” to deprogram misinformation in our cells**
- **reprogram misinformation in cells so they function properly**
- **create an environment detrimental to disease**

The Science Behind Aromatherapy

Earlier we discussed NeuroRX’s findings that the brain entirely excludes (won’t accept) “100% of large-molecule neurotherapeutics and more than 98% of all small-molecule drugs.” Only the tiniest of biologic molecules can pass through the brain’s security system otherwise known as the blood-brain barrier. In the words of Dr. Stewart, “When it comes to essential oils, small molecules (less than 500 amu) are what they are made of. That is why they are aromatic. The only way for something to be aromatic is for the molecules to be so small that they readily leap into the air so they can enter our noses and be detected as odor and smell.”

Like Dr. Stewart, Brent Bauer, M.D., Director of the Complementary and Integrative Medicine program at the Mayo Clinic, has studied the effects of essential oils on numerous illnesses. In a 2014 *Women’s Health* article, Dr. Bauer is quoted as saying of essential oils, “The plant-extracted, highly concentrated liquids have historically been selling points in beauty and cleaning products—and now research proves that when inhaled properly, they’re also good medicine.”⁵ He is also quoted directly on Mayo Clinic’s website as saying that essential oil aromatherapy can bring, “relief from anxi-

ety and depression and improved quality of life, particularly for people with chronic health conditions. Aromatherapy is thought to work by stimulating smell receptors in the nose, which then send messages through the nervous system to the limbic system—the part of the brain that controls emotions.”⁶

Your sense of smell is the only one of your five senses that is directly tied to the limbic area of your brain, which is described by many experts as the emotional control center of the brain. So, even though essential oils are very effective when absorbed topically or taken internally, when inhaled they go directly to your brain. All of your other senses—taste, hearing, seeing and touch—journey first to the thalamus before reaching designated areas of the brain.

This limbic system-scent relationship is good news to those with heart rate irregularities, stress, anger issues, memory problems, blood pressure instability, hormone imbalances and even breathing issues. The reason is that since all of those physical and emotional functions are controlled by the limbic brain, they can experience distinct change and oftentimes, relief, by just smelling essential oil or by diffusing it in the air. Each tiny oil molecule that you inhale travels through your nasal passages to a receptor neuron that carries it at the speed of smell to the limbic brain, and onto whatever needs relief in its jurisdiction. In other words, these healing messengers in your nasal cavities have direct access to your brain.

But no matter if you smell, rub or ingest your sesquiterpenes, research shows they can also permeate the skin, travel nerve pathways, cross the blood-brain barrier and impart balance and health, reportedly even erasing or deprogram miswritten codes in the DNA even at the cellular level. This is consistent with “DNA resetting” research being done by popular immunologists with the help of John Hopkins University:

In an article entitled, “Human Electrical Frequencies and Fields,” published by *Quantum Health Consulting*, Gary Young says, “Bruce Tainio, of Tainio Technology and head of the Department of Agriculture at Eastern Washington University, has developed a Calibrated Frequency Monitor (CFM) that has been used to measure the frequencies of essential oils and their effect on human frequencies when applied to the body. One popular essential oils laboratory uses a CFM, and another is located at Johns Hopkins University where it is used to study frequency in relationship to disease.”⁷

He adds, “it seems some essential oils have a reset function. It can tell the cell what the right DNA code should be,” citing Immunologist Mahmoud Suhail, who says, “Cancer starts when the DNA code within the cell’s nucleus becomes corrupted.”



Items from Neuromatics' Aromatherapy Line: Diffusers (home & car), Candles, Nasal Inhalers, Diffuser Jewelry, etc.

Frequencies and Health

Young goes on to say, "Frequency is defined as a measurable rate of electrical energy flow that is constant between any two points. Everything has an electrical frequency, and what an incredible discovery it was for me to learn that essential oils contain frequencies that are several times greater than the frequencies of herbs and foods. Robert O. Becker, M.D., the author of the book, *The Body Electric* (William Morrow Paperbacks; 1st ed., July 1998), validates the electrical frequency of the human body. Dr. Bjorn Nordenstrom, a radiologist of Stockholm, Sweden, who wrote *Biologically Closed Circuits* (Nordic Medical Publications; 1st ed., 1983), discovered in the early 1980s that by putting an electrode inside a tumor and running a milliamp D.C. current through the electrode, he could dissolve the cancer tumor and stop its growth."

In clinical trials, Young measured the various frequencies of various objects and their affects on the human body. He says, "Measuring in hertz, we found that processed/canned food had a zero Hz frequency, fresh produce had up to 15 Hz, dry herbs from 12-22 Hz, and fresh herbs from 20-27 Hz. Essential oils started at 52 Hz and went as high as 320 Hz, which is the frequency of rose oil. A healthy body, from head to foot, typically has a frequency ranging from 62 to 78 Hz, while disease begins at 58 Hz. Clinical research shows that essential oils have the highest frequency of any natural substance known to man, creating an environment in which disease, bacteria, virus, fungus, etc., cannot live."

In one clinical trial, a man with a body frequency of 66 Hz fell to 58 Hz after holding a cup of coffee for 3 seconds, and his frequency did not return to normal for three days. A different man drank the coffee and his bodily frequency dropped to 52 Hz from 66 Hz.

He then inhaled a proprietary blend of essential oil and his frequency jumped back up to 66 Hz in only 21 seconds. In another trial, a man holding (not smoking) a cigarette had his frequency drop from 65 Hz to 48 Hz. When he actually smoked the cigarette, his frequency dropped even further to 42 Hz, which is the same frequency as cancer.



Finally, Young also discovered that the frequency of the oils themselves changed with words and prayer.

He says, "We respond to the thoughts and prayers of others, whether we are aware of it or not, and so do essential oils. In some of Bruce Tainio's work, essential oils were measured before and after being bombarded with negative thoughts. Their frequencies went down by 12 MHz. When positive thoughts were aimed at the oils, their frequencies went up by 10 MHz. When the oils were prayed over, their resonant frequencies went up by 15 MHz. Oils amplify intent. And intent will move molecules of oil to

where they can best serve to heal. This is why prayer and anointing with essential oils work so well when combined together."⁸

Perhaps this gives new insight into the New Testament book of James, chapter 5, verses 14-15: *"Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord; and the prayer offered in faith will make the sick person well; the Lord will raise them up."*⁹

It also is the science behind and the spirit in which each batch of Neuromatics Oil is prayed over by clergy, including Laura.

Opposition and Precautions

Essential oil usage has become a 19 billion dollar business and is expected to grow to about 22 billion dollars by the year 2022. Europe is #1 on the global essential oil market, with North America and the Asia Pacific Region tying for second place.

With all of the undeniable physical, emotional and spiritual benefits listed herein, why are essential oils sometimes opposed by conventional medicine and the FDA?

Sott.net (Signs of the Times) published a 2015 article which states, "Aromatic plant oils precede medicine and pharmaceutical products

by thousands of years. The National Institutes of Health's website has published thousands of peer-reviewed studies proving the benefits of these oils. There is big healing, but not big money in essential oils. You can't patent a plant, so paying for an FDA study for a product that anyone can create at home is out of the question."¹⁰



By June of 2014, ABC News had published the previous Tori Rodriguez article entitled, "6 Scents That Have the Power to Heal," and it lists the following advice for purchasing essential oils if you intend to use them medicinally:

Follow these tips to make sure you purchase genuine products:

Beware the blanket aromatherapy label, often slapped on diluted oils laced with synthetic fragrances.

Look for 100 percent pure and organic oils free of fillers, pesticides, and synthetic chemicals.

If a label says therapeutic grade or steam-distilled, even better.

