

Soul Detox: The Heavy Soul

February 21, 2015

Introduction

- There were many instances of people in the Bible who had real life _____.
- When we resist change, God will often _____ the situation around us to _____.

3 Things Our Souls Need to be Told

1) Remember God's Faithfulness in the Past

- a) You have to tell your soul a " _____ " story.
- b) When _____ are about something bad we laugh because we _____.

2) Cry Out to God in the Present

- a) Healthy Christians are very comfortable with being _____ for God.
- b) When we cry out to God we are literally transferring the _____ of our burden to him.

Sermon Notes