Most essential oils have long shelf lives—more than a year if stored in a cool, dry place. If the shop you're in is hot or humid, buy elsewhere.¹¹

Referencing MayoClinic.org's article Dr. Brent Bauer one more time, he adds more wisdom to these precautions by stating "Many essential oils have been shown to be safe when used as directed. However, essential oils used in aromatherapy aren't regulated by the Food and Drug Administration. When oils are applied to the skin, side effects may include allergic reactions, skin irritation and sun sensitivity. In addition, further research is needed to determine how essential oils might affect children and how the oils might affect women who are pregnant or breast-feeding, as well as how the oils might interact with medications and other treatments.

If you're considering aromatherapy, consult your doctor and a qualified aromatherapist about possible risks and benefits.

CHAPTER 2

Neuromatics' Ingredients



Each of our three blends contains 8 essential oils. Since organic certification varies greatly from region to region, nation to nation, and community to community, it is currently impossible to receive organic certification for all oils. It is especially challenging for oil blends to have an “organic” status since some oils in it may be certified organic and some may not be available as such. Some of Neuromatic’s 24 oils are able to be certified organic and some are not, but all are 100% pure-therapeutic grade and great care is taken with each as the oils are gently extracted without adulteration from the leaves, flowers, bark, grasses and resins from which they originate. Great attention is given to the methods in which all are harvested, as well as the time of year and even the time of day they are collected. The regions and countries from which our 24 oils are harvested can be found on our source map at NeuromaticsOil.com and laboratory tests gained us the result of, “No adulterants, diluents, or contaminants detected,” thus securing our United States patent #10245295.

Quiet Brain® Blend Ingredients

Here are the ingredients in **Quiet Brain®**, along with their approximate sesquiterpene potency percentage. Reading through this list gives you an indication of the strength within each bottle of **Quiet Brain®**. Ours is a patent-pending proprietary recipe of all 8 oils, specially balanced to avoid skin irritation or burning from the potent, undiluted oils. We do not recommend mixing these 8 oils at home.

Cedarwood (*Juniperus Ashei* - up to 98% sesquiterpenes) has been recognized historically for its quieting, purifying properties. It can alleviate stress with its warming and calming actions on the emotions. It is said to calm the nerves, and benefits many other body functions such as to relax tense muscles. The oil with the highest percentage of sesquiterpenes, Cedarwood is reported to supply oxygen to tissues and erase DNA damage. It works by stimulating the pituitary gland and naturally increasing the melatonin in the brain. This is why this oil is effective for getting a good night's sleep.



The Cedarwood Tree

Vetiver (*Vetiveria Zanioides* - up to 97% sesquiterpenes) has an earthy fragrance similar to patchouli with a hint of lemon. Vetiver oil is psychologically calming, and stabilizing. Vetiver may be useful in helping cope with stress and find relief from emotional traumas and stress syndromes. It is reportedly a chief ingredient in 36% of high end perfumes in the west.



Vetiver Grass

Sandalwood (*Santalum Spicatum* - up to 90% sesquiterpenes) is well known for its relaxing, meditative prayer properties and is historically used in churches and temples. Sandalwood has been studied in Europe for its abilities to oxygenate a part of the brain known as the pineal gland, which produces melatonin, also known as the drowsy hormone. So, it is effective for quieting the brain and for helping achieve sleep in larger doses. Sandalwood is also reported to assist in eliminating negative programming from the body's cells.



The Sandalwood Tree

Patchouli (*Pogostemon Cablin* - up to 71% sesquiterpenes) has been reported to be a mild sedative and very effective in decreasing the intensity of epileptic attacks. It can bring relief to tension stress, eases anxieties and promotes an overall sense of well being. Patchouli can be an effective stress buster, providing relaxation to the tired and stressed mind and body. Patchouli greatly benefits the nervous and glandular systems, and is known to be an anti-depressant, anti-inflammatory and anti-septic.



Patchouli leaves

Myrrh (*Commiphora Myrrha* - up to 62% sesquiterpenes) is an oil mentioned throughout the Bible ("A bundle of myrrh is my well-beloved unto me." Song of Solomon 1:13). With its high levels of sesquiterpenes, its compounds can have direct effects on the hypothalamus, pituitary, and amygdala. It is reported to be emotionally strengthening and has been used since ancient times as an antiviral, anti-fungal, anti-septic, and anti-inflammatory.



Myrrh tree leaves

Ylang Ylang (*Cananga Odorata* - up to 35% sesquiterpenes) may be extremely effective in giving a sense of relaxation and in balancing the central nervous system. It affects the glandular system, stimulates adrenal glands, while simultaneously being used for pain and insomnia. Has been known to have good results for lowering blood pressure, alleviating PMS, and easing the symptoms of depression. Ylang Ylang is said to quiet the emotions of fear, anxiety, anger, and worry. It is also listed as one of the main ingredients in the popular perfume Chanel No. 5.



Ylang Ylang tree flowers

Frankincense (*Boswellia Seratta* - up to 8% sesquiterpenes) is considered a sacred anointing oil and has been used in religious rituals for thousands of years, even given as a gift by the Wise Men to the Christ-child ("...presented unto him gifts; gold, and frankincense and myrrh." Matthew 2:11). It was popular even during the ministry of Christ for its anointing and healing powers. Frankincense is now being administered therapeutically in European hospitals. It slows down and deepens the breath, can strengthen the immune systems and help overcome stress. The therapeutic properties of Frankincense oil are anti-septic, astringent, and sedative in nature.



Frankincense Resin

Lavender (*Lavandula Officinalis* - less than 8% sesquiterpenes) is considered to be the most versatile of all essential oils. It can trigger the body's "rest and digest" response, inducing relaxation. Lavender is also reported to ease mental confusion and tension and to decrease anxiety, insomnia and headache pain (even migraine). Lavender has also been clinically tested for its relaxing benefits, and lavender oil has also been proven in scientific studies to show efficacy in the treatment of agitated behavior in patients with severe dementia. In a 2012 *NCBI* article entitled, "The Effects of Lavender Oil Inhalation on Emotional States, Autonomic Nervous System, and Brain Electrical Activity," their conclusion was: "The findings provided evidence the relaxing effect of inhaling lavender oil."^{12 13}

All of Quiet Brain's oils are processed using steam distillation, except for Myrrh, a thick tree resin which needs extraction assistance using an organic solvent.



The Lavender Herb

Tones and Origins

Essential oils are said to each have different "tones" or "notes." "High note" oils are light and fresh and evaporate quickly. "Mid-note" oils are warm and balancing; not always immediately noticeable in scent but do emerge within a few minutes. "Bass notes" are the rich, heavier oils that slowly evolve and last for a long time. Bass note oils are also the most expensive oils.¹⁴ Of all the **Quiet Brain®** essential oils, 7 of the 8 are bass note oils. Only Lavender is a top note oil, providing an immediate fresh scent that will quickly give way to the warm, lasting healing effects of the bass note oils.

Finally, the 8 steam-distilled essential oils used to create the **Quiet Brain®** blend originate from continents all over our diverse planet:

Frankincense is a resin of the *Boswellia* shrub from either Somalia or the Arabian Peninsula. Ours is sourced from India.

Lavender comes from the leaves of the lavender herb and is thought to be native to Europe. Ours is harvested in France.

Myrrh is sap from the *Commiphora myrrha* tree of Eastern Africa. Ours is sourced from Egypt.

Cedarwood is from the evergreen juniper Cedarwood tree from North America. We have selected the *Juniperus Virginiana*.

Vetiver is a perennial grass from India. Ours is from Indonesia.

Sandalwood is from the sandalwood tree, native to Australia.

Patchouli is from the Labiate evergreen tree's leaves, native to Southeast Asia. Ours is harvested in Indonesia.

Ylang Ylang is from the flowers of the Ylang Ylang tree, origination in South Africa. Ours is sourced from Madagascar.

Quiet Brain Oil Source Locator



Happy Brain™ Blend Ingredients

Here are the ingredients in **Happy Brain**. It is comprised mostly of the organic compound Limonene, which is the oil extracted from the peels of citrus fruits; a liquid aliphatic hydrocarbon classified as a cyclic monoterpene. Like sesquiterpenes (discussed in Chapter 1) monoterpenes are also organic compounds but cyclic monoterpenes are actually more rare than cyclic sesquiterpenes. Their specialty does not include crossing the blood brain barrier to bring calm, rather, entering the blood stream to energize the entire body. Citrus oils are also known for elevating mood. And Limonene is a stable monoterpene and can be distilled without decomposition. All of the oils in **Happy Brain** are steam distilled for safe harvesting and optimum potency. (Note: Using citrus oils before sun exposure may cause photosensitivity and burning so use cautiously.)

Blood Orange (Citrus Sinensis - 98% Limonene). Bright and sweet, Blood Orange oil boasts an intense citrus scent that's both uplifting and mood boosting. It is said to help promote a positive outlook and ease sadness, and is even used to combat depression. Blood Orange can be used sparingly to reduce skin inflammations, not to mention general aches and pains. It's historically known for its antiseptic, anti-inflammatory and diuretic properties, not to mention it offers digestive benefits.



Blood Orange Tree Fruit

Spearmint (Mentha Spicata - up to 25% Limonene and 65% L-Carvone, another cyclic monoterpene) Did you know that spearmint gets its name from its spear-shaped leaves? Sweeter than the minty scent of peppermint, Spearmint is the oldest of the Mints and is known as a natural anti-depressant that fuels brain function and boosts oxygen flow. For centuries it has also been used to alleviate gas, nausea, bloating and indigestion. It is also used for skin issues and headaches.



Peppermint Leaves

Grapefruit (Citrus Paradisi - up to 94% Limonene) is widely used to help suppress appetite and assist in weight loss, but is also known as a natural anti-depressant and stimulant. Grapefruit helps to balance mood and has antibacterial antioxidant and antimicrobial effects, while serving as a natural diuretic, disinfectant and digestive aid. PubMed even suggests it helps control BP and stress levels while lowering cortisol.



Grapefruit Tree Fruit

Lemon (Citrus Limon - up to 67% Limonene) is a versatile essential oil that is reported to be a natural detoxifier and can actually help you concentrate and feel more alert. Some people swear by lemon essential oil as an ingredient that fights exhaustion, clears your skin, kills harmful bacteria, and even combats depression. You've no doubt cleaned with a lemon-scented cleaning product before and experienced the "lift" that comes from just one use!



Lemon Tree Fruit

Lime (Citrus Latifolia Tanaka- up to 55% Limonene) has such a refreshing aroma that it is often used to "cleanse" a room and lift mood when diffused. It can also be used as an internal cleanser since it has wonderful detoxifying properties. Lime may also support healthy immune system function, plus, is also associated with relieving toothpain, which is good since one of the recommendations of Happy Brain is to put one drop on your toothpaste and brush for a fresh, happy mouth! (See image on page 18.)



Lime Tree Fruit

Clementine (Citrus Nobilis - up to 95% Limonene) helps in the fight against depression and undoubtedly brings a fresh, cheery mood to any room its scent is diffused in, or to any physical body on which it is applied topically. Like all the citrus essential oils used in Happy Brain, Clementine is high in Vitamin C, which ultimately provides wonderful immune support and aids in giving an overall sense of well-being and revitalization.



Clementine Tree Fruit

Peppermint (Mentha Piperita- up to 70% menthol-family constituents) is so widely used for so many different purposes that the list has no end as to why it was included in Laura's Happy Brain recipe! Whether it be for digestion, boosting energy, improving mental focus, or aiding in weight loss, records of the use of peppermint and all mint plants for medicinal purposes dates back to the times of Ancient Greece, Rome and Egypt. It makes up a small percentage of the overall Happy Brain recipe because with peppermint, a little goes a long way and Laura didn't want this stimulating blend to be startling.



Spearmint Leaves

Coconut (odorless medium-chain triglyceride 60/40). The lauric acid has been removed from the coconut oil used in Happy Brain and although lauric acid does have some health benefits, the oil which remains after its extraction is intensely nourishing for the brain, not to mention that it enters the bloodstream and is transported from the digestive tract directly to the liver, which results in a fast source of energy and is even turned into ketone bodies for prolonged energy. And Energy = Happy!



Coconut Tree Fruit

Tones and Origins

Essential oils are said to each have different “tones” or “notes.” “High note” oils are light and fresh and evaporate quickly. “Mid-note” oils are warm and balancing; not always immediately noticeable in scent but do emerge within a few minutes. “Bass notes” are the rich, heavier oils that slowly evolve and last for a long time. Of all the **Happy Brain** essential oils, the mint oils and lemon and lime are top notes and the orange and grapefruit oils are middle notes. This means you will smell the mint first but be left with the lingering citrus freshness whether diffused or applied topically.

All of HappyBrain’s citrus oils are gathered using cold press methods and its mint oils are extracted with steam distillation.

Finally, the 8 essential oils used to create the **Happy Brain** blend originate from continents all over our diverse planet:

Blood Orange is from the fruit peel of the Blood Orange tree of Italy.

Spearmint is from the leaves and stems of its plant, native to India.

Grapefruit is from the fruit peel of the Grapefruit trees of Mexico.

Lemon is from the fruit peel of the Lemon trees of Italy.

Lime is from the fruit peel of the Lime trees of Brazil.

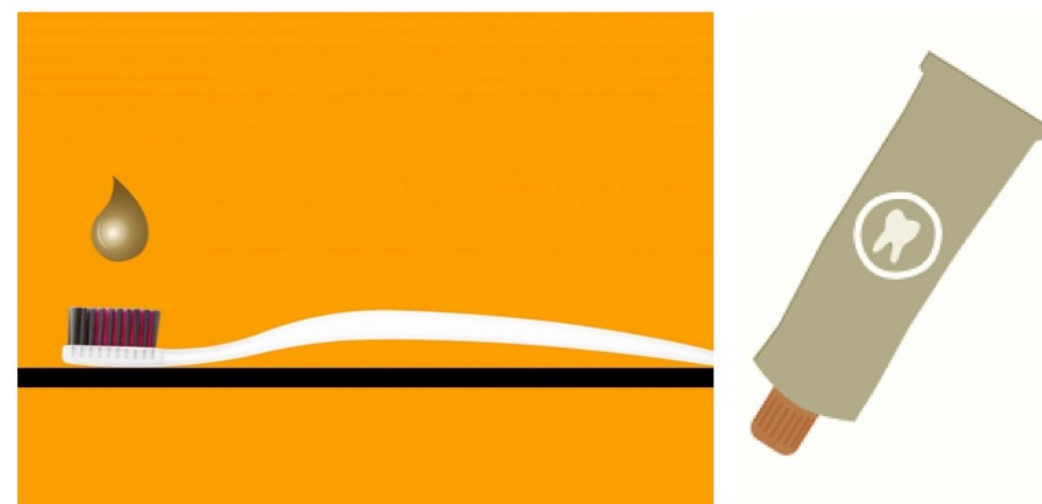
Clementine is from the fruit peel of Clementine trees of Italy.

Coconut comes from the kernels of the coconut trees of Malaysia.

Peppermint is from the leaves of an herb grown native to India.



*one drop on your
toothpaste is a
Happy Mouth!*



Happy Brain Oil Source Locator



Sharp Brain™ Blend Ingredients

Here are the ingredients in **Sharp Brain** (coming Holidays 2019). Finally! An oil blend that helps with memory loss, boosts cognitive performance, helps you be more focussed and less anxious ... all while sniffing a fresh cup of coffee with every whiff! **Sharp Brain** is a perfect mix of sesquiterpene and monoterpene oils, meaning that it will effectively enter and energize the bloodstream while the sesquiterpenoid compounds will act like a transporter to carry the blend through the blood brain barrier for optimum nourishment to the brain.

Coffee Oil (*Coffea Arabica* L - up to 79% oleic acid)

Now you can get your aromatic cup of coffee and enjoy all of the pure, stimulating effects but with only negligible amounts of caffeine.

That's because the stimulation is occurring in the bloodstream, increasing blood flow to your cells and crossing through the blood brain barrier. Sure,

coffee oil is an aromatherapy dream when diffused, but make sure you also use it on the skin since it helps counter the appearance of wrinkles, blemishes, age spots, and even improves skin's elasticity!



Coffee Beans inside the Coffee Plant "Cherry"

Cinammon Bark (*Cinnamomum Zeylanicum* Zanioides - between 45-75% Cinnemaldehyde). Unlike its weaker counterpart -- Cinnamon Leaf Oil -- Cinnamon Bark Oil is spicy, strong and sweet. It's like Cinnabon in a Bottle! Combined with the Coffee Oil, it makes **Sharp Brain** your perfect aromathapy breakfast. Cinnamon components are suspected to play a role in alleviating various diabetes symptoms, lower blood glucose levels and could even benefit insulin sensitivity. Best of all, cinammon oil stimulates the system and helps sharpen the mind.



Cinnamon Bark

Clove (*Syzygium Aromaticum* - up to 80% Eugenol and 14% Etygenyl Acetate) has long been used to ease headaches (including teeth pain) improve focus and relieve stress. Research indicates that Eugenol actually helps to dilate major arteries, which means it may relieve excess blood pressure and bring mental clarity. Full of antioxidants, Clove Oil can increase blood flow and boost cognitive and mental and function.



Clove Buds

Vanilla (*Vanilla Planifolia* - up to 2% vanillin). Soothing and sweet, Vanilla essential oil is a natural antidepressant and mood lifter. People report feeling “satisfied” when exposed to the scent of Vanilla, and mood lifts. Since the 1600s, Vanilla has been used to combat “SAD” (stress, anxiety and depression). Like Clove Oil, Vanilla may help dilate blood arteries and help with lowering blood pressure, thereby, increasing focus and mental clarity. Vanilla is also known to be an anti-inflammatory, anti-depressant, and anti-septic.



Vanilla Bean Plant

Coconut (odorless medium-chain triglyceride 60/40). The lauric acid has been removed from the coconut oil used in **Sharp Brain** and although lauric acid does have some health benefits, the oil which remains after its extraction is intensely nourishing for the brain, not to mention that it enters the bloodstream and is transported from the digestive tract directly to the liver, which results in a fast source of energy. This energy converts to a feeling of overall wellness and increased mental sharpness.



Coconut Tree Fruit

Rosemary (*Rosmarinus Officinalis* - up to 48% Cineole). In ancient Rome and Greece, Rosemary was thought to improve memory function. Studies show that inhaling rosemary oil helps prevent the breakdown of acetylcholine, a brain chemical crucial for thinking, concentration and memory. In fact, when 20 young adults were quizzed with math questions in a tiny room diffused with rosemary oil, their accuracy and speed increased in direct proportion to the duration the oil was diffused.



Rosemary Leaves

Ginger (*Zingiber Officinale* - up to 10% Zingiberene) is an intensely warm and stimulating essential oil. Fight feelings of depression, anxiety, and fatigue by using ginger essential oil, which can stimulate feelings of confidence and well-being. Swiss research has confirmed that ginger essential oil can actually activate your serotonin receptor, helping to relieve anxiety.



Ginger Root

Black Pepper (*Piper Nigrum*- up to 24% Caryophyllene and up to 14% d-3Carene) is said to reduce memory impairment and cognitive malfunction. It may even protect the body from damages done by oxidants (free radicals) and also help repair those damages that have already been done. It also delays adverse effects of aging such as vision loss, macular degeneration, wrinkling of the skin, degeneration, and loosening of the muscles, loss of mobility in the joints, nervous disorders, and memory loss. It can also increase metabolism and aid in weight loss.



Black Pepper Pods

Tones and Origins

Essential oils are said to each have different “tones” or “notes.” “High note” oils are light and fresh and evaporate quickly. “Mid-note” oils are warm and balancing; not always immediately noticeable in scent but do emerge within a few minutes. “Bass notes” are the rich, heavier oils that slowly evolve and last for a long time. Of the essential oils in **Sharp Brain**, 5 are medium notes (Cinnamon Bark, Clove, Black Pepper, Coffee and Ginger), 1 is odorless and 2 are top notes (Vanilla and Rosmary). Your lasting scent from **Sharp Brain** will be a deep, luscious coffee and cinnamon aroma.

Coffee Oil is from the coffee bean plants of Brazil.

Cinnamon Bark comes from the bark trees native to Madagascar.

Clove is from the flower buds of Clove trees native to Sri Lanka.

Vanilla is harvested from the Vanilla Bean Plants of India.

Coconut comes from the kernels of the coconut trees of Malaysia.

Rosemary is an evergreen herb native to Morocco.

Ginger is harvested from the root of Ginger plants in Indonesia.

Black Pepper is from dried berries on flowering vines in Sri Lanka.



Sharp Brain Oil Source Locator



CHAPTER 3

Neuromatics Application Instructions & Products

The compositions (recipes) aren't all that's patented with Neuromatics Oils. The "Methods" of administration are also patented, which involves the products themselves and how we suggest you use them. So preview some of our amazing products in this chapter and take full advantage of both the "compositions" and "methods" by purchasing them at NeuromaticsOil.com.



Recommended Neuromatics Oils Application Instructions:

Where: All our oil blends can be used topically on the skin, preferably applied to the brainstem region on the back of the head where the base of the skull meets the top of the neck just under the hair-line, or on the temples, crown of head, pulse-points (wrists) or a mixture of these areas. Some people with tremors have generously applied the oil generously directly to the leg, hand or other area.

Who: All our oils are safe for all ages, but *for ages 3 and under*. not to be applied “neat” (without dilution). See below for applications.

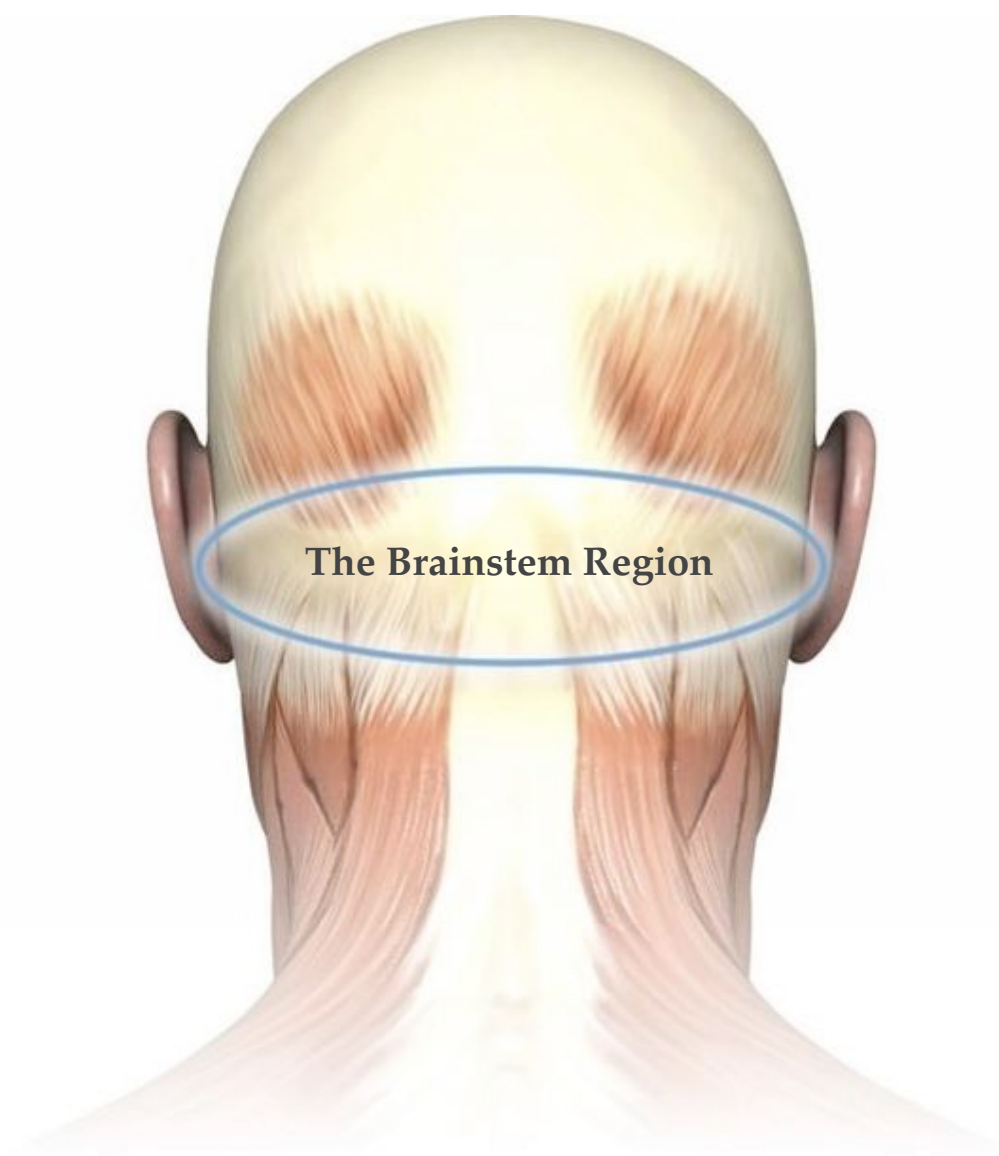
How much: **Rollerball Bottle:** The recommended rollerball application is 3-4 generous swipes across the brainstem region, then dots on temples and on wrists. That’s about 4 swipes and 4 dots. Never press rollerball too hard or excess amounts may seep out. Store bottle sitting upright to preserve each drop and never on its side. *For children*, first swipe skin lightly with a carrier oil (i.e. olive, coconut, grapeseed, etc.) then apply oil.

Dropper Bottle: Place 5-6 drops on brainstem region, and 1-2 drops on temples and wrists. *For children*, dilute 5-6 drops in 1 tsp. carrier oil then apply as directed . Remember, **Quiet Brain®** is not cut with any carrier oils. **Sharp Brain and Happy Brain** both contain a small amount of coconut oil--only for the purpose of the coconut’s brain-nourishing properties--but does provide a negligible amount of dilution.

When: Use daily to assist with prevention or when your symptoms appear. A second application is allowed within 10-15 minutes of the first for urgent relief (i.e. migraine, seizures, anxiety, etc.) In this case, you may want to use your extra application strategically

on the region of discomfort itself (leg, hand, fingers, head, etc.). **Neuromatics Oils** are safe to experiment with in this way and within these parameters. *Just listen to your body and adjust.*

With these application methods, both style 10ml bottles should last approximately 10 weeks with daily use.



Note: Consult your physician or medical professional before beginning any new treatment regimen. Test on a patch of skin and if necessary, dilute with a carrier oil to minimize irritation. Avoid eyes.

In conclusion, it is from the rich soils that grace our planet's diverse continents that comes the leaves, sap, grass, resin, herbs, woods and flowers used to make the pure, steam-distilled therapeutic grade essential oils found in **Quiet Brain®**. Each was created by God on the third day of creation for our total wellness and when compounded together in **Quiet Brain®**'s unique proprietary blend, is reportedly offering dramatic, brain-calming benefits to its users.



Aromatherapy: You may also diffuse your **Neuromatics Oils™** by placing 7-8 drops in a diffuser. You may also use the QB **Nasal Inhalers (\$6.95)** - by inhaling deeply into each nostril as often as needed. This is a direct pathway to the limbic brain and can bring quick relief. Both aromatherapy methods are effective additions to your topical applications.

Note: Revisit the Aromatherapy Section in chapter 1.



During headaches or even migraine, your QB oil **Shampoo & Conditioner** should be massaged deeply into your scalp, rinsed, and then you can lay quietly with damp hair and let the **Quiet Brain** scent bring you calming relief both topically and aromatherapeutically.

\$19.95 for set

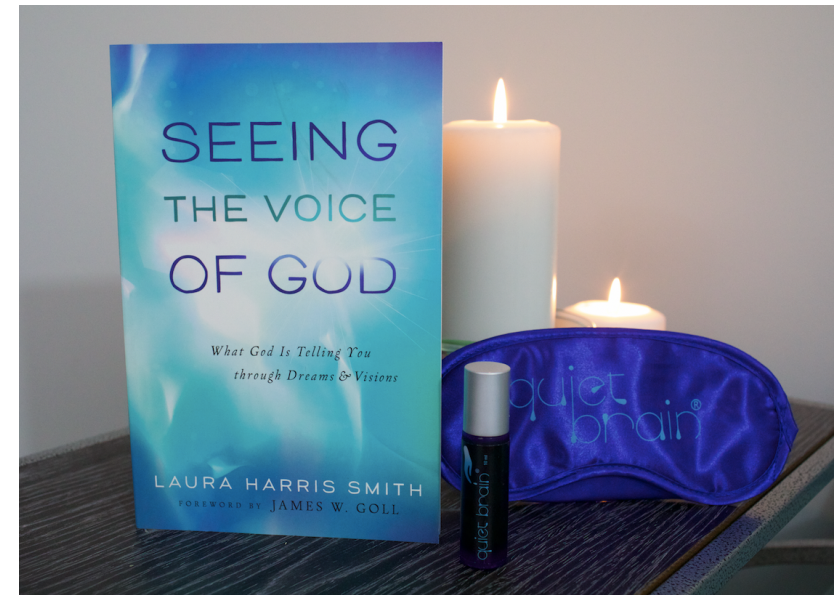
Quiet Brain® Gift Sets



The Quiet Brain Variety Gift Box: \$135.00

- 1) 10ml dropper bottle of QB oil
- (1) whisper-quiet electric night-light diffuser (with 16 color options and intermittent mist options)
- (1) Quiet Brain satin sleep eye mask
- (1) 16 oz. Quiet Brain Aromatherapy Candle
- (1) free Quiet Brain Nasal Inhaler
- (1) free bottle of Quiet Brain Healing Shampoo
- (1) free bottle of Quiet Brain Healing Conditioner
- Wrapped Gift Box (as shown) and gift message

(Regularly \$160 when items are sold separately, for a savings of \$25.00 (so, the Quiet Brain nasal inhaler and the Shampoo and Conditioner are FREE!!)



Sweet Dreams Package: \$84.95

Laura's two worlds – that of author and inventor -- really come together on the topic of sleep and dreams through her Sweet Dreams package. You get one roller bottle of Quiet Brain – which is comprised of laven-

der, frankincense, myrrh, sandalwood and more...and a copy of Laura's #1 bestseller, *Seeing the Voice of God: What God is Telling You Through Dreams and Visions*, complete with a 1,000 symbol dream dictionary for interpreting your dreams and instructions on which vitamins and minerals to take to help you remember your dreams!



Serenity Diffuser Bracelet Set - \$80.95

Lava stone and calming White Howlite stone bracelet with one 10 ml bottle of Quiet Brain.

QB Relaxation Package - gift of \$79.95



Quiet Brain Relaxation Package - \$79.95. As seen on TV in our new Quiet Brain infomercial, our Quiet Brain relaxation package comes with one Quiet Brain bottle of oil, one 16 oz. Quiet Brain candle and a download link card to two powerful soaking worship songs by Outpost worship. Outpost Worship is Jude Jhason and Brittany Smith (some of Laura's children) and their worship songs usher you into the presence of God and come with testimonies of healing. "Adonai" and "Only Light" were among the worship songs on Outpost's Top 40 iTunes release in 2017. Together, this is the perfect package for you to worship and relax to, anointing yourself and those you love with your health-promoting Quiet Brain® oil.



Car Diffuser Set - \$89.95 Take your Neuromatics Oils on the road! Enjoy this car diffuser / humidifier with a few drops from your 10ml dropper bottle of Quiet Brain, Happy Brain or Sharp Brain and you're ready to travel in peace and calm. Diffuser is white & beige and comes with two USB ports for an extra convenient place to charge your phone. Get yours today and make every ride a quite ride!



Quiet Brain 16 oz. 30-hour burn-rate Candle - \$16.95.

Neuromatics™ Oil Blends were not only created by a certified nutritionist, but by a certified nutritionist with a near 40-year neurological research journey, having been diagnosed with epilepsy as a teen. After trying almost every remedy—natural and synthetic—it was the inclusion of essential oils into her health regimen that calmed the constant “misfires” of seizures, which used to total more than 100 a day. She directly attributes the miracle mineral of magnesium and **Quiet Brain®** essential oil blend for providing the turning point in her brain health, and directly attributes the creation of both to God.

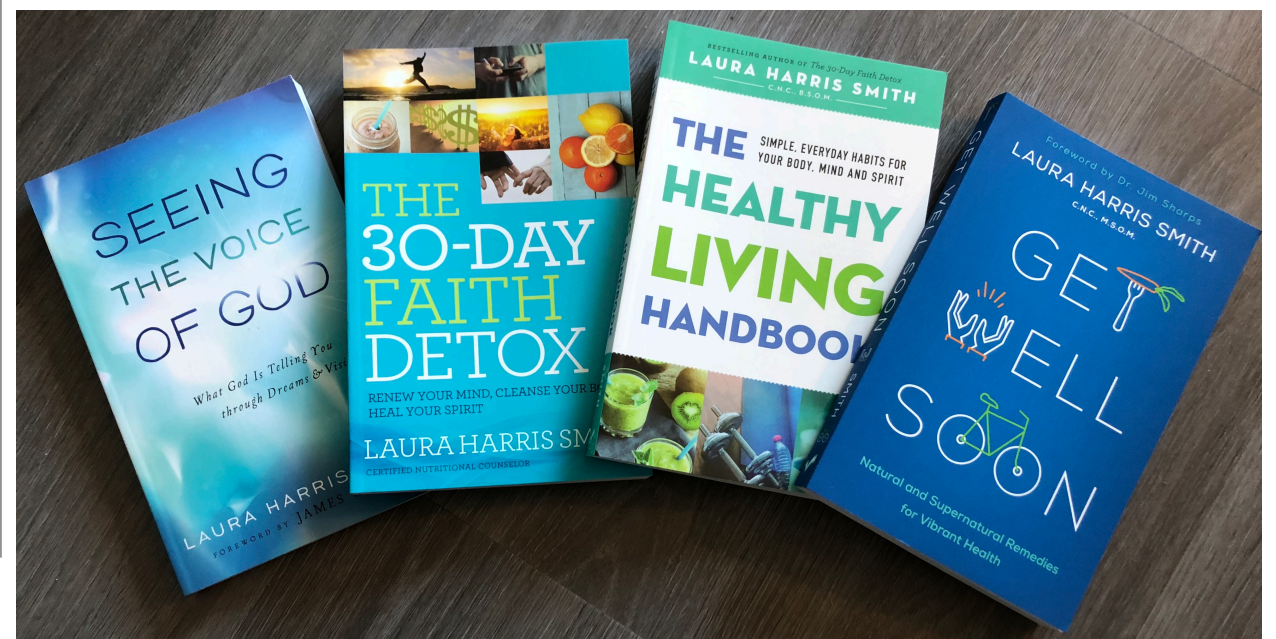


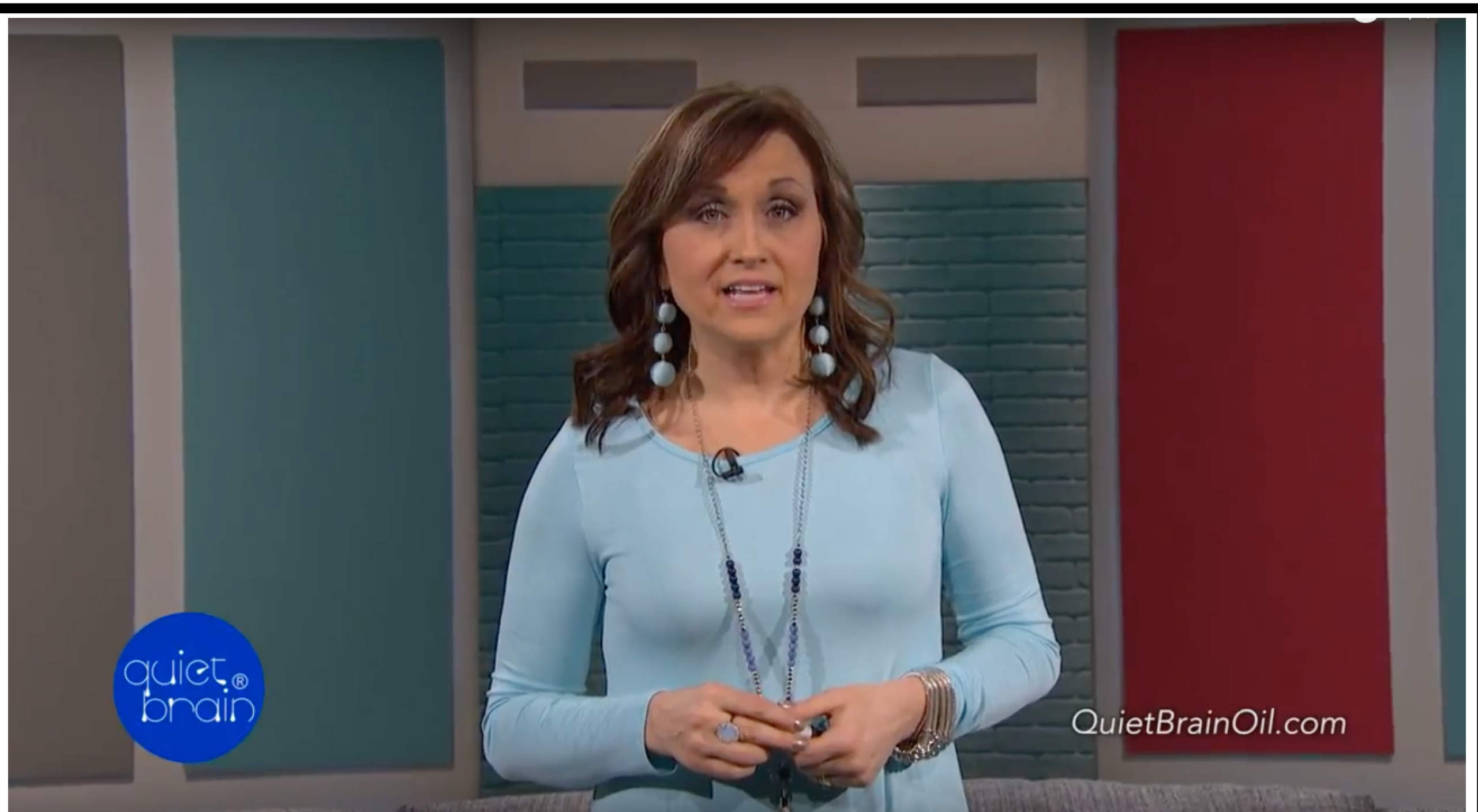
Laura and her husband of 35 years, Chris, are pastors of [Eastgate Creative Christian Fellowship](#) in Nashville, having dedicated their lives to helping others--body, mind and spirit. **Quiet Brain®**'s story is deeply rooted in the compassion that comes from personal suffering and the journey of faith it takes to overcome it. The recipe came in prayer as Laura sat silently one night with her eight bottles of oil and a glass eyedropper, listening as she created the very first bottle

in a peaceful, worship-filled environment. Afterwards, she and Chris prayed over the oil for it to be transformed into an anointing oil that would bring healing and health to many.

Laura began a detailed case study using FDA regulations on several of their Eastgate congregants who suffered from neurological ailments such as PTSD, anxiety, Parkinson's, migraines, seizures, etc., all with positive, fast acting results. Each 10 ml bottle contains 380 drops of oil with a delicate balance of Frankincense, Myrrh, Sandalwood, Vetiver, Ylang, Ylang, Cedarwood, Patchouli, and Lavender oils. The final ingredient on the label is prayer. **Quiet Brain®** uses a patent-pending proprietary recipe of all 8 oils, specially balanced to avoid skin irritation or burning from the potent, undiluted oils. The same is true of **Happy Brain Blend** and **Sharp Brain Blend**.

Laura has 6 children, 10 grandchildren, and resides near Nashville. She is also the author of 21 books, including the #1 bestseller, *The 30-Day Faith Detox* (Baker, 2016), *The Healthy Living Handbook* (Baker, 2017), and *Get Well Soon: Natural and Supernatural Remedies for Vibrant Health* (Baker, 2019). She is also the TV Host of *theTHREE*, an international show dedicated to better body, mind and spirit health.





Checkout the Quiet Brain® 30-minute TV infomercial!

<https://www.youtube.com/watch?v=A3-b45zOtaU>

CHAPTER 4

Reviews, Refunds & Returns



Here you can see how others are enjoying their Neuromatics Oils and what their specific blends did for them. We want you to be just as happy with your Neuromatics Oil purchases as they are! If you aren't, you will find in this chapter some troubleshooting ideas that can help you get the most out of your oil while it is in your possession, along with instructions on how to return it if you so choose.

"For the first time in many years, I slept through to my alarm last night! Major-life-change-induced stress apparently kept my brain hyperactive at night. Thank you, Lord, for **Quiet Brain**®. I recommend for anyone struggling with Chronic Fatigue, MTHFR and/or insomnia. #IGotSleep (Jeff, age 55, condition: insomnia, Chronic Fatigue)

"It's been amazing for me. The effects are cumulative, FYI. The longer I use them the more consistent and obvious the calm is. [My wife] really noticed it the other day. I handle things with 100 times more ease it feels like. So unlike the lavender or [other oils] that works kind of the same each time and the effects last the half life, I think this heals or redirects pathways so that each time the effects are more obvious. I'm noticing ascetic values in things again, if that makes sense, which means my mind is getting away from the lizard brain. My brain feels like it's trying to find a new center I think. I'm baffled that it's worked like it has. It has to be the amounts and combo because those oils individually have never worked like that." (William, age 33; Iraq vet-eran Marine sergeant; condition: PTSD)

REVIEWS

(your results will vary)

"I've used **Quiet Brain**® for migraine headaches, anxiety and stress. At the onset of a migraine I will experience the appearance of sensory auras. Spots or flickering light. I even will lose some vision, usually in my left eye. After applying QB to the inside of both wrists as well as my temples within 5 minutes the headache was gone or I avoided a full blown migraine. All symptoms were gone! When using QB for anxiety or stress; after applying QB to the inside of both wrists as well as my temples within 10-15 minutes, I felt calm and relaxed. I would definitely recommend QB to others and will continue to keep it readily available. Thanks, Laura, for allowing God to inspire you to create this wonderful blend of oils. My daughter has had migraines several times and I've shared it with her. She loves it!" (WenDee, age 53, condition: migraines, anxiety and stress)

"Day 1 and I am already amazed. **Quiet Brain**® is unreal. I cannot even tell you the last time I felt legitimately relaxed. I've been on 5 different anxiety meds in my life-

time and got off all of them because they just did not work for me. All the background noise and anxious thoughts just aren't there. It's almost shocking because I haven't felt so calm in so long. Praise God!" (Whitney, age 24; condition: anxiety, panic attacks, numbness, racing thoughts)

"After the two week bout of "the blues" I gave **Happy Brain** a try last evening, and within minutes I began to experience a lift in my mood and slept peacefully through the night. I have reapplied the oil blend this morning and I have a sense of well-being and feel very upbeat. Thank you so much ! (Elaine, age 65)

"It worked!!!! I woke up to Joshua having cluster seizures. I got up and ran to my purse and got **Quiet Brain**®. I put a little fractionated coconut oil on his forehead and rolled some on his head... then on the bottoms of his feet and temples. Within a minute or two they stopped and he fell back to sleep!" (Shekinah, Mom of Joshua: age 5, condition: epilepsy, cerebral palsy)

"After ONE NIGHT of [my son's] use of the **Quiet Brain**® blend he has already noticed some very positive changes. He slept the whole night for the first time in a long time. We are looking forward to even more positive feedback as the days go by. Thank you for such a blessed product, Laura!" (Colleen, mom of son in his 20's; insomnia)

"So far I love **Happy Brain**. I use it in the afternoon for a boost during my post lunch work." (Brian, age 56)

"I suffered from anxiety attacks after a long drawn out traumatizing divorce, doctors have tried several different types of antidepressants and anxiety drugs... and through this product I was delivered and set free. I've gained my confidence back and have been able to drive. Before I couldn't drive a few blocks away from home before an attack would occur, If you only knew the paralyzing moments I've had at the worst times, while picking up a grandchild from [school], praying not to have an attack and on my way back...I have to pull off in a parking lot to pray ...and calm down. This is before I heard about

your product, so grateful to God for your obedience to him in putting these oils together. If I could have gotten this to my son sooner he would have been able to finish boot camp. He quit last week due to anxiety attacks. When he got home he couldn't sleep the first night and called me early in the morning. I asked him to come to my job and I anointed him in the car [with **Quiet Brain**®] and gave him what I had left. Glory to God no more sleepless nights or anxiety for him. I plan on never running out again or ever running low for any of us. I share the testimonial with everyone, I hope to someday soon be in a position to stock enough of your product to sow into others that desire healing in the areas that I've been delivered from since experiencing this miracle." (Sheila, age 63, condition: anxiety, fear, panic attacks)

"Those who personally know me know the daily, and I mean daily painful struggles I encounter. Some maybe not in depth. Nonetheless, I was part of the {**Quiet Brain**®} case study to see how well the benefits were for someone suffering from a SCI (spinal cord injury). Amazingly enough, I saw benefits that brought joy to my heart

and relief to my physical body. My muscle spasms lessened greatly and I was able to sleep at night. This blend is undiluted and potent. Over my 5 1/2 years I've used many things to help find relief with spasms. I'm serious many and nothing has helped. This is the only legal retail product that I've found that gives me the results I need to live a somewhat normal life, including prescription drugs." (Anady, age 40; condition: spinal cord injury with leg spasms)

"Within one hour of topical application of **Happy Brain**, I can already feel a difference in my mental state. I rolled it on my wrists, temples, and the nape of my neck about a half hour after waking up, so I was still a little groggy at that point. Now, only 60 minutes later, I've been more alert, not as weighed down by the anxieties I always carry, and it seems as though my mood has already lifted.

I gave some to a friend and she noticed the difference after only a few minutes. She felt motivated, eager to work, and more energized altogether. We both recommend **Happy Brain!**" (Beth, age 27)

“Mother says **Quiet Brain**® has helped relieve her tremor. Not totally ameliorated it but makes it less intolerable. Hurrah for that. I’ve found it lessens my [own] tremor when doing tedious handwork.” (*David, for mother, age 92, condition: essential tremor*)

I first tried **Happy Brain** by diffusing it in my home. As someone who battles with mood swings and is home quite a bit, this oil has drastically changed the mood in my home AND my body. From the happy orange color of the oil to the exciting aroma of the citrus/mint combo, **Happy Brain** is an oil that I never want to run out of!

(*Anna, age 27*)

“I wouldn’t have thought that an essential oil or combination would impact me this much but it helped a lot. I could tell a big difference. I slept through the night and I have felt better today. I’m telling you, it was a big blessing because I’ve had a couple of nights that have been very difficult and last night was fine. Thank you! It eased my suffering.” (*Lila, age 66; condition: Global Transition Amnesia, stress, memory loss*)

“I had shingles about 4 years ago and it was excruciating. Recently, I felt an outbreak coming on again in a 7-8” patch on my upper leg and wanted to head it off at the pass. I already had **Quiet Brain**® in my home for headaches and so I applied it all over the entire area as a test. In under 30 minutes, the pain (which was a 10) was only a 2. I was shocked and amazed, and so far, no outbreak yet (or pain) with continued use.” (*Lee, age 54, condition: Shingles*)

“I recently used the new product, **Happy Brain**, which contains the elegant aroma of sweet oranges and peppermint that will fill your space and change your mood instantaneously. Before I used **Happy Brain**, my day had not gone as expected and I was struggling with the feelings from it. As I diffused the oil I began to feel lighter and happier; it was almost immediate.”

(*Victoria, age 20*)

“Those who personally know me know the daily, and I mean daily painful struggles I encounter. Some maybe not in depth. Nonetheless, I was part of the {**Quiet Brain**®} case study to see how well the benefits were for someone suffering from a SCI (spinal cord injury). Amazingly enough, I saw benefits that brought joy to my heart and relief to my physical body. My muscle spasms lessened greatly and I was able to sleep at night. This blend is undiluted and potent. Over my 5 1/2 years I’ve used many things to help find relief with spasms. I’m serious many and nothing has helped. This is the only legal retail product that I’ve found that gives me the results I need to live a somewhat normal life, including prescription drugs.” (*Anady, age 40; condition: spinal cord injury with leg spasms*)

“The Aroma of **Happy Brain** throughout my house set a different tone. Everyone was peaceful, calm and then relaxed and in a different state of mind. I used it in my diffuser the house and could tell the atmosphere and mindset was different!”

(*Amy, age 40*)

NEUROMATIC'S RETURN POLICY:

One of the things Laura is most proud of is that there are only a handful of customers who have ever asked for a refund on their Neuromatics oil. The reason is that there are always other creative methods you can try so you can experience the benefits of the oil. Everybody's body varies and so your results will vary, meaning that we cannot issue refunds on the basis of "the product didn't work" or "I don't like the scent." We do, however, believe that one of the options listed below will help ensure you get to enjoy the amazing benefits of Neuromatics Oil Blends. Find your issue and consider the solution before requesting refund:

1. "I'm not a fan of the oil's scent." Our oils are very potent and very powerful. That also makes it very aromatic, and we get many reports of customers wearing it and receiving compliments on the aroma. But in the event that you do not enjoy the scent but you still want to enjoy the therapeutic effects of the oil, please apply it to the soles of your feet (even under socks if necessary). Oils applied to the soles of the feet are in the bloodstream in 30 seconds, and some research says it is in every cell in your body within 20 minutes. We cannot issue a refund on the basis of a customer not liking the scent.

2. "I had a reaction to the oil." If you have an allergy to any of the essential oils in our blends, please do not order them. The reason we list our ingredients on our website is to save you a reaction to already known allergens. If you have a reaction and yet were not aware of a prior allergy, please discontinue use of the oil topically, and please use your oil in a diffuser to still enjoy the aromatherapeutic properties using the nasal passages to gain direct access to the limbic brain (the emotional center of the brain). If you continue to have an allergic reaction with the use of an aromatic diffuser, then discontinue and print/fill out the Return Form on our site (and in this e-book) and email the form to us at: customersupport@lauraharrissmith.com.

3. "I didn't have my desired results with the oil." Everybody's body varies and so your results will vary. If the oil did not give you the desired results at the usage suggested in our e-book, increase the drops or amount used. Listen to your body and apply as needed. Also consider switching to using the oil aroma-therapeutically in a diffuser or even by placing a few drops on a tissue under your pillowcase. There is always a creative new way to use our oil blends. Don't miss out on the opportunity to discover what that is while you have the oil in your possession!

If you still don't experience the desired result, or your dissatisfaction is with another Neuromatics product besides oil, print and fill out the Return Form on our website (and in this e-book), describe the reasons and email the form to us at: customersupport@lauraharrissmith.com. Our Customer Support Team will contact you to discuss your reaction to determine if your issue qualifies for a refund. If it does, they will issue you a Return Authorization Code. Just send the Return Form, along with the UNUSED portion of the product you ordered, mail them back to us, and we'll issue you a refund, no problem. We cannot issue a refund for completely used products.



Return Authorization Form

Returning Merchandise: (fill out all portions carefully)

Date

Quantity	Item	Your name and order #	Reason Code # (below)	Email on order:

Return Reason Codes

Record appropriate number in the Reason Code# column above

- | | |
|-----------------------------|----------------------------|
| 1. Wrong merchandise sent. | 5. I ordered wrong item. |
| 2. Wrong quantity received. | 6. Wrong quantity sent. |
| 3. Item damaged or leaking. | 7. Wrong quantity ordered. |
| 4. Had a reaction* | 8. Other: _____ |

**Please complete this form and email it to
CustomerSupport@LauraHarrisSmith.com
and wait for further instructions and the
issuance of a RA# (Return Authorization).**

*If you had a reaction, please describe it below: (i.e. a skin rash, nausea, headache, etc.) Remember that some symptoms may be detox symptoms and not an allergic reaction at all. Remember to check our return policy on our website for other ways you can try Neuromatics oil so you can still enjoy its many benefits. Reaction symptoms: _____

What is your issued RA#? _____

Allow 7-10 days for your bank to process reruns.

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